

## Medical Release Form

Dear Doctor,

Your patient has contacted me about receiving colon hydrotherapy services. This is a simple, gentle procedure using warm, purified water infused into the rectum via disposable tubing to gently cleanse the colon. Our instrument is FDA cleared and we use hospital-grade disposable tubing and disinfectant.

In order to provide this service, it is necessary to rule out any contraindications. Please screen your patient, \_\_\_\_\_ for colon hydrotherapy based on the list of contraindications below. If contraindications exist with your patient, please indicate by circling the appropriate item below. To proceed with providing the service, it is necessary for me to have this signed release on file.

The following is a list of contraindications for colon hydrotherapy:

- Anemia: Severe
- Aneurysm
- Carcinoma (colorectal)
- Cardiac Disease: Severe  
(e.g. Uncontrolled hypertension or high blood pressure)
- Crohn's Disease (active)
- Congestive Heart Failure  
(e.g. Organic Valve Disease)
- Diverticulitis: Severe or Acute
- Epilepsy/Seizures
- Fissures/Fistulas
- GI Hemorrhage/Perforation
- Hemorrhoids  
(when excessive bleeding is present)
- Hernia: Incarcerated Abdominal
- Prostatitis
- Surgery: Recent Abdominal  
(6 months or earlier post-surgery)
- Ulcerative Colitis: Severe

**Please provide name and telephone number of emergency contact:**

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**PLEASE email completed form to [ibisandbee1221@gmail.com](mailto:ibisandbee1221@gmail.com)**

Thank you,

Sarah Hine, National Board Certified Colon Hydrotherapist  
Ibis & Bee Colonics, LLC  
2280 East Avenue, Suite 4  
Rochester, NY 14610

**If you require any additional information, please contact me at 585-397-4497**

I certify that \_\_\_\_\_ does not have any of the above contraindications or if contraindications do exist, I deem it safe for the above named patient to receive colon hydrotherapy services.

Signed: \_\_\_\_\_ License #: \_\_\_\_\_

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_