Y1: Sacrament Preparation

YEAR ONE: 4th & 5th Grade

2 WHY HAVING A CATHOLIC BIBLE IS SO IMPORTANT / 1 TIMOTHY 3:15
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18 ELIGIBILITY FORM for BAPTISM GODPARENT or CONFIRMATION SPONSOR
20 FALL 2026 YEAR 1 CALENDAR
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22 ST. HELEN CAMPUS MAP

	MONDAY YEAR ONE CLASS		TOPIC/THEME	MINI BIBLE STUDY
23	NOV. 9, 2026	[#1]	YEAR ONE INTRO	33RD SUNDAY IN OT
26			CHURCH YEAR EXPLAINED	
	THE KERYGMA — PROCLAMATION OF THE GOSPEL MESSAGE			
28	MARCH 8, 2027	[#2]	CREATED	5TH SUNDAY IN LENT
29	MARCH 22	[#3]	CAPTURED	EASTER SUNDAY
30	APRIL 12	[#4]	RESCUED	4TH SUNDAY OF EASTER
34	APRIL 19	[#5]	RESPONSE	5TH SUNDAY OF EASTER
36	APRIL 26	[#6]	SACRAMENTS	6TH SUNDAY OF EASTER
38			RECONCILIATION	
	MAY 3	[#7]	YEAR 1 INTO YEAR 2	7TH SUNDAY OF EASTER

40 BOOKS OF THE BIBLE + HOW THEY ARE ORGANIZED

WHY HAVING A CATHOLIC BIBLE IS SO IMPORTANT!!

In 382 A.D., at the Council of Rome, the Catholic Church officially declared the 73 books in the Catholic Bible are divinely inspired by God.
In 397 AD, at the Council of Carthage, the Catholic Church confirmed the 73 books as the canon of scripture, the Bible.

The Protestant bible only has 66 books. That's because in 1520, Martin Luther removed them because he struggled with doctrinal heresies concerning Catholic teachings surrounding praying for the dead, purgatory, prayer, papacy, sacraments, Scripture + Tradition, priesthood. — ***Heresy: A baptized Catholic's obstinate denial of a revealed Truth of God [teachings & dogmas].*** —

At this point, Martin Luther adopted the Jewish canon of scripture as his bible that didn't have those Old Testament books in it [Tobit, Judith, 1 and 2 Maccabees, Wisdom, Sirach, Baruch, and sections of Esther and Daniel]. But, the Jewish canon that Martin Luther chose was adopted several hundred years *AFTER* the Catholic Church declared that all of the 73 books as divinely inspired by God. Remember, the Jewish canon was created by Jews who had rejected Jesus as the Messiah.

In the Council of Trent, 1546 AD, after one man, Martin Luther, had removed 7 books that didn't match up with what he believed to be true, the Catholic Church reiterated all of the 73 books in the Catholic Bible are divinely inspired by God [dogma].

So, many Protestants live their whole lives not realizing that God has given them 7 extra books that one guy in Germany took out of the bible that actually are part of their inheritance that God has wanted them to have their entire life!!

Every Christian in the world accepts that there are 27 books in New Testament based on the authority of the Catholic Church since 382 AD.

Jesus is the One who founded the Catholic Church.
Jesus promised He would send the Holy Spirit to guide the Church into all TRUTH.

In **1 Timothy 3:15** — St. Paul writes that the Catholic Church is the pillar and the foundation of TRUTH! The Catholic Church is not optional; it is essential. It is not Bible alone. It is Scripture **and** Tradition. It is the Bible and the Church because the Bible itself teaches us that the Church is the pillar and foundation of Truth!

Wouldn't you rather have the whole TRUTH rather than just a partial truth?

52 SCRIPTURE VERSES TO COMMIT TO MEMORY

The Catholic Bible has 35,706 verses within its 73 books. Obviously every verse — and every word — of God's is important. Scripture is worth memorizing. To start, here are 52 verses you might want to commit to memory. Now, rather than trying to memorize Scripture like you're cramming for a test, challenge yourself to pray with one verse a week. Just one verse! Underline it or highlight it in your Bible. [God won't mind.] Write it out or journal about it. Memorize not only the words but the chapter and verse[s]. Just focus on one verse a week, and in less than a year you'll be able to drop a ton of God's wisdom on anyone you encounter.

1 Corinthians6:19-20
1 Corinthians 10:13 1 Corinthians 13:7
Deuteronomy 31:6-8
Ecclesiastes 4:9-10
Ephesians 2:10
Ephesians 4:29
Ephesians 6:1-3
Ephesians 6:11
Exodus 14:14
Exodus 20:12
Isaiah 41:10
James 1:17
Jeremiah 1:4-8
Jeremiah 17:7-8
Jeremiah 29:11-12
John 10:10
John 14:1, 15
John 15:13
Joshua 1:9
Luke 9:23
Mark 9:24
Matthew 11:28-30
Matthew 22:37-40
Matthew 28:20
Micah 7:7
Nehemiah 8:10
1 Peter 3:15
1 Peter 5:5-9
Philippians 4:6-8
Philippians 4:13
Proverbs 1:8-9
Proverbs 3:5-6
Proverbs 14:14
Proverbs 17:17
Proverbs 19:22
Psalms 16:8
Psalms 46:11
Psalms 119:9
Psalms 119:33-36
Psalms 139:13-14
Revelation 21:4
Romans 8:25
Romans 13:13
Sirach 6:14 [Ben Sira]
Sirach 37:15 [Ben Sira] 1 Thessalonians 5:16-18 2 Thessalonians 2:15 1 Timothy 4:12
1 Timothy 5:1-2
2 Timothy 2:22
Tobit 4:8

MASS PRAYERS EVERY CATHOLIC SHOULD KNOW

I confess to Almighty God and to you, my brothers and sisters, that I have sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, *through my fault, through my fault, through my most grievous fault;* therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Glory to God

in the highest. And on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify You,
we give you thanks for your great glory.
Lord God, heavenly King, O God almighty Father.
Lord Jesus Christ, Only Begotten Son.
Lord God, Lamb of God, Son of the Father: you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are Holy One, you alone are the Lord, You alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. AMEN.

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he whom comes in the name of the Lord. Hosanna in the highest.

Our Father who art in heaven, hallowed be thy name. Your kingdom come. Your will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, *[At the words that follow, up to and including* and became man, *all bow.]*
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

St. Michael the Archangel defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.



PRAYERS FOR EVERY CATHOLIC

Sign of the Cross



Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys & sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence I fly unto you, O Virgin of virgins, my Mother. To you do I come, before you I stand, sinful & sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

Grace before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from your bounty, through Christ our Lord. Amen.

Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer to Take Authority

In the Name of Jesus, I take authority and I bind all powers and forces in the air, in the ground, in the water, in the underground, in the netherworld, in nature, and in fire.

You are the Lord over the entire universe, and I give You the Glory of Your creation. In Your Name, Jesus, I bind all demonic forces that have come against us and our families and I seal all of us in the protection of Your Precious Blood that was shed for us on the Cross.

Mary, our Mother, we seek your protection and intercession with the Sacred Heart of Jesus for us and our families, and surround us with your mantle of love to discourage the enemy.

St. Michael & our Guardian Angels, come defend us and our families in battle against the evil ones that roam the earth.

In the Name of Jesus, I bind and command all the powers and forces of evil to depart right now, away from us, our homes, and our lands, and I send you to the foot of the Cross.
And we thank you, Lord Jesus, for You are a faithful and compassionate God. Amen.

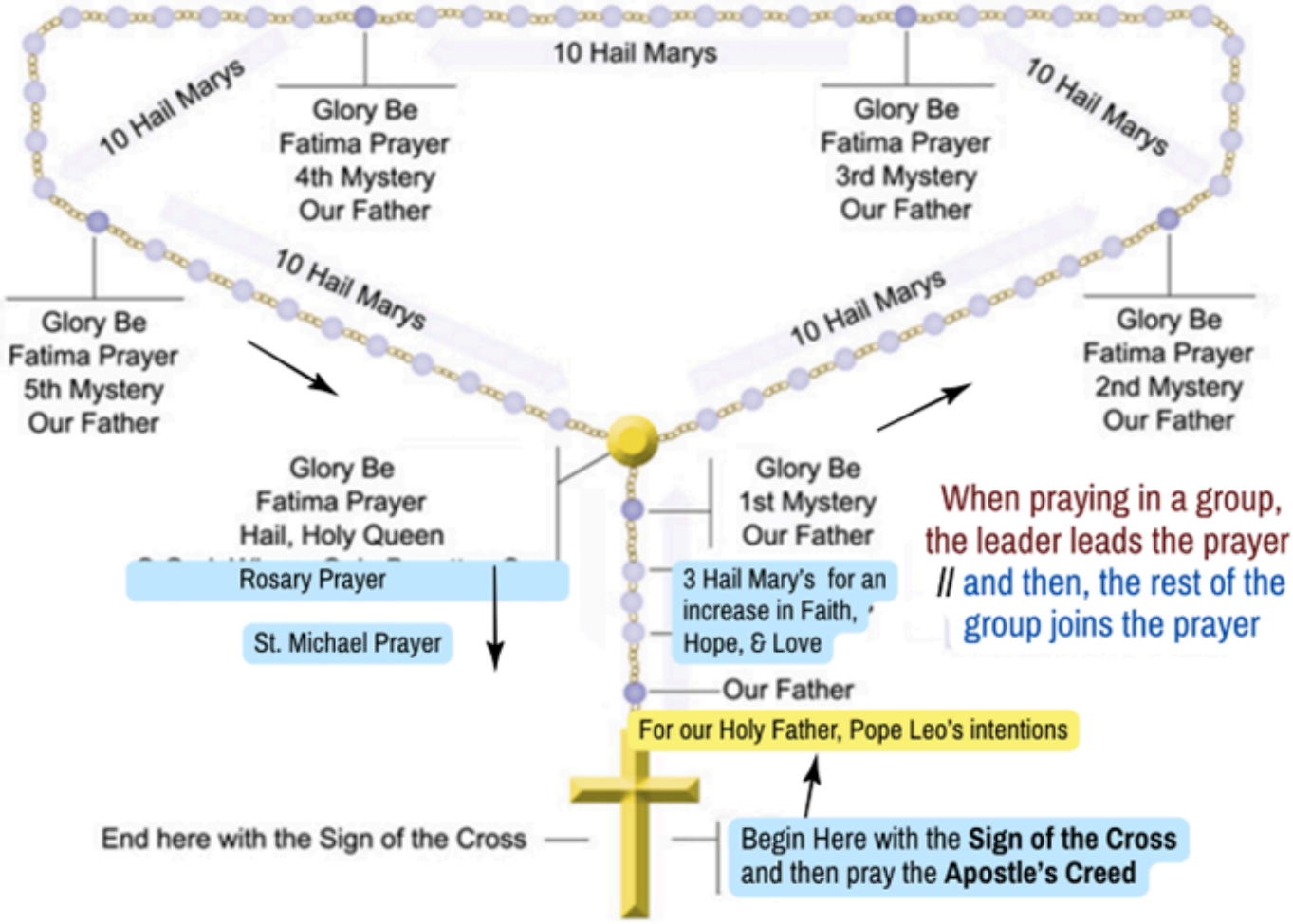
Angelus:

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.
Hail Mary…
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary…
V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary…
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.



