

Bridal Events at Palestra

Celebrate your upcoming wedding with a day of relaxation, connection, and wellness at Palestra Spa & Studio. Our bridal group experiences combine spa treatments, movement, and mindful relaxation to help you and your bridal party feel refreshed, radiant, and ready for the big day.

Choose individual services or combine them into custom spa packages. Price per service when each guest purchases two or more for parties of 6 or more. For single service per person, \$10 off per person will be applied at check out for groups of 6 or more that provide a deposit a booking.

Spa & Wellness Offerings

For groups of 6 or more

Massage Therapy

60-Minute Signature Massage – \$130

90-Minute Deep Relaxation Massage – \$150

60-Minute Bridal Recovery Massage (pre-wedding stress relief) – \$125

Body Treatments

Hanakasumi Exfoliation Experience (75 min)- \$155

Eminence Body Wrap (75 min)- \$145

Wellness Experiences

Perfect for groups wanting something unique and memorable.

Private Group Yoga Class (60 min) – \$200 per group

Bridal Meditation & Breathwork Session – \$200 per group

Sound Bath & Deep Relaxation Experience – \$250 per group

Facial Treatments

Signature Glow Facial (60 min) – \$130

Hydration & Radiance Facial (75 min) – \$155

Zemits Bridal Glow Treatment – \$190

Express Service Combos

Body Scrub + Massage (90-minute service time)- \$170

Express Facial (45 minute) + Massage (45 minutes)- \$200

Express Zemits Facial (45 minute) + 75-minute Signature Massage- \$350



Bridal Group Celebration Packages

For groups of 6 or more

The Bridal Bliss Package

\$185 per person

Includes:

- 60-minute Signature Massage
- Private Group Yoga or Meditation Session
- Herbal Tea & Relaxation Lounge Access

Perfect for: pre-wedding relaxation and bonding

The Ultimate Bridal Retreat

\$295 per person

Includes:

- 60-minute Massage
- Signature Glow Facial
- Private Yoga or Sound Bath Session
- Relaxation Lounge Access + Celebration Toast

Perfect for: full bridal party spa day

The Bridal Glow Package

\$225 per person

Includes:

- Signature Glow Facial
- 30-minute Relaxation Massage
- Private Sound Bath Experience
- Herbal Tea & Relaxation Lounge Access

Perfect for: skin prep and deep relaxation before the wedding

Bridal Add-Ons

Enhance the experience for your group.

- Hydrafacial Upgrade – \$65
- Scalp Massage Treatment – \$25
- Eye or Lip Treatment – \$20
- Aromatherapy Enhancement – \$15
- Champagne or Sparkling Beverage Service – \$12 per guest

Group Benefits

For bridal parties of 6 or more guests:

- Reserved spa space for your group
- Customized service schedule
- Complimentary wellness gift for the bride
- 10% retail discount for the bridal party

Booking Information

- Minimum group size: 6 guests
- 20% gratuity added for group bookings
- Deposit required to reserve your date
- Custom packages available

To reserve your Bridal Spa Experience: Contact Palestra Spa & Studio to begin planning your celebration.

