

Hearts in Search of God

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The Way of St Anthony's Well A Pilgrim Way for the Archdiocese of Cardiff - Menevia

Overview

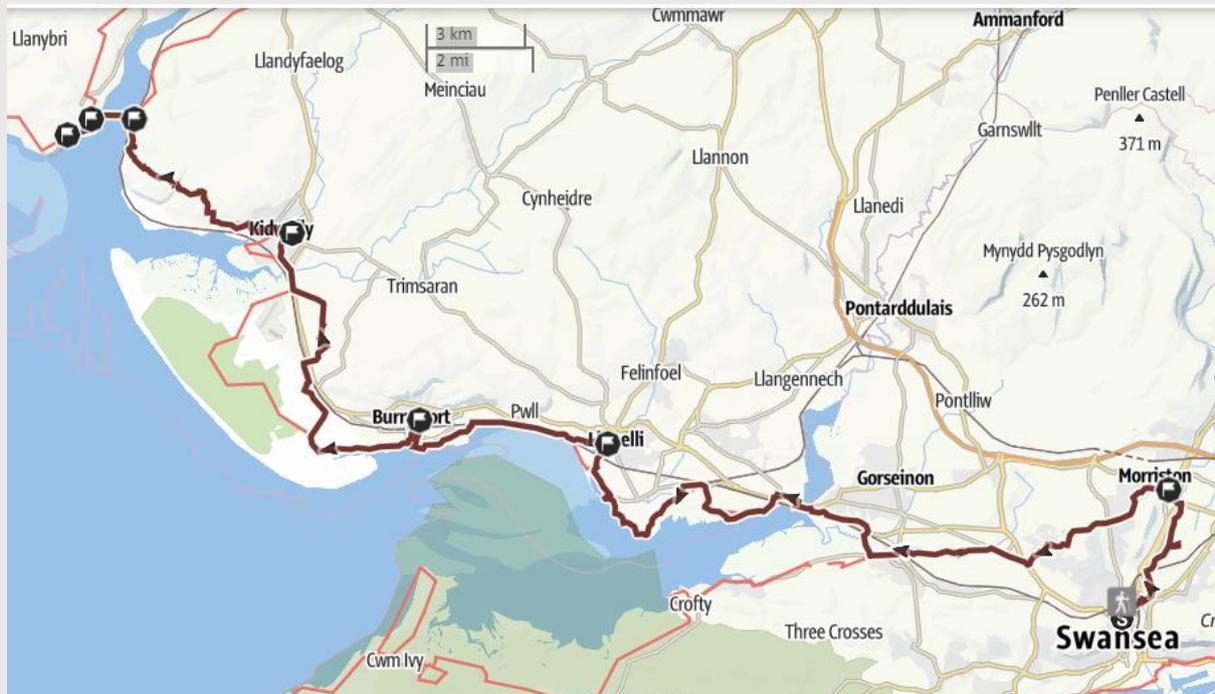
A Pilgrim Way from the Co-Cathedral of St Joseph in Swansea to St Anthony's Well in Llansteffan. **NB** the route involves a summer only ferry crossing (details below).

St Anthony of Egypt (c251 - 356), was a Christian hermit who a powerful influence on the Celtic Church. According to local tradition a Welsh hermit, Antwn (Anthony), who had taken the name of the Egyptian hermit, settled near Llansteffan in the C6.

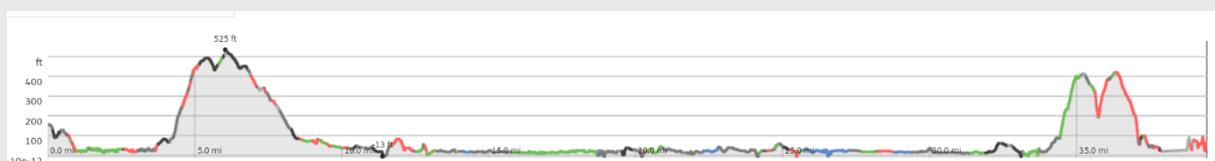
The Way leaves Swansea heading north along the New Cut to reach the Shrine of Divine Mercy at the Church of the Sacred Heart in Morriston. The Way heads west to join and follows a disused railway line to reach the Wales Coast Path. The path reaches the Church of Our Lady Queen of Peace at Llanelli and then the Church of Our Lady Star of the Sea at Burry Port. The route crosses Pembry Forest to reach the Church of Our Lady & St Cadoc at Kidwelly, and then continues along the coast to reach Ferryside where the River Towy is crossed by ferry. St Anthony's Well is a short walk south of the village of Llansteffan.