LET US PRAY…Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

HOW TO PRAY THE ROSARY



When praying in a group, the leader leads the prayer // and then, the rest of the group joins the prayer

APOSTLES CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. // I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

HAIL HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. //

Pray for us, O holy Mother of God. That we may be made worthy of the promises of Christ.

ROSARY PRAYER

O God, whose only-begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that while meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord . Amen.

HOW TO PRAY THE ROSARY

When praying in a group, the leader leads the prayer // and then, the rest of the group joins the prayer

Our Father who art in heaven, hallowed be thy name. Your kingdom come. Your will be done on earth, as it is in heaven. // Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. // Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory be to the Father and to the Son and to the Holy Spirit, // as it was in the beginning is now, and ever shall be world without end. Amen.



Fatima Prayer:
O my Jesus, // forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who are in most need of Thy mercy.

GLORIOUS Mysteries – SUNDAY [& Wednesday]
The 1st Decade is Jesus' Resurrection from the Dead
The 2nd decade is Jesus Ascends into Heaven
The 3rd decade is the Descent of the Holy Spirit
The 4th decade is the Assumption of Mary into Heaven
The 5th decade is Crowning of Mary as Queen of Heaven

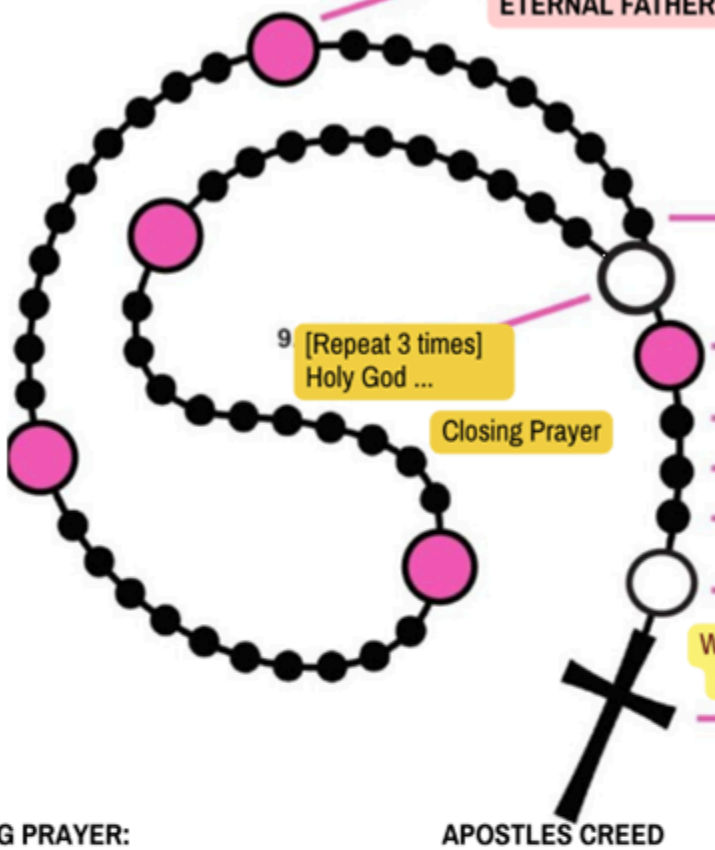
JOYFUL Mysteries – SATURDAY [& Monday]
The 1st Decade is the Annunciation
The 2nd decade is Visitation
The 3rd decade is the Birth of Jesus
The 4th decade is the Presentation of Jesus in the Temple
The 5th decade is the Finding of Jesus in the Temple

SORROWFUL Mysteries – Tuesday & Friday
The 1st Decade is Jesus' Agony in the Garden
The 2nd decade is Jesus' Scourging at the Pillar
The 3rd decade is Jesus' Crowning with Thorns
The 4th decade is Jesus' Carrying of the Cross
The 5th decade is Jesus' Crucifixion

LUMINOUS Mysteries – Thursday
The 1st Decade is the Baptism of Jesus in the Jordan River
The 2nd decade is the Wedding Feast at Cana
The 3rd decade is the Proclamation of the Kingdom
The 4th decade is Jesus' Transfiguration
The 5th decade is the Institution of the Eucharist

the Divine Mercy Chaplet





8. On the "Our Father" beads pray: **ETERNAL FATHER ...**

7. On the "Hail Mary" beads pray: **For the sake of His Sorrowful Passion ...**)

9 [Repeat 3 times] Holy God ...

Closing Prayer

6. On the "Our Father" beads pray: **ETERNAL FATHER ...**

5. Apostle's Creed

4. "Hail Mary"

3. "Our Father"

2. Opening Prayer: You expired ...

When praying in a group, the leader leads the prayer // and then, the rest of the group joins the prayer

1. Make the Sign of the Cross

OPENING PRAYER:
You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world.
O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.
[prayed 3x] Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

Our Father who art in heaven, hallowed be thy name. Your kingdom come. Your will be done on earth, as it is in heaven. // Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. // Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

APOSTLES CREED
I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. // I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OUR FATHER BEADS:
Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ // in atonement for our sins and those of the whole world.

AT THE END:
[repeat 3x]
Holy God, Holy Mighty One, Holy Immortal One, // have mercy on us and the whole world.

[repeat 3x] Jesus, I trust in You.

HAIL MARY BEADS:
For the sake of His sorrowful Passion, // have mercy on us and on the whole world.

CLOSING PRAYER:
Eternal God, in whom mercy is endless and the treasury of compassion is inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your Holy will, which is Love and Mercy itself. Amen.

SUNDAY MASS & HOLY DAYS OF OBLIGATION — 2026-2027

2026-2027 Liturgical Calendar

SEPTEMBER	6 23rd Sunday in OT	13 24th Sunday in OT	20 25th Sunday in OT	27 26th Sunday in OT	2026: Year 2 Daily Readings	Holy Days of Obligation [additional days for Mass we are obligated to attend]	
OCTOBER	4 27th Sunday in OT	11 28th Sunday in OT	18 29th Sunday in OT	25 30th Sunday in OT			
NOVEMBER	1 All Souls Day	8 32nd Sunday in OT	15 33rd Sunday in OT	22 Christ, the King of the Universe	29 1st Sunday of Advent		Cycle B Sunday Readings start on Nov. 29
DECEMBER	6 2nd Sunday of Advent	8, TUES Immaculate Conception	13 3rd Sunday of Advent	20 4th Sunday of Advent	25, FRI Christmas	27 Holy Family	
JANUARY	1, FRI Mother of God	3 2nd Sunday of Christmas	10 Baptism of Jesus	17 2nd Sunday of OT	24 3rd Sunday of OT	31 4th Sunday in OT	
FEBRUARY	7 5th Sunday of OT	10 Ash Wednesday	14 1st Sunday of Lent	21 2nd Sunday of Lent	28 3rd Sunday of Lent	Holy Days of Obligation [additional days for Mass we are obligated to attend]	
MARCH	7 4th Sunday of Lent	14 5th Sunday of Lent	21 Palm Sunday	28 EASTER			
APRIL	4 Divine Mercy	11 3rd Sunday of Easter	18 4th Sunday of Easter	25 5th Sunday of Easter	2027: Year 1 Daily Readings		
MAY	2 6th Sunday of Easter	9 7th Sunday of Easter	16 Pentecost	23 Most Holy Trinity	30 Corpus Christi	OT = Ordinary Time are Sundays in chronological order	

SACRAMENT PREP INTRODUCTION TO YEAR ONE

"In those days Jesus departed to the mountain to pray, and He spent the night in prayer to God. When day came, Jesus called His Disciples to himself, and from them He chose Twelve, whom he also named Apostles." ~~ Luke 6:12-13

The celebration of the Sacraments of Initiation are not intended to bring our formation as Christians to an end, but rather to begin a process of continuing education and formation that is life-long and that gradually unfolds the mystery of God's love and our response as we grow and mature. The Church refers to this life-long process as Mystagogy. All of the Sacraments are generous gifts from our loving God. Mystagogy invites us into a never-ending process of cherishing the gifts of the Sacraments of Initiation & continuously growing in our understanding of the power of God working in us as a result of our initiation into His Church. Understood in this light, Baptism, Confirmation and Eucharist are not seen as an end, but rather as a beginning. They are gifts of the Father that strengthen and support us in living faithfully our life in Christ. They are gifts to be continuously meditated upon and studied. Our understanding of them is meant to deepen as we grow and mature.



