



DeLuxeHiking
Ready for Adventure

Region: Québec
Duration: 7 Days
2023 Dates **Double** **Single**
September 24 \$3,795 \$4,595

Hiking in Québec Eastern Townships

"Amazing vistas, charming villages, and endless hiking opportunities!"

Known for its breathtaking landscapes, unspoiled nature, and towering mountains, the Eastern Townships Region of Québec offers much to explore. Located south of Montreal and nestled near the American border, the area was first settled by the Loyalists and is rich in culture and history. Comprised of charming heritage villages, the region boasts a flourishing agrotourism with traditional farms, organic vegetable farms, orchards, vineyards, artisanal cheese shops, and other producers. The mountains here are an extension of the Appalachians, and provide a hiker's paradise with a variety of trails.

For this DeLuxe Hiking tour, the experience of hiking during the fall to be rewarded with amazing vistas with magnificent fall colours is paired with opportunities to experience the hidden gems of the region.

Why This Tour Is Great

The Louise Penny Connection

In between hiking, take a "Three Pines" tour and see the location inspirations for Canadian author and literary icon, Louise Penny.

One Hotel, Great Location

With a central location in delightful Sherbrooke for the whole week, no packing and unpacking is needed. It will be possible to feel at home and enjoy the hotel's amenities after each fun-filled, active day!

Fabulous Fall!

Explore the beautiful landscape in the Eastern Townships of Québec via hikes led by a local professional hiking guide for the Quebec National Parks. The last week of September should provide comfortable, moderate temperatures and is sure to feature vivid fall colours.

Fitness Scale: H

Difficulty: H3

Tour Starting Point:

[Sherbrooke, QC](#)

Highlights

- Hiking on 3 mountains: Mont Ham, Mont Pinnacle, and Mont Orford
- Walking tour of Knowlton, *inspiration for the fictional community, "Three Pines"*
- Miellerie Lune de Miel, *honey farm*
- Cep d'Argent Vineyard
- La Station de Compton, *cheese maker*
- Sherbrooke Mural Walking Tour
- Siboire craft brewery tour & lunch
- Dinner cruise at Magog Lake
- La Sucrierie de la Montagne

Price Includes

- Our Connections Program (*Pickups in Brampton, Whitby and Bowmanville*)
- Private coach transportation
- 6 nights of accommodation
- Meals: 6-B, 6-L, 4-D
- Local professional guides and all entry fees and passes
- Services of a DeLuxe Hiking Tour Director

Prices are in Canadian dollars, are per person, and include all applicable taxes.



Revision Date: May 13, 2023

1-888-716-5523

www.deluxehiking.com

info@deluxehiking.com



Travel Industry Council of Ontario
Registration Numbers:
500009376 and 500009377

Hiking in Québec Eastern Townships

Day 1

Guests have the option to travel to Sherbrooke on their own (car, train, fly) or take the motorcoach from the Toronto area. Arrive in Sherbrooke, a lively city that exudes authenticity with its 220-year-old history. It is also a breath of fresh air – literally – thanks to its vast green spaces, a mountain right in the city, a downtown lake, and an exceptional bike loop. After checking into the hotel, enjoy a leisurely walk to Park Jacques Cartier and Sherbrooke waterfront. Our welcome dinner provides the perfect opportunity to get to know fellow hikers and to review the week ahead.

Stay: *Delta Hotels Sherbrooke Conference Center, Sherbrooke, QC (6 nights)*

Meals: D

Day 2

After breakfast, head out to Mont Ham. Embark on an 8 km hike with some elevation to take in the majestic views of the region. In the afternoon, visit a local beekeeper to learn about the industrious honey bee and the production of honey. This family-owned business produces 15 varieties of pure unpasteurized honey, natural health products and candles. Then, head to the Le Cap d'Argent vineyard to partake of a Champagne-inspired experience and enjoy an exceptional view of Lake Magog. To recapture the day with good conversation, we will enjoy a group dinner in Sherbrooke.