The Outer Way

Total distance: 39.4 miles (0.8 miles less walking), Total walking hours: 16 hours



Total ascent: 1,509 ft, Route: Moderate



Stages: route, food & drink, accommodation and public transport

1: St Joseph's Co-Cathedral, Swansea to the Church of the Sacred Heart, Morrison: 4.2 miles

The route is urban, passing some interesting industrial heritage, and then along a pleasant green corridor beside the River Tawe. There are national rail and coach station in central Swansea and the cathedral can be reached by bus or on foot. There is plenty of accommodation, pubs, cafés, restaurants and shops in Swansea. There is a fish & chips shop near the start and then shops, pubs and cafés in Morrison. There are buses back to Swansea from Morrison.

2: Church of the Sacred Heart, Morrison to Gowerton: 6.3 miles

The route is through the suburbs of Swansea until Llewitha Bridge, where it follows footpaths to reach Gowerton. There are pubs south of the route at Tirdeunaw and shops, pubs and cafés in Gowerton. There is a railway station in Gowerton and the bus network can be accessed at numerous points along the way.

3: Gowerton to the Church of Our Lady, Queen of Peace, Llanelli: 9.6 miles

The route soon joins the Wales Coast Path (WCP), crosses the River Loughor by bridge and continues along the WCP to Llanelli. There is a pub on the route shortly after the bridge. There is some accommodation and several pubs, cafés, restaurants and shops in Llanelli. There is a railway station in Llanelli and buses.

4: The Church of Our Lady, Queen of Peace, Llanelli to the Church of Our Lady, Star of the Sea, Burry Port: 4.8 miles

The route soon rejoins the WCP and follows it until diverting into Burry Port. There are several pubs, cafés, restaurants and shops in Burry Port. There may be some B&B accommodation nearby. There is a railway station and bus stops.

5: The Church of Our Lady, Star of the Sea, Burry Port to the Church of Our Lady & St Cadoc, Kidwelly: 9.3 miles

The route re-joins the WCP to reach Pembrey Forest and then follows forest paths and quiet lanes to the outskirts of Kidwelly. There is a café enroute, several pubs, cafés, restaurants and shops in Kidwelly and B&B accommodation nearby. There is a railway station and bus stops.

6: The Church of Our Lady & St Cadoc, Kidwelly to St Anthony's Well, Llansteffan: 5.2 miles including 0.8 miles by ferry

NB the ferry from Ferryside to Llansteffan only operates during the summer and sailings are dependent on the tide. For more information see: <https://www.carmarthenbayferries.co.uk/>

The route follows the WCP beside the estuary and then inland to the village of Llansaint. Soon afterwards, at 36.8 miles, it is possible to divert west from the route to visit St. Ishmael's Church (founded C6, now mainly C13/14). The congregation invite pilgrims to stop and enjoy some free refreshments in the church. Tea and coffee are freely available from a hot water pot along with bottled water and biscuits when the building is open. There are no toilet facilities available. The building is open every day from 9 till 6 in the summer and

closes earlier in the winter months. The church is situated on the Kidwelly to Ferryside coast road some two miles south of the ferry crossing in Ferryside. Otherwise, the route crosses countryside to reach Ferryside and the ferry to Llansteffan. After the crossing the route follows the coast west to St Anthony's Well. It is a short walk back to the Llansteffan village.

There is a pub in Llansaint, and pubs, cafes and shops in Ferryside and Llansteffan. There is a bus stop in Llansaint, a railway station in Ferryside and buses, and a limited bus service from Llansteffan to Carmarthen: please check timetables first.

Public transport links

Trains: <https://www.nationalrail.co.uk/>
Coaches: <https://www.nationalexpress.com/en>
Buses: <https://www.traveline.info/>
<https://www.pembrokeshire.gov.uk/bus-routes-and-timetables>
Ferry: <https://www.carmarthenbayferries.co.uk/>

The Inner Way

NB Many churches are closed during daylight hours. If you would like to visit the churches and shrines it is best to check the parish website first. You can also email or phone the parish office to see if someone would be willing to open the church. Please be aware that many priests cover more than one church and so may live many miles away.

