

TEAM HANDBOOK

GLO RY



Team Handbook: Glory
FCA Group Meetings and Training Time
Copyright© 2025 by Fellowship of Christian Athletes
THE FOUR brand and logo used by permission. Copyright © 2025 by
Campus für Christus Schweiz.

ISBN: 979-8-3845-1727-6

Dewey Decimal Classification: 220.52
Subject Headings: BIBLE \ATHLETES-RELIGIOUS LIFE

Unless otherwise noted, all Scripture quotations are taken from the Christian Standard Bible®, Copyright © 2017 by Holman Bible Publishers. Used by permission. Christian Standard Bible® and CSB® are federally registered trademarks of Holman Bible Publishers.

CONTRIBUTORS

B&H Publishing Editorial Team: Andy McLean (Publisher), J.D. Green (Managing Editor), Natasha Janssen, and Judi Hayes.

Fellowship of Christian Athletes: Team Meeting Writer - Shanta Crichlow.

Suzanne Anderson, Jena James, Shea Vailes and the Training Time writers:

Mikel Hawks, Mindy Hopman, Mark Jones and Steve Ko.

Cover Design, Will Bryan of Will Bryan Design,
Interior Design, Roy Roper, Wideyedesign.

Printed in China
RRD



TEAM HANDBOOK *CONTENTS*

Glory Overview

2

The FOUR

3

Discovery Bible Study Training

4

Team Meetings

6

Training Time Overview

38

Training Time Devotionals

39

E3 Discipleship

43

52-Week Discovery Bible Studies

44

The CORE

46

Get to Know FCA

47

Get Involved with FCA

48

GLORY



"WE ALL, WITH UNVEILED FACES, ARE LOOKING AS IN A MIRROR AT THE GLORY OF THE LORD AND ARE BEING TRANSFORMED INTO THE SAME IMAGE FROM GLORY TO GLORY; THIS IS FROM THE LORD WHO IS THE SPIRIT." —2 CORINTHIANS 3:18

THE JOURNEY

Once upon a Time, I strived for individual success leading to self-serving glory. **And Every Day**, I lacked the ability to live up to the expectations placed on me. **Until One Day**, God showed me He can do more with my surrender than my performance. **And Now**, I reflect God's glory as a disciple maker because I seek His Kingdom first.

FROM MY GLORY TO HIS GLORY

Meeting 1: CHASING GLORY

I'm created for God's glory, not chasing my own. **Isaiah 43:7**

Meeting 2: REVEALED GLORY

God's glory is revealed to me through Jesus, and I can have a relationship with Him. **John 1:14**

Meeting 3: REFLECTING GLORY

God's glory is reflected in my life as I become more like Him.

2 Corinthians 3:18

Meeting 4: LASTING GLORY

When my hope is in God's lasting glory, I will seek His Kingdom first. **Matthew 6:33**

HOW TO USE THE MEETINGS

At Camp: These four concepts were designed to fit together for a complete message at camp. It's not recommended to completely skip any of the topics. You can choose to break up the concepts to fit

the number of meeting times for your camp or event. The DBS sets can be used as additional meetings or individual study times.

In Huddles: These four topics are intended to lead you on the journey trading my glory for God's glory. Each meeting can be studied with your Huddle over a semester or a sports season. The additional key points and DBS sets allow more intentional study at a slower pace.

Discovery Bible Study (DBS): A Discovery Bible Study template is added to the end of each meeting. This inductive Bible study method is focused on diving deeper into God's Word. You can use these with athletes and coaches within camps, Huddles or any ministry program.

Leader Guide: For warm-ups, games, icebreakers and tips on how to lead the Huddle times, scan the QR code on the top of the page.

POST MEETING PAGES

DEFINITIONS:

What Is Glory?

Glory is solely weight. Everything will influence its surroundings and draw attention to what is more magnificent.

What Is God's Glory?

The weight of everything that makes God, and the sharing of this weight for the benefit of self and others, is God's glory.

What Does It Mean to Give God Glory?

To honor God is to make Him pleased and to emphasize His character rather than ours.

THE FOUR



THE GOSPEL EXPLAINED IN FOUR SIMPLE TRUTHS

The FOUR is a simple, repeatable way
for anyone to share the Gospel.



GOD LOVES YOU

God made you and loves you! His love is boundless and unconditional. God is real, and He wants you to personally experience His love and discover His purpose for your life through a relationship with Him.

Genesis 1:27; John 3:16



SIN SEPARATES YOU

Sin damages your relationships with other people and with God. It keeps us from experiencing the fulfilling life God intends for us. The result: you are eternally separated from God and the life He planned for you.

Isaiah 59:2; Romans 3:23; 6:23



JESUS RESCUES YOU

Jesus died, but He rose to life again. Jesus offers you peace with God and a personal relationship with Him. Through faith in Jesus, you can experience God's love daily, discover your purpose and have eternal life after death.

*Romans 5:8; 1 Corinthians 15:3-8;
1 Peter 3:18*



WILL YOU TRUST JESUS?

You choose to trust Jesus when you believe and confess that Jesus is Lord and surrender your life to Him. Are you ready to place your trust in Jesus?

*John 1:12; Ephesians 2:8-9;
Romans 10:9-10; Revelation 3:20*

The **FAITH RESPONSE TOOL** is for coaches and athletes who have recently made a decision to **START** a relationship with Jesus or they desire to **GROW** in their relationship with Jesus. To use the tool, simply text **GOFCA** to **46322** or **SCAN THE QR CODE**



After completing the form, you will receive a series of short "first steps" videos from professional athletes. These videos are designed to help coaches and athletes grow in their relationship with Jesus Christ.



DISCOVERY BIBLE STUDY TRAINING

Use the guide below to lead your FCA Huddle in a Discovery Bible Study.

WELCOME

Welcome and Quick Conversation Starters.

WARM-UP

Next, form an “I will...” statement for the following accountability questions. Notice that this will begin being used the second time you meet. If this is your first meeting, respond to the question with how you will obey this week and whom you will share this with. Then move on to the Bible reading. Athletes need to answer these questions in the form of an “I will...” statement. (I will choose to trust God in frustrating situations in my sport.)

WORKOUT

Choose a passage from the suggested DBS Bible stories within the handbook to begin reading your Bible.

- Read the passage aloud; everyone follows along with their eyes.
- Read the passage a second time, but this time close your eyes and listen.
- Together, retell the story in as much detail as you can without looking at the Bible.

Now, look back at these Scriptures and answer the questions. Be sure to reference the specific verse in your answer. (Ex. John 1, Verse 1 says that the Word was God and with God.)

WRAP-UP

Consider the truths about God and people you wrote down. Lead your Huddle into a discussion on how they can take action this week through the form of an “I will . . .” statement.

By God’s grace how will you obey God’s Word this week?

- Pray and ask God what truth He wants you to focus on this week.
- On the Discovery Bible Study sheet, write a one-sentence, “I will . . .” statement capturing this conviction.

Whom will you share this Scripture passage with this week?

- Pray and ask God who needs to hear this.
- Write down one name and be intentional about sharing with them.

DISCOVERY BIBLE STUDY TEMPLATE

Use this QR code to download and print this template.



WELCOME

1. What are you thankful for?

2. What are you struggling with?

WARM-UP

3. How did you obey last week?

4. Whom did you share with?

WORKOUT

TODAY'S SCRIPTURE:

5. What does this say about God?
(Father, Son, Holy Spirit)

6. What does this say
about people?

WRAP-UP

7. By God's grace how will you
obey God's Word this week?

8. Whom will you share this
Scripture passage with this week?

GLORY TEAM'S MEETINGS

CHASING GLORY *PART 1*

**“EVERYONE WHO BEARS MY NAME AND IS
CREATED FOR MY GLORY. I HAVE FORMED THEM;
INDEED, I HAVE MADE THEM.” —ISAIAH 43:7**

WELCOME

I'm created for God's glory, not chasing my own.

WARM-UP

TEAM DISCUSSION

Each member of the team answers the questions: Who are you, and what makes you special?


WORKOUT

GLORY. HONOR. PRAISE. ACCOLADES.

The desire for these words runs through the core of the athlete's DNA. Tiffany was a stellar athlete who thrived on the energy of the audience's cheers. Her sport was the one place she felt able to experience the validation she craved. The attention offered her purpose, significance and meaning. She approached every competition with the expectation of her own glory in her mind. She hoped to be elevated, talked about, admired and remembered. She wanted all of the things that truly belonged to God.

The desire for glory is natural. We understand glory to be the praise, attention and celebration we're immersed in when we accomplish something great or for just being who we are. Glory is said to also be magnificence and beauty.

We even see that in the Bible. In Genesis 11, mankind settled in a place called Shinar. They had one big goal for their team. They said, ***“Come, let's build ourselves a city and a tower with its top in the sky. Let's***



make a name for ourselves; otherwise, we will be scattered throughout the earth” (Genesis 11:4). They were not wrong to have a lofty goal for their team. The flaw was the motivation. The focus was not merely to come together and build a city; it was to make a name for themselves. They wanted to be seen, known and praised. They wanted glory.

Isaiah 43:7 reveals that we are created for God’s glory, not our own. God made every one of us with the talent and gift that we use to pursue our goals and build our lives. The talents we have at varying degrees are special. Those gifts inspire, impress and even encourage others in athletics and beyond. Pedestals naturally form because of the skills of athletes and the entertainment they provide. Programs and entire industries are built on and around them. These high towers can be used to promote many things from products to ideas. We can choose to display ourselves or the Lord, from whom the talent came and to whom the talent already belongs. As it says in Revelation 4:11, *“Our Lord and God, you are worthy to receive glory and honor and power, because you have created all things, and by your will they exist and were created.”*

The program you are part of, and building as a team, will project many things as you build a brand and reputation.

- Q:** What values, ideals, behavior and examples will you display for viewers to see?
- Q:** When your program is elevated, to what or to whom will you give the glory?

When you use your platform to elevate you, you find yourself trying desperately to satisfy an unfillable void. There will never be enough attention, followers, views or approval. You could instead choose to elevate the One hidden at the foundation of your success. The One who gives each member of your team the necessary skills and brings them together at just the right time to build an experience for each of you and those around you to enjoy. The glory belongs to God first and God alone because He is the one who made it all in the first place.

Q: What are some things for which you can give God credit inside and outside of your sport?

Q: What is most challenging about directing glory to God instead of absorbing it yourself?

Q: What benefits do you see to giving God glory?

WRAP-UP

Psalms 19:1 says, *“The heavens declare the glory of God, and the expanse proclaims the work of his hands.”*

We give praise, honor and glory to people who build successful programs. We put their names on buildings, write about them, tell their stories in the media, talk about them at the dinner table, model our programs after them and try to imitate their approach with the hopes of achieving what they have. We give them glory.

Q: What can you do individually and as a team to be like the heavens and give glory to God who created everything?

CHASING MY GLORY

The natural desire for glory within athletes is a direct contrast with our created purpose to glorify God. (Romans 1:20–23)

CHASING GLORY *PART 2*

**“EVERYONE WHO BEARS MY NAME AND IS
CREATED FOR MY GLORY. I HAVE FORMED THEM;
INDEED, I HAVE MADE THEM.” —ISAIAH 43:7**

WELCOME

I’m created for God’s glory, not chasing my own.

WARM-UP

TEAM DISCUSSION

Ever been celebrated? Share a memory of being celebrated. It could be a birthday or an accomplishment. If there is anyone on the team who doesn't remember a time of celebration, take a moment to do that now. Celebrate your teammates and tell them the great things you see in them already.

WORKOUT

The Oklahoma University Softball team drew a lot of attention when they won the 2023 NCAA Women's College World Series. They confirmed the reputation of their program, they drew attention to their university and they gave God glory in their postgame interview on ESPN. The women were unapologetic about their faith and very aware of what they were doing. It was pleasant for many to watch and perhaps uncomfortable for others. Either way, they honored God by executing well the talent they were given, working excellently with the team they were assigned to and praising God publicly for it.

- **God's glory is:** "The combined magnitude of all God's attributes and qualities put together," or "The combined weight of everything that makes God, God." (Brian Smith, *The Assist*)
- **Giving God glory is:** "Thinking and acting in a way that pleases God and draws attention to who He is." (Brian Smith, *The Assist*)
- Q. How do you think the Oklahoma University Softball team's public expression of their faith impacts the dynamics within the team and the broader community, both positively and potentially negatively?
- Q. In what ways do you believe giving God glory intersects with the pursuit of excellence and teamwork within sports, and how might this influence the culture and performance of your team?

Receiving our own glory is satisfying in the moment. Being seen and having a sense of significance feels good. Getting glory says, "I matter."

But when we chase glory, we're actually chasing something we already possess. From the very beginning we were created by the Creator of the universe in His image: *"God said, 'Let us make man in our image, according to our likeness.'... So God created man in his own image; he created him in the image of God; he created them male and female"* (Genesis 1:26–27). God crowned man with glory and honor, and His message for us today is, *"You are precious in my sight and honored, and I love you"* (Isaiah 43:4).

Take a moment to look around at your team and your coach(es). What do you notice about the images you see? I'm sure you notice quite a few differences. How then can we all be made in God's image when we are all so different and unique?

Q: Read the following verses: Zephaniah 3:17;
Nehemiah 8:10; Zechariah 4:1; John 11:33–35.

Q: What traits do we possess beneath
the surface that reflect God?

Eve (the first woman) was led astray in Eden by the craftiest lie. The simple words, *"You will be like God,"* convinced her that she was not like God—or at least, not enough. But Adam and Eve were like God. They were made in His image and were God's reflection in the earth. You don't need to strive for something you already have. You don't need to aim to be something you already are. You are precious to God. You are dearly loved. You are created for His glory.

WRAP-UP

We go through this life in pursuit of our own glory. We want people to cheer our name. We want to contribute to a greater purpose and to be recognized for our achievements. God desires the same thing from us. You can't give something you don't realize you have.

Q: Take a moment to consider: Who is God to you?

Q: If you are created in His image, in what ways do you believe you are like Him?

Q: What does it mean to you that you are created for God's glory?