MASS ATTENDANCE

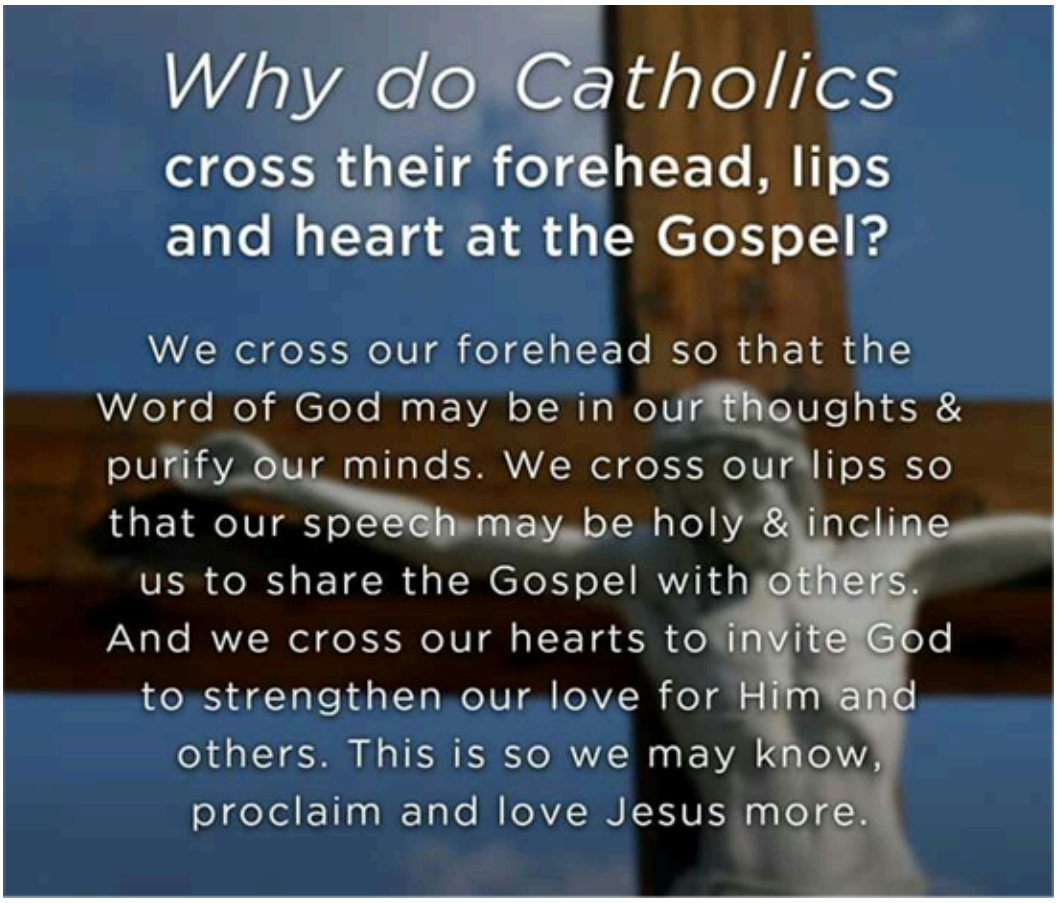
There is one thing that distinguishes us from other Christians – our devotion to the sacrament of the Eucharist. The Eucharist is the source and summit of our Catholic faith (CCC 1407).

A common complaint from teens (and some adults) is that Mass is boring. But, we, as the St. Helen Sacrament Preparation Team, believe if we truly understood what is happening during the Liturgy, we could never again say that Mass is boring.

God asks of every baptized *child of God* to spend time with Him and the Body of Christ, the Church, on Sunday and other Holy Days of Obligation actively participating in Mass (CCC 2187). This may upset some Catholics, but it is our obligation as Catholics, and therefore an expectation placed on the Disciples candidates.

If a youth in Sacramental preparation is not fulfilling their weekly Mass obligation and on Holy Days of Obligation, why are they preparing for the sacraments of Initiation?

This is not meant to be judgmental. Full, Active, and Conscious Participation in weekly Mass is vital to a youth preparing for Communion & Confirmation. We, the St. Helen Sacrament Preparation Team, do not want to water down or sugar coat our Catholic faith for our teens. We call them in Confirmation to be defenders of the Faith. Why would we not prepare them for battle?



MASS CARDS

To monitor weekly Mass participation, we have created weekly **Mass Cards** [samples below]. These **Mass Cards** may be found in the gathering space just inside the church.

Each week: the youth is to fill out the information (name, class time, grade, etc) on side 1 of the card. Then, the **Year ONE Youth** writes the answer to this week's question which is located on Side 2 of the **Mass Card**. During the offertory, the **Year TWO youth** places the completed **Mass Card** in the basket.

If, as an Year TWO youth, you attend a weekly Mass *at another Catholic Church* with your family **other than St. Helen**, please *pickup that Parish's weekly bulletin/song sheet, write the full name of the youth and the Mass time which you attended* and turn it in to **Deepa Duran** at your next **Monday Sacrament Class or your Sunday Faith Formation teacher.**

If it seems that a parent/guardian is completing the **Mass Card** or the **Year ONE youth** is consistently missing weekly Mass, the Youth Minister, Deepa Duran, will schedule a family meeting—parent[s] and youth—to discuss whether the youth should continue in the **Year ONE** program or postpone the reception of their sacraments.

> *"Confirmed peopleare drawn intodeeper participation in the life of theChurch. Theyhave a desireto be active in their own parish's ministries. They are not afraid to be identified as a member of the Church when they participate in community activities. They look forward to Sunday Mass, to celebrate the Lord's Supper with their brothers and sisters in Christ."*
>
> (The Catholic Faith Handbook for Youth, Brian Singer-Towns, St Mary's Press)



SAMPLE

BAPTISMAL / BIRTH CERTIFICATE

Before beginning Sacrament Preparation, students have to submit their Baptismal and/or Birth Certificate. If you haven't done so already, please submit this asap. You may email dduran@sthelenglendale.org or turn it in to the parish office. **Do not give it to your child's Sunday Faith Formation teacher.**
Your child's certificate must be submitted ASAP, no later than November 9, 2026.

– Unbaptized? We need a copy of your child's Birth Certificate.

– Baptized as a Catholic? We need a copy of your child's Baptismal Certificate with notations. [You will contact the Catholic parish where you were baptized.]

– Baptized as a Non-Catholic? We need a copy of your child's Birth Certificate, as well as, a copy of your child's Baptismal certificate.

ATTENDANCE SUNDAY FAITH FORMATION + MONDAY'S

Attendance will be taken at all **Sacrament Preparation YEAR ONE activities** (Monday Sacrament Prep class, Sunday Faith Formation, etc). Partial attendance is regarded as non-attendance. Please make sure your Youth arrives **on time** and stays through **to the end** of the **Sunday Faith Formation classes, Monday YEAR ONE Sacrament Prep classes**, etc.

It is understood that a parent and/or a sponsor will attend and participate in all of the **Monday Sacrament Prep classes** with their child[ren]. Please **arrive before** Monday Sacrament Prep class begins, so you can find your seat, get all of your materials, and get settled.
Monday Sacrament Prep class will not begin until all families are present or accounted for.

MONDAY SACRAMENT PREP CLASSES

The dates for the Monday Sacrament Prep classes (6:30-8:30 pm in the Teen Center) September 2026-May 2027 are located on pages 20-21 of this booklet.

It is understood that a parent and/or a sponsor will attend all Monday Sacrament Prep classes with their child[ren].

and SUNDAY FAITH FORMATION classes

SUNDAY Faith Formation begin at 1:00 pm on Sunday and ends at 1:30 pm. We meet for the Faith Formation in the RE Building / Social Center.

Sacrament Prep youth attend weekly Sunday Faith Formation classes during YEAR ONE. These Sunday Faith Formation supplement their Monday Sacrament Prep classes and also help to foster community among their peers.

The 2026-2027 YEAR ONE Calendar is on pages 20-21 of this booklet.

GRACE CARDS

We recognize that there are times when family or an emergency can prevent a youth from attending a scheduled activity. Therefore, each **Sacrament Prep YEAR ONE** youth will be given **3 Grace Cards*** for their **Sacrament Prep YEAR ONE** year. On the **YEAR ONE Youth's** 4th absence, the Youth Minister, Deepa Duran, will schedule a family meeting—parent[s] and youth—to discuss whether the youth should continue in the **YEAR ONE** sacrament preparation program or postpone the reception of their sacraments.

*Grace Cards may only be used for Monday Sacrament Prep YEAR ONE classes OR Sunday Faith Formation.

BAPTISM GODPARENT or CONFIRMATION SPONSOR

Hopefully, you've thought a lot about what receiving the sacraments of initiation mean, and how the Holy Spirit will affect your life. You're required to have a godparent/sponsor—someone who guides you and shares the story of faith with you now and throughout your life.

Some advice: You're looking for someone you trust, whose Catholic faith you admire and who will be there for your child to help them grow in their Catholic faith as they continue to grow older.

GODPARENT/SPONSOR GREAT RESPONSIBILITIES:

A Baptism Godparent / Confirmation Sponsor **must be a fully initiated Roman Catholic** because Baptism Godparents / Confirmation Sponsors officially represent the Roman Catholic Church by witnessing what it means to live a baptized life, confirmed in the Holy Spirit and faithfully participating in the sacraments of Reconciliation and the Eucharist, the source and summit of the Christian life.

BAPTISM GODPARENT OR CONFIRMATION SPONSOR CAN TRUTHFULLY STATE ALL OF THE FOLLOWING:

- I am at least 16 years of age.
- I am a registered member of my Catholic parish.
- I am an active member at my parish. [financial support and involvement in ministries]
- I have received the sacraments of Baptism, Confirmation and Holy Communion and can show proof.
- I fully and actively participate in the Liturgy of the Mass on Sundays & Holy Days of Obligation;
- I celebrate the Sacrament of Reconciliation regularly [every 1-2 months];
- I tithe 3-10% to our parish weekly;
- I develop and maintain a personal relationship with God through daily prayer;
- I participate in the catechetical, sacramental, and communal life of our parish.
- I witness to the teachings of the Catholic Church by the way I live my life as a disciple of Jesus Christ.
- I am married, and I married within the Catholic Church and can show proof. **or**
- I am unmarried, nor am I cohabitating with my significant other [living together under the same roof: part-time, full-time, or occasional sleepovers].

