

APEX INTRASQUAD BLOCKPARTY 4/11/2026

Held Under the Sanction of USA Swimming

Host: Tigard-Tualatin Swim Club, April 11th, 2026

Location: Tualatin Swim Center, 22300 SW Boones Ferry Rd. Tualatin, OR

Eligibility: Swimmers must be currently registered with USA Swimming. The age of the swimmer on the first day of the meet applies. No on-deck registration shall be permitted. Clubs entering swimmers who are not registered are subject to a fine per USA Swimming Rules and Regulations.

Entries Open: March 23rd, 2026

Entry Deadline: Entries must be received by Noon one week before the meet date

Entry Limits: A maximum of four individual events.

Entry Fee: \$20 per swimmer

Warm up: 7:30 am - 8:00 am. Meet Start - 8:15 am – 10:30 am - SCY

Entries: Teams with Hy-Tek capability are strongly encouraged to submit a Com-link entry File (cfile01.cl2) or by zipped e-mail file. Files should be saved in the 'standard' format. Please submit converted or short course yard times for seeding purposes. Previously entered times cannot be updated. Hy-Tek Meet Manager Software will be used.

Tualatin Facility: Short course indoor 25-yard pool, eight 7-foot wide lanes, 12-inch pool markings, 3-feet to 9 feet deep. Starting blocks at the deep end of the pool only. Tile overflow lip gutter, 3-inch non-turbulent racing lines with 15-meter markings, 30" aluminum starting blocks with backstroke grips at the deep end only. The competition course has not been certified per 104.2.2[4]. A Colorado timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with dual manual buttons for the secondary and watches for the tertiary. Adaptive access is by ladders at both ends of the pool.

Restrictions:

- Tobacco products, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- No shaving is permitted in the swimming venue.
- Audio or visual recording devices, including cell phones, are prohibited behind the blocks or in the restrooms.

- Drone operations or any other flying apparatus are prohibited over the venue (pool, athlete/coach areas, spectator areas, and open-ceiling locker rooms) when athletes, coaches, officials, and/or spectators are present.
- Deck changing is prohibited.
- Only registered Coaches, Officials, swimmers, and meet volunteers are permitted on deck. Non-athlete members, such as Coaches and Officials, must produce deck credentials or identification cards to be allowed on deck.

Rules: Current USA Swimming Rules and Regulations will govern. Safety Guidelines and Warm-up Procedures will apply.

Format: This is a timed final, combined gender meet. Mixed events will be swimming together.

MAAPP: All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. It is understood and agreed that USA Swimming and Tigard Tualatin Swim Club shall be free from any liabilities or claims for damages arising from injuries to anyone during the event.

Tech Suits: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet.

Tualatin Medical: Lifeguards are trained in first aid and CPR and are posted on deck during the meet. The 911 system will be utilized in the event of an emergency.

Meet Referee:

Email:

Admin Official: Teresa Steinbock

Email: teresasteinbock@gmail.com

Meet Director: Quentin Rieniets

Email: Quentin.rieniets@ttsc.org

Officials: Please send the meet referee a list of officials and the positions they can work in no more than one week before the meet.

Meet Results: A Hy-Tek Com-link file and an HTML file will be posted on the Oregon Swimming website in the results section and sent to coaches within two days of the conclusion of the meet.

Breaks: Breaks will be scheduled to provide adequate rest for the athletes.

Timers: Each site will be responsible for providing timers. Timing Lanes will be assigned based on the number of swimmers entered per site.

Tualatin Spectator Seating: Spectators are asked to sit in the bleacher space provided or outside. Only officials, volunteers, coaches, and athletes will be allowed on deck.

The facility is accessible to adaptive athletes.

Upon Arrival: Volunteers must attest that they have read and agreed to the MAAPP policy. When checking in with the Meet Referee or Meet Director, officials and coaches must show current USA Swimming membership cards.

Tualatin Parking: The parking lot next to the pool is accessible. If the lot is full, there is overflow parking in the adjacent school parking lot.

Outdoor seating: Families are encouraged to set up folding chairs outside the building and leave bleacher seating for athletes and mobility-limited spectators. **There are no deck chairs on the deck.**

Tualatin Restroom Usage: Bathrooms are located behind the bleachers. Locker rooms are for athlete use ONLY and will be monitored according to SafeSport regulations. Spectators, officials, and coaches must use the bathrooms behind the bleachers.

Order of Events:

1. **Open Mixed 25 fly**
2. **Open Mixed 50 fly**
3. **Open Mixed 25 back**
4. **Open Mixed 50 back**
5. **Open Mixed 25 breast**
6. **Open Mixed 50 breast**
7. **Open Mixed 25 free**
8. **Open Mixed 50 free**

*All 25's will start in the water at the shallow end of the pool