



April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For cancellations of home delivered meals, call the Nutrition Office at 1-508-324-4619.</p> <p>If you want to cancel a meal, call no later than 10:30 a.m. at least one business day before.</p>	<p>All Meals include:</p> <p><u>Milk:</u> 110 Calories 125mg Sodium 13g Carbs</p> <p><u>Margarine:</u> 36 Calories</p>	<p>1</p> <p>Spaghetti & Meatballs 300 Italian Blend 26 Scali Bread 310 Pears 4</p>	<p>2</p> <p>BBQ Chicken Legs 491 Potato Wedges 27 Hot German Slaw 81 Multigrain Roll 190 Lemon Pudding 101</p>	<p>3</p> <p>Ham 294 Pineapple Sauce 98 Au Gratin Potatoes 172 Carrots 77 Wheat Roll 160 Fruit Cocktail 10</p>
		<p>Total Sodium: 736 Calories: 765 Carbs: 96</p>	<p>Total Sodium: 987 Calories: 680 Carbs: 76</p>	<p>Total Sodium: 936 Calories: 533 Carbs: 77</p>
<p>6</p> <p>Catch of the Day 220 Chili Garlic Sauce 57 Rice Pilaf 130 Green Bean 3 Oatmeal Bread 121 Peaches 5</p>	<p>7</p> <p>Mac & Cheese* 588 Escalloped Tomatoe 143 Fruit Loaf 160 Fresh Orange 0</p>	<p>8</p> <p>Chicken Chili 121 White Rice 31 Corn 1 Cornbread 280 Pears 4</p>	<p>9</p> <p>Fish Cake* 610 Lyonnaisse Potatoes 111 Country Blend 32 WW Roll 160 Sugar Cookie 155 MOD: Graham Wafer 85</p>	<p>10</p> <p>Braised Beef 243 With Gravy 105 Sweet Potatoes 33 Peas and Mushroom 133 Multigrain Roll 190 Cantaloupe 12</p>
<p>Total Sodium: 661 Calories: 484 Carbs: 67</p>	<p>Total Sodium: 1016 Calories: 789 Carbs: 109</p>	<p>Total Sodium: 563 Calories: 621 Carbs: 97</p>	<p>Total Sodium: 1123 Calories: 651 Carbs: 99</p>	<p>Total Sodium: 841 Calories: 732 Carbs: 87</p>
<p>13</p> <p>Chicken Salad 286 Pasta Salad 56 Coleslaw 81 Sub Roll 162 Mandarin Oranges 6</p>	<p>14</p> <p>Hot Dog* 540 Relish 81 Baked Beans 37 Cabbage & Carrots 47 Hot Dog Bun 210 Mixed Fruit 10</p>	<p>15</p> <p>Teriyaki Chicken 479 Lo Mein Noodles 29 Asian Blend Veg 26 Multigrain Bread 190 Banana 1</p>	<p>16</p> <p>Meatloaf 131 With Gravy 105 Parsley Mash Potatoes: 50 Brussel Sprouts 12 Rye Bread 330 Pears 4</p>	<p>17</p> <p>Glazed Salmon 67 Couscous 36 Mixed Veg 41 Oatmeal Bread 121 Peaches 5</p>
<p>Total Sodium: 716 Calories: 611 Carbs: 69</p>	<p>Total Sodium: 1050 Calories: 754 Carbs: 87</p>	<p>Total Sodium: 850 Calories: 726 Carbs: 110</p>	<p>Total Sodium: 756 Calories: 704 Carbs: 94</p>	<p>Total Sodium: 394 Calories: 556 Carbs: 73</p>
<p>NO MEALS SERVED</p>	<p>21</p> <p>Cheeseburger* 581 Ketchup 82 Red Bliss Potatoes 15 Green & Wax Beans 3 Hamburger Bun 230 Pineapple 1</p>	<p>22</p> <p>Chicken Florentine 370 Spaghetti 1 Broccoli 12 WW Roll 160 WG Brownie 132</p>	<p>23</p> <p>Pork Rib 403 With BBQ Sauce 174 Potato Wedges 27 Chuckwagon Corn 2 Hamburger Bun 230 Apple Slices 10</p>	<p>24</p> <p>Roasted Turkey 90 Gravy 65 Mashed Potatoes 49 Winter Squash 11 WW Roll 160 Applesauce 20</p>
	<p>Total Sodium: 1038 Calories: 708 Carbs: 82</p>	<p>Total Sodium: 800 Calories: 690 Carbs: 85</p>	<p>Total Sodium: 970 Calories: 742 Carbs: 97</p>	<p>Total Sodium: 520 Calories: 679 Carbs: 100</p>
<p>27</p> <p>Baked Fish 337 Ritz Cracker Top Baked Potato 59 Jardiniere Veg Blend 39 Oatmeal Bread 121 Graham Wafer 85</p>	<p>28</p> <p>Cheese Omelet 312 Hashbrowns 132 Florentine Tomatoes 121 Fruit Loaf 160 Orange Juice 0</p>	<p>29</p> <p>Beef Fajitas 342 Rice & Beans 31 Peppers & Onions 3 Tortilla 236 Tropical Fruit Mix 10</p>	<p>30</p> <p>Chicken La Orange 418 Veggie Fried Rice 73 Oriental Blend 26 Multigrain Bread 190 Birthday Cake 209</p>	
<p>Total Sodium: 765 Calories: 779 Carbs: 93</p>	<p>Total Sodium: 849 Calories: 707 Carbs: 82</p>	<p>Total Sodium: 747 Calories: 630 Carbs: 79</p>	<p>Total Sodium: 916 Calories: 576 Carbs: 82</p>	