Meals: B, L, D

Day 3

After breakfast at the hotel, we will depart for two local hikes. Mont Pinnacle is located a few kilometers from the Nature Discovery Park. It is one of the most popular hikes in the southern Eastern Townships with spectacular views over Lake Lyster, south to the US, and west towards Mont Orford. After enjoying our picnic lunch on the trail, we will head over to the short Coaticook Gorge Bridge Walk and walk over a long suspension bridge to view the gorge. Next, visit the La Station de Compton Organic Cheese Producer, a small family farming business. Our tour will include seeing the cows in the pasture, the farm facilities (hay dryer and barn) and a tasting of several varieties of cheese. Not to be missed is the opportunity to buy locally-produced maple syrup. Once back at the hotel, enjoy a free evening in Sherbrooke after this delightful day.

Meals: B, L



View of Lake Lyster from Mont Pinnacle



DAY-TO-DAY ITINERARY

Hiking in Québec Eastern Townships



Day 4

Today, we are in for a real treat with an urban walking tour of the Sherbrooke murals. The Sherbrooke Murals Circuit is the first of its kind in Canada, and transforms the downtown into a true street museum. Led by a knowledgeable local guide who is passionate about sharing these murals with visitors, the city's art, history and culture come alive during this private walking tour. There are 18 murals in the full circuit, and at a leisurely pace, will take about three hours, including a stop to enjoy a coffee or tea and perhaps an energizing pastry. Lunch will be held at Siboire, a craft brewery housed in the renovated train station. Our visit includes a tour to learn about the process of making beer, if desired, a beer tasting, . Afterwards, enjoy a free afternoon and evening to explore. Some suggestions are to visit Saint Michel Basilica, local art galleries and museums, and enjoy amenities at the hotel.

Meals: B, L

Day 5

After a hearty breakfast at the hotel, we will drive to Mont Chauve Loop in Mont Orford Park. Walk this trail and access the bare summit of Mont Chauve which rises to nearly 600 meters above sea level, and magnificent views of Lake Stukely and Mount Orford await.

After our hike, we'll travel to Knowlton for lunch. In the afternoon, enjoy a walking tour, seeing the town through the lens of Canadian author, Louise Penny, and meet the inspiration for the fictional community, "Three Pines." The walking tour of Knowlton will include a mixture of local history and architecture, visiting a museum and a bookstore before heading out to Sutton to visit a bakery (boulangerie). Our day will conclude with a group dinner where we can exchange our observations and stories related to our visit to "Three Pines."

Meals: B, L, D

Day 6

After breakfast, we drive to Mont Orford for a good cardio hike. There are great views along the way and at the top. Hikers particularly recommend this hike in autumn, to admire the colours. We will check out the vistas from all the viewing platforms at the top of Orford, since each offers a different view. We will enjoy our picnic lunch on the trail before heading back to the hotel to freshen up and relax. For the evening, we venture to the delightful Town of Magog, where we will enjoy some free time to wander and explore before embarking on a dinner cruise on Lake Magog.

Meals: B, L, D

Day 7

After a full week of scenic hikes and local excursions, our exploring in the Eastern Townships comes to an end. During the journey homeward, those with the motorcoach transportation option will stop for one more taste of Québec with a visit to a sugar shack for a tour and lunch. Learn about maple syrup production, enjoy a feast of traditional flavours, and browse the gift shop with interesting maple products. Then it's "Au revoir" to La Belle Province!

Meals: B, L



The Merry House, Magog



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LIST OF HIKES & WALKS

Hiking in Québec Eastern Townships



Day 1

1. Urban walk to Parc Jacques Cartier and Sherbrooke waterfront

(H1/Easy – 5km/100m)

Once everyone is checked in, depart from the hotel on a leisurely walk to the Parc Jacques Cartier and the waterfront. Hiking shoes or running shoes are recommended.

Day 2

2. Mont Ham

(H3/Difficult – 7.7 km/425m)

The majestic Mont Ham dominates the Eastern Township region with its 713 metres above sea level. The dazzling 360° panoramic view over 3 regions is the reward awaiting you at the top. Hiking boots are required and poles are recommended.

[Mont Ham Trail Map](#) (11x85 2019-08 from monthom.ca)

<https://www.alltrails.com/trail/canada/quebec/grande-boucle-du-mont-ham>

DAY 3

3. Mont Pinacle

(H1/Easy – 4.3km/192m)

Mont Pinacle is located a few kilometers from the Nature Discovery Park. Discover this 4.3-km loop trail near Coaticook, Québec. This is a very popular area for birding, hiking, and running, so you'll likely encounter other people while exploring. Hiking shoes or boots are required.