RELATIONSHIP STATUS NOTES FOR POTENTIAL GODPARENTS / CONFIRMATION SPONSORS:

- Those Catholics in second+ marriages must have had their previous marriage[s] annulled and their second+ marriage convalidated by the Catholic Church.
- Those Catholics presently in civil or common law marriages are not eligible to serve as a Baptism Godparent or as a Confirmation Sponsor.
- A Sponsor who is unmarried, must be living a life consistent with the single vocation as defined by the Catholic Church. [in good standing]
- Any single person cohabitating with another person, living in a romantic relationship or as a couple, is ineligible to minister as a Baptism Godparent or as a Confirmation Sponsor.

DO YOU KNOW A CAFETERIA CATHOLIC?

A Cafeteria Catholic is someone who picks and chooses Church teachings according to what they want to believe or not believe.

- A Cafeteria Catholic supports the pro-choice movement [abortion and contraception].
- A Cafeteria Catholic supports the re-defining of marriage.
- A Cafeteria Catholic is "living with" someone else [cohabitating full-time or occasionally] or is civilly married;
  - while engaging in intimate sexual relations (outside the Sacrament of Matrimony).
- A Cafeteria Catholic is attending Mass only when they feel like it or it fits into their schedule.

A CAFETERIA CATHOLIC may not serve as Baptism Godparent or as a Confirmation Sponsor.

CODE OF CANON LAW FOR THE SACRAMENT OF BAPTISM:

THOSE TO BE BAPTIZED

Canon 864 Every person not yet baptized and only such a person is capable of baptism.
Canon 865 §1. For an adult to be baptized, the person must have manifested the intention to receive baptism, have been instructed sufficiently about the truths of the faith and Christian obligations, and have been tested in the Christian life through the catechumenate. The adult is also to be urged to have sorrow for personal sins.
Canon 865 §2. An adult in danger of death can be baptized if, having some knowledge of the principal truths of the faith, the person has manifested in any way at all the intention to receive baptism and promises to observe the commandments of the Christian religion.
Canon 866 Unless there is a grave reason to the contrary, an adult [age 8+] who is baptized is to be confirmed immediately after baptism and is to participate in the eucharistic celebration also by receiving communion.
Canon 867 §1. Parents are obliged to take care that infants are baptized in the first few weeks; as soon as possible after the birth or even before it, they are to go to the pastor to request the sacrament for their child and to be prepared properly for it.
Canon 867 §2. An infant in danger of death is to be baptized without delay.

BAPTISM GODPARENTS

Canon 872 Insofar as possible, a person to be baptized is to be given a Godparent who assists an adult in Christian initiation or together with the parents presents an infant for baptism. A Godparent also helps the baptized person to lead a Christian life in keeping with baptism and to fulfill faithfully the obligations inherent in it.
Canon 873 There is to be only one male Godparent or one female Godparent or one of each.
Canon 874 §1. To be permitted to take on the function of Godparent a person must:

1/ be designated by the one to be baptized, by the parents or the person who takes their place, or in their absence by the pastor or minister and have the aptitude and intention of fulfilling this function;
2/ have completed the sixteenth year of age, unless the diocesan bishop has established another age, or the pastor or minister has granted an exception for a just cause;
3/ be a Catholic who has been confirmed and has already received the most holy sacrament of the Eucharist and who leads a life of faith in keeping with the function to be taken on;
4/ not be bound by any canonical penalty legitimately imposed or declared;
5/ not be the father or mother of the one to be baptized.

Canon 874 §2. A baptized person who belongs to a non-Catholic ecclesial community is not to participate except together with a Catholic Godparent and then only as a witness of the baptism.

CODE OF CANON LAW FOR THE SACRAMENT OF CONFIRMATION:

THOSE TO BE CONFIRMED

Canon 889 §1. Every baptized person not yet confirmed and only such a person is capable of receiving confirmation.
Canon 889 §2. To receive confirmation licitly outside the danger of death requires that a person who has the use of reason be suitably instructed, properly disposed, and able to renew the baptismal promises.
Canon 890 The faithful are obliged to receive this sacrament at the proper time. Parents and pastors of souls, especially pastors of parishes, are to take care that the faithful are properly instructed to receive the sacrament and come to it at the appropriate time.
Canon 891 The sacrament of confirmation is to be conferred on the faithful at about the age of discretion unless the conference of bishops has determined another age, or there is danger of death, or in the judgment of the minister a grave cause suggests otherwise.

CONFIRMATION SPONSORS

Canon 892 Insofar as possible, there is to be a sponsor for the person to be confirmed; the sponsor is to take care that the confirmed person behaves as a true witness of Christ and faithfully fulfills the obligations inherent in this sacrament.

Canon 893 §1. To perform the function of sponsor, a person must fulfill the conditions mentioned in **Canon 874**.
Canon 893 §2. It is desirable to choose as sponsor the one who undertook the same function in baptism.

[The practice of choosing a Godparent from Baptism stems from the close connection between the two sacraments and the godparent's existing commitment to the individual's spiritual life. The godparent, having already made promises to assist in the child's Christian upbringing at baptism, is seen as a natural choice to continue guiding and supporting the individual's faith journey through confirmation.]

I am receiving the sacrament of Baptism & Confirmation at the same Mass. Am I allowed to have Godparent[s] for Baptism and someone different serve as my Confirmation Sponsor?
In **Canon 893**, your Confirmation Sponsor is to be one of your Godparent. **Canon 866** specifically states that immediately following your Baptism, you receive Confirmation.
The answer is no. You are not allowed to have Godparent[s] for Baptism and then a different person to serve as your Confirmation sponsor when receiving those two sacraments together at the same Mass.

BAPTISM GODPARENT / CONFIRMATION SPONSOR ELIGIBILITY FORM

Please give their Baptism Godparent **or** Confirmation Sponsor this **St. Helen Godparent/Sponsor Eligibility Form** to complete and return to St. Helen (address: 5510 W. Cholla St, Glendale, AZ 85304 or email: kkennedy@sthelenglendale.org)

This forms needs to be Completed and submitted on/before the due date for the person who is **receiving the sacraments**. **[Please confirm with the person who is receiving sacraments.]**

DECEMBER 1, 2026
Baptized 3rd Graders
4TH / 5TH Graders in year two
6th, 7th, & 8th graders in year two
9th, 10th, 11th graders in year two

JANUARY 5, 2027
Adults in OCIA
12th graders in OCIA

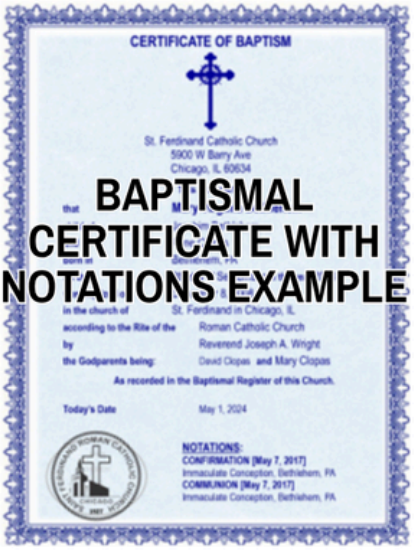
MARCH 8, 2027
Baptized 2nd Graders
Unbaptized 3rd Graders
4TH / 5TH Graders in year one
6th, 7th, & 8th graders in year one
9th, 10th, 11th graders in year one

Infant [6 years of age & under]: within 2 months of the scheduled Infant Baptism

To the Baptism Godparent or Confirmation Sponsor:
Complete this ELIGIBILITY FORM by finishing all four steps below:

1. The Baptism Godparent or Confirmation Sponsor completes the form truthfully and honestly.
2. The Baptism Godparent or Confirmation Sponsor takes the Eligibility form to the parish where they live and are actively involved. If the Baptism Godparent or Confirmation Sponsor is an active, registered member, their parish church will seal and sign their form.
3. The Baptism Godparent or Confirmation Sponsor submits their Sealed and Signed Eligibility form to St. Helen. [We do not accept copies of the Eligibility form]
   note **The PARISH SEAL** is a raised embossment, stamp or a sticker decal.
4. The Baptism Godparent or Confirmation Sponsor then, contacts the Catholic parish where s/he received their sacrament of baptism and requests a **newly issued Baptismal Certificate with notations** [[notations need to include both Sacraments of Confirmation and Eucharist]] **** if married, the notations will also list your Sacrament of Marriage.

The newly issued Baptismal Certificate with notations needs to be issued/printed between May 2026 and March 2027. [We will not accept potential Baptism Godparent or Confirmation Sponsor baptismal certificates with notations printed on/before May 1, 2026].



