

2026 OSI/ARENA 13&O Championships

July 23-July 26, 2026

Held Under the Sanction of USA Swimming, Inc.

It is understood and agreed that USA Swimming and Tualatin Hills Recreation Complex shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Sanction Number: 26-067

Referee : Debbie Laderoute debbie@oregonswimming.org 503-576-1328

Admin: Judi Creech [jjjcreech@comcast.net](mailto:jjjjcreech@comcast.net), 360.909.7526

Meet Host: Tualatin Hills Swim Club

Sponsor: Oregon Swimming, Inc.

Location: Tualatin Hills Rec. Swim Center, 15707 SW Walker Rd, Beaverton Or. (503)645-7454

Facility: Indoor, 50 meters x 25 yards, 7½ foot lanes. Pool depth goes from 13.5 ft. to 5 ft. at start-end and at the turn in LCM configuration. The facility will ensure that the listed dimensions are accurate. Omega Quantum timing system with automatic touchpads and buttons, StartTime V with mic starting system, Planar LAS Series LED Video Wall scoreboard, and Quikblox Starting Platforms with grab rails, adjustable foot/fin platforms, and a non-skid surface. Finis backstroke wedges may be available. Open pool deck areas are available for swimmers, coaches, and officials only. Wi-Fi throughout the facility. Open pool deck is available to athletes entered and coaches who have athletes entered in the meet.

SPECIAL NOTE: No personal folding chairs are allowed on deck.

In the interest of public safety, inclement weather may necessitate the closure of THPRD facilities. To communicate quickly and efficiently, THPRD posts new information about inclement weather closures and other interruptions on a 24-hour hotline:

Facility Closure / Inclement Weather Hotline: 503-614-4018

**RV parking is available for day use only at the north parking lot above the soccer/baseball fields. For more information, please call THPRD Swim Center at (503) 629-6130.*

Concessions: Concessions and/or food trucks may be available.

Spectators: Indoor seating for spectators is limited, transitional seating may be used. The meet referee may elect to close the seating area if needed. Parents should not stand/sit in areas marked "For Athletes Only." Parents/guardians should plan on bringing chairs to sit in the breezeway and grassy areas while their swimmers are between events.

Restrictions: Tobacco products, alcoholic beverages, and glass containers are prohibited on THPRD district property.

Shaving is prohibited in the facility. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited. Photography is not allowed behind the blocks at any time. Flash photography is prohibited during competition, except by express permission from the Meet Referee. Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and or spectators are present. Use of video recording devices under or over the water surface of the pool is prohibited. **Only coaches, swimmers and working volunteers will be permitted on the pool deck.**

IMPORTANT:

1. Alcohol is not allowed anywhere on the THPRD grounds.
2. Food may not be consumed on deck.
3. Locker rooms are for registered athletes only. Restrooms for parents and spectators are located across the hall from the main entrance to the THPRD pool.

Deck Access: Coaches and officials must be prepared to display their current USA Swimming membership status at all times while on deck. All requirements, including Concussion Training, must be valid. Spectators and parents are restricted to designated areas. Only athletes entered in the meet shall be allowed in the pool(s).

Rules: Current USA Swimming and Oregon Swimming Rules and Oregon Swimming Scratch Rules will govern **except that the scratch deadline for Thursday's timed finals and Friday and Saturday's preliminary events shall be fifteen (15) minutes after the start of warm-ups and the scratch deadline for Sunday preliminary events shall be 1 hour after the start of Saturday final events.** OSI Safety Guidelines and Warm-up Procedures will be strictly enforced.

Format: **Prelim/Final Meet.** Age groups are 13,14, and 15&O. Each individual age group will have one heat in finals. 15&O age group will have 2 heats in finals except for noted events. Individual preliminary events shall be combined age groups and swum slowest to fastest except where noted. Some events are timed finals where the top heat is swum in finals. **Please see order of events for further details.**

The 1500 FR top heat overall will be swum in finals in event order. All others will be combined and swum fastest to slowest at the end of prelims, alternating Girls/Boys. One heat each in finals scored by age group.

Events may be combined at the discretion of the meet referee.

MAAPP: All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Medical: CPR and first aid certified lifeguards are on duty during warm-ups, competition and cool-down for the entirety of the event. AED devices are available at the main desk of the pool. Lifeguards will call EMTs should a situation require additional medical assistance.

