



Held at: Integrity Athletics- 8185 Business Way, Plain City, OH 43064

Friday, November 13th, 2026- USAG Sessions

USAG Session 1: Platinum/ Diamond/ Level 5-7 (61 Total)

Report: 6p	Stretch: 6:15p- 6:30p
Compete: 6:30p-9:30p	Awards: 9:30p-10p
<i>PLATINUM: ALL (29) DIAMOND: ALL (12)</i> <i>LEVEL 5- ALL (1) LEVEL 6- ALL (15) LEVEL 7- ALL (4)</i>	
<i>*Prestige will be split into multiple squads. Please plan coaches accordingly</i>	

Saturday, November 14th, 2026- USAG Sessions

USAG Session 2: Bronze (53)

Report: 7:45a	Stretch: 8:00a-8:15a
Compete: 8:15a- 10:15a	Awards: 10:15a- 10:45a
BRONZE- ALL	
<i>*All clubs might be broken into multiple squads. Please plan coaches accordingly.</i>	

USAG Session 3: Silver (54)

Report: 11:15a	Stretch: 11:30a-11:45a
Compete: 11:45a- 2p	Awards: 2p- 2:30p
SILVER: HOA (17) Integrity (21) Prestige (16)	
<i>*All clubs might be broken into multiple squads. Please plan coaches accordingly.</i>	

USAG Session 4: Silver/ Gold / Level 3 (52 Total)

Report: 2:45p	Stretch: 3p- 3:15p
Compete: 3:15p- 5:30p	Awards: 5:30p-6p
SILVER- Emeth (6), KP (15), Integrity Fayette (2), Rising Stars (1) GOLD: Prestige (9) Fayette (3) Integrity (10ish)	
Level 3: Rising Stars (4)	

USAG Session 5: Gold / Level 4 (59 Total)

Report: 6:15p	Stretch: 6:30p-6:45p
Compete: 6:45p-9:15p	Awards: 9:15P- 9:45P
GOLD: Emeth (11) Integrity (26) KP (10) HOA (8) Level 4: Gym X-treme (2), Rise (2)	
<i>*Integrity split into multiple squads. Please plan coaches accordingly.</i>	

updated 10/21/2026



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Sunday, November 15th, 2026- GCGC Sessions

GCGC Session 1: Gold/Platinum/Diamond (44 Total)

Modified Capital Cup (Flight A/B)

Report: 8:15a	Stretch: 8:30a-8:45a
Compete: 8:45a-10:45a	

Gold: Buckeye (15) UGI (13)

Platinum (ALL-14) Diamond (ALL- 2)

*Universal and Buckeye in 2 squads
Please plan coaches accordingly

GCGC Session 2: Bronze/Gold (57 total)

Modified Capital Cup (Flight A/B)

Report: 11:00a	Stretch: 11:15a- 11:30a
Compete: 11:30a- 1:45p	

Gold: Buckeye (22) WYB (9)

Bronze: (ALL- 26)

*Buckeye in 2 squads
Please plan coaches accordingly

GCGC Session 3: Silver (49 total)

Modified Capital Cup (Flight A/B)

Report: 2:00p	Stretch: 2:15p- 2:30p
Compete: 2:30p- 4:45p	

Silver: ALL

*Universal in 2 squads
Please plan coaches accordingly

*Updated 10/15/26