ST. HELEN CATHOLIC PARISH
5510 West Cholla Street, Glendale, AZ 85304
Phone: 623-979-4202
Website: www.StHelenGlendale.org

GODPARENT/SPONSOR ELIGIBILITY FORM

INFANT through ADULT

To be completed by the Catholic Sponsor

THE SPONSOR NEEDS TO CONTACT THE PARISH WHERE YOU RECEIVED THE SACRAMENT OF BAPTISM AND REQUEST A **BAPTISMAL CERTIFICATE WITH NOTATIONS [INCLUDING ALL OF THE SACRAMENTS YOU HAVE RECEIVED]**. THE **BAPTISMAL CERTIFICATE WITH NOTATIONS** MUST BE DATED WITHIN **ONE YEAR** OF SUBMITTING YOUR ELIGIBILITY FORM. EMAIL/MAIL THE **BAPTISMAL CERTIFICATE WITH NOTATIONS** TO KAREN KENNEDY, KKENNEDY@STHELENGLENDALE.ORG

SAMPLE

First & Last Name of the Person receiving the sacrament[s]: _____ and their Age ____

GODPARENT/SPONSOR INFORMATION

First Name _____ Last Name _____ Contact # _____

Mailing Address _____ City _____ State _____

Email: _____ Country _____ Zip Code _____

In accepting this responsibility, I can truthfully state the following:

- ☐ ***I am a practicing Roman Catholic in word and deed.***
- ☐ ***I am a fully initiated Catholic.***
- ☐ ***I attend Mass:*** ___ Weekly ___ Monthly ___ Do not really attend Mass ___ Twice a month ___ Occasionally
- ☐ ***I am at least 16 years of age.***
- ☐ ***I am:*** ___ Single; ___ Married; ___ Widowed; ___ Divorced
- ☐ ***I am not cohabitating*** *(living with significant other/boyfriend/girlfriend and having occasional sleepovers).*
- ☐ ***If married, were you married in the Catholic Church?*** ___ Yes ___ No *If yes, what year?* _____

Statement of Sponsor

I recognize that in accepting the role of Sponsor, I become responsible to be a model and example of my Catholic faith to the newly Baptized as a committed and active Catholic and to be a support in the practice of our mutual faith. I hereby assure that I am committed to my Catholic faith, that I am myself baptized and confirmed in it, and that I meet my fundamental obligations as a Catholic by participating in Sunday Mass, receiving the Eucharist as often as possible and Penance as necessary, by being open to the Word of God as revealed in Sacred Scripture and taught by the Church, by witnessing to the values of the Gospel of Jesus Christ, and by seeking to be of service to others for love of Him.

_____ _____

Signature of Catholic Sponsor **Signed**

Name of Your Home Parish Church _____

Address _____ City _____ State _____ Zip _____

Pastors must ascertain the spiritual qualifications of Godparents/Sponsors.

AFFIX CHURCH SEAL HERE

_____

Signature of Pastor or Delegate

Date: _____ / _____ / _____

YEAR ONE: 4th & 5th Grade ~ Fall 2026

Questions: Deepa Duran
(office: 623-500-3207 or work cell 602-290-3592]
Email: dduran@sthelenglendale.org

Sunday Faith Formation classes are attended by the Youth only.

Your BAPTISM / BIRTH CERTIFICATE was due at the time of registration.
It must be submitted no later than Nov. 9, 2026. [See Page 13]

Your Godparent/Sponsor Eligibility form [& documentation]
is due before due on/before Monday, March 8, 2027. [See Page 14-18]

Sunday Faith Formation	Sunday, September 20	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, September 27	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, October 4	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, October 18	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, October 25	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, November 1	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, November 8	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, November 9**	**6:30-8:30 pm (Teen Center)**

A Parent/Sponsor and the youth are to attend all Monday classes

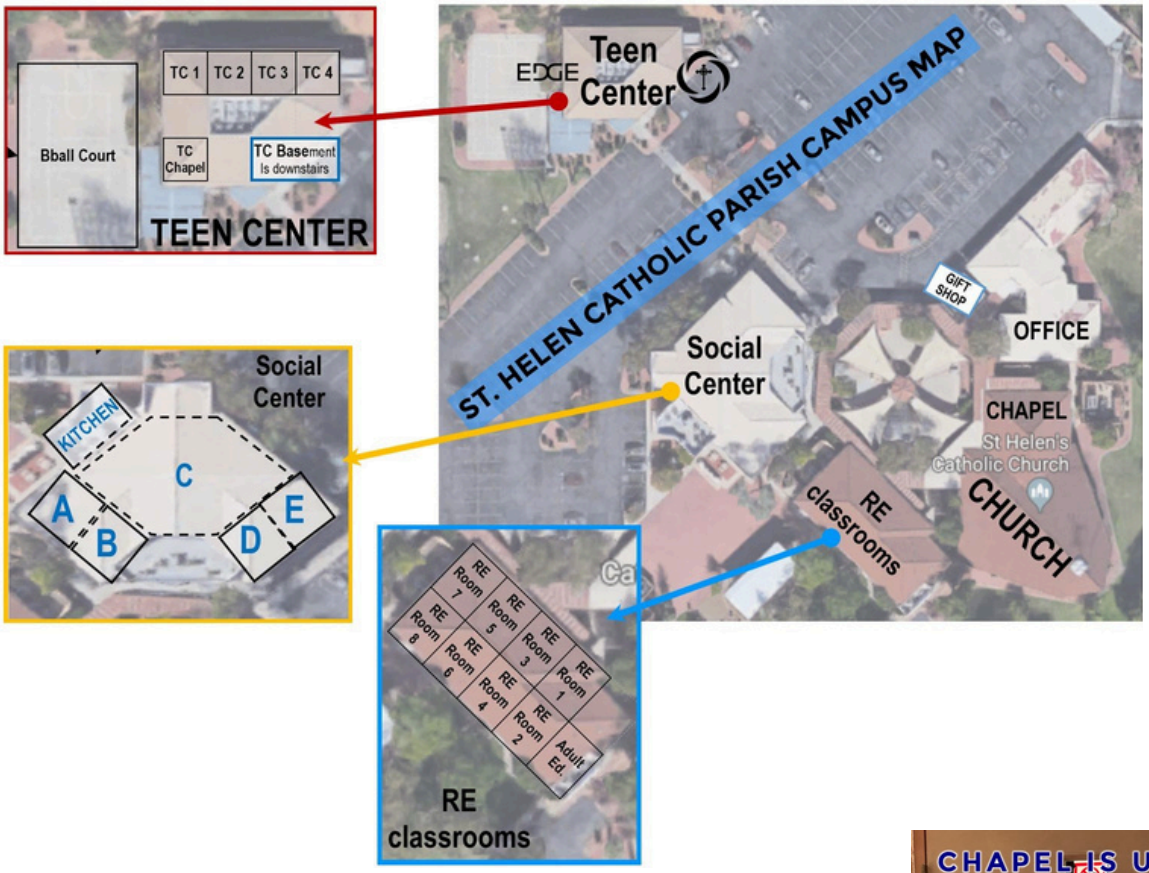
Sunday Faith Formation	Sunday, November 22	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, December 6	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, December 13	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, December 20	1:00-2:30pm [RE Building]

We recognize that there are times when family or an emergency can prevent a youth from attending a scheduled activity. Therefore, each **Sacrament Prep YEAR ONE youth will be given 3 Grace Cards*** for their Sacrament Prep YEAR ONE year.
***Grace Cards** may only be used for Monday Sacrament Prep YEAR ONE classes OR Sunday Faith Formation.

YEAR ONE: 4th & 5th Grade ~ Spring 2027

Questions: Deepa Duran
(office: 623-500-3207 or work cell 602-290-3592]
Email: dduran@sthelenglendale.org

Sunday Faith Formation	Sunday, January 10	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, January 24	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, January 31	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, February 7	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, February 21	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, February 28	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, March 7	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, March 8**	**6:30-8:30 pm (Teen Center)**
Sunday Faith Formation	Sunday, March 21	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, March 22**	**6:30-8:30 pm (Teen Center)**
Sunday Faith Formation	Sunday, April 4	1:00-2:30pm [RE Building]
Sunday Faith Formation	Sunday, April 11	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, April 12**	**6:30-8:30 pm (Teen Center)**
Sunday Faith Formation	Sunday, April 18	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, April 19**	**6:30-8:30 pm (Teen Center)**
Sunday Faith Formation	Sunday, April 25	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, April 26**	**6:30-8:30 pm (Teen Center)**
Sunday Faith Formation	Sunday, May 2	1:00-2:30pm [RE Building]
YEAR ONE Class	**Monday, May 3**	**6:30-8:30 pm (Teen Center)**
Bring $50 with you to the May 3rd Class. We will be registering for 2027-2028, Year Two Sacrament Prep.		
Sunday Faith Formation	Sunday, May 16	1:00-2:30pm [RE Building]


TC 1
TC 2
TC 3
TC 4
Bball Court
TC Chapel
TC Basement Is downstairs
TEEN CENTER
EDGE
Teen Center
ST. HELEN CATHOLIC PARISH CAMPUS MAP
GIFT SHOP
OFFICE
Social Center
CHAPEL
St Helen's Catholic Church
CHURCH
RE classrooms
Social Center
KITCHEN
A
B
C
D
E
RE Room 7
RE Room 5
RE Room 3
RE Room 1
RE Room 8
RE Room 6
RE Room 4
RE Room 2
Adult Ed.
RE classrooms


SPEND AN HOUR WITH ME
EUCHARISTIC ADORATION CHAPEL
PERPETUAL 24/7 - IN NEED OF HONOR GUARDS


CHAPEL IS UNLOCKED
5:30AM-3:45PM DAILY
#1] 5231
#3] PULL DOOR HANDLE
#2] TURN

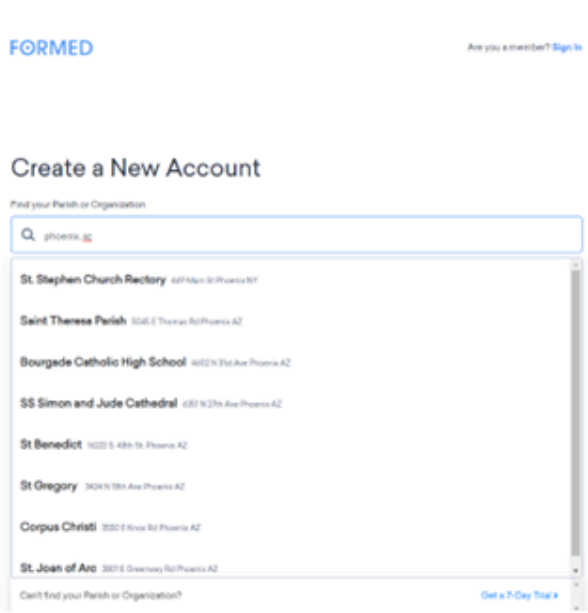

GREET JESUS WHEN YOU ENTER
AND GENUFLECT UPON YOUR EXIT


RESOURCES FOR YOU TO USE WHILE YOU SIT WITH JESUS
PLEASE DO NOT EAT OR DRINK IN THE CHAPEL [EXCEPT WATER]