CREATED FOR HIS GLORY

We are created for His glory, not our own. (Isaiah 43:7)

CREATED IN HIS IMAGE

(Genesis 1:26-27)

NOTES:

GLO RY

CHASING GLORY

DISCOVERY BIBLE STUDY

WELCOME

1. What are you thankful for?
2. What are you struggling with?

WARM-UP

3. How did you obey last week?
4. Whom did you share with?

WORKOUT

TODAY'S SCRIPTURE:

Genesis 1:1-2:4 (I'm created for God's glory, not chasing my own.)

- 5. What does this say about God?**
(Father, Son, Holy Spirit)
- 6. What does this say
about people?**

WRAP-UP

- 7. By God's grace how will you
obey God's Word this week?**
- 8. Whom will you share this
Scripture passage with?**

GLORY TEAM'S MEETINGS

REVEALED GLORY *PART 1*

“THE WORD BECAME FLESH AND DWELT AMONG US. WE OBSERVED HIS GLORY, THE GLORY AS THE ONE AND ONLY SON FROM THE FATHER, FULL OF GRACE AND TRUTH.” —JOHN 1:14

WELCOME

God's glory is revealed to me through Jesus, and I can have a relationship with Him.

WARM-UP

READ JOHN 1:1-18

Discuss with your team what you think this story has to do with God's glory being revealed.

WORKOUT

Athletes and fans love a big reveal. Some athletes have the privilege of being a part of the early stages of their uniform process. They might have had the chance to preview the concepts and vote for their favorite design. But nothing beats seeing that uniform in person for the first time. And what about the highly recruited athletes who have their choice of schools? National Signing Day is a lot of fun for the athletes and their supporters when they step on camera sporting the hat or logo for the university of their choice. Then, when the athletes show up for competition for the first time in the shiny new threads, the fans go wild!

We could imagine that is how certain Israelites felt when Jesus Christ, whom His people had been waiting on for generations, showed up. In Luke 2:25-35, we read about Simeon, a man to whom the Holy Spirit revealed he would not see death before he saw the Lord's Messiah. When Mary and Joseph brought Jesus into the temple, Simeon took Jesus in his arms, praised God and said:

“NOW, MASTER, YOU CAN DISMISS YOUR SERVANT IN PEACE, AS YOU PROMISED. FOR MY EYES HAVE SEEN YOUR SALVATION. YOU HAVE PREPARED IT IN THE PRESENCE OF ALL PEOPLES—A LIGHT FOR REVELATION TO THE GENTILES AND GLORY TO YOUR PEOPLE ISRAEL.” —LUKE 2:29-32

Q: Reflecting on the anticipation surrounding uniform reveals and National Signing Day in sports, how does the concept of “the big reveal” relate to the arrival of Jesus Christ as the Messiah, and what significance does it hold for believers today?

Q: In the context of Simeon’s reaction to seeing Jesus in the temple, how do you think encountering the presence of God in our lives compares to the excitement and joy experienced in sports moments, like uniform reveals or National Signing Day?

The big reveal of Jesus was the very reason John was baptizing people in the Jordan River. After so many years of waiting for the Messiah, John could finally say, “Look,” when he saw Jesus coming toward where he was baptizing people, ***“The Lamb of God, who takes away the sin of the world!”*** (John 1:17). When Jesus was baptized, ***“...the heavens suddenly opened for him, and he saw the Spirit of God descending like a dove and coming down on him. And a voice from heaven said, ‘This is my beloved Son, with whom I am well-pleased’”*** (Matthew 3:16-17). Talk about a big reveal!

Jesus Christ is the Son of God who came into the world and lived among mankind. He professed that those who have seen Him have seen the Father and those who know Him will also know His Father (John 14:7-8; 8:19). Jesus made clear that He and God are one; and to know one, you must get to know the other, also.

Q: Drawing parallels between John the Baptist’s proclamation of Jesus as the “Lamb of God” and the concept of “the big reveal,” how can athletes use

their platform to point others toward the revelation of God's presence and purpose in their lives?

Q: What are things you would like God to reveal to you about Himself?

WRAP-UP

God has revealed Himself to you through Jesus Christ. Now you have a choice. You can accept Him as He is, or you can choose to keep searching. If you keep searching, however, you'll never find another God who not only created you but also sent His one and only Son to die for you, so that you may have a relationship with Him and spend eternity with Him in His glory.

Q: If you have decided to accept Jesus as your Lord and Savior, in what ways have you seen Him revealed in your life?

If you have not accepted Jesus as your Lord and Savior, speak with someone who has about why they made that decision and see if they can help answer questions you have. Whenever you're ready, flip to pg 4 and read over The FOUR.

GOD'S GLORY REVEALED

Jesus came to cover our sins and allow for us to be in a relationship with Him. (John 1:14)

REVEALED GLORY *PART 2*

"THE WORD BECAME FLESH AND DWELT AMONG US. WE OBSERVED HIS GLORY, THE GLORY AS THE ONE AND ONLY SON FROM THE FATHER, FULL OF GRACE AND TRUTH." —JOHN 1:14

WELCOME

God's glory is revealed to me through Jesus, and I can have a relationship with Him.

WARM-UP

READ JOHN 1:19–37 AND LUKE 3:15–18

Discuss John's reaction to the coming of Jesus.

- How do you think John reacted to his disciples, leaving to follow Jesus?
- How would you honestly feel about your friends, teammates and glory leaving you to follow another leader?

WORKOUT

Let's be real. Some athletes would love to keep all the glory for themselves. They love the attention. They can be ball hogs and showboaters. Everyone knows that persona; we might even have that at times. It feels good, but nobody really enjoys playing with them. Teams thrive as each player executes their role well, allows one other the space to execute their responsibility, supports one another and celebrates the success of the bigger goal rather than focusing on the preferences of the individual. That's what it means to be part of a team.

John the Baptist understood that well. He, along with all of Israel, was waiting for the promised Messiah. He also had a role to play. He gives his testimony in John 1:31–34:

"I came baptizing with water so that he might be revealed to Israel. ...I didn't know him, but he who sent me to baptize with water told me, 'The one you see the Spirit descending and resting on—he is the one who baptizes with the Holy Spirit.' I have seen and testified that this is the Son of God."

John the Baptist had a following of his own. Crowds of people came to see him in the wilderness and be baptized by him. When Jesus was revealed, even John's disciples left him to follow Jesus. But John understood the role he played. He graciously set aside pride, ego or the need to attain glory for himself for the one he describes as, *"The one coming after me, whose sandal strap I'm not worthy to untie"* (John 1:27).

- Q:** Reflecting on the importance of teamwork in sports and drawing inspiration from John the Baptist's humility and recognition of his role in the greater narrative, how can you balance the desire for individual recognition with the greater goal of supporting and celebrating the success of the team as a whole?
- Q:** Considering John the Baptist's example of gracefully stepping aside to acknowledge Jesus as the Messiah, how can you cultivate a similar mindset of humility and selflessness within your team, prioritizing the collective mission over personal glory?

