

APEX Intrasquad Blockparty 5/23/2026

APEX BLOCKPARTY
5/23/2026

HELD UNDER THE SANCTION OF USA SWIMMING

Sanction No.

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming Inc, and Canby Municipal Pool shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Eligibility:

Swimmers must be currently registered with USA Swimming. NO ON-DECK REGISTRATION SHALL BE PERMITTED.

Host:

CANBY GATORS SWIM CLUB

Location:

CANBY MUNICIPAL POOL
1150 S Ivy Street
Canby, OR 97013
Pool Phone: (503) 266-2761

Facility:

Indoor, 25 yards long, 6 lanes with non-turbulent lane lines. Pool depth is 3.5 to 10 feet. The starting blocks are located at the deep end. Facility is accessible to adaptive swimmers. Timing is done with Colorado Gen 7 electronic timing system with manual backup watches in each lane. The facility will ensure that the course dimensions/measurements are as stated.

Parking is available in the pool parking lot and in the school parking lots adjacent to the pool. Swim venue includes: Men's and Women's locker rooms with access onto the pool deck. Open pool deck areas available for swimmers, coaches, officials, and approved volunteers only.

Spectators will be allowed in the bleachers and outside lawn areas.

Referee:

Tony Ranno: ranno.tony@gmail.com

Admin Official:

Teresa Steinbock: teresasteinbock@gmail.com (503) 267-6319

Meet Director:

Jill Lowers: lowersj@gmail.com

Entries:

Please submit a Hy-tek entry file to teresasteinbock@gmail.com. Submit YARD TIMES ONLY. All entries require official or estimated times. With the submission of entries, the coaches/team representative attests that all swimmers entered are registered with USA Swimming.

Entry Limits:

A maximum of 4 individual events

Meet Format:

All events will be swum mixed gender as timed finals. All events will be run slowest seed to fastest. Breaks may be scheduled between events at the Referee's discretion.

Entry Fees:

\$20 per swimmer

Entry Open:

Entries open 6am **Friday May 1, 2026**

Entry Deadline:

Entries must be received no later than 6pm on **Saturday, May 16, 2026**

Warm up:

7:30 am – 8:15 am. Meet start 8:30 am – 10:45 am

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- Restrictions:** No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. The changing of base layer clothing while on deck is prohibited. Tobacco products of any kind, alcoholic beverages and glass containers are not allowed in the swimming venue. No cameras or other recording devices are allowed behind the blocks. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.
- Rules:** Current USA Swimming and Oregon Swimming Inc., rules will govern this meet. Note: The no recall rule will be in effect. Swimmers will receive whistle commands to stand behind the blocks, and to step on the blocks or to step in the pool at which time the referee will signal to the starter to tell the swimmers to take their mark. Heats may be doubled or combined to ensure timely completion of the meet.
- Warm Ups:** USA Swimming and Oregon Swimming safety procedures will be enforced throughout the meet. Note: Swimmers violating safety procedures may be removed from warmups for the remainder of the session. Additional violations may cause the swimmer to be removed from the meet.
- Safety:** Oregon Swimming Safety Rules and Current USA Swimming Rules, including Minor Athlete Abuse Prevention Policy (MAAPP) will govern this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition
- Safe Sport:** Safe sport guidelines will be followed at this meet.
- Medical:** Lifeguards are trained in first aid and CPR, and are posted on deck during the meet. The facility is equipped with one AED. The 911 system will be utilized in the event of an emergency.
- Officials:** All officials acting in the capacity of Referee, Starter, Stroke and Turn Judge, or Administrative Official at a sanctioned or approved USA Swimming meet shall be certified and trained in such position by their LSC to the uniform and consistent standards set by USA Swimming with recommendation from the National Officials Committee in conjunction with the Coach Advisory Council prior to being assigned to officiate in that capacity. LSCs and clubs shall not require any additional certifications. Uncertified trainees may perform the duties of such positions when they are under the direct supervision of a certified official in said position.
- We always need and appreciate the help of certified officials and trainees from participating teams. If you are going to be attending this meet please contact the Meet Referee to convey your intentions. The Meet Director will not be handling official's commitments.
- Please check in with the meet referee upon arrival.

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Meeting: Officials meeting will be held 45 minutes prior to the start of the meet. Coaches meeting will be held 15 minutes prior to the start of the meet.

Timers: Each team will be given lane timing assignments and **MUST SUPPLY TIMERS**. Please have your team parents sign up on the timing sign-up sheets located behind the starting blocks. A lack of lane timers will cause delay at the very least.

Order of Events:

1. Open Mixed 25 Fly
2. Open Mixed 50 Fly
3. Open Mixed 25 Back
4. Open Mixed 50 Back
5. Open Mixed 25 Breast
6. Open Mixed 50 Breast
7. Open Mixed 25 Free
8. Open Mixed 50 Free

All 25's will start in the water at the shallow end of the pool