



## 2026 CST Summer Invitational - A/B/C- SCM

June 5th-7th

*Held Under the Sanction of USA Swimming*

**SANCTION #: 26-055**

In granting this sanction, it is understood and agreed that USA Swimming, Oregon Swimming Inc. (OSI), and Chehalem Swim Team (CST) shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. In applying for this sanctioned event, the Host, CST agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, OSI, the State of OREGON and Yamhill County.

### **HOST/LOCATION:**

Cehalem Swim Team  
Chehalem Aquatic Center (CAC)  
1802 Haworth Ave, Newberg, OR 97132  
Phone 503-538-7454 (Front Desk - CAC)

- MEET REFEREE: Tony Ranno [ranno.tony@gmail.com](mailto:ranno.tony@gmail.com)
- ADMIN OFFICIAL: Judus Floratos [judus@proton.me](mailto:judus@proton.me)
- MEET DIRECTOR: Lalanya Fisher [headcoach@cstsharks.com](mailto:headcoach@cstsharks.com)

### **ENTRY DEADLINE:**

Entries open for all teams on Monday May 4, 2026. Teams will be accepted on a first come first served basis. **Entries will close on Wednesday May 27, 2026, at 5:00pm**, or when the meet reaches capacity whichever comes first. Entries will be processed in the order they are received. If entries are received after the deadline, they are not guaranteed and are at the discretion of the meet director and referee.

### **ENTRY LIMITS:**

A maximum of 1 event may be entered for Friday. A maximum of 3 individual events and 1 relay per day may be entered on Saturday and Sunday. Entries will be limited to approximately the first 400 athletes. Entries for the 12&U events will be limited to adhere to the 4-hour rule by USA Swimming (rule 205.3.1F).

### **ENTRY FEES:**

\$18.00 surcharge per swimmer (\$3.00 OSI + \$15.00 facility fee)  
\$6.00 per individual event  
\$12.00 per relay event

Make checks payable to Chehalem Swim Team or CST. Checks should be received on or before the first day of the meet.

**Mail to:** Chehalem Swim Team  
PO Box 1173  
Newberg, OR 97132

**ENTRIES:**

Only entries in Hy-Tek format will be accepted. Files should be saved in the 'standard' format. Submit short course meter (SCM) times only. Converted times will be accepted. Previously entered times cannot be updated. Hy-Tek Meet Manager Software will be used. **Submit entries to the Administrative Official with the Meet Director cc'd.**

**ELIGIBILITY:**

Swimmers must be currently registered with USA Swimming/Oregon Swimming. Swimmers age on the first day of the meet applies. Deck registration is not permitted. Clubs entering swimmers who are not registered are subject to a fine per USA Swimming Rules and Regulations.

**CONCESSIONS:**

Concessions will be available for swimmers and spectators out front of the facility.

**NO COACH PRESENT:**

Unattached swimmers or swimmers whose coach is not attending the meet must arrange to have a certified coach to represent the swimmer to participate. This must be done before the swimmer may enter the water for warmups or competition. If you need assistance, see the Meet Director or Meet Referee.

**FORMAT:**

All events except Relay Events and Friday Events will be swum as mixed events, pre-seeded, timed finals, slowest to fastest. See below for exceptions:

**Relay events** - Relays will be swum as same gender relays, pre-seeded, timed finals, slowest to fastest. No mixed gender relays.

**Friday Events** - Deck seeded and swum **fastest to slowest**. Positive check-in is required 15 min after the start of warm ups. Swimmers entered in the 800FR must provide their own timers (2) and counter (1).

**TIMELINE:**

The Meet Director reserves the right to change warmup times as approved by the Meet Referee. All coaches will be informed of any changes to warmups and timed finals. The Meet Referee reserves the right to remove or lengthen breaks written in the sanction as deemed appropriate for the success of the athletes. Due to the unknown number of athletes attending this meet, session timelines are tentative and subject to change. Once athletes are confirmed, a revised timeline will be sent to all coaches prior to the meet.

