

Coming up @ TWIN CITIES

LIFE GROUPS WINTER LAUNCH
FIND YOUR LIFE GROUP TODAY!

HIGH SCHOOL WINTER CAMP
FRI-SAT, February 6-7

FAMILY MOVIE MATINEE
TODAY!

VALENTINE'S DATE NIGHT
THURSDAY, February 12

DRIVE-THRU FOOD DRIVE
FRIDAY, January 23

JR. HIGH WINTER CAMP
FRI-SUN, Jan. 30-Feb. 1



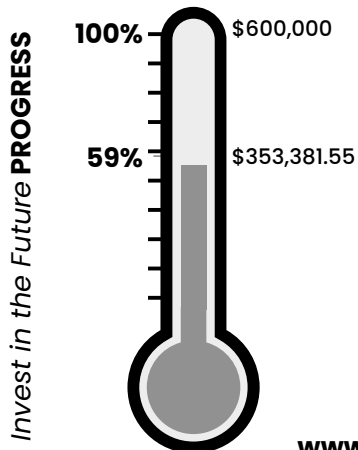
twincities.church/events

Connect with a LIFE GROUP

BROWSE THE GROUPS!
Let's be the Church together!



twincities.church/life-groups



We're excited to do life with you! For these & any other opportunities, scan the QR codes above or visit us in the lobby at church on Sunday mornings!

www.twincities.church

how we **change**

YOU ARE BEING FORMED

Eric Wayman • January 11, 2026



ROMANS 12:1-2

- If your change isn't rooted in grace, it will be fueled by guilt.

Do Not Conform to the Pattern of This World

Open to continue taking notes!

Be Transformed by the Renewing of Your Mind

Be Transformed – *metamorphoûsthe* (ongoing and passive)

Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill His good purpose. PHILIPPIANS 2:12B-13 NIV

Why Renew the Mind?

**Because what you think shapes what you love;
what you love shapes what you do.**

NEXT WEEK:

How We Change Our Minds

Watch this message & more at twincities.church

Connect with us!
Fill out your
Connection
Card online.



For group discussion the week of January 11

This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!

1. Think back over the last year — what's one way you've noticed yourself change (for better or worse), and what do you think shaped that change?
2. This week's message was *You Are Being Formed*. Let's read Romans 12:1–2. Was there a phrase, image, or idea from the message that stood out to you or that God seemed to highlight for you?
3. In Romans 12:2 Paul says: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind." According to this verse, what happens if we don't actively resist being conformed — and what does Paul say is the pathway to real change?
4. The Lord wants our transformation to be a partnership. Let's read Philippians 2:12–13. What does this passage show us about how God works in us — and what part we're invited to play in the process of change? Why is partnership important in this process?
5. The message talked about different "molds" our culture presses us into (like distraction, self-definition, or relative truth). Which of those molds do you feel most pressure from right now, and how do you see it shaping your thoughts or habits? Also see 1 Peter 1:14 and Romans 13:14.
6. Transformation begins with renewing the mind, not trying harder. What's one small, intentional step you could take this week to open your mind more fully to God's renewing work? (For example: reducing distractions, slowing down, Scripture, prayer, or paying attention to what's shaping you.)
7. As we wrap up, how can we pray for you this week? Is there an area where you're asking God to reshape or renew you?