Schedule: **Thursday** Timed Finals: Warm-ups 4:00PM- 4:45PM Competition: 5:00PM

Friday-Sunday Prelims: Warm-ups 8:00AM – 9:15AM Competition: 9:30AM

NOTE: Warm-up/cool down lanes will be available throughout the meet.

Finals session to begin no sooner than 2 hours after the conclusion of prelims.

NOTE: Starting times for prelims and/or finals are subject to change, depending on the number of entries. An announcement will be made prior to the end of prelims as to the starting time for finals. Breaks will be added at the discretion of the meet referee.

Eligibility: Swimmers must be currently registered with USA Swimming/Oregon Swimming. Swimmer's age on the first day of the meet applies for the entire meet. Swimmers must be 13 years or older as of the first day of the meet. Qualifying times are OSI A times and must have been achieved from July 1, 2025 thru the entry deadline for this meet. If the qualifying time is not achieved by the swimmer during the event swum at the meet and proof of a qualifying time is not in the USA Swimming database, appropriate proof of the qualifying time swum must be forwarded to the OSI office within 10 days after notification from the office is received. Failure to prove a qualifying time will result in a \$100 non-qualifying fine from OSI. No on-deck registration will be available. Athletes must meet the 100 qualifying time standard to qualify for the 50 of stroke events. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. Unaccompanied swimmers must be assigned a coach, contact the meet director for assistance.

Event Limit: Swimmers may enter a maximum of six (6) individual events, and may not exceed three (3) events per day including time trials, but excluding relays.

Entry

Deadline: **Entries open Wednesday, July 1, 2026 at noon and must be received by noon on Wednesday, July 15, 2026.** New qualifying times achieved between July 15, 2026 and July 19, 2026 must be received by noon on July 20, 2026.

Entries: Teams with Hy-Tek or Team Unify should email an entry file and a PDF of the meet entry report to LC130Entries@oregonswimming.org . The office will confirm receipt of entries by replying with two documents: a team entry report and a team fee report. Please verify the amount owed on the team fee report returned to you by the office. Please do not send a check payment, your team will be invoiced through your team account with OSI. **No payments will be accepted at the pool.** Enter personal best times achieved in the qualifying period. Seeding shall be Long Course Meters (LCM), Short Course Meters (SCM), and then Short Course Yards (SCY). Do not convert times. Non-qualifying times will not be accepted.

- Check all entries! **Athletes may qualify for and enter the 800m and/or 1500m Freestyles using any of the 800m/1000y or 1500m/1650y time standards.**
- Once entered NO entries may be removed from the meet; these will be processed as scratches - NO refunds
- Team entry fees will be invoiced. Unattached athletes please contact Oregon Swimming at debbie@oregonswimming.org to arrange payment.

First-Time Individual Event Qualifiers – Submitting NEW Qualifying Swims

This provision serves to allow swimmers entered in the meet to add qualifying swims achieved after the regular entries deadline and allow swimmers that achieve their first meet qualifying time after the regular entry deadline to enter the meet. New qualifying times achieved between July 15 and July 20 will be accepted until noon on Monday July 20, 2026 by sending an email which contains the swimmer's name, birthdate, USA Swimming ID number, event, and entry time to LC130entries@oregonswimming.org . Previously entered times cannot be updated. Do not convert

times.

Late entries may be accepted. Late entries for athletes who had qualifying time/s prior to the entry deadline will ONLY be accepted if space is available, as determined by meet management on a case-by-case basis. **Requests for late entries may be submitted until the new qualifying times entry deadline of July 20, 2026 at 12:00 PM.** Late entry fees will be two times the current published Oregon Swimming Championship meet fees; to include surcharge fee, individual event fee, and relay fee (facility fee will remain the published rate).

Swimmers with disabilities are encouraged to enter the meet. If accommodations are required, it is the coach's responsibility to notify the Meet Director and/or Meet Referee prior to the entry deadline.

Swimmers with a disability shall be permitted to enter any event offered at the meet regardless of the age bracket of the event if they have a time in the SWIMS database for that event during the qualifying time period for this meet.

All Team or individual members, entering OSI Championship meets must be in good standing with no outstanding money owed to Oregon Swimming. All payments must be made prior to the meet entry deadline.

