

# REFUEL & RECOVER

Unique Blends for Recovery - 20oz.  
Complete by Juice Plus+ - \$9.50

## BANANA NUT BLAST

Vanilla Almond Milk, choice of Peanut Butter or PB Lite  
& Potassium-Rich Banana blended with Vanilla Complete+ Protein

## CHOCOLATE COOKIE CRUNCH

Vanilla Almond Milk, Chocolate Sandwich Cookies, Rich Chocolate  
& Vanilla Cream blended with Chocolate Complete+ Protein

## CHOCOLATE ESPRESSO CRUNCH

Chocolate Almond Milk, Colombian Coffee, Rich Chocolate  
& Espresso Beans blended with Chocolate Complete+ Protein

## CHOCOLATE THINNY MINT

Chocolate Almond Milk, Rich Chocolate, Pure Mint,  
& Chocolate Sandwich Cookies (*optional*)  
blended with Chocolate Complete+ Protein

## GRAND SLAM

Chocolate Almond Milk, Choice of Peanut Butter or PB Lite,  
Sea Salted Caramel blended with Chocolate Complete+ Protein

## NO BAKE COOKIE

Chocolate Almond Milk, choice of Peanut Butter or PB Lite,  
& Oats blended with Chocolate Complete+ Protein

## PEACHES & CREAM

Vanilla Almond Milk, Georgia Peaches, Golden Apricots, Luscious Pears  
& Banana blended with Vanilla Complete+ Protein

## PEANUT BUTTER CUP

Chocolate Almond Milk, Rich Chocolate  
& choice of Peanut Butter or PB Lite  
blended with Chocolate Complete+ Protein

## STRAWBERRIES & CREAM

Vanilla Almond Milk, Sun-Ripened Strawberries & Banana  
blended with Vanilla Complete+ Protein

## TUTI FRUITI

Vanilla Almond Milk, Strawberries,  
Blueberries, Blackberries, Raspberries, more Blueberries  
& Banana blended Vanilla Complete+ Protein



# SIGNATURE SHAKES

Specialty Blends - 20oz.  
Complete by Juice Plus+ - \$10.00

## BERRY LEAN

Raspberries, Strawberries, Blackberries, Blueberries  
& Ground Flax Seeds blended with Vanilla Complete+ Protein

## DIPPED STRAWBERRIES

Crushed Sun-Ripened Strawberries, Rich Creamy Chocolate  
& 'Get Essentials' blended with Vanilla Complete+ Protein

## ELVIS LIVES

'Can't Help Falling in Love' with this Favorite!  
Vanilla Almond Milk, Choice of Peanut Butter or PB Lite,  
Banana & Honey blended with Vanilla Complete+ Protein

## GREEN LIGHTNING

Crushed Pineapple, Ripe Banana & 'Organic Super Greens'  
blended with Vanilla Complete+ Protein

## JAMAICA ME CRAZY

Raspberries, Strawberries, Blackberries, Blueberries, Banana,  
Honey & 'Get Energized' blended with Vanilla Complete+ Protein

# CRUSHED FRUIT SMOOTHIES

Delicious Fruit Smoothies - 20oz. - \$6.00  
Add Complete+ Protein - \$3.75

## BERRY, BERRY GOOD

Luscious Strawberries, Blueberries, Blackberries  
& Fiber-Rich Raspberries blended with Banana

## HAWAIIAN HARVEST

Crushed Pineapple, Scrumptious Strawberries,  
Fiber-Rich Coconut & Sliced Banana

## PEACH PEARADISE

Tree Ripened Georgia Peaches, Golden Apricots  
& Luscious Pears blended with Banana and Strawberries

## PIÑA COLADA

A Taste of the Islands. Mouth watering Pineapple,  
Ripe Banana & fresh fallen Coconut

## STRAWBERRY SLAM

Sun-drenched Strawberries, Strawberries  
& more Strawberries blended with Ripe Banana



# ADD-INS

Achieve Your Goals

**COMPLETE PROTEIN - \$3.75**

by Juice Plus+, 14g Vanilla or Chocolate

**GLUTAMINE - \$1.25**

For Intense Muscle Maintenance

**CREATINE - \$.75**

Boost Performance & Increase Endurance

## CORE SUPPLEMENTS

Customize Your Goals - \$.75

GET LEAN

GET ENERGIZED

GET ESSENTIALS

GET RECOVERED

ORGANIC SUPER GREENS

## WHOLE-FOODS

Root Your Goals - \$1.00

EXTRA FRUIT

OATS • HONEY

CHIA, FLAX OR HEMP SEEDS

PEANUT BUTTER • PB LITE

ESPRESSO BEANS



# ***WHY WE USE COMPLETE+ PROTEIN BY JUICE PLUS+***

Feel better from the inside out  
thanks to plant-powered nutrition.

## **COMPLETE SHAKES ARE PACKED WITH:**

- Prebiotics
- Protein
- Greens
- Fiber

## **AND A SUPERFOOD BLEND OF ESSENTIAL NUTRIENTS**

## **MADE WITH SIMPLE INGREDIENTS:**

- Non-GMO and Water Washed Soy
- Chickpea Powder
- Pea Protein
- Rice Protein
- Amaranth
- Millet
- Quinoa
- Raddish Sprouts
- Broccoli Sprouts
- Alfalfa Sprouts

## **HEALTHY HAPPY HOUR**

**½ PRICE SHAKES EVERY TUESDAY  
3PM - 5PM**

## **SHAKE REWARDS CARD**

**BUY 10 SHAKES, GET THE 11<sup>TH</sup> FREE**

***CALL AHEAD FOR A QUICK,  
HEALTHY MEAL ON THE GO!***