

Coming up @ **TWIN CITIES**

U19 SHARE TODAY!

GROWTH PATH BEGINS MONDAY, February 23

STUDENT ALL-NIGHTER TODAY!

GROW UNIVERSITY BEGINS MONDAY, March 2

GRIEFSHARE BEGINS THURSDAY, February 19



twincities.church/events

BAPTISMS SUNDAY, February 22

how we **change**

THE SPIRIT OF CHANGE

Eric Wayman & Dan Prout • February 15, 2026

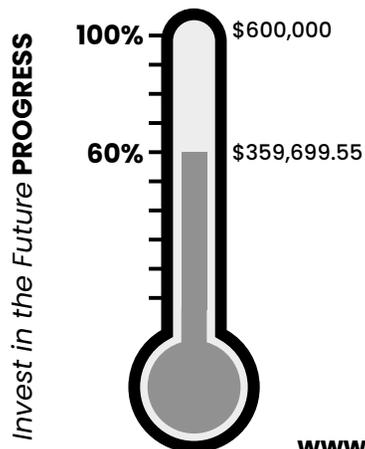


Connect with a **LIFE GROUP**

BROWSE THE GROUPS!
Let's be the Church together!



twincities.church/life-groups



We're excited to do life with you! For these & any other opportunities, scan the QR codes above or visit us in the lobby at church on Sunday mornings!

www.twincities.church

Open to continue taking notes!

TCC LIFE groups

For group discussion the week of February 15

This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!

1. Think about a time in your life when you knew you needed help from beyond your own strength. What was going on, and how did it feel in the moment?
2. This week's conversation was called *The Spirit of Change*. Let's read John 14:16-20. Was there a part of the conversation between Eric and Dan that really stood out to you or grabbed your attention?
3. Let's read John 16:7-15. What do you notice about how Jesus describes the Holy Spirit and why His coming would actually be better for us?
4. Let's read Galatians 5:22-25 about the fruit of the Spirit. What do these verses show us about what God wants to grow in our lives? What do they tell us about the kind of people He is shaping us to be?
5. The Holy Spirit isn't a force we control; He's God's personal presence, and we're invited to walk in union with Him. Where in your life right now do you sense a struggle between doing things your way and surrendering to His leading?
6. Let's read Galatians 5:25. What's one simple, practical way you could try to keep in step with the Spirit this week? Maybe it's beginning the day with a short prayer of surrender, pausing before a tough conversation, or responding differently in a situation you already know is coming.
7. As we try to follow the Spirit and trust Him to change us, where do you need God's help right now? How can we pray for you this week?

NEXT WEEK:

Spirit of the Loving God

Watch this message & more at twincities.church

Connect with us!
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Connection
Card online.