Jesus in all His glory understood that as well. Though He could, Jesus did not keep the glory for Himself. His relationship with the Father is an endless loop. Jesus said in John 13:31, ***"Now the Son of Man is glorified, and God is glorified in him."***

We know Jesus was famous, and the revelation that He was the promised Savior and Son of God gloried Him. But Jesus doesn't hog the glory for Himself. John continues, ***"If God is glorified in him, God will glorify him in himself and will glorify him at once"*** (John 13:32). That's a lot of glory. Jesus got glory through His status as the Son of Man. He also had glory previously because of His heavenly status. And, in turn, Jesus gives that glory back to God. God, in response, glorifies Jesus. It's a symbiotic loop.

We too can be a part of that loop. The selfless humility of Jesus resulted in our reconciliation back to God and enables us to be at peace with Him today (Romans 5:1-2). Being a glory hog can put us at odds with our teammates, but God's glory reconciles! When we follow Christ's example of playing with excellence and selflessness, we can be at peace in our team. That is also true for the role each of you has in the body of Christ. The talent you display inside the arena does not just benefit

your program, it benefits God’s Kingdom when you give Him credit for your job well done.

WRAP-UP

READ ROMANS 5:1-2, 8-11 TOGETHER AND DISCUSS

- Q:** Why is it significant that we have peace with God and access to Him through Jesus?
- Q:** Romans 5:8 says, “While we were still sinners, Christ died for us.” Why is that important to remember? Do you think from this verse that you should be right and perfect before you decide to accept Jesus as Savior?

“NOW, FATHER, GLORIFY ME IN YOUR PRESENCE WITH THAT GLORY I HAD WITH YOU BEFORE THE WORLD EXISTED.” —JOHN 17:5

GOD’S GLORY RECEIVED

We have access to God’s grace through faith, giving us hope and reason to boast in anticipation of experiencing God’s glory. (Romans 5:1-2)

GOD’S GLORY RECONCILES

As believers, we are reconciled with God, assuring our confidence in the promise of eternal life through Jesus Christ. (Romans 5:8-11)

NOTES:

GLORY

REVEALED GLORY

DISCOVERY BIBLE STUDY

WELCOME

1. What are you thankful for? 2. What are you struggling with?

WARM-UP

3. How did you obey last week? 4. Whom did you share with?

WORKOUT

TODAY'S SCRIPTURE:

John 1 (God's glory is revealed to me through Jesus, and I can have a relationship with Him.)

- | | |
|---|--|
| 5. What does this say about God?
(Father, Son, Holy Spirit) | 6. What does this say about people? |
|---|--|

WRAP-UP

- | | |
|--|--|
| 7. By God's grace how will you obey God's Word this week? | 8. Whom will you share this Scripture passage with? |
|--|--|

GLORY TEAM'S MEETINGS

REFLECTING GLORY *PART 1*

“WE ALL, WITH UNVEILED FACES, ARE LOOKING AS IN A MIRROR AT THE GLORY OF THE LORD AND ARE BEING TRANSFORMED INTO THE SAME IMAGE FROM GLORY TO GLORY; THIS IS FROM THE LORD WHO IS THE SPIRIT.” —2 CORINTHIANS 3:18

WELCOME

God's glory is reflected in my life as I become more like Him.

WARM-UP


TEAM DISCUSSION

Does a mirror have its own image? When you look into a mirror, what do you see? If you were a mirror, what image would you reflect?

WORKOUT

It's fascinating how athletic programs are personified as being great, having good quality or producing athletes of a certain caliber. It's as though the athletic program stands alone. However, every program is a collection of coaches, athletes and support staff working together to make that program what it is. When stellar athletes succeed at the next levels of play, glory and high expectations go back to the program from which those athletes came. Regardless of its current state, people will still know it as the program that produced athlete John Doe. A program has no form, image or identity apart from the individuals at work within it. The program, in turn, bears the reputation generated by those who performed in its name.

I'll never forget the words of my host teammate during my college recruiting visit. She said, “Get everything you can out of this university, because when you compete it's not your name on your jersey, but the institution's.” She made a great point. When I stepped on the track



and the field, I was a reflection of the institution, not myself. That means what I did, the school did. In turn, I also reflect the glory and reputation of the school built by all those who came before me and succeeded under the banner of that same name.

Q: Reflecting on the idea that athletic programs are personified by the athletes who represent them, how can individual athletes contribute to shaping the reputation and identity of their program both positively and negatively? What responsibility do you carry in representing your institution?

When Jesus was born into this world and lived among us, He did not take on His own form and identity. He was like a mirror tilted toward Heaven. He came so that we could see the Father through Him.

“TRULY I TELL YOU, THE SON IS NOT ABLE TO DO ANYTHING ON HIS OWN, BUT ONLY WHAT HE SEES THE FATHER DOING. FOR WHATEVER THE FATHER DOES, THE SON LIKEWISE DOES THESE THINGS. FOR THE FATHER LOVES THE SON AND SHOWS HIM EVERYTHING HE IS DOING.” —JOHN 5:19-20

As a follower of Jesus Christ, you are part of His team. You bear His name and therefore reflect His glory. At the same time, as your commitment, dedication and working well together as a team makes your athletic program look good, the way you play and treat those around you, on and off the field, gives glory to God. As the moon does not itself give off light but reflects the light of the sun, in the same way, followers of Jesus Christ reflect the light of the Son as He (the Son) reflects the light of the Father.

Q: How can your team collectively strive to reflect the character and values of Jesus Christ?

Q: What impact might this have on the broader sports community?

WRAP-UP

Jesus reveals what true glory is. It is not about us or about making our name great. It's about Him. We were not designed to absorb glory from other people but to give glory to God and reflect the glory He has given us. Neither do we need to seek glory from others nor strive to glorify ourselves. As Jesus puts it, *"If I glorify myself... my glory is nothing. My Father—about whom you say, 'He is our God'—he is the one who glorifies me"* (John 8:54).

"THE ONE WHO SPEAKS ON HIS OWN SEEKS HIS OWN GLORY; BUT HE WHO SEEKS THE GLORY OF THE ONE WHO SENT HIM IS TRUE, AND THERE IS NO UNRIGHTEOUSNESS IN HIM." —JOHN 7:18

Q: In what ways have you seen God's glory reflected through others?

Q: If you follow Christ, how do you reflect God's glory?

Q: If you're not ready to follow Christ, how do you think you'd reflect Him if you did?

REFLECTING HIS IMAGE

This will change the way you respond to others as you allow Him to produce the fruits of the Spirit within your life. (2 Corinthians 3:18)

REFLECTING GLORY *PART 2*

"WE ALL, WITH UNVEILED FACES, ARE LOOKING AS IN A MIRROR AT THE GLORY OF THE LORD AND ARE BEING TRANSFORMED INTO THE SAME IMAGE FROM GLORY TO GLORY; THIS IS FROM THE LORD WHO IS THE SPIRIT." —2 CORINTHIANS 3:18

WELCOME

God's glory is reflected in my life as I become more like Him.

WARM-UP

TEAM DISCUSSION

Q: Whom do you play for?

Q: Whom do you hope to make proud when you compete?

(In other words, whose glory will you reflect?)

WORKOUT

In a conversation between Moses and God in Exodus 33, Moses pleads with God to go with the people of Israel into the land God promised them. Moses explains in verses 15–16 that God’s presence with His people would distinguish them from all other people on the face of the earth. The people of Israel had a growing reputation based on how their God cared for them (Numbers 14:13–14). In other words, they reflected God’s glory.