The Co-Cathedral of St Joseph, Swansea

The district of Greenhill was originally part of the mission territory of St David's Church, in the centre of Swansea. A simple church, which was opened in 1866 on the site of the present parish/cathedral hall. In 1873 the Swansea mission was given over to the Benedictine Order and St Joseph's became a separate mission. Canon Richards raised money for a handsome new church, designed by Peter Paul Pugin in the Geometrical Gothic style. Building began in 1886 and the church was opened in 1888. On 7 December 1919 the church was consecrated, and a Celtic memorial cross to the memory of parishioners who died in WW1 was unveiled. The Benedictines served the parish until 1932, when it passed to the Diocese of Cardiff.

In 1978 diocesan boundaries were revised and St Joseph's became the cathedral of the Diocese of Menevia. In 2022 Pope Francis announced that the Archdiocese of Cardiff and the Diocese of Menevia would be united. The Archdiocese of Cardiff – Menevia was formed and St Joseph's became the Co-Cathedral of the Archdiocese.

The Church of the Sacred Heart, Morriston

In 1899 the Benedictines purchased a former Baptist chapel in Morriston. Morriston became an independent parish in 1922, administered by the Benedictines until 1932, when the parish was handed to the Diocese of Cardiff. The old, corrugated iron church was destroyed by fire on Holy Saturday 1952. A building fund was set up and a new church was opened on 14 April 1955. During the late 1950s and early 60s new residential estates in the parish meant more space was needed. The building was re-orientated, and the enlarged church was opened in 1964. In 2017 the church was inaugurated as a diocesan shrine of Divine Mercy, and new stained-glass windows were installed in the nave.

In 1931, in Płock, Poland, Faustina Kowalska, a religious sister and mystic, had a vision of Jesus who tasked her with spreading devotion to his Divine Mercy. The two main themes of the devotion are to trust in Christ's endless goodness, and to show mercy to others, acting as a conduit for God's love towards them. The feast of Divine Mercy was instituted by St Pope John Paul II in 2000 and is celebrated on the Sunday after Easter.

The Church of Our Lady, Queen of Peace, Llanelli

The Llanelli mission dates originally from the 1880s. A substantial church was built on the present site in 1938, but this had to be demolished in 1985 because of structural problems. Work on a new church began in December 1993 and the church was opened in July 1995. The interior has a striking timber roof. In 2004 the Carmelite Friars took over care of the parish but it is now served by the Diocese.

The Church of Our Lady, Star of the Sea, Burry Port

Burry Port was a small fishing settlement until the 1830s, when substantial docks were built to export the products of the local coalfield and industries. All these industries have now closed, though the docks remain. In 1917 the Rev John Jarvis arrived as chaplain to Lady Catherine Ashburnham at Pembrey House and ministered to Catholics working at the ordnance factory. When Lady Catherine left, Fr Jarvis remained as parish priest. In 1932 Lady Howard Stepney purchased a hall in Pencoed Road, Burry Port for use as a church. By the late 1950s the building was in poor condition and funds were raised for the building of a new church. It was opened in 1964, designed with a hexagonal plan, with the altar placed so that the priest could say Mass facing the congregation as well as facing eastwards as traditionally. The interior was reordered in 1988.

The Church of Our Lady & St Cadoc, Kidwelly

When Fr Owen Basil Rowlands began his ministry in at Burry Port in 1927, he celebrated Mass once a fortnight at Tumble. At first Mass was celebrated in the hall at the Old Tumble Hotel and the altar was in the club boxing ring. Later a small church was built at Tumble. During WW2 the church was moved to the present site in Kidwelly where it was used until in 1975, when it was replaced by the present building.

St Anthony's Well, Llansteffan

The stone plaque alongside the arched opening reads:

'St Anthony of Egypt (c 251 - 356), the first Christian hermit, had a powerful influence on the Celtic Church in South Wales. According to local tradition a Welsh hermit, Antwn (Anthony), who had taken the name of his great Egyptian predecessor, settled near this spot, probably in the C6. It is probable that he used water from the well to baptize converts to Christianity. Ever since that time St Anthony's well has been a place of pilgrimage. Its waters also became renowned for their healing qualities. It remains a quiet and peaceful witness to over fourteen centuries of Christianity on the shores of Carmarthen Bay.'

