

20  
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# 21 DAYS OF PRAYER

## DAILY PRAYER GUIDE



CITY CHURCH

20  
26

# FOOD FASTS

**Fasting in the Bible involves abstaining from all foods or certain foods, so we encourage you to fast food during our church-wide fast. The way you decide to fast food is between you and the Holy Spirit, but here are some possibilities for you.**

## **Water Fast**

Consuming only water. All food is avoided. Extended water fasts should be supervised medically.

## **Juice Fast**

Consuming only fruit and vegetable juices (and water).

## **Daniel Fast**

Eating only fruits, vegetables, water, and whole grains. No meat, dairy, sugar, or processed foods.

## **Intermittent Fast**

Fasting during specific hours each day (for example, between 6 AM–6 PM), then eating.

## **One-Meal Fast**

Skipping one meal per day to dedicate that time to prayer and reflection.

## **Eating Only Once Day**

Eating once during the day, then fasting for 24 hours until your next meal.

## **Fasting from Pleasure Foods**

Abstaining from sweets, coffee, desserts, or favorite comfort foods.

## **Progressive Fast**

Gradually deepening the fasting intensity over several days or weeks.

Example: Week 1 – Skip lunch; Week 2 – Eat once a day; Week 3 – Daniel Fast.

# OTHER TYPES OF FASTS

**The Apostle Paul said, “‘I have the right to do anything,’ you say—but not everything is beneficial. ‘I have the right to do anything’—but I will not be mastered by anything.” – 1 Corinthians 6:12**

**If a habit or action has mastery over you, consider fasting that during our church-wide fast. Likewise, if a habit or action replaces your time with God or interferes with your relationship with your loved ones, consider fasting it to reset your priorities.**

## **Media or Digital Fast**

Screens, news, and social media can clutter our minds. Abstain from TV, social media, or unnecessary internet use. Use the time for Scripture, prayer, or quiet reflection.

*Be still, and know that I am God. (Psalm 46:10)*

## **Complaining Fast**

Avoid gossip and complaining. Speak only words that build others up. Replace complaining with gratitude.

*Let no corrupt communication proceed out of your mouth, but that which is good (Ephesians 4:29)*

*Do everything without grumbling or arguing. (Philippians 2:14)*

## **Material or Spending Fast**

Stop buying non-essentials. Instead, redirect your resources to church projects.

*Where your treasure is, there your heart will be also. (Matthew 6:21)*

## **Time Fast**

Block out scheduled periods of time daily for God alone – no work, no entertainment, just prayer, journaling, or Scripture.

*Come with me by yourselves to a quiet place and get some rest. (Mark 6:31)*

## **Technology or Device Fast**

Disconnect from technology and television to reconnect with God and people. For example, no phone after 8 PM, or turn off all devices on Sundays.

*Set your minds on things above, not on earthly things. (Colossians 3:2)*

## **Entertainment Fast**

Avoid television, movies, games, or music for a season. Reduce distraction and spiritual numbness. Instead, spend that time in worship or Bible study.

*Turn my eyes from worthless things. (Psalm 119:37)*

# WEEK 1: My Jerusalem – Myself, My Friends, and My Family

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. – Acts 1:8*

## DAY 02

### MONDAY, JANUARY 12 – Praying for Yourself: The Lord's Prayer

*This, then, is how you should pray:*

*"Our Father in heaven,*

*hallowed be your name,*

*your kingdom come,*

*your will be done,*

*on earth as it is in heaven.*

*Give us today our daily bread.*

*And forgive us our debts,*

*as we also have forgiven our debtors.*

*And lead us not into temptation,*

*but deliver us from the evil one." – Matthew 6:9-13*

### How to Pray the Lord's Prayer

#### **Our Father in heaven, hallowed be your name.**

- Worship God as our good Father. Take time to worship and thank God for who He is.
- Pray that His name would be honored in your life, your family, your city, and the world.
- **Are there any areas in your life where you don't honor His name? Talk with God about them now and ask for His help in changing.**

#### **Your kingdom come, your will be done, on earth as it is in heaven.**

- Surrender to the will, pleasure, and authority of our good Father.
- Invite God's kingdom rule to govern your life — His righteousness, peace, and joy in the Holy Spirit (Rom. 14:17). Surrender your plans, priorities, and desires to His will.
- Pray for His kingdom to come in our city, our country, and the world.
- **Where are you still claiming authority over your life? Surrender it now to the Father who loves you most.**



## Give us today our daily bread.

- The Bible says we don't have because we don't ask (James 4:2-3). Jesus told us, "And I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name, and I will do it" (John 14:13-15).
- **What do you need that you can ask your good Father for right now?**

**Forgive us our debts, as we also have forgiven our debtors.**

- Ask God to forgive your sins. Remember, He forgives in the same measure that we forgive others. Depend on the help of God to forgive others from your heart.
- **Who do you feel owes you something? Perhaps an apology, money, admitting they were wrong, or even getting some time back. Release them into God's hands now. Forgive them from your heart, with the help of the Holy Spirit.**

**And lead us not into temptation, but deliver us from the evil one.**

- Ask God to deliver you from any area of weakness, any temptations from the enemy that might make you stumble.
- **Where do you need God's help to overcome temptation? Be honest with God so He can change you from the inside out.**

## REFLECTION

- What was your experience today praying through the Lord's Prayer?
- Will you make this a regular part of your time with God? How?

