



Held at: Integrity Athletics- 8185 Business Way, Plain City, OH 43064

Saturday, November 15th, 2025- USAG Sessions

USAG Session 1: Gold/ Level 4-7 (52 total)

Report: 8:50a	Stretch: 9a-9:20a
Compete: 9:25a-12:35p	Awards: 12:35p-1:00p
<i>Gold: ALL (38)</i> <i>Level 4: ALL (14)</i> <i>Level 5: ALL (2)</i> <i>Level 6: ALL (2)</i> <i>Level 7: ALL (2)</i>	<i>*HOA split into two squads. Integrity into multiple squads. Please plan coaches accordingly</i>

USAG Session 2: Bronze/Platinum/Diamond/Sapphire (59 Total)

Report: 1:30p	Stretch: 1:45
Compete: 1:50p- 4:15p	Awards: 4:15-5:00p
<i>Bronze- ALL (31)</i> <i>Platinum- ALL (20)</i> <i>Diamond- ALL (8)</i> <i>Sapphire- ALL (1)</i>	<i>*Integrity and HOA Split into multiple squads. Please plan coaches accordingly</i>

USAG Session 3: Silver/Level 3 (52 Total)

Report: 5:30p	Stretch: 5:45-6p
Compete: 6:00p-8:15p	Awards: 8:15p-8:45p
<i>Level 3- ALL (3)</i> <i>Silver- ALL (49)</i>	<i>*Integrity and HOA Split into multiple squads. Please plan coaches accordingly</i>



Held at: Integrity Athletics- 8185 Business Way, Plain City, OH 43064

Sunday, November 16th, 2025- GCGC Sessions

GCGC Session 1: Copper/Bronze/Silver (65 Total)

Modified Capital Cup (Flight A/B)

Report: 8:30a	Stretch: 8:45a-9:00a
Compete: 9:00a-11:15a	
Integrity (3-B); Fayette (8-B)	Buckeye (23-S)
WYB (2- C, 7-B); Universal (12- B, 10- S)	*Universal and Buckeye in 2 squads Please plan coaches accordingly

GCGC Session 2: Silver/Gold (58 total)

Modified Capital Cup (Flight A/B)

Report: 11:30a	Stretch: 11:45a-12:00p
Compete: 12:00p- 2:15p	
Integrity (4- S, 2- G) ; Fayette (7- S)	Buckeye (15-G)
Universal (19- S); WYB (11-S)	*Universal and Buckeye in 2 squads Please plan coaches accordingly

GCGC Session 3: Gold/Platinum (50 total)

Modified Capital Cup (Flight A/B)

Report: 2:30p	Stretch: 2:45- 3:00p
Compete: 3:00p-5:00p	
Buckeye (16-G; 9-P)	*Buckeye in 3 Squads, WYB in 2 squads.
Universal (5-G, 1-P); WYB (16- G, 3-P)	Please plan coaches accordingly

*Updated 10/10/2025