Relays: "Relay only" swimmers must be entered in the meet and must pay the swimmer surcharge. Names for relays can be submitted on relay forms provided at the meet. Relay entry forms are due 15 minutes after the start of warm-ups. 200 Medley and 200 Freestyle relays, entry times shall be accepted for teams achieving either the applicable 200 or 400 relay standard. Priority for seeding the 200 relays shall be given to those teams entered with a corresponding 200 relay time followed by those teams entered with a corresponding 400 relay entry time. Aggregate times may be used for relay entries.

NOTE: SWIMMERS YOUNGER THAN 15 YEARS MAY BE AGED UP INTO 15&O RELAYS IF YOUR TEAM CANNOT FIELD A RELAY TEAM IN "13-14" AGE GROUPS. IF YOU DO NOT HAVE ENOUGH SWIMMERS ENTERED INTO THE MEET (NOT SESSION) FOR A 13-14 RELAY, YOU MAY USE ANY AGE SWIMMERS TO FORM AN "OPEN" RELAY.

Check-In: All individual events 200 meters or less will be pre-seeded. All 15&O individual events 400 meters are deck seeded and require positive check-in. 13-14 400 meter events are pre-seeded with the fastest heat swimming in finals. The deadline for Thursday's timed finals and Friday and Saturday's preliminary 400 meter events shall be fifteen (15) minutes after the start of warm-ups. For Sunday's preliminary events, the deadline is one (1) hour after the beginning of the Saturday's Final session. Positive Check-in is required for seeding purposes of relays and the 800 and 1500 Freestyle events for all age groups. Deadline for the 800 and 1500 free shall be 15 minutes after the start of warm-ups on their respective days. The deadline for all relays is the deadline on their respective days. Any relay team seeded that fails to compete in or report for that event shall not be penalized. Swimmers will be allowed to withdraw from preliminary events with a declared false start, without additional penalty, after the scratch deadline. A swimmer qualifying for any final based upon the results of the preliminaries, shall notify the Administrative Referee within thirty (30) minutes after the announcement of the qualifiers for that race that they may not intend to compete and further declare their final intentions within thirty (30) minutes following their last individual preliminary event.

Penalty: Any athlete who fails to compete in an individual event for which positive check-in was provided is barred from participation in further individual and relay events that day. Additionally, the swimmer shall not be seeded in any individual events on succeeding days unless they declare an intent to swim with the Admin Referee prior to the check-in deadline for that day.

Finals No Shows: If a swimmer is seeded into finals for a prelim/final event and is a No Show they will be barred from the remainder of competition, including time trials.

Sunday Finals - if a swimmer does not scratch and is a no show, OSI will levy a \$100.00 fine per event to be paid by the swimmer's club.

Entry Fees: \$15 Surcharge per swimmer, \$20 Facility Fee \$8 Individual event fee, \$16 Relay fee

Meet Director: **Joseph Moreno: meetdirectors@thunderboltswimming.org**

Awards: Individual events: 1st-8th Place Medal

Relay events: 1st-3rd Place Medals

Team: 1st-8th Place Plaques

High point: Awarded to the highest scoring male and female in each age group.

Scoring: Individual: 9-7-6-5-4-3-2-1

Relay: double of the individual points.

Relays not achieving a qualifying time will receive place awards, but will not score team points.

Meetings: **Coaches Meetings:** Zoom meeting 7/20/2026 at 7:30pm. The link will be sent out with receipt of entries. If additional coaches meetings are necessary, they will be announced.

Officials Meetings: 60 minutes prior to competition.

Time Trials: **Sanction: 26-067TT**

Time Trials Referee: Julie Carpenter

Time permitting immediately following Prelims each day. The schedule will follow National Championships procedures, i.e. that day's events followed by the next day's events, then returning to the first day's events. Each time trial counts toward the maximum of three events per day. Entries must be turned in to the clerk of course with the fee (\$10/individual and \$20/relay) one hour before the projected end of Preliminaries. The closing time for Time Trials will be announced at the beginning of each prelim session. Time trials are available only to those swimmers entered in the meet. Athletes must provide their own timers. Distance events will be offered during one TT session, to be announced at coaches meeting. A no show penalty from a finals event will result in the athlete being in-eligible for future time trials in the associated meet.