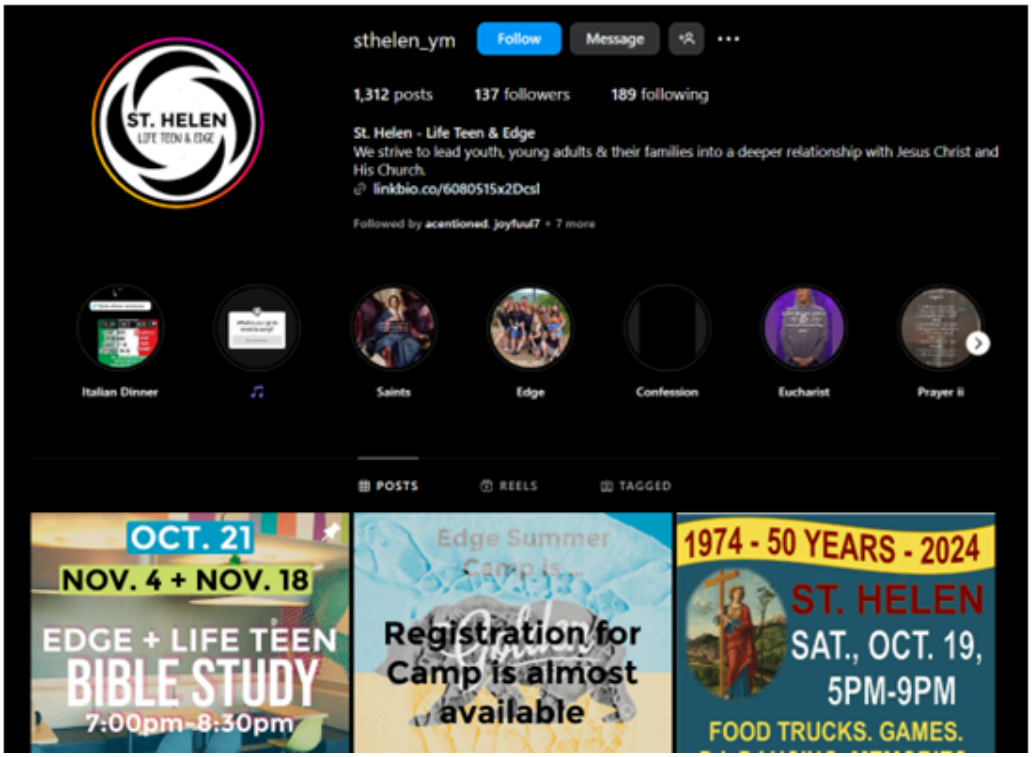
YEAR ONE MONDAY CLASS #1 – INTRODUCTION



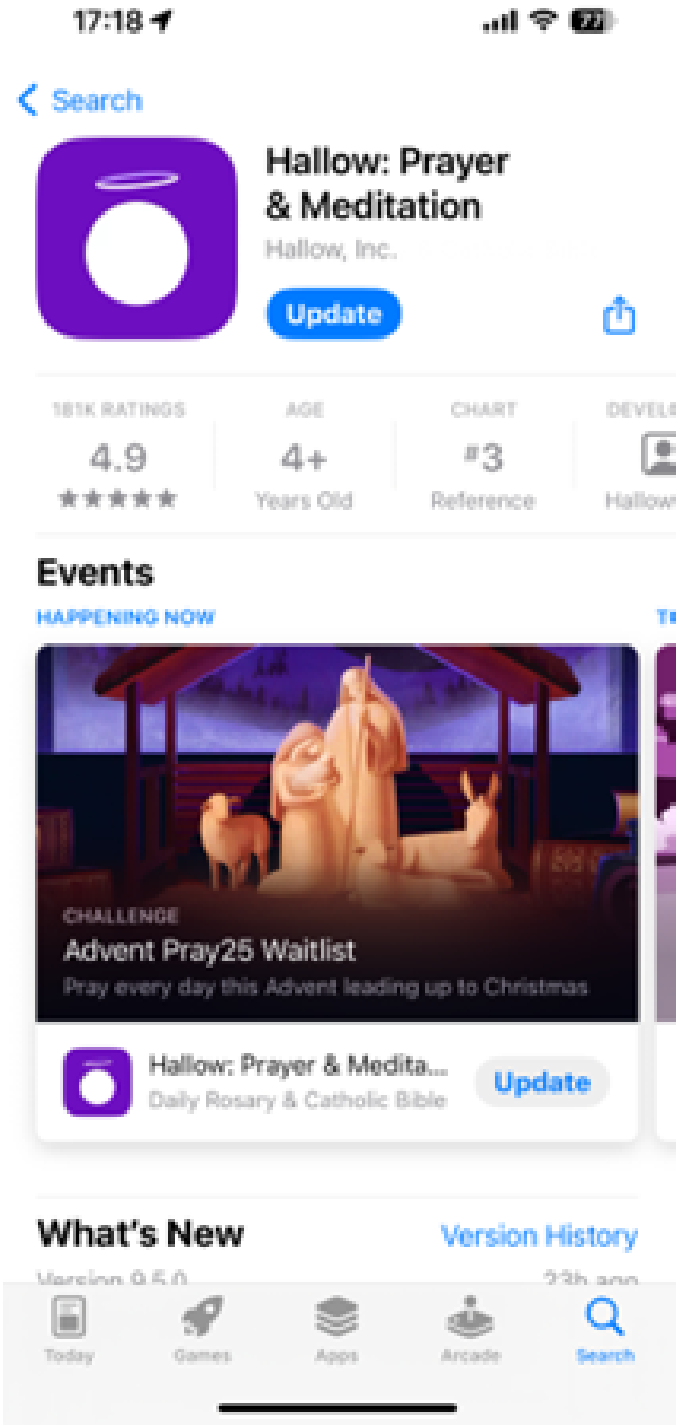
YEAR ONE MONDAY CLASS #1 – INTRODUCTION

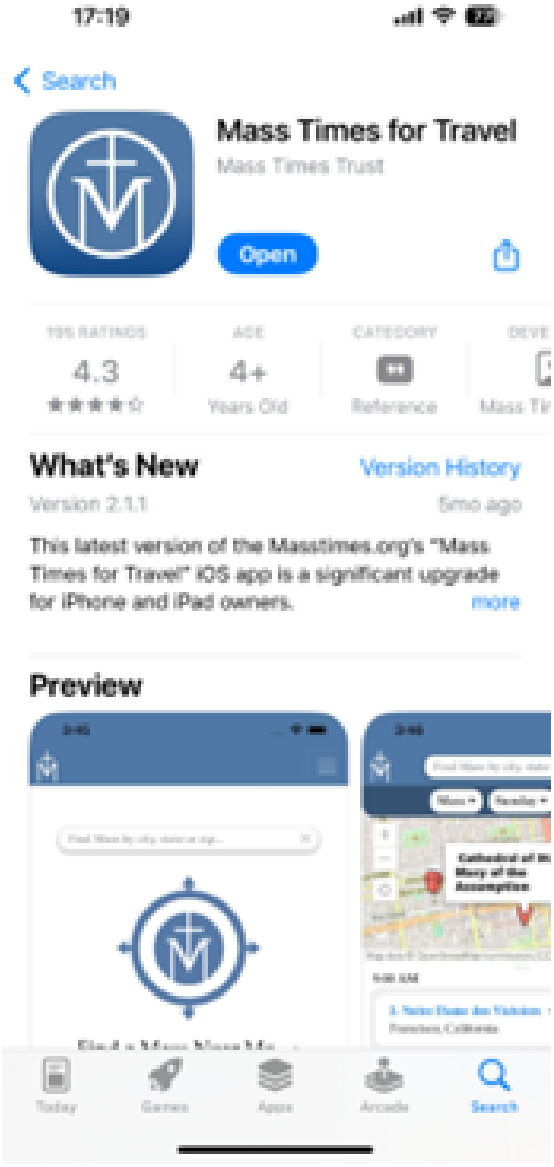






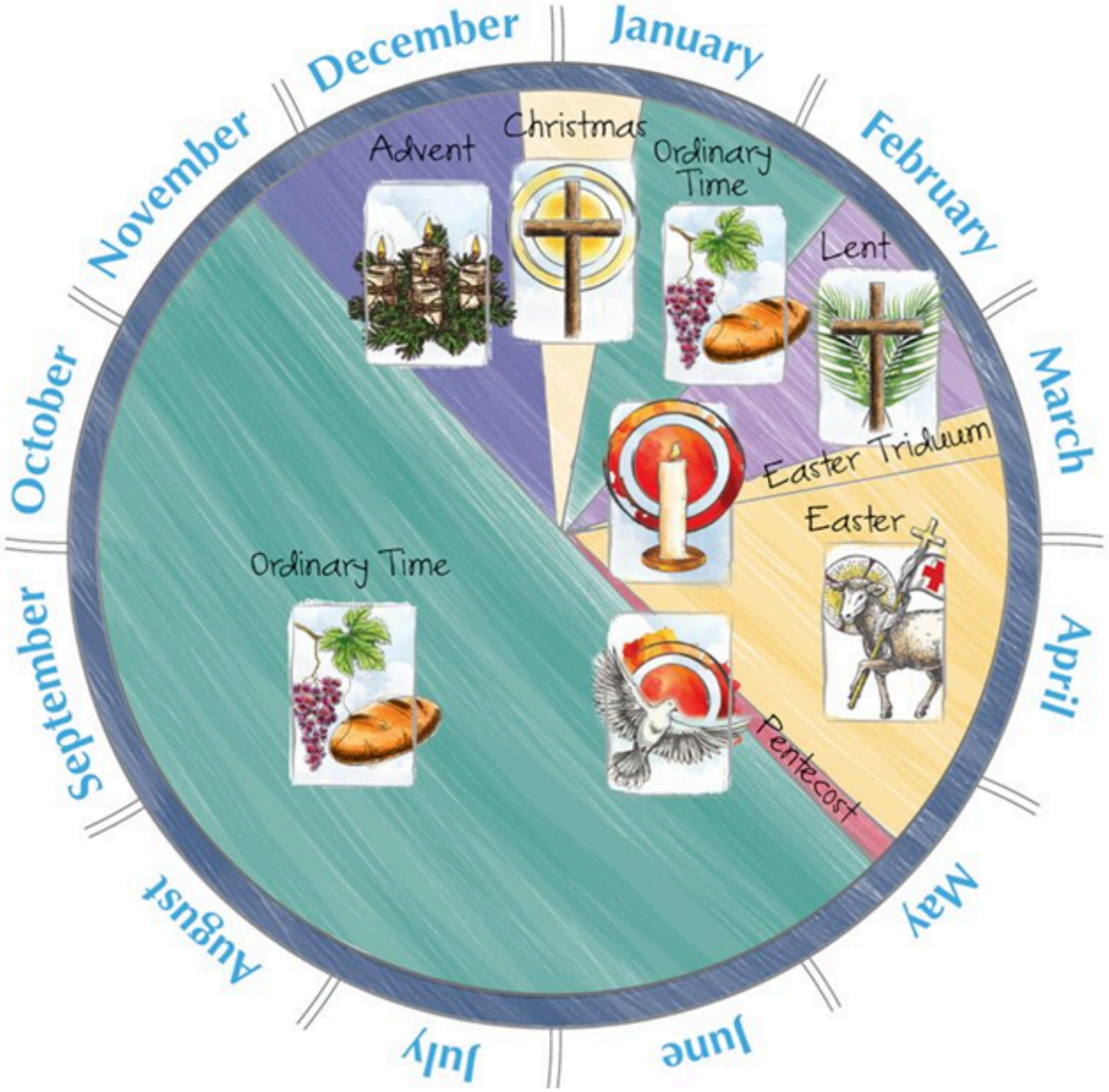
YEAR ONE MONDAY CLASS #1 – INTRODUCTION





The Church Year

The feast days and holy days that Catholics and other Christians celebrate follow the liturgical year, which is different from the calendar year. The liturgical year is built around important events in the life of Jesus, such as his birth, life, death, resurrection, and Ascension. The liturgies in the liturgical year help people remember the power of God's love made real in those events.



The Church Year Explained



Advent

Advent begins the liturgical year four Sundays before Christmas. It is a time of preparation for the coming of Christ and is symbolized by the Advent wreath.



Christmas

The Christmas season lasts twelve days, beginning with Christmas Day, which is always December 25, and concluding with the feast of the Baptism of the Lord. The cross reminds us that the wood of the manger becomes the wood of the cross.



Lent

Lent begins with Ash Wednesday and lasts forty days. It is a solemn time of fasting, prayer, and almsgiving in preparation for Easter. The palms and cross symbolize all of Lent as a journey toward Palm Sunday, when the same crowd that waved palms and yelled, "Hosanna!" ended up waving angry fists and shouting, "Crucify him!"



Ordinary Time

The season of Ordinary Time is made up of the days between Christmas and Lent and the days between Easter and Advent. The bread and wine show us that the main focus of Ordinary Time is the ministry of Jesus, represented by the grapes and bread of communion.



Easter Triduum

The Easter Triduum is a celebration from the evening of Holy Thursday to the evening of Easter Sunday. At this one, continuous, three-day liturgy, Christians remember the Lord's Supper, Christ's passion and death, and his resurrection. These feasts are at the heart of the liturgical year. They are represented by the picture of the Easter candle, which makes its appearance in the darkness of the Easter Vigil.



Easter

The Easter Season lasts fifty days, beginning with Easter Sunday and ending with the feast of Pentecost. Easter is the first Sunday after the first full moon in the spring, so the date varies each year. The symbol of the lamb represents Jesus, the innocent sacrificial lamb of God.



The symbol of the Holy Spirit reminds us that the Holy Spirit came to the disciples in the rush of wind and tongues of fire at Pentecost.

YEAR 1 MONDAY CLASS #2 —CREATED

SCAN ME

In the two creation accounts, GENESIS 1 & GENESIS 2,

GOD REVEALS:

that there is **ONE** God

He is _____ [1]

He creates out of _____ [2]

He creates _____ [3]; GOD breathes and things happen.

The Highlight of everything He creates is the _____ [4]

Human person is made in His _____ and _____ [5]

Human person is not made for slavery but for communion with God and each other.

We are to be in _____ and in _____ [6] with God.

The human person is destined to share in to share in God's _____ [7] forever in heaven.

If we built a sandcastle where every single star in the Milky Way galaxy is ONE grain of sand, what would be its dimensions?

