

Barnabas was the nickname the apostles gave him because it described his character so well. It literally means "Son of Encouragement."
(See Acts 4:36)

Biblical encouragement (*paraklesis*) isn't just saying something nice. It's coming alongside someone and giving them what they need to faithfully continue the work God has called them to do.

Barnabas wasn't trying to build his ministry. He was trying to build Christ's Church.

Lord, show me how I can be a Barnabas for today.

Next Week:
Living on a Prayer

Watch this message & more at twincities.church

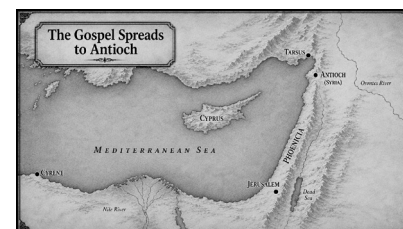
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WALKING *with the* SPIRIT

JULY 26, 2026 ~ ERIC WAYMAN
Unsung Heroes

ACTS 11:19-26



Barnabas isn't threatened by someone else's gifts.

Christian: Originally a derogatory term meaning, "Little Christ."

Continue taking notes on the back!



For group discussion the week of July 26

This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!

1. Think about someone who has encouraged you in a way that made a real difference in your life. What did they do that made their encouragement meaningful?
2. This week's message was *Unsung Heroes*. Let's read Acts 11:19-26. Was there a part of the message that stood out to you or that God called your attention to?
3. Let's remember how Barnabas was first introduced to us in Acts 4:36-37. Who would like to read that? What do you notice about the kind of person Barnabas was becoming? How do you think his character prepared him for the moments we see in Acts 11?
4. Now let's read Romans 12:3-8. What does this show us about God's heart for the different gifts and roles within the church? How can recognizing that every person has a valuable role change the way we view ourselves and others?
5. Barnabas wasn't focused on building his own name; he was focused on building Christ's church. Where do you find yourself tempted to seek recognition, comparison, or the spotlight? What might it look like to become more like Barnabas?
6. This week, who is one person God may be inviting you to encourage in a practical way? What is one specific thing you can do to come alongside them and strengthen them?
7. As we close, how can we pray for you personally this week? Is there any burden you are carrying, or any area where you need God's encouragement and strength?

Coming up @ **TWIN CITIES**

STUDENTS SUNSPASH NIGHT
TUESDAY, July 28

PICNIC @ THE PARK
SUNDAY, August 30

GROW U SUMMER SEMINARS
WEDNESDAY, July 29

BAPTISMS
SUNDAY, August 30

GROWTH PATH CLASSES
SUNDAY, August 16

GIRLS' NIGHT OUT
FRIDAY, August 21



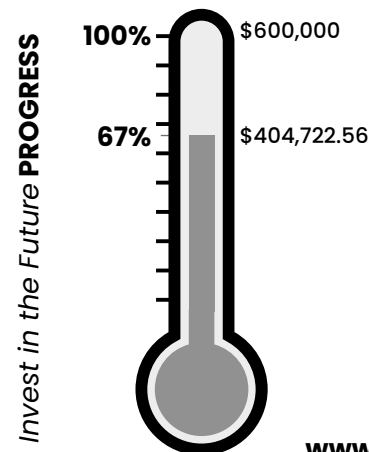
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Let's be the Church together!



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