## ESTIMATED MEET SCHEDULE

Friday Session 1 All ages	Warm-ups	4:30-5:15 PM
	Timed finals	5:30 PM
	End of Session	7:30 PM

Saturday Session 2 12&U	Warm-ups	8:00-8:45 AM
	Timed finals	9:00 AM
	End of Session	12:00 PM

Saturday Session 3 13&O	Warm-ups	12:15-1:00 PM
	Timed finals	1:15 PM
	End of Session	4:00 PM

Sunday Session 4 12&U	Warm-ups	8:00-8:45 AM
	Timed finals	9:00 AM
	End of Session	12:00 PM

Sunday Session 5 13&O	Warm-ups	12:15-1:00 PM
	Timed finals	1:15 PM
	End of Session	4:00 PM

### RELAYS:

Names for relays can be submitted on the Hy-Tek entry files or submitted on relay entry forms provided at the meet. Changes can be made via relay forms at the beginning of each session.

### AWARDS:

Ribbons will be awarded per gender and per age group. Coaches are encouraged to pick up their team ribbons after the conclusion of the meet.

- Individual events: 1st - 8th place for each gender & age group (10&U, 11-12, 13-14, 15&O), Ribbons
- Relay Events: 1st - 3rd place, Ribbons.

### RULES:

Current USA Swimming Rules and Regulations will govern. Current Oregon Swimming Safety Guidelines and warm-up procedures will be in effect and strictly enforced.

### FACILITY:

Indoor, 8 lanes **25meter** competition pool with a movable bulkhead, non-turbulent lane lines, and level gutters. All events will have a starting depth of 6'7" and a turn end depth of 6'7". 25-meter events will start from the bulkhead and finish at the block end (6'7" ft. depth). A Daktronics timing system, with pads at the block end of the pool and horn starter, is used for the primary timing system, with dual manual buttons for the secondary and watches for the tertiary. Adaptive access is by ladders at both ends of the pool. The competition course has not been certified in accordance with 104.2.2C(4). The facility is accessible to adaptive athletes and will ensure the required course dimensions.

**MEDIA NOTICE:** Effort will be made to broadcast live results/viewing if possible. Media may include photographs, video, social media, and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. No flash photography allowed except by the express permission of the Meet Referee.

[www.facebook.com/chehalemswimteam/live](http://www.facebook.com/chehalemswimteam/live)

## **RESTRICTIONS:**

- Tobacco products of any kind, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- No shaving permitted in the swim venue.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms and is not allowed behind the blocks.
- Operations of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- Deck changes are prohibited.
- Only registered Coaches, Officials, swimmers, and meet volunteers are permitted on deck. Non-athlete members, such as Coaches and Officials must produce deck credentials or identification cards to be permitted on deck.

## **MAAPP:**

All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

## **SAFETY:**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

## **MEDICAL:**

Lifeguards are trained in first aid and CPR and are posted on deck during the meet. The facility is equipped with two AEDs. The 911 system will be utilized in the event of an emergency.

## **TECH SUITS:**

No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

## **BULL PEN:**

A bullpen will be used for 8&U events, with the exception of the 8&U relays. All other swimmers shall report directly to their assigned lanes.

## **MEETINGS:**

Official’s meetings will be held 1 hour prior to the start of each session. Coach’s meetings will be held 15 minutes prior to the start of each session as needed.

**OFFICIALS:**

As with every meet, officials are vital. Entry into this meet requires that your team must provide officials in accordance to the OSI suggested standards listed below.

Please provide the following link to your team officials so they may sign up to officiate.

<https://forms.gle/cWGaHTH7vEKaptQaA>

Any questions regarding officiating can be sent to the Meet Referee, Tony Ranno.

[ranno.tony@gmail.com](mailto:ranno.tony@gmail.com)

Priority for entries may be given to those teams who commit to provide officials based on the OSI recommendations.

Uniform: white polo-style shirt, black pants/shorts/skirt, black socks, black closed-toe shoes, black belt.

OSI Suggested standard:

- 0 – 5 Athletes entered – no requirements
- 6 - 20 Athletes entered (per session) – 1 certified official
- 21 or more Athletes entered (per session) – 2 certified officials

**MEET RESULTS:**

A Hy-Tek Com-link file and a HTML file will be posted on the Oregon Swimming website in the results section as well as emailed to teams following the meet.

