

# Coming up @ TWIN CITIES

**LIFE GROUPS**  
GET CONNECTED TODAY!

**MEN'S GRILL & GATHER**  
MONDAY, October 6

**FALL FAMILY FESTIVAL**  
VOLUNTEERS & CANDY NEEDED!

**SISTER'S CLOSET**  
SATURDAY, October 11

**STUDENTS ADVENTURE HIKE**  
SATURDAY, September 20

**DRIVE-THRU FOOD DRIVE**  
FRIDAY, September 26



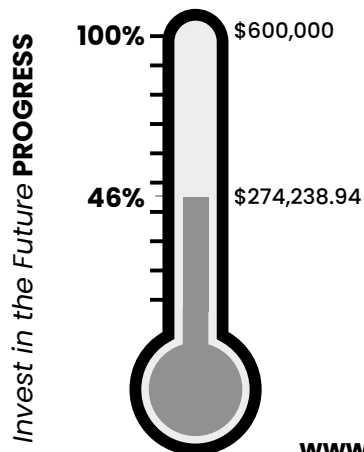
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## Connect with a LIFE GROUP

**BROWSE THE GROUPS!**  
*Let's be the Church together!*



[twincities.church/life-groups](https://twincities.church/life-groups)



We're excited to do life with you! For these & any other opportunities, scan the QR codes above or visit us in the lobby at church on Sunday mornings!

[www.twincities.church](https://www.twincities.church)

## WALKING —with— JESUS

SEPTEMBER 14, 2025 • ERIC WAYMAN

*Secure in the Spirit*

**LUKE 4:14-30**

**Kenosis:** the act of emptying Himself of His divine agency so that He could fully experience life as a human being.

Though He was God, He did not think of equality with God as something to cling to. Instead, He gave up His divine privileges (emptied Himself); He took the humble position of a slave and was born as a human being. **PHILIPPIANS 2:6-7 NLT**

- **It makes Jesus much more approachable.**

Open to continue taking notes! →

- **His way of life is not just admirable but attainable.**



*For group discussion the week of September 14*

**This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!**

1. Have you ever been in a situation where you really wanted someone's approval? Tell us about it.
2. This series is all about reflecting the Father's heart. How did today's message challenge or encourage you in that?
3. Let's read Luke 4:14-15 and Philippians 2:6-7. What do these verses tell us about Jesus' dependence on the Holy Spirit?
4. The message said that the Spirit was not an "optional accessory" for Jesus' ministry. Let's look at Zechariah 4:6. What does this verse teach us about what truly enables us to do God's work?
5. The message said Jesus was no stranger to rejection. How does knowing this connect with what Hebrews 4:15-16 says? How does it connect with your experience with rejection?
6. When you find yourself tempted to look for approval or worth in something other than God, what is a step you can take to anchor yourself in who God says you are?

**Are you secure in your identity as a Child of God  
or are you looking to someone or something  
else to define you?**

*Next Week:*  
**THE INVITATION TO DISCIPLESHIP**

**Watch this message & more at [twincities.church](https://twincities.church)**

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