



**AAA May Long Course Invitational
A/B/C Split Format**

May 01-03, 2026

Held Under the Sanction of USA Swimming
Sanctioned by Oregon Swimming

Sanction Number: TBD

In granting this approval, it is understood and agreed that USA Swimming, Oregon Swimming, and Albany Aquatic Association shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Referee: Jack Burnett jhacjack@comcast.net

Meet Director: Sara Cartwright meetdirector@albanyaquaticassoc.com

Entry Chair: Susan Purcell meetdirector@albanyaquaticassoc.com

Admin Official: Matthew Beasley

Sponsored by: Albany Aquatics Association

Location:	Please DO NOT mail entries or fees to this address. Albany Community Pool 2150 36th Ave SE, Albany, OR 97322 Contact: 541-905-6885 (Susan – Entry Chair)
Directions:	North or South Bound I-5 to exit 233 onto Hwy 20 (Santiam Hwy). Travel west on Hwy 20 to Waverly Drive. Turn left on Waverly Drive to 36 th Ave. Turn right on 36 th Ave. Pool is on the left, just past the stadium.
Facility:	Indoor 3 ½ - 12- foot depth with blocks at the deep end, six 7- foot lanes, 50- meter pool with non-turbulent lane lines. There is a Daktronics electronic timing system, with strobe/horn start and scoreboard. Meet Manager Software with IBM computer will be utilized. Parking is adjacent. Concession stand will serve breakfast, lunch, and snacks on Sat/Sun. Dry camping (no hook-ups) is available in the outermost parking spots of the pool parking lot if prearranged with the meet director, and as available (no guarantee). Due to MAAPP 2.0, facility showers are only available to athletes entered in the meet. Facility is accessible to adaptive swimmers. The competition course has not been certified in accordance with 104.2.2C(4).
Rules/Safety:	Current USA Swimming, Inc. and Oregon Swimming, Inc. rules will govern this meet, including MAAPP 2.0. Current USA Swimming and Oregon Swimming Safety Guidelines and Warm-up Procedures will be in effect and strictly enforced.
Medical Supervision/ Emergency Plan:	One certified lifeguard per 40 swimmers (in the pool) will staff this meet (there will be a minimum of two guards at all times). The Meet Director will also serve as the safety coordinator. If an athlete has a health occurrence, a lifeguard will be asked to attend and assess the athlete and contact 911 if emergency medical treatment and transport is deemed necessary. The Meet Director and Meet Referee will be kept informed as to the identity of the athlete and the details of the occurrence.
MAAP Statement:	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 2.0 (“MAAPP”), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

Restrictions:	<ul style="list-style-type: none"> • NO TOBACCO PRODUCTS OF ANY KIND OR ALCOHOLIC BEVERAGES ARE ALLOWED ON SCHOOL PROPERTY. • NO GLASS CONTAINERS are allowed on deck, bleachers, or in locker rooms. • NO FIRE PITS allowed on school property; this includes on patio, parking lot, and grassy areas. • No shaving allowed at the pool venue. • Use of audio or visual recording devices, including a cell phone, is NOT permitted behind the blocks, in changing areas, rest rooms or locker rooms. • Deck changing is prohibited. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Photography (including cell phones) is not allowed behind the blocks during the entire event.
Entries:	<ul style="list-style-type: none"> • Swimmer's may enter up to one (1) event on Friday, and three (3) individual events and one (1) relay per day on Saturday and Sunday. • Please note: 12 & Under swimmers may only swim in ONE (1) session per day. • Submit LONG COURSE YARD times for seeding. This is a computerized meet. • Boys & Girls events will be raced together, but placed separately, relays included. • Please submit entries on Hytek software via email or disk. (Hytek offers a free download for meet entries.) • With submission of entries, the coach/team representative commits to providing officials and timers to assist with meet, and attests that all swimmers entered are registered with USA Swimming • Any swimmer entered in the meet must be certified by a USA swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Eligibility:	<p>This meet is an invitational; all swimmers must be associated with an invited team and be currently registered with USA Swimming. The swimmers' age group is determined by their age the first day of the meet. NO DECK REGISTRATION will be permitted.</p> <p>All registration and APT issues must be resolved prior to the start of the meet.</p>
Entry Open:	<p>Friday April 10, 2026 at 8:00 AM</p> <p>Early entry files WILL NOT be accepted. (Please note: Teams who attended the 2025 AAA Turkey Dive meet will be granted 24 hour early entry).</p> <p>Entries will be accepted on a first come, first served basis.</p> <p>Please send entries promptly and include list of officials to assure participation in our meet.</p>
Entry Deadline:	<p>Tuesday April 21, 2026 at 5 PM</p> <p>We expect this meet to fill. We reserve the right to accept entries not only based on when they are received, but also on how many officials your team can provide. <u>ENTRY FEES must be received with entry file to secure entries.</u></p> <p><u>After April 27, 2026 we will no longer take new entries.</u></p>
Meet Limit:	<p>Saturday and Sunday sessions are subject to the 12 & Under four (4) hour rule. Sessions with Open or 13 & Over events may run longer than four (4) hours for those events only. When our 12 & U timeline is four (4) hours long, we will no longer accept entries.</p>

Entry Fees:	<p>\$24.00 surcharge per swimmer (Includes \$3 OSI charge and \$21 facility fee) \$4.50 per individual event fee \$12.00 relay fee</p> <p>Entry fees must be received with entries and paid in full prior to meet participation. One check per team please.</p>
Payment:	<p>With submission of entries, the coach-team representative attests that all swimmers entered are registered with USA Swimming.</p> <p>Mail payment to: Albany Aquatics Association 1645 9th Ave SE #199 Albany OR 97322</p>
Deck Access:	<p>At the request of the coaches, ONLY swimmers, coaches, and officials may enter the building for warm-ups. Parents & Spectators may enter 15 minutes prior to racing.</p> <p>Each team may assign two (2) team chaperones to be on deck with swimmers during warm-up. Names must be submitted to Meet Director BEFORE the meet and name tags will be picked up at Clerk's table when they check in. Team Chaperone name tags will not be issued without names being sent prior to the meet.</p> <p>Team parents are NOT allowed behind the blocks, behind the coaches' tables or in the locker rooms.</p>
Spectators:	<p>This facility uses transitional seating. At the start end of the pool, the bleachers are reserved for spectators to use to watch their swimmers' races and once their swimmer is done with that race, they need to leave and make space for other spectators.</p> <p>There are NO camp chairs allowed on deck on the deep end of the pool.</p> <p>Non-transitional seating for spectators is along the shallow end of the pool. Please keep camp chairs out of walk-ways, doorways, and marked areas.</p> <p>Spectators can set up pop-up tents in front of building and on sun deck on east (shallow) end of the facility. NO fire pits are allowed anywhere on the property.</p>
Awards:	<p>Individual events will receive ribbons for 1st through 6th place in each of these age groups: 8&U, 9-10, 11-12, 13-14, 15 & Over</p> <p>Relays will receive ribbons for 1st through 3rd place in each division (10&U, 11-14, and 15&O).</p> <p>Please note we WILL NOT mail unclaimed ribbons, and at the end of the long course season unclaimed ribbons will be added back to our inventory.</p>
Meetings:	<p>COACHES: Meeting 15 minutes prior to start of meet. OFFICIALS: Meeting 45 minutes prior to start of meet.</p> <p>◆◆ Meetings will be held in the pool office or at hospitality outside the west (deep) end of the pool at the Referee's discretion.</p>
Hospitality:	<p>Saturday & Sunday: breakfast, lunch, and snacks will be provided for the deck officials and coaches. Hospitality will either be located outside behind the deep end of the pool or in the pool office.</p>
Tech Suits:	<p>No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet.</p>
Bull Pen:	<p>Will be provided for 8 & Under individual events only, not for relays.</p>

Relays:	Positive check in is required for all relays. Boys and girls relays will be seeded and swam together, but placed separately. If names are sent in with the relays, please submit a relay slip with team name, event #, and SAME across it. Relay slips will be made available and need to be turned in 30 minutes after warm-ups begin , each session, all days.
Deck Seeds:	The 800 Free and 1500 Free will be seeded fastest to slowest. Events #2-4 of the Friday evening session, events 27, 28, 50, and ALL RELAYS will be DECK SEEDED with positive check-in required . The deadline for check-in will be 15 minutes after warm-ups have started for all sessions, all days. If you know prior to Friday night's events that a swimmer is going to scratch, please contact us in advance. Failure to show for a deck seeded event will result in a penalty. The swimmer will be disqualified from their next individual event, no matter which day.
Timers:	Each team will be expected to supply timers for the duration of the meet. The timing assignments will be determined according to the number of swimmers teams bring to the meet. Swimmers in the 800 and 1500 must provide their own timers and counters. Sign ups will be sent out with heat sheets and will also be posted on the front doors of the facility.
COVID-19:	We have taken enhanced health and safety measures for the protection of all visitors to the Albany Community Pool. All posted, written, and other instructions must be followed while visiting the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., Oregon Swimming, Inc., and Albany Aquatic Association in conjunction with Albany Community Pool cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND OREGON SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

AAA MAY LONG COURSE INVITATIONAL

Swimmers in the 800 and 1500 must provide two timers and a lap counter

*Saturday and Sunday warm-ups will be split into two groups. Please watch for email from Meet Director on warm-up assignments.

DATE	WARM-UPS	TIMED FINALS
Friday, May 01	4:00 PM	5:00 PM
Saturday, May 02	7:15 AM* (10 & U, 15 & O)	9:00 AM
	Approximately 30 minutes after last race of morning session, no earlier than 11:30 AM (11-14/Open)*	Approximately 120 minutes after last race of morning session
Sunday, May 03	7:15 AM* (10 & U, 15 & O)	9:00 AM

	Approximately 30 minutes after last race of morning session, no earlier than 11:30 AM (11-14/Open)*	Approximately 120 minutes after last race of morning session
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FRIDAY - SESSION 01

	Mixed (unless otherwise noted)	Event
1	12 & Under	200 Free
2	11 & Over	400 Free**
3	11 & Over	800 Free**
4	13 & Over	1500 Free**

SATURDAY AM - SESSION 02

	Mixed (unless otherwise noted)	Event
5	15 & Over	200 IM
6	10 & Under	200 IM
7	10 & Under Girls	200 Medley Relay**
8	10 & Under Boys	200 Medley Relay**
9	15 & Over Girls	400 Medley Relay**
10	15 & Over Boys	400 Medley Relay**
11	10 & Under	50 Breast
12	15 & Over	100 Breast
13	10 & Under	100 Fly
14	15 & Over	200 Fly
15	10 & Under	50 Back
16	15 & Over	200 Back
17	10 & Under	100 Free
18	15 & Over	100 Free

SATURDAY PM - SESSION 03

	Mixed (unless otherwise noted)	Event
19	11-14	200 IM
20	11-14	50 Fly
21	11-14	200 Fly
22	11-14 Girls	400 Medley Relay**
23	11-14 Boys	400 Medley Relay**

24	11-14	50 Free
25	11-14	100 Back
26	11-14	100 Breast
27	11-14	400 Free**

SUNDAY AM - SESSION 04

	Mixed (unless otherwise noted)	Event
28	15 & Over	400 IM**
29	10 & Under Girls	200 Free Relay**
30	10 & Under Boys	200 Free Relay**
31	15 & Over Girls	400 Free Relay**
32	15 & Over Girls	400 Free Relay**
33	10 & Under	100 Back
34	15 & Over	100 Back
35	10 & Under	100 Breast
36	15 & Over	200 Breast
37	10 & Under	50 Fly
38	15 & Over	100 Fly
39	10 & Under	50 Free
40	15 & Over	200 Free

SUNDAY PM - SESSION 05

	Mixed (unless otherwise noted)	Event
41	11-14	50 Back
42	11-14	200 Back
43	11-14 Girls	400 Free Relay**
44	11-14 Boys	400 Free Relay**
45	11-14	200 Free
46	11-14	100 Fly
47	11-14	50 Breast
48	11-14	200 Breast
49	11-14	100 Free
50	11-14	400 IM**

**** Positive check-in required to swim.**

Boys and girls relays will be seeded and swam together, but placed separately.

NS Penalty in effect for individual events.