From St. Helen, we head EAST to the _____ [8] in Scottsdale [9].

Then, from there, we drive South to a little past _____ [10]

AND the sand castle would be _____ [11] South Mountains tall!

Our universe has roughly 1 _____ [12] stars in it.

That's 24 zeroes! _____

Who made the stars? _____ [13]

Psalms 139:15-16 *Jeremiah 1:5* *John 10:3*

Which creature that God made does He love the most? _____ [14]



YEAR 1 MONDAY CLASS #3 —CAPTURED

We are talking about the _____ **[15]** in Captured.

What does game film reveal? _____ [16]

God created an angel and gave him the name _____ [17] which means light-bearer.

The Enemy's Identity is as the _____ [18] of this world.

The Enemy's reason for _____ [19] is he hates us.

The Enemy _____ [20] to become evil.

Wisdom 2:24 — Through the _____ of the devil _____ entered the world, and those who are in his possession _____ it. **[21]**

The Enemy's name "Satan" means the _____. **[22]**

The Enemy's other name "Devil" means the one who _____. **[23]**

How was God's command to Adam and Eve to not eat of the tree, a gift? _____ _____ **[24]**

What is the lie that the Enemy fed to Adam & Eve? _____ **[25]**



YEAR 1 MONDAY CLASS #3 —CAPTURED

What is the Enemy's Strategy to create division between us & God?

_____ [26]

How does the enemy attack us? How does he try to separate us from God?

The Enemy Accuses
The Enemy _____ [27]
The Enemy _____ [28]
The Enemy _____ [29]
The Enemy Divides
The Enemy _____ [30]

What is the Enemy's goal for your life? _____ [31]
Adam & Eve were tricked by the Enemy and sold our human race into slavery.
What are the two powers we have no control over?
_____ [32]

LUKE 11:21 — When a strong man, fully armed, guards his own palace, his goods are in peace.

Who is the strong man? _____ [33]
What is the strong man's palace? _____ [34]
What are the strong man's Goods? _____ [35]

YEAR 1 MONDAY CLASS #4 —RESCUED

"Can the prey be **taken** from the mighty, or the captives of a tyrant be **rescued**? Surely, thus says the Lord: even the captives of the mighty shall be **taken**, and the prey of the tyrant shall be **rescued**; for I will oppose with those who oppose with you… Then all flesh shall know that I am the LORD your Savior, and your **Redeemer** the Mighty One of Jacob." – ISAIAH 49:24-26

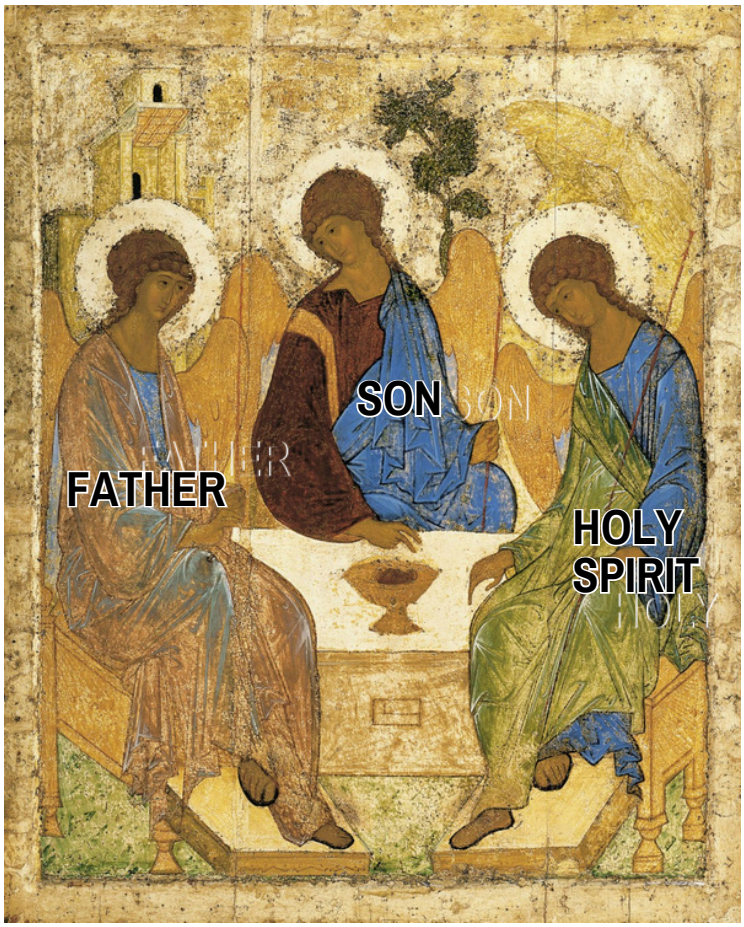
What is a GOEL? _____ [36]
How is Jesus our Goel? What is He rescuing us from? _____ [37]

YEAR 1 MONDAY CLASS #4 —RESCUED

The FATHER poses the question: "Who will go and get him? Who will bring him back? Who will bring him home?"
Who is the "him" the Father is referring to? _____ **[38]**

God's SON is in the Center, and has his head turned to the right towards the FATHER, as if to say [pointing at himself] "I will. I will go and get him. I will bring her back. I will bring him home."

The HOLY SPIRIT has his head down because the HOLY SPIRIT knows the _____ **[39]** of what it takes for someone to do that.



Let's look back at **LUKE 11:21-22** — When a strongman fully armed, guards his own house his possessions are safe; but when **one stronger** than he *[the strongman]* **attacks** him *[the strongman]* and **overcomes** him *[the strongman]* he takes away his armor in which he trusted and divides his spoil.

