IAMHP Blood Pressure Monitoring Kit Notice

Improving the health and overall well-being of mothers, babies and families is one of the highest priorities of the Illinois Association of Medicaid Health Plans (IAMHP) and our member Health Plans, even during the COVID-19 public health crisis.

A home blood pressure monitor can be an effective method of supporting pregnant women and new mothers between clinic appointments and as an adjunct to telehealth protocols.

**Purpose:**

The purpose of this notice is to serve as a reference tool and reminder if a member requires a blood pressure monitoring kit, including those who are prenatal or postpartum.

**Refer to the procedure guidelines per MCO below:**

Blood pressure cuffs are a covered Medicaid benefit that can be provided to Medicaid members at no cost. Providers can order a blood pressure cuff for any member who may benefit from home blood pressure monitoring.

If a member requires a blood pressure monitoring kit, a Primary Care Provider (PCP), prenatal/women’s health provider and/or specialist may order a BP monitoring kit, including the appropriately sized cuff, from a Durable Medical Equipment (DME) Provider. Providers should follow ICD-10 guidelines and include the appropriate diagnosis codes.

**Code and Allowance:**

No prior authorization is required for DME less than $1000; however, orders will be denied if the member has already received the item within the allowed timeframe.

<table>
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<tr>
<th>Code Type</th>
<th>Code</th>
<th>Description</th>
<th>Max Qty</th>
<th>Max Days</th>
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</table>

If a member has received a blood pressure monitoring but requires a replacement kit, thus exceeding the normal benefit limit, please contact the health plan to arrange a replacement kit.