It is possible that a hermitage once existed where St Anthony's Cottage stands. Holy wells were a source of water for baptism, but they evolved a secondary function as pilgrim waypoints. In 1123, Pope Callixtus II recognised the Shrine of St David as a place of pilgrimage. Pilgrims used the holy wells across South Wales as a route to reach St David's, and Sant Antwn's may have been one of these.

Please use the QR code below to access www.pilgrimways.org.uk



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Key

Dundry	Place name in bold	DUNDRY	Signs in capitals
L	Left	R	Right
TL	Turn left	TR	Turn right
LHS	Left hand side	RHS	Right hand side
FPS	Public foot path sign	PBS	Public Bridleway Sign
X-roads	Cross-roads	WCP	Wales Coast Path

Stage 1: St Joseph's Cathedral, Swansea to the Church of the Sacred Heart, Morriston: 4.2 miles

NB Walkers do so at their own risk. Every effort has been made to make the directions accurate. Please let the Project Lead know of any changes. Please read and follow the [Countryside Code](#), preparation tips from the [Long Distance Walkers' Association](#) and the [Ramblers' Association safety advice](#). Check public transport timetables and opening times before setting off.

MOST IMPORTANTLY TAKE GREAT CARE WHEN CROSSING ROADS AND FIELDS WITH CATTLE.

Distance from start	Direction
0	Outside the cathedral go ahead along Brynmelyn St with a park and school on LHS. Pass a green on RHS and at a T-junction TR downhill. Cross the main road at a pedestrian crossing and LR. Cross Cwm Rd and pass a bus stop and fish & chip shop. With a railway bridge and pub ahead TR up Pentre Mawr Rd . Where this forks, take the R and then keep ahead to walk down Vivian St . Keep on at a X-roads. At a T junction with Neath Rd , TL for a few yds, then cross to follow an enclosed path between industrial buildings. Cross a railway bridge, then veer across a car park to a pedestrian crossing and cross this.
	The route goes through the site of the former Hafod-Morfa copper works. During the C19 this was the largest copper works in the world, employing over 1,000 people. By 1883 there were 12 copper works in the Lower Swansea Valley. Local geological resources waned, and the rolling mills closed in 1980. Since 2010 the local authority has been redeveloping the site.

	TR and immediately TL on a FP and follow this as it meanders. Pass picnic benches on RHS to reach a T-junction. Here TR and follow the path as it curves L and then doglegs R to reach the River Tawe . Here TL to follow the riverside track under a road bridge. Where the track forks take the R, keeping the river on RHS. Where the track curves L take a path up a slope to cross Brunel Way at traffic lights. Keep ahead to X-path where TR to cross the river by a footbridge.
1.5	Immediately TL on CYCLE PATH 43 to follow the river on LHS. Follow this under a railway bridge and on through woodland. At a footbridge on LHS keep on with a metal fence on RHS. Ignore a path joining from RHS and keep on with the river on LHS. After a bench on RHS, TR to follow the path now with a tributary on LHS. At a road TL, cross a bridge and at a cycle path sign dogleg L to follow the tributary on LHS. Rejoin the River Tawe and follow this on LHS.
3.1	At a footbridge on LHS keep on with the river on LHS. Where the track forks take the L to reach Clase Rd . TL and soon cross the dual carriageway with great care. Keep on along Clase Rd passing an impressive Gospel Hall on RHS. At traffic lights cross Sway Rd and TR along it, passing a police station on LHS. TL into Soar Terrace and at a T junction TR.
4.2	Reach the Church of the Sacred Heart, Morriston on the LHS, with the Shrine of Divine Mercy .