<https://www.alltrails.com/trail/canada/quebec/boucle-du-mont-pinacle>

4. Coaticook Gorge Bridge Walk

(H1/Easy – 1.8km, 59m)

This loop offers nature lovers some lovely views across the gorge. The trail includes walking over the longest suspension bridge in North America. Climb up the fire tower to capture the widest view.

<https://www.alltrails.com/trail/canada/quebec/gorge-de-coaticook>



LIST OF HIKES & WALKS

Hiking in Québec Eastern Townships

DAY 4

5. Urban Walking Tour of the Sherbrooke Murals

(H1/Easy – 5km)

The Sherbrooke Murals Circuit is the first of its kind in Canada, and transforms the downtown into a true street museum. Led by a knowledgeable local guide who is passionate about sharing these murals to visitors, the city's art, history and culture comes alive during this private customized walking tour. There are 18 murals in the full circuit. Hiking shoes or running shoes are sufficient.

<https://baladodiscovery.com/circuits/291/murals-of-sherbrooke--virtual-guide>

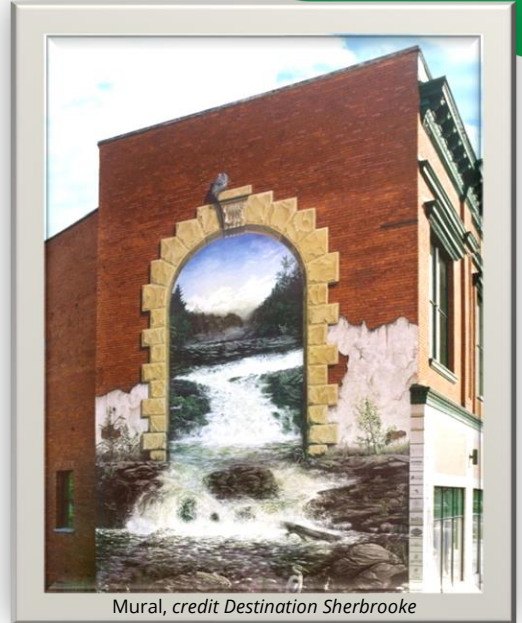
DAY 5

6. Mont Chauve Loop, Mont Orford Park

(H3/Difficult – 10.9km, 370m)

Hike this trail to access the bare summit of Mont Chauve which rises to nearly 600 metres above seal level. A magnificent view of Lake Stukely and Mont Orford awaits you. Hiking boots are required and poles are recommended.

<https://www.alltrails.com/trail/canada/quebec/sentier-du-mont-chauve>



Mural, credit Destination Sherbrooke

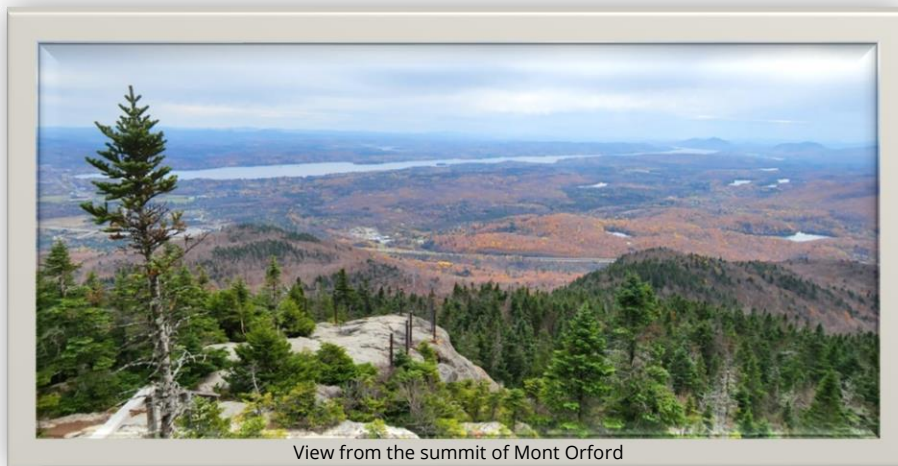
DAY 6

7. Mont Orford Summit

(H3/Difficult – 7.4km, 593m)

Taking the trail under the hybrid chairlift at the ski resort, we go up to see the view of Mont Orford. With great views along the way to the top with the lookouts, this hike is also a good cardio workout. Hikers particularly recommend this hike in autumn, to admire the colours. We will check out all of the viewing platforms at the top of Orford, each offers a different view, some offer a 360-degree view. Hiking boots required and poles recommended.

