

# Questions to Consider

The key to find a career direction lies in asking the right questions. Sometimes, in the midst of a busy day, it is tough to come up with brilliant questions that will open the door to insight and clarity. Therefore, we have brainstormed some of the most effective questions you can use in conjunction with Elevations.

## Questions regarding values:

- In reflecting on your Highest Values, what did you realize about your priorities at this time in your life?
- Do you think you have changed over time?
- Is your current job/position meeting your values requirements?
- What matters to you the most in your life?
- When did you feel you were making an important contribution in your past?
- What questions could you ask in an interview to see if your values will be met?

## Questions regarding skills:

- What did you learn about your skills as you completed Elevations?
- Were there any surprises?
- Is your current job/position utilizing your skills?
- Can you imagine what kinds of careers might utilize your Highest Skills?
- What are you doing when you are having a flow experience?

## Questions regarding interests:

- Looking at your Highest Careers one at a time, tell me what interests you about each career?
- Can you think of enjoyable experiences you have had that are similar to the career requirements?
- Are you worried that some of your selections are not realistic? What are your concerns? How could you overcome some of those obstacles?
- What might stop you from pursuing your Highest Career selections?

## Questions regarding temperament:

- Did you feel torn between two or more of the temperament types?
- Do you feel you are different when you are at work versus home?
- Which one describes you most consistently since your childhood?
- Do you wish you were more like one of the other personalities?
- What messages have you gotten from your parents/supervisors that are contributing to your desire to be different?
- What careers can you imagine that would utilize your natural temperament characteristics?