Stage 2: Church of the Sacred Heart, Morriston to Gowerton: 6.3 miles

4.2	Outside the church TR, pass Soar Terrace on LHS. At the main road cross this and ascend Pleasant St . At the top of the rise cross Vicarage Rd (fish & chips shop on LHS) and keep on. Enter Morriston Park , fork L and immediately R to pass a war memorial on RHS. Keep on as the drive curves L, passing a brick building on LHS. At a fork TR with a metal fence on RHS. Cross a path and keep on as the drive bends L. Pass a large tree on LHS and where the drive curves R veer L on a grassy path through a band of trees. Go through a metal kissing gate onto a narrow tarmac path and follow this as it curves L. Cross a stream and follow the path to R. Reach a T junction and TL to a road. TR and follow the road past a mini roundabout. At a 2nd mini roundabout keep on with a school on LHS along Mynydd Garnlwyd Rd .
5.8	Reach a X-road with an impressive Baptist chapel on LHS and bus stops. Cross at the traffic lights and keep on, following the old road on LHS and then joining the pavement. At the top of the hill keep on with a common on LHS. Cross at traffic lights and continue with the road now on LHS. TR onto Colliers Way and with a bus stop ahead TL down steps and then veer R. Emerge onto a small car park and TL to head to the far R corner to a path between houses. Almost immediately TR through metal gates and follow a path L through a band of trees. At an open area veer R to follow a path with houses on LHS and a ditch on RHS.
7.1	Pass through a metal barrier onto Broughton Ave and TL. Soon, with boulders on RHS, TR downhill with houses on LHS. On reaching the bend of a tarmac path TL across the green with houses on LHS and a band of trees on RHS. Descend steps to a road, cross this and keep ahead down a path. At the bottom of the path TR on the road, then TL down Cade Cres . Where this

	bends R, TL onto a tarmac path following lamp posts. Reach a dual carriageway and cross this at the traffic lights. TR and soon veer L along Carmarthen Rd . Follow this over junctions until the road crosses a stream and starts to rise.
8.6	TL at FPS on a track with a breeze block wall on RHS. Cross a footbridge and keep on along a straight, narrow path through woodlands. Pass through a wooden gate and keep on along a broad track following telephone wires. With a footbridge on LHS fork R to cross a field. On the far side of the field TL with a fence on RHS. After 50 yds go through a kissing gate, cross a footbridge and keep on through the next field, passing under power cables and then following them on RHS. At another gate keep on following a disused railway track. Cross a bridge to reach a metal gate, and in the next field keep on with a rough hedge on RHS. In the corner of a field pass a kissing gate and follow a track with gorse on LHS. In the next field corner the path curves L to cross a footbridge and then curves R on a wide, meandering track through woodland. Reach the end of a cul de sac. Follow Fairwood Terrace to the main road where veer L under the railway.
10.5	Arrive at the main X-road in Gowerton .

Stage 3: Gowerton to the Church of Our Lady, Queen of Peace, Llanelli: 9.6 miles

10.5	At the X-roads TR along the main road, keeping on at the 1 st roundabout. At a X-roads TR on a lane (CYCLE WAY 4). Cross a bridge and at the T junction TR to pass under a railway and then road bridges and follow the lane as it curves L uphill. At FPS TL on the Wales Coast Path (WCP). Follow this and at a lane with bridges on LHS keep on. Where the path meets a second lane TR to follow this as it then curves L. At playing fields follow a path through these, soon with the main road on LHS. At a small car park walk uphill, passing a chapel on LHS. At a T junction TL and soon TR to cross at traffic lights and then follow the Loughor Bridge on a walkway.
13.1	On the far side of the river descend steps and walk ahead towards a factory. At a T-junction TL and follow a wide road passing a pub on RHS. Cross the B4297 at traffic lights and walk keeping a car park on RHS. At a track T-junction TL. At a notice board TR and follow the path, soon crossing a footbridge. Now follow the WCP . At picnic tables the path diverts inland towards Morfa . At the entrance to the Wetlands Centre (café) cross a lane and keep on along a track.
15.7	With a road ahead keep L and follow the WCP . The path returns to the shore and follows this, passing a golf course on RHS and 2 slipways on LHS.
18.8	The WCP arrives at the B4304 ahead. TL to cross a bridge and with a roundabout on RHS follow the WCP with the road on RHS. At the second roundabout leave the WCP and take the road ahead towards the TOWN CENTRE. At a mini roundabout fork R on Queen Victoria Rd over the railway line. With Llanelli Evangelical Church on LHS TL up Erw Rd and follow this.
20.1	Arrive at the Catholic Church of Our Lady, Queen of Peace, Llanelli .

