



COACHING CLINIC SCHEDULE - SATURDAY OCTOBER 10

TIME	LARGE GYM	SMALL GYM	CLASSROOM
9:00 - 10:00	Building Standards & Culture into Practice Plans <i>George Hoyt, Edmonton Stingers</i>		
10:00 - 11:00	Creating Advantages in the Halfcourt <i>Megan Wickstrom, UofA Pandas</i>		Introduction to Strength & Conditioning <i>Scott Gilroy, The Bridge</i>
11:00 - 12:00	Spread Motion Offense <i>Todd Jordan, UNBC Timberwolves</i>		Coach Language, Goals & Athlete Development <i>Lindsay Piper, Axis Psychology</i>
12:00 - 1:00	LUNCH		
1:00 - 2:00	Ball Screen Breakdown & Shooting <i>Adika Peter-McNeilly, NAIT Oaks</i>	Introduction to Penetration Principles <i>Chris Delano, NW Basketball</i>	
2:00 - 3:00	Fundamental Drills for Defense <i>Dave Oldham et al., WEBA</i>		Foundations of Sport Nutrition - Inside the WNBA <i>Madeline Herbers, Sports Nutrition</i>
3:00 - 4:00	Transition Offense Concepts <i>Kiera Lyons, NAIT Oaks</i>	Constraints Led Approach to Practice <i>Slav Kornik, CLIMB Basketball</i>	
4:00 - 5:00	Competitive Drills with Purpose <i>Jordan Baker, Edmonton Stingers</i>		