

The chart below serves as a guide to show which genres and levels typically align with each age group. Please use this to help navigate the options available for your student. All classes have varying ranges and are approximate (except for pre-schooler classes). Class placement is dependent on ability; students will not be placed in a class beyond their personal strengths or level of technique. The Principal, Deborah Oates is more than happy to discuss you/your child's best options or pathway for their dance journey.

RVDA 2026 DANCE STYLES & LEVEL GUIDE

SCHOOL/AGE GROUP	PRESCHOOL	PREP	PRIMARY SCHOOL	SECONDARY SCHOOL	ADULTS
DANCE LEVELS	Foundation Level	Foundation Level	Foundation Level	Elevation (Gr 5+ ballet)	Elevation (Gr 5+ ballet)
CLASSICAL BALLET	TiddlySteps & Giant Steps; Kinder Ballet	TiddlySteps Primary Ballet	Cecchetti Syllabus; Pre-Pointe; Extension (Gr 4+); Discovering Ballet (Gr 1-3)	Cecchetti Syllabus; Open Class; Novice/Full Pointe; Repertoire; Extension; Pilates; Theory; Kinetic Flow	Cecchetti Syllabus; Open Class; Pointe; Repertoire; Extension; Pilates; Theory; Kinetic Flow
CONTEMPORARY	-	-	Junior/ Elementary	Senior/Open	Open
HIP HOP	-	-	Junior & Elementary	Open	Open
JAZZ	-	-	Junior & Elementary	Senior & Open	Open
MUSICAL THEATRE	-	-	Junior	Senior & Open	Open
TAP	-	-	Beginner/Junior/ Elementary	Open	Open
SPECIALTY	-	-	Choreographic Workshop; Private Lessons	Pilates; Rework Jazz; Choreographic Workshop	Pilates; Rework Jazz; Private Lessons