<https://www.alltrails.com/explore/trail/canada/quebec/sentier-des-caps-montee-directe>



View from the summit of Mont Orford



HIGHLIGHT DETAILS

Hiking in Québec Eastern Townships



Sherbrooke Murals Walking Tour

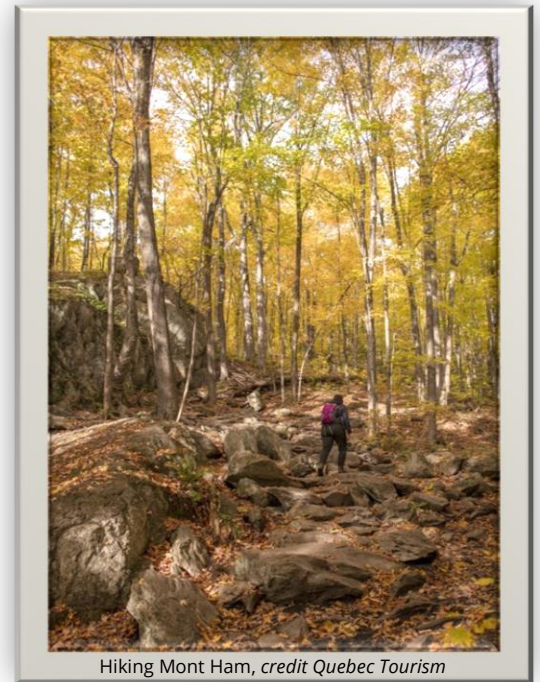
[The Sherbrooke Murals](#) Circuit is the first of its kind in Canada and transforms the downtown into a true street museum. Led by a knowledgeable local guide, the city's art, history and culture come alive. There are [18 murals in the full circuit](#).

Mont Ham

[Mont Ham](#), is located a short drive northeast of the city of Sherbrooke, in the Notre Dame Mountain range (part of the Appalachians). Its peak, at 713 m, offers a spectacular view of the eastern part of the Eastern Townships, northward towards the St. Lawrence Valley, east to Mont Megantic, and west and southwest towards Sherbrooke and Mont Orford.

Mont Pinacle

One of the most popular hiking spots in the Eastern Townships, [Mont Pinacle](#) is a beautiful mountain located between Sherbrooke and the Vermont border. Topping out at 665 m, your breath will be taken away by the views from the summit. You can look almost straight down at the beautiful Lac Lyster and sunbathe on the exposed rocky surfaces. Views towards Vermont are amazing. You may also be lucky enough to watch rock climbers tackling the cliffs. And if you are really, lucky, you'll see peregrine falcons patrolling the air around the summit and over the lake, as Mont Pinacle is a protected nesting ground.



Hiking Mont Ham, credit Quebec Tourism

Coaticook Gorge Bridge Walk

Coaticook's name was inspired by the word "Koatikeku", the Abenaki word for land of the pine river. [The Parc de la Gorge](#), located 30 minutes southwest of Sherbrooke, is a beautiful multipurpose park in downtown Coaticook. Our hike will take us across one of the longest suspended footbridges in North America (169 metres, 50 metres high), offering stunning views of the valley and surrounding area. You can also climb up a fire tower, and then descend to the valley floor, wandering along the shores of the Coaticook River.

Mont Orford National Park

Located west of Sherbrooke and just north of the town of Magog, [Mont Orford National Park](#) is a 60 km² provincial park offering year-round outdoor adventures. During this hiking tour, we will tackle two peaks. The first, Mont Chauve, peaks at just under 600 m and is the second-highest peak in the park. The second ascent will tackle Mont Orford, which is one of Quebec's highest peaks at 853 m. The views from the summit of Mont Orford are some of the best in the province of Québec. On a good day, you can see all the way down to Mount Washington in New Hampshire! Many folks wonder what mountain chain these are part of. If you guessed the Green Mountains (the northernmost extension of Appalachians) you are right!



