

I'm human



Andy's frozen custard nutritional information

Andy's ice cream nutrition facts.

Andy's Frozen Custard offers a variety of frozen treats, including gelato, frozen yogurt, sherbet, soft serve, and ice cream. The dessert stand provides basic cones to complex sundaes with multiple toppings, as well as seasonal options. Nutrition information for one serving of vanilla or chocolate frozen custard is available on the Andy's Frozen Custard website. A 4-oz portion contains approximately 200 calories from fat, with 10g total fat and 6g saturated fat. The dessert also has 55mg cholesterol, 21g carbohydrate, and 4g protein. When ordering at Andy's Frozen Custard, consider using healthier toppings such as fruit or nuts to reduce calorie intake. Cones come in different sizes, ranging from 5.5-oz to 13-oz, while sundaes are typically 8.5 oz. The frozen custard products are gluten-free, but cones contain gluten. At Andy's, we take pride in making our frozen custard fresh every hour and baking our toppings daily right in our stores. This attention to detail helps us top your day with a smile. However, due to the presence of milk, eggs, gluten, peanuts, soy, and tree nuts in some of our products, we can't guarantee that they're completely free from allergens. We understand this might be disappointing for some guests, but we strive to remain transparent about what we can and cannot guarantee. Our custard is made with pasteurized egg yolks and then pasteurized at 178 degrees, ensuring it's safe to consume. Both our vanilla and chocolate custard are gluten-free options. If you're looking for a sugar-free treat, our fresh-brewed unsweet tea is available. At selected stores, we also offer Zarlengo's Italian Ice, which is peanut-free, tree nut-free, soy-free, cholesterol-free, fat-free, gluten-free, and dairy-free. The mono and diglycerides in our custard mix are sourced from plant-originated soybean oil, which doesn't contain any Soy Protein and thus isn't a concern for allergens. Our milk production does not use rBGH/rBST, and we've pledged to never use these synthetics at Andy's Frozen Custard. We have Kosher-certified products available, including our chocolate and vanilla custard mixes under the Kashruth certification. Some of our toppings are also Kosher certified. If you need any additional information or have questions, please email customerservice@eatandys.com for assistance.