**BREAKS:**

At the discretion of the Meet Referee, and dependent on the number of entries, breaks will be scheduled to provide adequate rest for the athletes and officials.

**TIMERS:**

Each club will be responsible for providing timers. Lane assignments will be given to each team prior to the start of the meet based on the number of swimmers entered.

**HOSPITALITY:**

Officials and coaches are invited to enjoy food and refreshments in our hospitality room. Please email the meet director with any special considerations such as food allergies.

**SEATING:**

Spectators are asked to prioritize seating for athletes and plan to use indoor seating in a transitional manner. Spectators are welcome to use their own pop-up tents and chairs outside on the grass area surrounding the facility. We encourage spectators to use the area outside near the playground in the grassy area to set up chairs/blankets.

**VOLUNTEER/OFFICIALS CHECK IN:**

There will be a volunteer check-in station near the competition pool entrance for volunteers and coaches to check in. All volunteers must sign in and attest that they have read and agreed to the MAAPP policy. Officials should check in with the meet referee in the hospitality room.

**WARM-UP/COOL DOWN:**

Each team will warm-up in lanes assigned by the meet host. Both the competition pool and stretch pool will be available for warm-up. During the meet, the stretch pool will be available for warm-up/cool down to all swimmers during sessions 1, 3 and 5 and to 11–12-year-old swimmers only in sessions 2 & 4. This convenience will remain at the discretion of the Meet Referee throughout the meet.

**PARKING:**

Participants are to use the North side parking lot, Haworth Street and surrounding main streets for parking. No car traffic is permitted in the SE culdesac.

**RESTROOM USAGE:**

Restrooms for spectators, officials and coaches are located through the main building entrance. On deck bathrooms/locker rooms are for athlete use only and will be monitored according to Safe Sport regulations.

## EVENT ORDER

### Session 1: Friday Afternoon

Event 1 - Mixed 400 Free

Event 2 - Mixed 400 IM

Event 3 - Mixed 800 Free

### Session 2: Saturday Morning

Event 4 - Mixed 8 & Under 25 fly

Event 5 - Mixed 12 & Under 50 fly

Event 6 - Mixed 8 & Under 25 free

Event 7 - Mixed 12 & Under 50 free

Event 8 - Mixed 12 & Under 100 IM

Event 9 - Mixed 12 & Under 200 IM

5 minute Break

Event 10 - Girls 8 & Under 100 free relay

Event 11 - Boys 8 & Under 100 free relay

Event 12 - Girls 12 & Under 200 free relay

Event 13 - Boys 12 & Under 200 free relay

### Session 3: Saturday Afternoon

Event 14 - Mixed 13 & Over 200 back

Event 15 - Mixed 13 & Over 50 fly

Event 16 - Mixed 13 & Over 100 fly

Event 17 - Mixed 13 & Over 50 free

Event 18 - Mixed 13 & Over 100 free

Event 19 - Mixed 13 & Over 200 breast

5 minute Break

Event 20 - Girls 13 & Over 200 free relay

Event 21 - Boys 13 & Over 200 free relay

### Session 4: Sunday Morning

Event 22 - Mixed 8 & Under 25 back

Event 23 - Mixed 12 & Under 50 back

Event 24 - Mixed 8 & Under 25 breast

Event 25 - Mixed 12 & Under 50 breast

Event 26 - Mixed 8 & Under 50 free

Event 27 - Mixed 12 & Under 100 free

5 minute Break

Event 28 - Girls 8 & Under 100 medley relay

Event 29 - Boys 8 & Under 100 medley relay

Event 30 - Girls 12 & Under 200 medley relay

Event 31 - Boys 12 & Under 200 medley relay

### Session 5: Sunday Afternoon

Event 32 - Mixed 13 & Over 200 fly

Event 33 - Mixed 13 & Over 50 back

Event 34 - Mixed 13 & Over 100 back

Event 35 - Mixed 13 & Over 200 IM

Event 36 - Mixed 13 & Over 50 breast

Event 37 - Mixed 13 & Over 100 breast

Event 38 - Mixed 13 & Over 200 free

5 minute Break

Event 39 - Girls 13 & Over 200 medley relay

Event 40 - Boys 13 & Over 200 medley relay