Christians reflect God’s glory through Jesus Christ. 2 Corinthians 5:20 says, *“We are ambassadors for Christ, since God is making his appeal through us.”* Ambassadors represent their home country in other nations; they speak on behalf of their home country. People learn about the ambassador’s home country from the way the ambassador speaks and acts. That is usually why countries aim to send their best representative to the world on behalf of their leader.

Q: How can we connect Moses’s request for God’s presence with the Israelites to our role as Christians, and how does God’s presence in our lives set us apart, allowing us to reflect His glory through our behavior and interactions with our teammates and other competitors?

Q: Considering the analogy of Christians as ambassadors for Christ, how can we ensure that as a team we accurately represent Jesus and effectively communicate God’s message of reconciliation? What obstacles or possibilities do we encounter in fulfilling this responsibility?

As ambassadors for God, we reflect the Kingdom of God which includes the freedom found within. *“The Lord is the Spirit, and where the*

Spirit of the Lord is, there is freedom” (2 Corinthians 3:17). We are free from sin because of Jesus. We may enjoy life while staying away from the choices that make life complicated. We don’t have to run at the same pace as the world because our aim is not to please man but God. We don’t need to seek our exaltation because God sees us, and He *“gives grace to the humble”* (James 4:6).

We even reflect God’s glory during our suffering. It’s not just about the favorable times in our life. God’s glory gives us strength to endure through losses and disappointments when the outcomes are not what we have chosen for ourselves. The apostle Paul declares boldly, *“I consider that the sufferings of this present time are not worth comparing with the glory that is going to be revealed to us”* (Romans 8:18). Paul was able to look beyond the challenges he faced because his heart and mind were set on something higher—the glory of Jesus Christ that he was certain would shine through Him.

- Q:** How does the concept of reflecting the Kingdom of God’s freedom impact the way competitors navigate their choices and priorities in sports and life, and how can understanding this freedom from sin and worldly pressures influence their pursuit of holiness?
- Q:** Reflecting on the apostle Paul’s perspective on suffering and glory, how can you draw strength and perspective from the assurance of God’s glory shining through them, particularly in times of difficulty and disappointment? How might this mindset shape your approach to challenges within your athletic journey?

WRAP-UP

A mirror needn’t do anything except be facing the right way to reflect an image. In the same way, we only need to point our behavior in the

direction of God. We give God glory when we are called by His name, love people, work with excellence and integrity and acknowledge Him for the role He plays in our lives.

Q: How do you view your role in the reflection of God's glory in the earth?

REFLECTING HIS GLORY

Trusting God, obeying Him and following the Holy Spirit no matter what.
(2 Corinthians 3:9)

REFLECTING HIS FREEDOM

Allows you to escape the performance trap and help you better prioritize your life and manage your time. (2 Corinthians 3:17)

NOTES:

G L O R Y

REFLECTING GLORY

DISCOVERY BIBLE STUDY

WELCOME

1. What are you thankful for? 2. What are you struggling with?

WARM-UP

3. How did you obey last week? 4. Whom did you share with?

WORKOUT

TODAY'S SCRIPTURE:

2 Corinthians 3 (God's glory is reflected in my life as I become more like Him.)

- 5. What does this say about God?**
(Father, Son, Holy Spirit)

- 6. What does this say about people?**

WRAP-UP

- 7. By God's grace how will you obey God's Word this week?**

- 8. Whom will you share this Scripture passage with?**

GLORY TEAM'S MEETINGS

LASTING GLORY *PART 1*

**“BUT SEEK FIRST THE KINGDOM OF GOD AND HIS
RIGHTEOUSNESS, AND ALL THESE THINGS WILL
BE PROVIDED FOR YOU.” —MATTHEW 6:33**

WELCOME

When my hope is in God's lasting glory, I will seek His Kingdom first.

WARM-UP

TEAM DISCUSSION

- What does it mean to “go down in history”?
- In what way would you like your current team to go down in history?

WORKOUT

LASTING GLORY

ESPN released a 2017 article identifying “The 16 Greatest Teams in Sports History.” The author considered several factors including achieving lasting success. Every team listed had a start and end date, and the latest legacy on the list ended seventeen years before publication. The New England Patriots (2001-17), the San Francisco 49ers (1981-95) and the Pittsburgh Steelers (1974-80) were mentioned for winning the greatest number of Super Bowls: Patriots and 49ers (5); Steelers (4). In 2024, the record for the most Super Bowl titles is tied between the Patriots and the Steelers with six wins. Years from now that record will change, teams will rise and fall and new contenders will emerge. Why? Because they are all competing for a perishable crown—a crown or glory that will not last.

The glory of God is imperishable. It was here long before us and will continue forever. When the angel Gabriel visited Mary with news that

she would give birth to the Messiah, he said, *“You will name him Jesus. He will be great and will be called the Son of the Most High, ...and his kingdom will have no end”* (Luke 1:31–33).

Q: Imagine a program whose winning record never ended.

How would the players and fans of every other team respond to this never-ending winning streak?

Q: How would you feel to be on such a team?

Q: What does it mean to you knowing that with Christ you are on the team whose glory never ends?

Jesus was secure in His glory. Therefore, He had nothing to prove to anyone (not Satan, the Jewish leaders and teachers or Pilot). He knew that by going through with the Father’s will to endure the cross and suffer death for us, He would be crowned with glory and honor (Hebrews 2:9; 12:2). Jesus prayed, *“Now, Father, glorify me in your presence with that glory I had with you before the world existed”* (John 17:5).

Reflecting God’s glory will feel like a burden at times. You might even wonder if it’s worth it. It is possible to be so secure in your position with Jesus that you don’t need to make decisions to win the approval of others. You are free to seek God’s kingdom and glory first, just like Jesus. Jesus extended to us His lasting glory. It doesn’t fade like the earthly glory attached to a winning season. Jesus prayed during His final hours for His disciples and those who would believe in Him through their message (that’s us): *“Father, I want those you have given me to be with me where I am, so that they will see my glory, which you have given me because you loved me before the world’s foundation”* (John 17:24).

WRAP-UP

Jesus gave us hope worth the wait. Let it encourage you through the resistance that comes when you purposefully live your life for Christ. There is so much more that you can do that brings God glory than

GLORY TEAM'S MEETINGS

things you should steer clear of. Jesus came that you might have a full and abundant life. Keeping Him in mind and choosing to honor Him helps ensure that you get to enjoy that life as long as possible. When times get hard, *“...consider that the sufferings of this present time are not worth comparing with the glory that is going to be revealed to us”* (Romans 8:18).

- Q:** What is encouraging about Christ's example?
- Q:** How have you considered living for God's glory (e.g. seeking His kingdom first?)
- Q:** What resistance have you encountered or anticipate encountering when trying to live for Him?

LASTING GLORY

Can only be found in a relationship with Him. Trophies, medals, news articles and momentary gains will all fade away. (2 Corinthians 4:18)

LASTING GLORY *PART 2*

“BUT SEEK FIRST THE KINGDOM OF GOD AND HIS RIGHTEOUSNESS, AND ALL THESE THINGS WILL BE PROVIDED FOR YOU.” —MATTHEW 6:33

WELCOME

When my hope is in God's lasting glory, I will seek His Kingdom first.

