



St. Helen Catholic Parish Godparent/Sponsor Assignment #1

Due by Tuesday Sacrament Prep class, Nov. 18, 2025

Scan & Email [dduran@sthenglendale.org] or Take a picture and send to 480-331-5286

Today's Date _____ Student First & Last Name _____

QUESTION AND ANSWER SESSION INSTRUCTIONS FOR THE YOUTH:

Arrange a time to meet with your godparent/sponsor, in person or on the telephone or via video call. Below are many questions you can ask your godparent/sponsor. Feel free to think of others. You do not need to write out answers and hand them in. However, please mark which questions were asked and discussed.

Assignment #1 is meant to be an opportunity for you to get to know your sponsor better and learn about why they love the Catholic faith!

- ☐ How did you come to be Catholic?
- ☐ What did you do after high school?
- ☐ If married, how did you know this was the person you wanted to marry?
- ☐ If you have children, how do/did you raise your children in the Catholic faith?
- ☐ What is your current occupation? What do you like and dislike about it?
- ☐ What activities do you enjoy doing?
- ☐ What is one book and one movie you would recommend to me?
- ☐ What place do you recommend visiting?
- ☐ Why do you attend Mass?
- ☐ What is one thing you really like about the Mass?
- ☐ What does following Jesus mean to you?
- ☐ How are you involved in your church and in your community?
- ☐ What do you remember about your confirmation preparation and your actual confirmation?
- ☐ Do you have a favorite saint? Why are they special to you?
- ☐ What is a passage or story from the Bible that speaks to you?
- ☐ Which commandment do you find most difficult to follow?
- ☐ How do you include prayer in your life?
- ☐ What people or events in your life have influenced you spiritually?

The YEAR TWO youth above and their godparent/sponsor met in person or over the telephone or via video chat to help them get to know each other a little better.

If this took place on the phone and not in person, please have a parent sign as witnesses of the their conversation.

Date of meeting: _____

Godparent/Sponsor Name: _____

Godparent/Sponsor/Parent Signature: _____



St. Helen Catholic Parish Godparent/Sponsor Assignment #2

Due by Tuesday Sacrament Prep class, January 13, 2026.

Scan & Email [dduran@sthenglendale.org] or Take a picture and send to 480-331-5286

Today's Date _____ Student First & Last Name _____

QUESTION AND ANSWER SESSION INSTRUCTIONS FOR THE YOUTH:

Arrange a time to meet with your godparent/sponsor, in person or on the telephone or via video call. Below are several options to do with your godparent/sponsor. Feel free to think of another spiritual activity to do together.

You do not need to write out answers and hand them in. However, if you choose **Option 4**, please write what you and your Godparent/Sponsor did together. **Assignment #2** is meant to be an opportunity for you to get to know your sponsor better and dive in deeper in the Catholic faith.

Option #1

Ask questions to each other such as:

How would you describe Jesus to someone who has never heard of him? How has your understanding of Jesus and your relationship with him changed as you have gotten older?

Option #2:

Ask questions to each other such as:

Talk about what are some ways you could "prove" that God exists? When have you felt close to God?

Have you ever felt disconnected, or even abandoned, by God? What are some questions you have about God?

Option #3:

Go to Eucharistic Adoration together. Talk about your encounter afterwards.

Option #4: _____

The **YEAR TWO** youth above and their godparent/sponsor met in person, over the phone, or via video chat and chose option #_____ to help them get to know each other even better. If this took place on the phone and not in person, please have a parent sign as witnesses of the their conversation.

Date of meeting: _____

Sponsor Name: _____

Sponsor/Parent Signature: _____



St. Helen Catholic Parish Godparent/Sponsor Assignment #3

Due by Tuesday Sacrament Prep class, February 10, 2026.

Scan & Email [dduran@sthenglendale.org] or Take a picture and send to 480-331-5286

Today's Date _____ Student First & Last Name _____

ASSIGNMENT #3 INSTRUCTIONS FOR THE GODPARENT/CONFIRMATION SPONSOR:

Arrange a time to meet with your youth, in person or on the telephone or via video call. Below are several options to do with your godparent/sponsor. You do not need to write out answers and hand them in. **Assignment #3** is meant to be an opportunity for you to get to know your sponsor better and dive in even deeper in the Catholic faith.

Option #1:

Have a heart-to-heart conversation with your candidate about death and eternity. Many of the Church's teachings only make sense from the perspective of eternal life.

Here is a question to explore: Read Mathew 25:31-46 together.

What does the analogy of the sheep and the goats imply about judgment and eternity?

Option #2:

Discuss the Sacrament of Reconciliation with your candidate, and then go to confession together [if the youth is baptized] at your parish. Then, share about your experience. Encourage your youth to go to Confession at least once a month.

Option #3:

As your youth progresses in the Sacrament Prep Program, discuss what the Sacrament of Confirmation is and what it accomplishes.

Ask your candidate to share what Confirmation means to him or her. Discuss that Confirmation is more than a ceremony, noting the following points:

- ✠ Confirmation completes the Christian initiation begun at Baptism.
- ✠ Confirmation is sealing with and an outpouring of the Holy Spirit.
- ✠ Confirmation empowers us for Christian life and service to God and the Church.

Option #4:

Pray a rosary together for discernment. A simple way of entrusting the future to God is to ask the Blessed Mother for her intercession by praying a Hail Mary.

The **YEAR TWO** youth above and their godparent/sponsor met in person or over the phone and chose option # _____ to help them get to know each other a little better.

If this took place on the phone and not in person, please have a parent sign as witnesses of the their conversation.

Date of meeting: _____

Sponsor Name: _____

Sponsor/Parent Signature: _____