

Free Circle of Security Parenting Class!

Offered through the Cascade
City-County Health Dept.



CCHD
CITY-COUNTY
HEALTH DEPARTMENT

Based on decades of scientific research
on attachment theory...

This class consists of 8 weekly group sessions in which you will learn about the dynamics and effects of secure attachment on your parent-child relationship and how to support your child in their emotional development.



2026 Schedule

Jan. 5th to Mar. 2nd 3:30pm-4:30pm

Feb. 3rd to Mar. 17th 5:30pm-6:30pm

Mar. 4th to Apr. 15th 6:00pm-7:00pm

Mar. 23rd to May 4th 3:30pm-4:30pm

Apr. 9th to May 21st 5:00pm-6:00pm

May 5th to June 16th 5:30pm-6:30pm

May 27th to July 8th 6:00pm-7:00pm

June 22nd to Aug. 3rd 3:30pm-4:30pm

July 23rd to Sept. 3rd 5:00pm-6:00pm

Aug. 11th to Sept. 22nd 5:30pm-6:30pm

Sept. 2nd to Oct. 14th 6:00pm-7:00pm

Sept. 28th to Nov. 16th 3:30pm-4:30pm

Oct. 20th to Dec. 1st 5:00pm-6:00pm

To register for
a class:

Please call
Stacy LeMaster
@ (406) 761-9896

CCHD Address:

115 4th Street South,
Great Falls, MT 59401

For more information
about COS:



Scan Me