Stage 4: The Church of Our Lady, Queen of Peace, Llanelli to the Church of Our Lady, Star of the Sea, Burry Port: 4.8 miles

20.1	Briefly retrace your steps along Ewr Rd , then TR on Old Castle Rd . Cross a bridge and where the road ends TR onto a cycle track. Where the track forks take the R which arcs to cross the footbridge ahead. Go ahead through the park, pass a car park and, with a lake ahead, TL on a wide track signed CYCLE PATH 47. The track veers L and then R to join the WCP from LHS. Pass the former site of Llanelli Rugby Club on RHS, then the Trafalgar beacon and dragon. Pass sports fields on RHS.
22.2	With a pond on RHS the path forks. Take the L which is gravel. At a broad drive TL to cross the railway line and follow the path as it curves R. Ignore 2 tracks joining from LHS. Arrive at a path junction and keep on following signs for BURRY PORT. Pass a skate park on LHS and cross a car park, then TR towards the IRB station .
24.1	TR to pass the IRB station and shop on RHS and walk inland. The WCP goes L but to visit Burry Port keep ahead. At a roundabout keep ahead to a T junction where take a footpath ahead to cross a foot bridge over the railway line. At the bottom of the steps TL and keep ahead passing Burry Port Rugby Club on RHS. Cross the green on LHS to the far L corner and take a path between houses. Soon TR on a minor road and then TL to walk behind houses. On Pencoed Rd TR.
24.9	Arrive at the Catholic Church of Our Lady, Star of the Sea, Burry Port on LHS.

Stage 5: The Church of Our Lady, Star of the Sea, Burry Port to the Church of Our Lady & St Cadoc, Kidwelly: 9.3 miles

24.9	Outside the church TR to walk back along Pencoed Rd . At a junction TL. Pass a memorial to Amelia Earhart on RHS.
	Amelia Earhart was an American aviation pioneer. She was the first woman to fly solo across the Atlantic Ocean, landing near Burry Port. She wrote best-selling books about her flying adventures and promoted female pilots. Sadly on July 2, 1937, she disappeared over the Pacific Ocean while attempting to become the first female pilot to circumnavigate the world.
	At Station Rd TR and soon TL to cross the railway line by a foot bridge. Descend and walk to roundabout. Go ahead here between stone pillars to walk between the 2 old docks to rejoin the WCP . TR over the dock entrance and then TL with a car park on RHS (tearooms nearby). With the yacht club ahead TR on a gravel drive, ignoring footpaths on LHS. Where a more major track joins from RHS TL with a concrete and wire fence soon on RHS. At a X-path TR with the caravan park on RHS.
26.0	At a car turning area keep on along a wide track passing the remains of Pembrey Harbour on RHS. Keep on between 2 large rocks on the WCP . Keep on with the coast on LHS until you pass a pill box on RHS. Where the path meets a road TR. Pass gates on LHS and then a car park on RHS and reach the junction with the St Illtyd's Walk path with a road T junction ahead.
	26 churches are dedicated to St Illtyd in Wales, but little is known of him. He lived in the late C5 or early C6 and may have founded a monastic school. The Walk runs for 64 miles from Pembrey Country Park to Margam Country Park, Port Talbot.

27.6	<p>The obvious options to reach point 31.4 below would be: 1 TL on the St Illtyd's Walk to the beach, then TR to follow the WCP along the shoreline and then R through the forest, or 2 Walk ahead through the metal kissing gate with the noticeboard on LHS, to follow the WCP as it meanders through the forest. However in 2024 the forest tracks were flooded and impassable. You should check with the WCP website and the Pembrey Country Park office on 01554 742435 before attempting either of these routes. In the meantime you can follow the route below.</p> <p>TR on the St Illtyd's Walk path to cross the road and then TR to walk beside Factory Rd on RHS. With traffic lights ahead, TL and take the middle of 3 tracks into woods, with picnic benches on RHS and a campsite and café on LHS. Emerge from the woods and pass through a metal kissing gate with a house on RHS. Follow the track as it curves R. With a Nissen hut ahead follow the track to L. Pass derelict farm buildings on LHS. At a cross track TR over the level crossing and A484 with care. After the old canal follow the lane L following CYCLE PATH 4 signs. At a T-junction TL and follow the lane as it bends R then L.</p>
31.4	<p>Arrive at the A484. Cross this on the cycle crossing and TR. With the roundabout ahead follow the cycle path L and carry on beside the road on RHS. Follow this as it curves R, over a disused railway line, and towards the centre of town. As the road starts to fall, TR along Alstred St. At a T-junction TL onto Abbey St, and at a mini-roundabout TR onto Priory St.</p>
34.2	<p>Arrive at the Catholic Church of Our Lady & St Cadoc, Kidwelly on RHS.</p>

Stage 6: The Church of Our Lady & St Cadoc, Kidwelly to St Anthony's Well, Llansteffan: 5.2 miles including 0.8 miles by ferry

NB This section involves a ferry. You should book your crossing before setting out, website link above.

