

# Family Health Services

## Parent Education Programs

Cascade City-County Health Dept.  
115 4<sup>th</sup> Street S, Great Falls, MT



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Parents as Teachers (PAT) is a free home visiting program for families with children aged prenatal to 5. Each home visit focuses on three areas of emphasis: parent-child interaction, development-centered parenting, and family well-being. PAT also offers families a way to connect with their community, other parents, and public resources. For more information about the PAT program, scan the QR code to view the PAT website!

To talk to a parent educator today, please call:  
(406)-454-6950



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SafeCare is a free evidence-based parenting support home visiting program for families with children aged prenatal to 5 years. SafeCare focuses on three areas of emphasis: parent-child interaction, health, and safety. It is structured as an 18-week (1 hour per week) curriculum that aims to ensure that young children have a safe, nurturing, and healthy home. For more information, scan the QR code to view the CCHD SafeCare webpage!

To talk to a SafeCare provider today, please call:  
(406)-761-9896 or (406)-791-9260



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Circle of Security Parenting is a free 8-week course that focuses on decades of research on attachment theory to provide parents with the tools they need to establish secure attachment with their child. Classes take place once per week at CCHD and last approximately one hour. For more information about Circle of Security, scan the QR code to visit the COS website!

To talk to a Circle of Security Facilitator, please call:  
(406)-761-9896