



No girls team practice - June 29th-July 4th

Girls Team Summer 2026 Practice Schedule

June 1st-August 7th

Training Group	Monday	Tuesday	Wednesday	Thursday	Friday	Hours	Instructors
Pre-Team	September Start		September Start			2	Danielle Speece
Xcel Bronze	5:00-7:00pm		4:00-6:00pm			4	Erin Ricciardi Clara Funk Stephanie Terrano
Xcel Silver		5:00-8:00pm		5:00-8:00pm	9:00-12:00pm	9	Erin Ricciardi Sidney Washington Heather Curtis
Xcel Gold A	12:00-4:00pm		12:00-4:00pm	12:00-4:00pm		12	Eileen Schroeder Gabby Bress
Xcel Gold B	12:00-4:00pm		12:00-4:00pm	12:00-4:00pm		12	Clara Funk
Xcel Gold C	12:00-4:00pm		12:00-4:00pm	12:00-4:00pm		12	Robin Bodem
Xcel Platinum	9:00-1:00pm	12:00-4:00pm		9:00-1:00pm	9:00-12:00pm	15	Eileen Schroeder
Level 6	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm		9:00-12:00pm	15	Dory Roettker Robin Bodem James Wickham Blaine Wilson
Level 7	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm		9:00-12:00pm	15	Dory Roettker Robin Bodem James Wickham Blaine Wilson
Diamond	9:00-1:00pm	9:00-1:00pm		9:00-1:00pm	9:00-12:00pm	15	Dory Roettker Robin Bodem James Wickham Blaine Wilson
Level 8	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-12:00pm	19	Dory Roettker Robin Bodem James Wickham Blaine Wilson
Sapphire	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-12:00pm	19	Dory Roettker Robin Bodem James Wickham Blaine Wilson
Level 9/10	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-1:00pm	9:00-12:00pm	19	Dory Roettker Robin Bodem James Wickham Blaine Wilson

*updated 5/22

*Subject to Change