Who is the one stronger than the strong man? _____ **[40]**

Old Testament Scripture _____ [41] the future when God will become a man.

The **INCARNATION** [42a] — when God becomes man — is the _____ [42b] of Satan's kingdom.

Why did God come in disguise as one of us? _____ **[43]**

God uses the devil's sin of _____ **[44]** against him.

JOHN 14:31 — The ruler of this world is coming. He has no power over me…

Read JOHN 10:18 -- Who can take jesus' life from him? _____ **[45]**

YEAR 1 MONDAY CLASS #4 —RESCUED







An _____ [46a] is a creature who lies motionless and still, CAMOUFLAGED [46b] by its own environment.

When does an Ambush Predator attack its prey? _____ [47]

Name Two of the ways Jesus camouflage Himself?
[48a] _____

[48b] _____

Nothing is lacking in the _____ [49a] of Christ on the Cross, except my _____ [49b] in it. [cf. Colossians 1:24]

YEAR 1 MONDAY CLASS #4 —RESCUED

HOW DID JESUS' CRUCIFIXION SAVE US FROM SIN & DEATH?

[50] JESUS SHOWS US THE _____

[51] JESUS BECOMES _____ ; MAKING ATONEMENT FOR US

[52] JESUS GOES TO _____ TO **RESCUE** US

The Power of Death could not be conquered unless Our Lord took on the human form and lived in this world and died on the cross. — St. Ephrem

WHAT HAPPENED AS A RESULT FROM JESUS' DEATH & RESURRECTION?

[53] _____ the Enemy [Colossians 2:15]

[54] destroyed _____ [Isaiah 25:8-9]

[55] Transferred us from _____ kingdom of sin & death into the house of the FATHER [Colossians 1:13-14]

[56] Gave us _____ to the FATHER [as His adopted sons/ daughters in the Kingdom]

[57] _____ us [2 Corinthians 5:17]

[58] Rendered _____ powerless [Romans 6:6-7]

[59] Gave us authority over the _____ in Jesus' Name. [Luke 10:19]

[60] _____ us on a mission to get HIS world back [Matthew 28:18-20]

Enemy occupied territory – that is what this world is. Christianity is the story of how the rightful king has landed, you might say landed in disguise, and is calling us to take part in a great campaign of sabotage." – C.S. LEWIS

[61] Jesus rescued us, and He's given us a _____.

Will you go and get them?
Will you bring them back?
Will you bring them home?

How will you respond to Jesus' invitation?

YEAR 1 MONDAY CLASS #5 —RESPONSE

Look at this Icon of Jesus' Resurrection.
Jesus is standing on the gates of Hell, which He has broken and torn apart. The keys floating below symbolize that Jesus conquered death. The skeletal figure chained up represent the Enemy.
The man and the woman whom Jesus is pulling from the coffins are Adam and Eve. This gesture shows Christ's victory in redeeming all of mankind, even back to the beginning. It also foreshadows our bodily resurrection at Jesus' second coming.



Father, I believe that out of Your infinite love You created me. I come before You, just as I am, with all of my brokenness, wounds and hurts. I am sorry for all the times I have believed the enemy's lies, that You are not a good Father and that You don't love me. I repent and ask You to forgive me for all of my sins. Thank You for sending Jesus, the Ambush Predator, to rescue me from Sin, Death, Hell, and Satan. And so, today on ***APRIL 19, 2027****, I surrender to You, Jesus, and desire Your authority over every area of my life. I ask You now to flood my soul with the gift of the Holy Spirit to know my identity as Your child. Help me to know that, in Your eyes, I'm worth the trouble, I matter, and I'm worth dying for. Holy Spirit, re-create me to be the person You destined me to be. Amen.*

YEAR 1 MONDAY CLASS #6 – INTRO TO SACRAMENTS

THE SEVEN SACRAMENTS		
INITIATION	**HEALING**	**SERVICE** OF COMMUNION
* _____ FRONT DOOR SACRAMENT	++_____	**MARRIAGE**
***CONFIRMATION**	**++ANOINTING of the SICK**	***HOLY ORDERS**
++_____	* CAN ONY BE RECEIVED ONCE LEAVES AN INDELIBLE MARK	++ CAN BE RECEIVED EVERY DAY

The Seven Sacraments which were given by Christ to communicate to us Sanctifying _____ [4] when received.
Grace is a free and _____ [5] favor or blessing .
The two types of Grace are Actual Grace and Sanctifying Grace.
To Sanctify means to become _____ [6].
Actual Grace is given when we need it in a situation to make a good decision.
Sanctifying _____ [7] is God's Very Life.
God's Very LIFE is given to us in a REAL WAY— through the Seven _____ [7]!

The 7 Sacraments are _____ [8a] with CHRIST.
The more we receive the sacraments, the closer we are to _____ [8b] and to HEAVEN.
The Seven Sacraments have the _____ [9] to make us holy.
The Seven Sacraments make us holy because they fill us with _____ [10] very life.

The 7 Sacraments are _____ [11a] signs of an _____ [11b] spiritual reality, change in our soul.

Each Sacrament has a _____ [12] who administers them to us.
Each Sacrament has _____ [13] signs & symbols to help us recognize them.

Each Sacrament has effects where God's Sanctifying Grace is _____ [14] working through and in us to make us holy.

YEAR 1 MONDAY CLASS #6 – INTRO TO SACRAMENTS

SACRAMENTS OF INITIATION







#1 _____ #2 _____ #3 _____

SACRAMENTS OF HEALING





#4 _____ #5 _____

SACRAMENTS OF SERVICE of Communion





#6 _____ #7 _____

10 COMMANDMENTS / EXAMINATION OF CONSCIENCE

MY RELATIONSHIPWITHGOD

1ST: I AMTHE LORD YOURGOD,YOUSHALLNOTHAVESTRANGE GODS BEFORE ME. [TEACHES US TO PUT GOD FIRST IN OUR LIVES.]

How do I spend my time each day? Do I remember that God loves me? Do I remember t give thanks to God for all that I have received? Have I prayed every day? Have I prayed my morning prayers and night prayers? Have I prayed with my parents and fam- ily? Do have my priorities in order? Do I pray?

2ND: YOUSHALLNOTTAKETHENAMEOFTHELORDYOUR GODIN VAIN. [TEACHES US TO SPEAK CAREFULLY, TO RESPECT THE POWER OF OUR WORDS, AND TO SAY ONLY WHAT WE MEAN TO SAY.]

Do I pay attention to the way my words affect others? Do I misuse God's name to express anger or frustration? Do I say hurtful things to others when I am angry or upset? Do I put down other people?

3RD: REMEMBER TO KEEP HOLY THE LORD'S DAY (SUNDAY). [TEACHES US TO TAKE TIME TO WORSHIP GOD REGULARLY & FREQUENTLY.]

Have I avoided being moody and rebellious about praying and going to church on Sun- day? Do I take time each week to pray & to worship God? Do I take part in Mass on a regular basis, at least every Sunday? Do I remember that my strength comes from God, and that without God I can do nothing? Do I take time to relax on Sunday & ap- preciate all that God has given me? Do I make time to get to know my family and my friends better?

MY RELATIONSHIP WITH OTHERS

4TH: HONOR YOUR FATHER AND YOUR MOTHER. [TEACHES US TO APPRECIATE OUR PARENTS & RESPECT THOSE IN AUTHORITY.]

Do I Obey all that my parents reasonably ask of me? Am I loving, respectful, & obedient to my parents, and for all who take care of me? Am I too critical of my parents? DoI offer to help around the house? Do I Obey the reasonable demands of my teachers?Do I live in humble obedience to those who legitimately exercise authority over me? HaveI brokenthelaw?

5TH: YOU SHALL NOT KILL. [TEACHES US TO APPRECIATE LIFE.]

Do I value all people? Do I experiment with alcohol or drugs and show no regard to their effect on my grades, my self respect or my relationships? Do I take good care of myself? Have I physically hit or abused anyone?

MY RELATIONSHIP WITH OTHERS

MY RELATIONSHIP WITH OTHERS

10 COMMANDMENTS / EXAMINATION OF CONSCIENCE

6TH: YOUSHALLNOTCOMMITADULTERY.

[TEACHES US TO KEEP OUR PROMISES, AND TO PROTECT OUR SEXUALITY.]

Do I value & respect my sexuality? Do I try to develop healthy relationships and avoid relationships where people are treated like things? Do I dishonor my body through impure actions? Do I respect the relationship God has set up between sexual intimacy and marriage?

7TH:YOU SHALLNOT STEAL.

[TEACHES US TO RESPECT PRIVATE PROPERTY AND THE RIGHTS OF OTHERS.]

Do I take things that don't belong to me? Do I respect public property & the property of oth- er people? Do I take more than I need? Do I share generously? Do I cheat on tests or homework?Do I wastetimedoingchores?

8TH:YOU SHALLNOT LIE.

[TEACHES US TO SPEAK THE TRUTH AND NEVER TO SAY MORE THAN IS NECES- SARY.]

Am I a truthful person? Have I damaged the reputation of another person by exaggerating or making up stories about them? Do I say things just to hurt other people? Do I lie to protect stay out of trouble or to avoid a difficult situation, even if someone will be hurt?

9TH:YOU SHALLNOT DESIREYOUR NEIGHBOR'S WIFE.

[TEACHES US TO AVOID INAPPROPRIATE RELATIONSHIPS.]

Do I remember that all people are created in the image of God? Am I envious of others? Do Iresent their popularity or success? Do I feel I have to put others down in order to feel bet- ter about myself?

10TH:YOU SHALLNOT DESIREYOUR NEIGHBOR'S GOODS.

[TEACHES US TO FIND HAPPINESS WHERE WE ARE.]

Do I let greed or envy take over my thoughts? Do I try to prove I am better than others by bragging or buying more things? Do I think my own wants are more important than other people's? Do I remember that it is who I am, not what I own, that is really important?

MY RELATIONSHIP WITH OTHERS

How the Bible is ORGANIZED

