

### **Hebrew names for body parts:**

|     |               |   |                 |   |                          |
|-----|---------------|---|-----------------|---|--------------------------|
| 1.  | <i>Head</i>   | = | Rosh            | = | resh-aleph-shin          |
| 2.  | <i>Hair</i>   | = | se-ar           | = | sin-aleph-resh           |
| 3.  | <i>Heart</i>  | = | lev/laavav      | = | lamed-bet/lamed-bet-bet  |
| 4.  | <i>Face</i>   | = | panim           | = | pey-nun-yod-mem sofit    |
| 5.  | <i>Skin</i>   | = | or              | = | ayin-waw/vav/resh        |
| 6.  | <i>Eye</i>    | = | ayin            | = | ayin-yod-nun sofit       |
| 7.  | <i>Ear</i>    | = | ozen            | = | aleph-zayin-nun sofit    |
| 8.  | <i>Nose</i>   | = | af              | = | alif-pey sofit           |
| 9.  | <i>Tooth</i>  | = | shen            | = | shin-nun sofit           |
| 10. | <i>Tongue</i> | = | lashon          | = | lamed-shin-waw-nun sofit |
| 11. | <i>Mouth</i>  | = | peh             | = | peh-hey                  |
| 12. | <i>Lip</i>    | = | sapha           | = | sin-pey-hey              |
| 13. | <i>Arm</i>    | = | zeroa           | = | zayin-resh-waw/vav-ayin  |
| 14. | <i>Hand</i>   | = | yad             | = | yod-dalet.               |
| 15. | <i>Palm</i>   | = | kaf             | = | kaf-pey sofit            |
| 16. | <i>Finger</i> | = | etsba           | = | aleph-tsade-bet-ayin     |
| 17. | <i>Leg</i>    | = | regel           | = | resh-gimel-lamed         |
| 18. | <i>Knee</i>   | = | berech          | = | bet-resh-caf sofit       |
| 19. | <i>Foot</i>   | = | regel/caf regel | = | resh-gimel-lamed         |
| 20. | <i>Toe</i>    | = | etsba           | = | aleph-tsade-bet-ayin     |
| 21. | <i>Heel</i>   | = | akev            | = | ayin-kof-bet             |
| 22. | <i>Bone</i>   | = | etsem           | = | ayin-tsade-mem sofit     |
| 23. | <i>Body</i>   | = | basar           | = | bet-sin-resh,            |
|     |               | = | geviYAH         | = | gimel-waw-yod-hey        |