



**FLEETWOOD DENTAL**

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ADVANCED DENTISTRY, EXCEPTIONAL CARE

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## **Things to Remember about Temporary Crown and Bridges**

Remember that the temporary crown or bridge is just temporary. It will feel a little bulky and a little unusual. The material we use for your temporary is a plastic resin so it will feel a little rough. It will be cemented with soft temporary cement so that it will be easy to remove.

### **MAINTENANCE**

Avoid hard and sticky foods and chew on the opposite side, if possible. You may brush normally but when flossing, slide the floss out sideways rather than snapping it out as usual. It is not unusual if the temporary comes off before you come in for your permanent crown. If this happens, call our office to schedule an appointment to cement the temporary back in.

### **SENSITIVITY**

Expect sensitivity in the tooth/teeth and soreness in the gums. The tooth will feel sensitive to hot and cold for a few weeks even after your permanent crown is seated. This is a normal/healthy response. This means the tooth is still alive, unless it's been root canaled. Whatever you normally take for headaches should take care of most postoperative discomfort. If there was deep decay or a badly broken-down tooth, you can expect some throbbing. This usually subsides within a few days. In some cases, teeth with deep decay or even teeth with large deep fillings will have the nerve degenerate or "die". If this should happen the tooth can almost always be saved by a root canal treatment. Remember that in this case the pulp would have died in the future anyway, possibly causing a severe infection or abscess requiring root canal treatment at that time.

### **ROOT CANALED TOOTH**

It is normal to feel some tenderness in the area for a few days after your root canal treatment as your body undergoes the natural healing process. Root canal treatment is only one step in returning your tooth to full function. Having a crown over the tooth is extremely important in ensuring long-term success.

The appointment to place the permanent crown or bridge will be much shorter and anesthetic is usually not required. The new dental work will feel much smoother and more "normal" than the temporary. Please feel free to call our office with any questions or problems.