

# Coming up @ **TWIN CITIES**

**HOLIDAY SERVE OPS**  
DETAILS ONLINE

**CHRISTMAS EVE SERVE OPS**  
SERVE OTHERS ON  
CHRISTMAS EVE!

**YEAR-END GIFT**  
CELEBRATING GOD'S  
FAITHFULNESS!

**GRIEFSHARE**  
MONDAY, December 1

**CHILDREN'S CHRISTMAS  
MUSICAL**  
SUNDAY, December 7

**FAMILY CHRISTMAS CAROLING**  
SUNDAY, December 21



[twincities.church/events](https://twincities.church/events)

## Connect with a **LIFE GROUP**

**BROWSE THE GROUPS!**  
*Let's be the Church together!*



[twincities.church/life-groups](https://twincities.church/life-groups)

We're excited to do life with you!  
For these & any other opportunities,  
scan the QR codes above or visit  
us in the lobby at church on  
Sunday mornings!

[www.twincities.church](https://www.twincities.church)



**ERIC WAYMAN • 11/30/25**  
Traditions & Truth

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**Tradition:** *paradosis*, "something handed down."

- At their best, traditions help us remember what matters most.
- At their worst, they can replace what matters most.

**MARK 7:1-13**

Open to continue taking notes!



## RECEIVE, REJECT, REDEEM



For group discussion the week of November 30

**This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!**

**Make a list of your family's Christmas traditions, including the things that happen year after year.**

**Then, for each tradition, ask yourself, "Does this Christmas tradition lead me closer to Christ, or does it distract me from Him? Should I embrace this tradition, reject it outright, or look for ways to redeem it?"**

1. What is one Christmas tradition from your childhood that still makes you smile — or cringe — when you think about it?
2. This week's message was *Traditions and Truth*. Let's read Mark 7:1–7 together. Was there a part of the message that stood out to you or that God called your attention to?
3. Let's continue with Mark 7:8–9. What does this reveal about God's heart for His people when it comes to traditions, obedience, and staying close to Him?
4. Let's read Deuteronomy 6:6–9 and Exodus 12:24–27. What do you notice about the purpose God gives for traditions here? How does this help you understand the role of tradition in your own faith?
5. Is there a tradition, involving Christmas or otherwise, that you've practiced for years but recently realized might distract you from Jesus? What has God been showing you about that?
6. This week the message encouraged us to list our traditions and ask whether they lead us toward Christ or distract us from Him. What is one specific tradition you want to embrace, reject, or redeem this season — and what is one small step you can take this week to move in that direction?
7. How can we pray for you this week as you enter the Christmas season? Is there anything weighing on your heart — spiritually, emotionally, or practically — that you'd like to share?

### **NEXT WEEK:**

The Tree & The Cross

Watch this message & more at [twincities.church](https://twincities.church)

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