

Mastery – Glass-Framed Origami Art

Description	Builds confidence and pride through the creation of a finished, framed origami artwork.
What happens	Colleagues choose their paper choices and are guided through the folding sequence for the star. They then complete the star at their own pace building confidence.
Why it works	Through focused repetition, colleagues build confidence and pride, culminating in a framed piece that reinforces their achievement.
What's included	All materials.
Logistics	Tables and chairs for all participants.
Group sizing	Any size up to 100.
Price	£55.00 per person + travel.

Optional Enhancements

Energiser to open the session

Curated background music to support flow

Extra frames/paper