WARM-UP

**READ TOGETHER REVELATION 21: 9-27
(FOCUS ON VERSES 9-11 AND 22-27)**

Share how you would feel to be in the place described in the passage.

WORKOUT

It feels good to be part of a strong program. Leagues, teams, universities and colleges highlight their strengths for recruitment. They hype the glory of their athletics and the potential that being part of their organization could offer. Players within the organization adhere to the requirements and standards that maintain the reputation of the program.

- Q:** Discuss decisions you've made that benefit the program (most likely through your athletic performance) over your desires.
- Q:** What choices might you have made to prioritize your desires over your athletic performance (and in turn the program)?

Nothing on this side of life will last forever; some things won't even last your lifetime. There is only one guarantee. The Kingdom of God—that is, His authority and rulership—will last forever. We gain the advantage when we choose to prioritize His Kingdom over fears, desires, preferences and even ways of doing things.

God has conquered this world and its troubles with it. Jesus prepared His disciples for challenges that were yet to come. He concluded the forewarning in John 16:33, ***"I have told you these things so that in me you may have peace. You will have suffering in this world. Be courageous! I have conquered the world."***

We read later in Revelation 21 about our promised eternity in a city that will last forever and where disappointment can never come in and take root. Nothing will be able to take away our happiness again. This is a future worth prioritizing. The apostle Paul encourages that, ***"Our momentary light affliction is producing for us an absolutely incomparable eternal weight of glory. So we do not focus on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal"*** (2 Corinthians 4:17-18).

There are times when our afflictions (trials) don't feel light or momentary. Sometimes injuries come; sometimes they last entirely too long. Relationships fall apart and it's painful. Work and school are trying, we may embarrass ourselves or feel misunderstood and so much more. Trials come, but we don't have to be consumed by them because they also go and so do the heavy emotions that accompany them. You have to keep living with your mind focused on Jesus because what we read about will last forever.

Q: What challenges have you faced that felt as though they would last forever?

Q: What could seeking God's Kingdom first look like in these situations? How do you think God would want you to think and/or handle it?

WRAP-UP

Records will be broken; legends will be forgotten; every team, program and legacy will go away at some point. But God is the first and the last, the beginning and the end. There will one day be a new Heaven and a new earth. God and His glory will once again live with His people. Jesus Christ will reign, His throne will be established forever and those of us who choose Him will be a part of all of it (Revelation 21:1-7).

Since we have such an incredible future to look forward to, let's play hard and have the most fun for His glory today. Let's keep our eyes and hopes on the One who is to come because we will be with Him in glory.

“FATHER, I WANT THOSE YOU HAVE GIVEN ME TO BE WITH ME WHERE I AM, SO THAT THEY WILL SEE MY GLORY, WHICH YOU HAVE GIVEN ME BECAUSE YOU LOVED ME BEFORE THE WORLD'S FOUNDATION.” —JOHN 17:24

Q: What does it mean for you to be part of this eternity with Jesus?

Q: Do you think it is worth the challenges we face when we choose to live for His glory today?

KINGDOM FIRST

Means being a part of God's Kingdom (the Church) and reflecting His image to the world around you. (1 Thessalonians 2:12)

FOR HIS GLORY

The motivation behind everything you do, from the field of competition to all other areas of your life. (Romans 11:36)

NOTES:

GLO RY

LASTING GLORY

DISCOVERY BIBLE STUDY

WELCOME

1. What are you thankful for?
2. What are you struggling with?

WARM-UP

3. How did you obey last week?
4. Whom did you share with?

WORKOUT

TODAY'S SCRIPTURE:

Matthew 6:25-33 (When my hope is in God's lasting glory, I will seek His Kingdom first.)

**5. What does this say about God?
(Father, Son, Holy Spirit)**

**6. What does this say
about people?**

WRAP-UP

**7. By God's grace how will you
obey God's Word this week?**

**8. Whom will you share this
Scripture passage with?**

TRAINING TIME

OVERVIEW

Every morning, set aside a special time called “quiet time” or spiritual “training time.” During this time, talk to God and let Him talk to you through the Bible and His Spirit. Many effective methods can be used for your daily time with God. The Discovery Bible Study Method used throughout this handbook can be used during Training Time as well.

We’ve prepared four devotions for you. If you commit to doing these, you will establish a powerful habit for your spiritual growth.

TOPICS

Topics covered in the Training Time devotions were created to support this year’s theme: Glory.

FORMAT

- **READY:** Focus—a verse, passage or thought to direct your heart and mind. (Turn to the Scripture reference in your Bible so you can read it within the overall context of the passage.)
- **SET:** Teaching—a story, training point or thought taken from a sports perspective.
- **GO:** Application—a prayer, question, thought or action to direct you on how to be like Christ.
- **OVERTIME:** Additional Bible reading to help you dig deeper and a prayer to help you connect with God.

I will commit to establishing this daily habit:

____ / ____ / ____
(TODAY’S DATE)

To receive a daily email sports devotion, go to fcaimpactplay.org.

TRAINING TIME 1

PRESSURE TO PURPOSE

MINDY HOPMAN

READY

**“LISTEN, ISRAEL: THE LORD OUR GOD, THE LORD IS ONE. LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, AND WITH ALL YOUR STRENGTH.”
—DEUTERONOMY 6:4-5**

SET

As a competitor, does it seem like there is never enough time in the day to get it all done? How do I find time to train, keep up with my school, spend time in the Word, take care of myself, do things outside of my sport and breathe all in one day? From the moment the day begins, it is A LOT.

In the Old Testament, the day began at sundown. The Israelites had a different mindset when it came to daily obligations. In the evening, they would recite the Shema to remind their hearts that they are one with God, who is in control of everything, and their one job is to love Him with all of their heart, soul and strength. They gave it all to God and then went to sleep. When they woke up, they would recite the Shema again to remember they are one with God, and their job is to love Him.

When we seek God first, everything else falls into place. The enemy’s strategy is to distract us by adding things that appear important but are not essential to our schedules. The pressure to perform comes at us from every angle, and we never have enough time. His main job is to deplete us physically, emotionally and spiritually so everything feels like extra work, and we cannot do Kingdom work. But God has given every believer Kingdom work

to do, and through the cross, everything we do becomes Kingdom work!

God sacrificed His Son on the cross and sent us the gift of the Holy Spirit to end the chaos in this world and return peace that transcends all understanding. When my daily focus shifts from self to Savior, the posture of my heart changes. I begin to understand that I am created to play the sport I love, and everything I do is for the good of the Kingdom and the glory of God!

GO

- Q:** As a competitor, how can you identify and prioritize time with God amid the pressures and distractions of your daily schedule?
- Q:** What practical steps can be taken to maintain a focus on glorifying God in all aspects of your life, including sports?
- Q:** Considering the shift of focus from self to Savior, how do you see this impacting your approach and mindset to competition and life outside of sports?

WORKOUT

Matthew 6:33; Ephesians 2:10;
Colossians 3:1–4, 23

OVERTIME

Heavenly Father, I praise You for creating me just as I am to play the sport I love. As my focus shifts from self to Savior, may you continue to fill me with the power of the Holy Spirit. Amen.