34.2	<p>Outside the church TL to retrace your steps. At the mini roundabout keep R down Lady St. Pass St Mary's Priory on RHS.</p> <p>The Priory was founded c.1114 by Roger, Bishop of Salisbury as a daughter abbey of Sherbourne Abbey. There may have been a place of veneration of St Cadog on the site for some centuries before that. The Priory was burnt down in 1223 and most of the existing building dates from the C14. The Priory was suppressed in 1539. Today it is the largest Church in Wales parish church in SW Wales with a tall pyramidal spire and decorative C14 Gothic detail.</p> <p>TR on Causeway St and cross the bridge over the river. TL with a car park on RHS and follow WCP signs, passing picnic tables on RHS. Follow the riverbank path until, at a metal gate, reach a lane on which TL. With a farm on LHS TR on a stony track uphill. The path turns L and flattens and at fork TR uphill. Follow this track as it meanders uphill to reach a lane. Here TL and, with a bus stop ahead, fork R and then enter the churchyard.</p>
35.2	<p>Arrive at the Church in Wales Church of All Saints, Llansaint.</p>

	<p>Llansaint developed around a Christian cemetery in the C5&6. The church was built in the C12, and a tower was added in the C14. Two Ogham stones are embedded in the SE external wall commemorating two C6 Irish priests.</p> <p>Leave the churchyard by the other gate and TR. At a T-junction TL to reach a lane on which TR. Ignore a lane on RHS and PBS on LHS and walk ahead. At FPS fork R to follow a concrete drive with a caravan park on RHS. At buildings follow the track between them to reach a kissing gate. Go through this and descend with a hedge on LHS. At the bottom of the field go through a metal kissing gate and follow a narrow path down steps to a lane. Here TL but soon TR onto another clear path. Ford a stream and zigzag steeply uphill through woods. At the top go through a metal gate and keep to LHS of a field towards a gate.</p>
36.0	<p>On the lane TL, and with Pengay Farm on RHS, fork L. Where this path forks take the R through a gate with a house on RHS. Follow a wide track to another gate where keep on with a hedge on RHS. At the bottom of the field go through a gap in the hedge. With a pond on LHS veer R to a metal gate. Go through this and TL and walk with hedge on LHS. In the field corner TR downhill following a ditch on LHS. Go through a metal gate to reach a lane. <i>NB to visit the Church of St Ishmael and take up the congregation's kind offer of hospitality (see Outer Way notes above) TL downhill to the coast road.</i></p>
36.8	<p>To continue the route cross the lane and go ahead through a kissing gate on an enclosed path with a stream on RHS. Cross a footbridge and go through a metal gate and TL to continue downhill with the stream on LHS. Walk through a field passing through more gates. Descend to the stream bank and keep on downhill through fields with the stream on LHS. Go through a kissing gate onto an enclosed path steeply downhill, finally by steps, to reach the lane. TR on the lane and at a T junction (with a hotel below) TR for a few yds. Soon dogleg L to follow the WCP gently downhill between buildings to reach the lane at Ferryside. TL into the square and walk ahead to cross the railway line by footbridge.</p>
37.9	<p>Arrive at the embarkation point for the Carmarthen Bay Ferry.</p>
38.7	<p>The ferry will deposit you on Llansteffan beach. With a playground ahead veer L across the beach to reach the point where a lane meets the beach. Walk up the lane for 20 yds and TL up steps onto an enclosed path through woods. Where a track joins from RHS with a bench ahead, TL on a wide track. Pass a stone shelter on RHS and at last descend to a small bay. With gates ahead TL and walk up a clear path.</p>
39.4	<p>Arrive at a green door on LHS leading into St Anthony's Well, Llansteffan.</p>