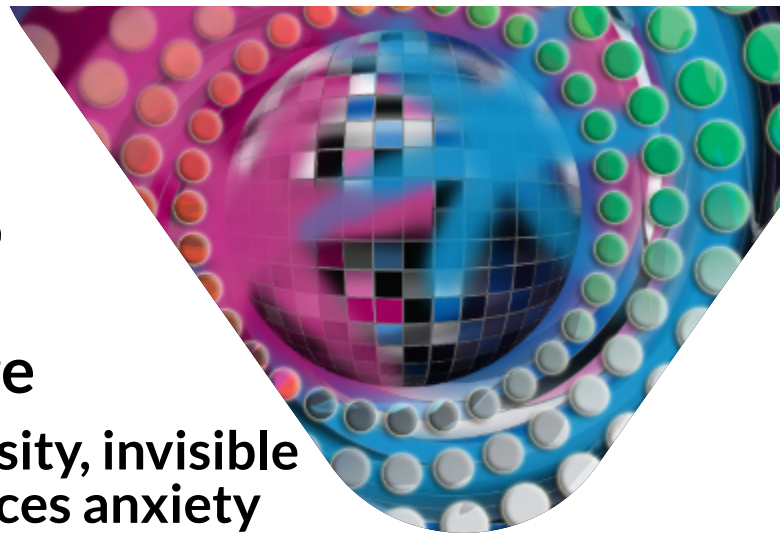




Plus Value Awareness



Inclusive to Dance Pledge

For Dancers with Neurodiversity, invisible disabilities and who experiences anxiety

General edition

Partner dancing environments

Classes & workshops

Be patient & encouraging

Be accommodating regularly of a person's learning ability and type

Be supportive especially if someone is struggling

Be aware of the challenges, boundaries and harmful situations that could occur due to a person's difficulties and those to find a social environment and socialising challenging

Social events

Always be welcoming

Educate & encourage more inclusivity

At places related to partner dance events, encourage experienced and respectful dancers to approach dance with people who may experience anxiety, and invisible disabilities and to socially engage with them to improve understanding and prevent distorted perceptions.

Discourage exclusions and marginalisation.

Have an open mind and avoid making presumptions due to perceptions alone

Not to discriminate by making any ableist offences

Inclusive to dance is an element of Inclusive Differences a Plus Value Awareness project to improve inclusivity of Hidden Differences. This project is for all people with neurodiversity, invisible disabilities & Anxiety with the information mainly for Autism, ADHD, Dyslexia, Dyspraxia & Social Anxiety

plusvalue.dudaone.com

Written and designed by Keith Mckenzie for Plus Value Awareness