TRAINING TIME 2

FINDING VICTORY IN “LETTING GOD”

MIKEL HAWKS

READY

“THEN JESUS SAID TO HIS DISCIPLES, ‘IF ANYONE WANTS TO FOLLOW AFTER ME, LET HIM DENY HIMSELF, TAKE UP HIS CROSS, AND FOLLOW ME. FOR WHOEVER WANTS TO SAVE HIS LIFE WILL LOSE IT, BUT WHOEVER LOSES HIS LIFE BECAUSE OF ME WILL FIND IT.’” —MATTHEW 16:24-25

SET

In the greatest act of surrender, the world witnessed the greatest victory. Jesus reveals that God can do more with my surrender than my greatest performance.

That sounds upside down doesn't it? As coaches and athletes, we love to win. We believe that for God to love us or use us, we need to get better or work harder. Thankfully the good news is that our righteousness isn't measured by our good deeds but by the surrender of Christ. Because of His death and resurrection, those of us that trust Jesus as our King are covered in the priestly robes of Christ. By His surrender, we are now royalty!

All other religions say do, but Jesus says done. Now, winning is measured differently in the Kingdom. It's not about becoming better or working harder but surrendering more of our hearts to Jesus. The more we surrender, the more we become like Him in everything we do.

In Matthew, Jesus says those who try to hold tightly to the life they have will lose it, but whoever loses or surrenders it will

find life. How? When we surrender things to God, we create space for Jesus to be the true King of our life, and this good King always leads us into more life. In my time following Jesus, I have learned that God moves at the speed of our surrender, not in my ability to pick up and control. If we try to control, hold onto and white knuckle our life, we lose it, but with open hands and trust, God brings more life.

A great question to help you discern is, 'What comes to my mind when I am doing nothing at all?'

GO

- Q:** As a coach or athlete, what are areas of your life that you have yet to give over to Jesus?
- Q:** How might surrendering these areas lead to a deeper connection with Him and a more fulfilling life?
- Q:** In what ways can you create intentional moments of surrender in your daily routine, allowing space for Jesus to work and lead you toward greater fulfillment and purpose as you compete?

WORKOUT

Philippians 3:8-9; Galatians 2:20;
Romans 12:1-2

OVERTIME

Jesus, what do I need to let go of to experience more of You? Make it clear to me Your purpose and plan for my life. In Jesus's name, amen.

TRAINING TIME 3

NAMELESS LEADER

STEVE KO

READY

“HEARING THIS, JESUS WAS AMAZED AND SAID TO THOSE FOLLOWING HIM, ‘TRULY I TELL YOU, I HAVE NOT FOUND ANYONE IN ISRAEL WITH SO GREAT A FAITH.’” —MATTHEW 8:10

SET

Notre Dame football team, Penn State football team and New York Yankees baseball team. What is common among these teams? These teams did not (or do not) have names on their jerseys. Why no names? The teams believe that by putting names on the shirts, you are placing unnecessary attention on individuals rather than the team.

In the Bible, several individuals are praised by God and are well-known figures in the Scriptures. Abraham (Genesis 22:1-18), David (Acts 13:22), Solomon (1 Kings 3), Peter (Matthew 16). Another individual is mentioned in today’s reading of God’s Word. Jesus emphasized and praised this individual as having such great faith that had not been seen in all of Israel. Who was this person?

The name of this person, who perhaps exhibited the highest level of faith in Israel, is intentionally concealed. The Bible only speaks of his role as a centurion. The Bible doesn’t provide detailed accounts of his actions.

Only one episode is mentioned, and Jesus awarded the MVP title in the realm of faith in Israel to the centurion. In Matthew 8:5-9, he looked after his people, knew

his place and understood the power of a single word from an authoritative figure. He was the leader. If we were to view his role in the sports world, he was a coach. He seems to have little interest in his name being revealed, and the Bible also doesn’t explicitly mention his name.

Because we don’t even know his name, we are more interested in the group he belongs to. “How awesome the team must be with such a leader!” “How much more amazing a leader must that superior be?” Team Jesus. As our names are hidden, our team attracts even more attention. And don’t worry. God knows you by your name, even if nobody else does.

GO

- Q:** Do you agree with the saying, “No one is greater than the team”? Why or why not?
- Q:** What does your name mean in your team?
- Q:** Do you believe God who made the universe knows you by your name? What does the fact that “God knows my name” mean?

WORKOUT

Matthew 26:6-13; Matthew 15:21-28

OVERTIME

My Father, who knew me before I was formed, thank You for remembering me by my name. It is more than enough to be a part of Your glorious team. I'll gladly wear the jersey of Team Jesus. In Your name I pray. Amen.

TRAINING TIME 4

NOTHING BEFORE CHRIST

MARK JONES

READY

**“INDEED, THEY SOW
THE WIND AND REAP THE
WHIRLWIND.” —HOSEA 8:7**

SET

There is so much in the world that pulls at our hearts. Some people love sports, for instance, but everyone has desires that pull. Maybe it's a desire to provide for family. Maybe it's focusing on one's career. Maybe we want to have fun and not work too hard or burn out.

Make no mistake, sports are good, providing for a family is good and even having fun is good. But if those things take our eyes off the Lord and worship away from Him, then we do so at a risk.

God warned Israel (and us) of such a risk. In Hosea 8, Hosea listed things Israel had done: installed kings, appointed leaders and built fortified cities and palaces. None of those are awful, but they did them without consulting or pursuing God. They also created idols and worshipped them. Then God said, “Indeed, they sow the wind and reap the whirlwind” (Hosea 8:7). He is saying that these things can lead us away from God like a tornado or whirlwind would do.

Our Savior and Lord Jesus Christ should be our main pursuit. Our whole lives are to be dedicated to Him in prayer and consultation with Him. When we chase Christ first and foremost, all that we hope for our lives will be conformed by Him and for Him.

When He is truly Lord of our lives, He gives us purpose and supplies every need. May we find deep joy in pursuing the Lord!

GO

- Q:** What are your favorite things in life, in and outside of sports?
- Q:** Have you ever been distracted from chasing God? What was going on?
- Q:** Why is it important to you that Christ be the center of your life?

WORKOUT

Ezekiel 14:3–4; Hosea 8

OVERTIME

Father, please help me to desire You above all else. Please help me to give myself to honoring You in all I do. Thank You for being my Lord. In Jesus's name, amen.

DISCIPLESHIP

All good coaches need a clear game plan. Without it, they won't stand a chance against their opponent. The same is true for our spiritual lives. In Matthew 28:19–20, Jesus gave us a clear command: go and make disciples. The game plan is clear, but the path may be uncertain. What is the first step in making disciples?

E3 DISCIPLESHIP is a simple, repeatable discipleship training process for coaches and athletes. It provides a series of plays and strategies to help you execute God's game plan by exploring twelve principles and patterns directly from Scripture, showcasing Jesus's model for making disciples. E3 Discipleship Training explains how to practically Engage, Equip and Empower coaches and athletes to make disciples who make disciples.

ENGAGE



EQUIP

EMPOWER



Visit **E3.FCA.ORG**
to access the
course and start
your journey today!

52-WEEK DISCOVERY BIBLE STUDIES

CHASING GLORY

REVEALED GLORY

1 2 Corinthians 3:18	14 John 1:14
2 Philippians 2:5-11; 21	15 Romans 5:1-2
3 Isaiah 43:7	16 Romans 5:8-11
4 Romans 1:20-23	17 Ephesians 4:32
5 1 John 2:15-16; 3:1	18 Romans 7:7
6 Psalm 8:1	19 Romans 3:21-24
7 Psalm 19:1-6	20 Job 42:5
8 Mark 1:14-15	21 Matthew 16:13-20
9 Ephesians 2:10	22 Habakkuk 2:14
10 Isaiah 60:1	23 Exodus 33:18-23
11 Isaiah 6:3-5	24 Hebrews 2:9
12 2 Corinthians 5:14-21	25 Isaiah 53:1
13 Revelation 7:9-17	26 1 Peter 4:12-13

REFLECTING GLORY

LASTING GLORY

27 2 Corinthians 3:7-9; 17-18

28 Colossians 1:15-23

29 Philippians 2:5

30 John 17:5

31 Romans 3:22-24

32 John 1:14

33 Hebrews 1:3

34 Galatians 2:20

35 1 Corinthians 10:31

36 John 15:4

37 Matthew 5:16

38 Exodus 14:10-22

39 Exodus 34:29

40 Matthew 6:33

41 2 Corinthians 4:16-18

42 Romans 8:18

43 Romans 11:36

44 Isaiah 35:1-10

45 Colossians 3:24

46 Hebrews 12:11

47 Romans 11:36-12:2

48 Romans 1:16

49 2 Corinthians 3:18

50 Colossians 1:27-29

51 Romans 15:30

52 Revelation 21:23-26

THE CORE

8 ESSENTIALS TO STRENGTHEN YOUR FAITH

FCA desires to make disciples who make disciples. To help our coaches, athletes, volunteers and staff make this happen, FCA has developed a brand-new resource called The CORE. This simple, relevant resource helps new believers journey through eight core essentials of the Christian faith.

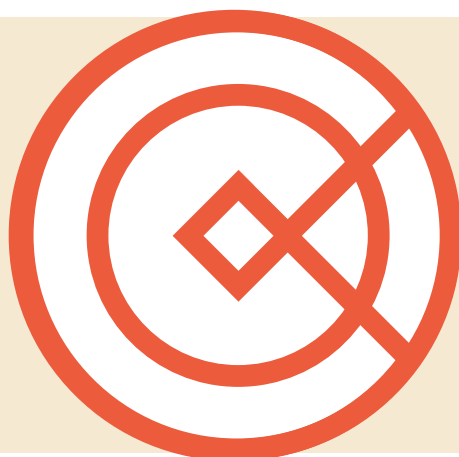
WHERE TO FIND THE CORE

Visit thecore.fca.org/#resources to:

- Order The CORE booklets.
- Access a downloadable PDF version of The CORE.
- Start The CORE YouVersion reading plan.

WHAT ARE THE CORE ESSENTIALS?

- CORE 1** Join God's Team.
- CORE 2** Live with God's Power.
- CORE 3** Train Spiritually.
- CORE 4** Communicate with God.
- CORE 5** Study God's Playbook.
- CORE 6** Team Up with Others.
- CORE 7** Know Your Role.
- CORE 8** Share with Others.



HOW TO USE THE CORE

1-ON-1: A 1-on-1 meeting occurs when two people commit to a mentoring relationship and go through the eight sessions together.

HUDDLES: Go through The CORE with a small group of athletes or coaches. Consistently meet to review each session and share what God is teaching everyone through the study.

INDIVIDUAL: The CORE can be used as a personal Bible study to grow in your walk with Christ.

START THE JOURNEY

Athletes know this best: when you strengthen your core, everything else benefits. Start the life-changing discipleship journey at thecore.fca.org.



GET TO KNOW FCA

Since 1954, FCA has been challenging coaches and athletes on the professional, college, high school, junior high and youth levels to use the powerful platform of sport to reach every coach and every athlete with the transforming power of Jesus Christ. FCA focuses on serving local communities around the globe by engaging, equipping and empowering coaches and athletes to make disciples who make disciples.

VISION

To see the world transformed by Jesus Christ through the influence of coaches and athletes.

MISSION

To lead every coach and athlete into a growing relationship with Jesus Christ and His church.

VALUES

Integrity, Serving,
Teamwork, Excellence



For general questions on FCA and how to find local FCA staff, visit **FCA.ORG** or call **1-800-289-0909**.

GET INVOLVED WITH FCA

DAILY IMPACT PLAY

Geared toward Christian coaches and athletes, **Daily Impact Play** is an email newsletter and social media outlet to engage, equip and empower readers to be stronger Christian competitors. Sign up to receive Daily Impact Play devotionals every day or follow @fcaimpactplay and our Facebook page.



YOUVERSION

In partnership with the **YouVersion** Bible app, FCA's reading plans plug you into God's Word with a competitor mindset and offer you a variety of topics that relate to you and where you are in your spiritual journey as a coach or athlete. Start a reading plan today.



FCA RESOURCES

Download the **FCA app** for FCA's top resources including Bible studies, videos, devotionals, reading plans, daily Bible challenges and more. Share the content with your FCA Huddle or other coaches and athletes through the group feature. With the FCA app, you can track your progress, customize your discipleship experience and more!



YOUTUBE

The FCA **YouTube** channel unites your two passions, faith and athletics, to impact the world for Jesus Christ through video.



GLO**RY**



COMPETITOR'S CREED

I AM A CHRISTIAN FIRST AND LAST.

I am created in the likeness of God Almighty to bring Him glory. I am a member of Team Jesus Christ. I wear the colors of the cross.

I AM A COMPETITOR NOW AND FOREVER.

I am made to strive, to strain, to stretch and to succeed in the arena of competition. I am a Christian Competitor and as such, I face my challenger with the face of Christ.

I DO NOT TRUST IN MYSELF.

I do not boast in my abilities or believe in my own strength. I rely solely on the power of God. I compete for the pleasure of my Heavenly Father, the honor of Christ and the reputation of the Holy Spirit.

MY ATTITUDE ON AND OFF THE FIELD IS ABOVE REPROACH—MY CONDUCT BEYOND CRITICISM.

Whether I am preparing, practicing or playing, I submit to God's authority and those He has put over me. I respect my coaches, officials, teammates and competitors out of respect for the Lord.

MY BODY IS THE TEMPLE OF JESUS CHRIST.

I protect it from within and without. Nothing enters my body that does not honor the Living God. My sweat is an offering to my Master. My soreness is a sacrifice to my Savior.

I GIVE MY ALL—ALL THE TIME.

I do not give up. I do not give in. I do not give out. I am the Lord's warrior—a competitor by conviction and a disciple of determination. I am confident beyond reason because my confidence lies in Christ. The result of my efforts must result in His glory.

LET THE COMPETITION BEGIN. LET THE GLORY BE GOD'S.



CHRISTIAN
STANDARD
BIBLE®

HOLMAN®
BIBLES



9 798384 517276