## October Lunch Menu

Little Acorn Montessori Academy



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Indian Butter Chicken with Corn	Cook's Choice	Bean and Cheese Burritos with Mixed Veggies
		Wheat Thins & Cheese	Peaches & Ritz	Banana Muffins
6	7	8	9	10
Turkey Quesadillas with Corn	Ham and Cheese Casserole with Bell Peppers	Chicken Fettuccini Alfredo with Mixed Veggies	Teriyaki Meatballs with Rice and Broccoli	Spaghetti Marinara with Green Beans
Cucumber & Ritz	Bagel with Cream Cheese	Apple Cinnamon Muffins	String Cheese & Bananas	Apple Sauce & Crackers
13	14	15	16	17
Cook's Choice	Hot Ham and Cheese Quesadilla with Cucumbers	Creamy Chicken Pasta with Peas	Beef Sliders with Corn	Grilled Cheese Sandwiches with Carrots
Craisins & Wheat Thins	Peaches & Graham Crackers	Graham Crackers & Apples	Ritz & Cheese	Blueberry Muffins
20	21	22	23	24
Turkey and Broccoli Stir Fry	Ham and Cheese Sandwiches with Bell Peppers	BBQ Chicken with Potatoes and Corn	Sloppy Joes with Mixed Veggies	Baked Ziti with Peas
Bagel with Cream Cheese	Banana Muffins	Apple Sauce & Crackers	Raisins & Wheat Thins	Cucumbers & Cheese
27	28	29	30	31
Cubed Turkey and Cheese English Muffin Pizza with Carrots	Cook's Choice	Chicken Noodle Soup with Mixed Veggies	Beef Enchilada Casserole with Spanish Rice and Corn	Macaroni and Cheese With Green Beans
Peaches & Graham Crackers	String Cheese & Ritz	Strawberry Muffins	Pineapple Tidbits & Ritz	Apple Sauce & Crackers
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FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH