

THE MOUNTAIN IS AWESOME

By Brian Zongker

In case you haven't noticed Mountain Biking is going crazy. Bike stores and big box stores alike are having trouble keeping their stores stocked. They may be catching up now but for a while it was like toilet paper, couldn't find them anywhere. I have experienced more riders on the trail than ever before. Last weekend in a short ride, I saw 8 other mountain bikers. Last summer I wouldn't see that many hardly in a month. It's good to see them out there but can't help but wonder what they are doing on my trails. Just kidding TRACKS, it's ok that they are on my trails.

Did you know that Sunrise Park Resort has a variety of downhill trails? Did you know that they are open now for mountain biking? They are, and it is awesome. We have been working on existing trails and planning out new ones. We have trails to suit riders of all types and abilities. There will be, of course, the gnarly downhill double blacks for you hard core riders but we will also have areas that beginners to intermediate riders to enjoy as well. We will focus on creating a family friendly riding experience that will encompass downhill and cross country. The long-range plan even involves eBike rentals and tours. Oh yeah, eBikes are electric assist so when you pedal you get a boost of power. How fun is that?

Go find yourself on the mountain. Come up to Sunrise and experience cool fresh air, bright blue skies and amazing wildlife. Spend time with family and friends. If you don't mountain bike (yet) that's ok. Come up and go for a hike or a scenic lift ride. Either way plan to spend the whole day. A good friend of mine knew that I rode my bike a lot and was curious. I took him on a short ride during a visit last summer. He liked it but wasn't sure. Being that I don't talk about much else (during the summer) I was wearing on him. I finally told him to experience it for himself — "buy a bike, go out and ride. It will change your life!" Well, it has and now he owns two bikes, one with Fat Tires. Oh, fat tire bikes, forgot about them. In any event he is now like the rest of us bike poor but rich in soul.

WHAT'S NEW AT SUNRISE?

- Sunrise Park Resort has an all-new summer trail map with bike trails
 - Explore our beautiful mountains on horseback! Sunrise offers horseback rides for all ages and rides are offered between 30 minutes to 2 hours.
 - Updated Summer Hours: Thursday - Sunday 9:00 am to 4:00 pm
- Got to www.sunrise.ski for more information.