HIGHLIGHT DETAILS

Hiking in Québec Eastern Townships

“Three Pines” Walking Tour

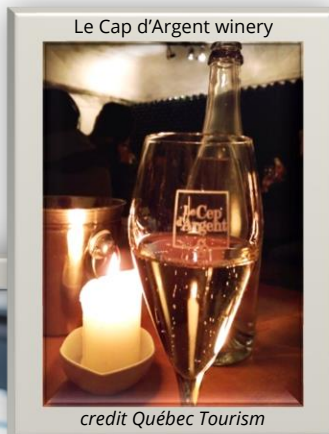
This walking tour begins in Knowlton, a village with a rich and fascinating heritage, colourful Victorian architecture, quaint shops, and restaurants, molded by both French immigrants and British Loyalists. Fans of Louise Penny are surprised and perhaps disappointed that the village of Three Pines from her best-selling novel series does not actually exist, but is a combination of many sites within this region. Visit some of the local sites that provided inspiration for the author.

Lake Magog Sunset Dinner Cruise

Enjoy this gourmet [sunset boat cruise](#) on the Grand Cru. As you sail south on Lake Memphremagog (a lake shared by both Vermont and Québec), enjoy some of the most beautiful fall foliage you can see from the water anywhere while sipping a beverage. As the sun sets, you'll enjoy a three-course meal on board. Proud of their focus on local ingredients, you'll be amazed by the carefully crafted dishes you'll be served by their attentive chefs.

Meet the Locals

Visits to local producers such as cheese, bee museum, a vineyard, and a micro-brewery. These visits enrich the visitor experience by meeting local small businesses and learning about their entrepreneurial spirit.



La Sucrierie de la Montagne

Family establishment in Rigaud, west of Montréal, La Sucrierie de la Montagne has been providing guests with a traditional Québec [sugar shack](#) experience since 1957. Tour and lunch are included.



ADDITIONAL INFORMATION

Hiking in Québec Eastern Townships



Accommodations

Delta Hotels Sherbrooke Conference Centre, Sherbrooke, QC (6 nights)

Centrally located, this [Delta hotel](#) is a great choice for any outdoor adventurer. Wake up to the beautiful sites of the surrounding mountains and start your day off with an included breakfast. The rooms feature plush beds, free Wi-Fi, and mini fridges for all your snacking needs. Amenities onsite include a fitness center and restaurant.

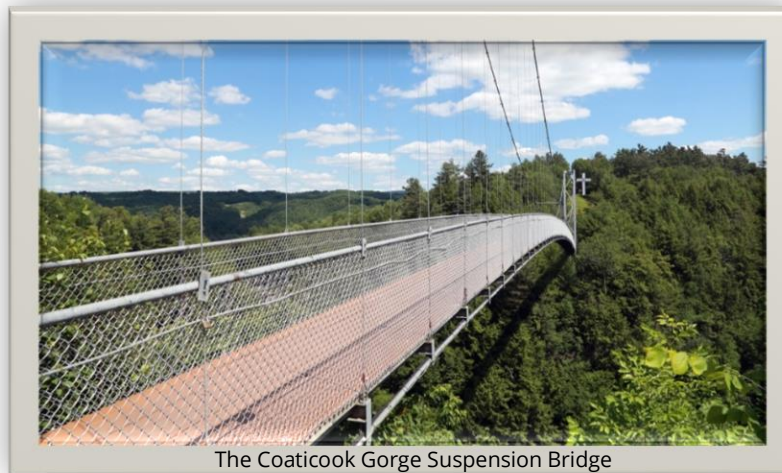
Important Info for This Tour

This tour includes our unique [Connections Program](#) with pickups in Brampton, Whitby, and Bowmanville. Alternate transportation arrangements to the starting point of the tour are possible, and if guests wish to make their own way to Sherbrooke, a credit will be applied.

For the Sherbrooke Murals walking tour, the new Baladodiscovery app provides additional historical information: https://en.murales-sherbrooke.com/11_19_baladodiscovery.html

In terms of hiking, the Mont Orford summit hike is the toughest and is the highlight. While there is no scrambling involved, there are short sections where you may want to have poles. Guests should bring fall weather clothing, hiking poles and suitable hiking footwear, as the weather at elevation can change quickly.

There is one suspension bridge that may challenge those who are prone to vertigo, but options exist, so crossing the bridge is not necessary, for guests unable to do so.



The Coaticook Gorge Suspension Bridge

Optional Additions

Extend your vacation with extra days visiting Sherbrooke and Montreal either before or after the tour by driving yourself, taking the train to downtown Montreal, or with a flight. Our knowledgeable staff can assist you with pre- and post-tour [options](#) so you can optimize your time in the Eastern Townships.

