

# Coming up @ TWIN CITIES

**LIFE GROUPS WINTER LAUNCH**  
FIND YOUR LIFE GROUP TODAY!

**FAMILY MOVIE MATINEE**  
TODAY!

**DRIVE-THRU FOOD DRIVE**  
FRIDAY, January 23

**JR. HIGH WINTER CAMP**  
FRI-SUN, Jan. 30-Feb. 1

**HIGH SCHOOL WINTER CAMP**  
FRI-SAT, February 6-7

**VALENTINE'S DATE NIGHT**  
THURSDAY, February 12



[twincities.church/events](http://twincities.church/events)

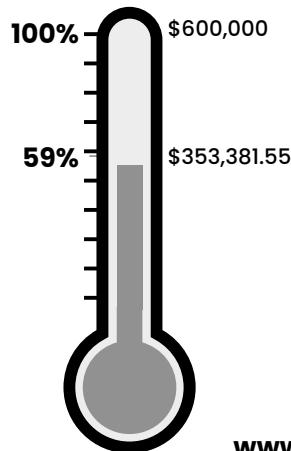
## Connect with a **LIFE GROUP**

**BROWSE THE GROUPS!**  
*Let's be the Church together!*



[twincities.church/life-groups](http://twincities.church/life-groups)

*Invest in the Future PROGRESS*



We're excited to do life with you! For these & any other opportunities, scan the QR codes above or visit us in the lobby at church on Sunday mornings!

[www.twincities.church](http://www.twincities.church)

how we  
**change**

**YOU ARE BEING FORMED**  
Eric Wayman • January 11, 2026



**ROMANS 12:1-2**

- **If your change isn't rooted in grace, it will be fueled by guilt.**

Do Not Conform to the Pattern of This World

*Open to continue taking notes!*

## Be Transformed by the Renewing of Your Mind

### Be Transformed – *metamorphoûsthe* (ongoing and passive)

Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill His good purpose. **PHILIPPIANS 2:12B-13 NIV**

#### Why Renew the Mind?

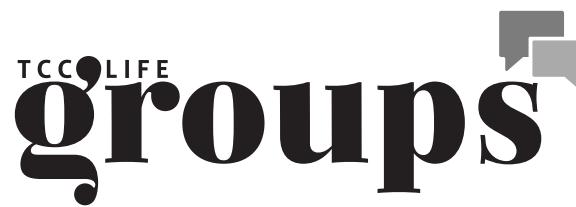
**Because what you think shapes what you love;  
what you love shapes what you do.**

#### NEXT WEEK:

How We Change Our Minds

Watch this message & more at [twincities.church](http://twincities.church)

Connect with us!  
Fill out your  
Connection  
Card online.



For group discussion the week of January 11

**This Study Guide is designed to help you apply Sunday's message. Join a Life Group and do this study together!**

1. Think back over the last year – what's one way you've noticed yourself change (for better or worse), and what do you think shaped that change?
2. This week's message was *You Are Being Formed*. Let's read Romans 12:1-2. Was there a phrase, image, or idea from the message that stood out to you or that God seemed to highlight for you?
3. In Romans 12:2 Paul says: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind." According to this verse, what happens if we don't actively resist being conformed – and what does Paul say is the pathway to real change?
4. The Lord wants our transformation to be a partnership. Let's read Philippians 2:12-13. What does this passage show us about how God works in us – and what part we're invited to play in the process of change? Why is partnership important in this process?
5. The message talked about different "molds" our culture presses us into (like distraction, self-definition, or relative truth). Which of those molds do you feel most pressure from right now, and how do you see it shaping your thoughts or habits? Also see 1 Peter 1:14 and Romans 13:14.
6. Transformation begins with renewing the mind, not trying harder. What's one small, intentional step you could take this week to open your mind more fully to God's renewing work? (For example: reducing distractions, slowing down, Scripture, prayer, or paying attention to what's shaping you.)
7. As we wrap up, how can we pray for you this week? Is there an area where you're asking God to reshape or renew you?