Timers: We will need help from all attending teams. Clubs will be assigned timing responsibilities based on the number of swimmers entered. A sign-up link will be available. Swimmers/clubs are responsible for providing their own timers (2) for the 800 Freestyle, 800 Free Relay and for the 1500 Freestyle swims in the preliminary session. Swimmers/clubs are responsible for providing their own timers for any time trial event.

Meet Results: A Hy-Tek file and an HTML file will be posted on the Oregon Swimming website in the results section.

Officials: This meet is designated as a National Qualifying Meet for Officials (OQM). Officials wishing to apply for N2/N3 evaluation are required to submit an application, preferably before the meet start. Early applications are given preference; please complete the [Application to Officiate](#) indicating your request for evaluation/mentorship. For additional information contact Bill Shreeve, Oregon Officials Chair at bill.shreeve1@gmail.com. Applications for assigned positions must be received before July 3, 2026. Officials uniform will be white shirt, black pants, shorts or skirt (pants or skirt for finals), and black

socks and shoes.

Hospitality:

Officials and coaches are invited to enjoy the hospitality provided by Oregon Swimming. Please bring a reusable water bottle.

2026 OREGON 13&O CHAMPIONSHIPS

*******MEET SCHEDULE*******

[Oregon Swimming Time Standards](#)

2025-2026 OSI Short course A

Swimmers must attain an Oregon Swimming A time between 7/1/2025 and 7/20/2026.

Initial entry deadline 12:00 PM 7/15/2026

THURSDAY Prelims JULY 23, 2026

Event#	EVENT	Event#
1	800 Free (a)	2
3	13-14 800 Free Relay (a)(e)	4

5

15&O 800 Free Relay (a) (e)

6

FRIDAY Prelims JULY 24, 2026

Event#	EVENT	Event#
7	200 Breast	8
9	100 Fly	10
11	13-14 400 Free	12
13	15&O 400 Free	14
15	50 Back (c)	16
17	200 IM	18

FRIDAY, Finals JULY 24 , 2026

Event#	EVENT	Event#
7	200 Breast	8
9	100 Fly	10
11	13-14 400 Free (f)	12
13	15&O 400 Free	14
15	50 Back	16
17	200 IM (d)	18
19	13-14 200 Medley Relay (a)(e)	20
21	15&O 200 Medley Relay (a)(e)	22

SATURDAY, Prelims JULY 25, 2026

Event#	EVENT	Event#
23	13-14 400 Free Relay(a) (e) (d)	24
25	400 Free Relay(a) (e) (d)	26
27	13-14 400 IM	28
29	15&O 400 IM	30
31	50 Free	32
33	100 Breast	34
35	100 Back	36
37	200 Free	38
39	50 Fly (c)	40

SATURDAY, Finals JULY 25, 2026

Event#	EVENT	Event#
27	13-14 400 IM (f)	28
29	15&O 400 IM	30
31	50 Free	32
33	100 Breast	34
35	100 Back	36
37	200 Free	38
39	50 Fly (d)	40
41	13-14 200 Free Relay (e)	42
43	15&O 200 Free Relay (e)	44

SUNDAY Prelims, JULY 26, 2026

Event#	EVENT	Event#
45	50 Breast (c)	46
47	200 Back	48
49	1500 (b)	50
51	100 Free	52
53	200 Fly (d)	54
55	13-14 400 Medley Relay (a)(e)	56
57	15&O 400 Medley Relay (a)(e)	58

SUNDAY Finals, JULY 26, 2025

Event#	EVENT	Event#
45	50 Breast	46
47	200 Back	48
49	1500 Free (b)	50
51	100 Free	52
53	200 Fly	54

(a) Timed final events, all heats in Prelims. 800M Freestyle alternating women and men's heats, fastest to slowest.

(b) Timed final events. Fastest heat of women and men will be swum in finals in event order. All other heats will be swum at the end of prelims, alternating women's and men's heats, fastest to slowest.

(c) Must meet and enter with the A 100 time standard of stroke in the respective age group.

(d) At the discretion of the meet referee, a break may be added after these events.

(e) All relays run fast to slow. All women then all men. Relays may be combined at the discretion of the meet referee.

(f) Timed final events. Fastest heat of women and men will be swum in finals.