

Coming up @ TWIN CITIES

SUMMER CAMPS
REGISTER NOW!

GROWTH PATH 101
SUNDAY, May 17

STUDENTS PIZZA & BOWLING
TODAY!

VBS DAY CAMP
MON-FRI, June 15-19

NATIONAL DAY OF PRAYER
THURSDAY, May 7



twincities.church/events

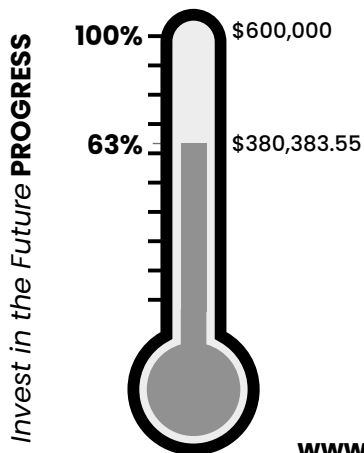
KIDS CLOSET
SATURDAY, May 9

Connect with a LIFE GROUP

BROWSE THE GROUPS!
Let's be the Church together!



twincities.church/life-groups



We're excited to do life with you! For these & any other opportunities, scan the QR codes above or visit us in the lobby at church on Sunday mornings!

www.twincities.church

WALKING *with the* SPIRIT

MAY 3, 2026 ~ ERIC WAYMAN
True Community

ACTS 2:42-47

"Loneliness is far more than just a bad feeling – it harms both individual and societal health. It is associated with a greater risk of cardiovascular disease, dementia, stroke, depression, anxiety, and premature death. The mortality impact of being socially disconnected is similar to that caused by smoking up to 15 cigarettes a day, and even greater than that associated with obesity and physical inactivity... If we fail to [nurture more connected lives], we will pay an ever-increasing price in the form of our individual and collective health and well-being. And we will continue to splinter and divide until we can no longer stand as a community or a country. Instead of coming together to take on the great challenges before us, we will further retreat to our corners – angry, sick, and alone."

2023 US Surgeon General Advisory, *Our Epidemic of Loneliness and Isolation*, p.4

Proximity alone does not equal true community.

Open to continue taking notes!

ACTS 2:42-47

Koinonia: (fellowship) means “sharing life together.”
From the root word *koine* = common.



For group discussion the week of May 3

This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!

1. What's a time in your life when you felt genuinely included, supported, or like you really belonged? What made that experience so meaningful?
2. This week's message was *True Community*. Let's read Acts 2:42–47 together. Was there a part of the message that stood out to you or that you felt God calling to your attention?
3. Jesus prays that His followers would be one, just as He and the Father are one, so that the world would believe. Let's read John 17:20–23. In what way does our unity and how we practice community influence the world around us?
4. Let's read Galatians 6:2. What does this show us about God's heart for community and the way He wants His people to live together?
5. Loneliness and isolation were a big part of this message. In what area of your life do you most need deeper connection right now — friendship, family, spiritual support, practical help, or something else? What makes that hard to pursue sometimes?
6. Let's read 1 John 4:12. Our challenge is to move beyond surface-level connection. What is one specific step you could take this week to build true community — invite someone to lunch, check in on someone, offer practical help, or open your home?
7. How can we pray for you this week? Is there any burden you're carrying or any area where you'd like to experience deeper connection, encouragement, or support?

God, what is something I can do this week
to foster connection and community?

Next Week:
Mother's Day

Watch this message & more at twincities.church

Connect with us!
Fill out your
Connection
Card online.