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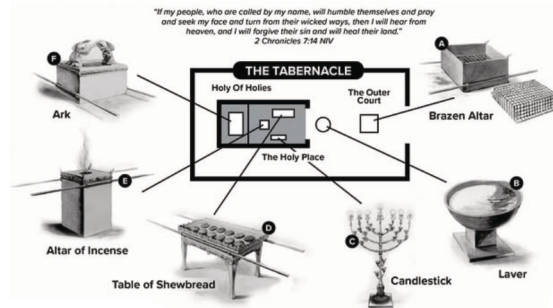
# WEEK 1: My Jerusalem – Myself, My Friends, and My Family

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. – Acts 1:8*

## DAY 03

### TUESDAY, JANUARY 13 – A Path to God: Tabernacle Prayer

#### TABERNACLE PRAYER



After the Lord delivered His people from the bondage in Egypt under the Pharaoh, He led them to the wilderness. There they built a tabernacle (a tent) for Him to inhabit and where they could offer sacrifices according to His direction.

- *Have the people of Israel build me a holy sanctuary so I can live among them. You must build this Tabernacle and its furnishings exactly according to the pattern I will show you. – Exodus 25:8-9*
- *Inside the Tent of Meeting, the LORD would speak to Moses face to face, as one speaks to a friend. – Exodus 33:11*

We can use God's design for the Tabernacle as a template for prayer, for a journey into His presence.

#### 1. THE OUTER COURT – The place of worship, sacrifice, and entry into God's presence.

- *Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. – Psalm 100:4*
- Enter into this time of prayer with joy in God and all He has done for you.
- Give God thanks and praise His name.

#### 2. THE BRAZEN ALTAR – an altar upon which animal sacrifices were made for the sins of the people

- *If you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift. – Matthew 5:23-24*
- Focus on the cross and Jesus' sacrifice for you.
- Ask God to bring any sins to mind, especially those that have caused division between you and others.
- Repent for those sins and receive His forgiveness.

### **3. THE LAVER –** a basin where priests would wash their hands and feet before entering the sanctuary

- *Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. – Psalm 139:23-24*
- Offer every part of your life to God, even the places you hide from God.
- Pray for the washing away of any desires to sin.
- Ask for the help of the Holy Spirit to live a life pleasing to God.

### **4. THE CANDLESTICK –** this provided light in the sanctuary

- *When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." – John 8:12*
- Invite the work of the Holy Spirit into any confusing or anxious areas in your life.
- Ask Jesus be the light of your life in any areas you need guidance.

### **5. THE TABLE OF SHEWBREAD –** a table with 12 loaves of bread, one for each of the 12 tribes of Israel

- *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" – Matthew 4:4*
- *Read God's Word and let God speak to you.*
- Decide to be led and sustained by God's Word, not the ways of the world.
- Spend a few minutes thinking about something you read from God's Word today.

### **6. THE ALTAR OF INCENSE –** a place where incense was burned daily

- *And when he had taken it, the four living creatures and the twenty-four elders fell down before the Lamb. Each one had a harp and they were holding golden bowls full of incense, which are the prayers of God's people. – Revelation 5:8*
- Let your personal prayers rise to the Lord.
- Enjoy the conversation with God as you speak, then listen .

### **7. THE ARK OF THE COVENANT –** the chest holding the law tablets where God's presence dwelt

- *Draw near to God, and he will draw near to you. – James 4:8*
- Be with Jesus, just sitting or walking and enjoying Him.
- Thank God for His constance presence in your life.

### **REFLECTION**

- Which portion of this prayer did you enjoy the most? Why?
  - Which part was challenging for you? Why?
  - Will you use this pattern of prayer again? How?
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# WEEK 1: My Jerusalem – Myself, My Friends, and My Family

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. – Acts 1:8*

## DAY 04

### WEDNESDAY, JANUARY 14 – Praying Paul's Prayers for Yourself

#### PRAYERS OF THANKSGIVING

The Apostle Paul was laser-focused on thanksgiving continually rising to God from His people. Read his prayers and pray them for yourself.

*I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. – Philippians 1:3-6*

- Pray for yourself, thanking God that He will finish the work He started in you.
- Pray for the areas you know you need to grow in.
- Ask God how you can partner with Him to spread the Gospel more.

*We ought always to thank God for you, brothers and sisters, and rightly so, because your faith is growing more and more, and the love all of you have for one another is increasing. – 2 Thessalonians 1:3*

- Pray for your faith to grow more and more.
- Ask God to increase your love for others.

*Now he who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. – 2 Corinthians 9:10-11*

- Ask for extra provision so you can be more generous.
- Pray for more generosity in your life so more thanksgiving will rise to God.
- **How could you add more thanksgiving to God into your days?**

#### PRAYERS FOR SPIRITUAL GROWTH

The Apostle Paul was continually praying for the people in the churches he started. Let's see what he prayed and pray the same for ourselves.

*We have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better. – Colossians 1:9-10*



PRAYERS FOR SPIRITUAL GROWTH (CONTINUED)

- Ask God to know His will and to be able to obey His will with wisdom and understanding.
- Tell God that you want to please Him in every way.
- Ask for fruit and favor on your efforts for the Lord.
- Ask God to strengthen you for every good work and give you patience and endurance when you see no fruit yet.

*And may the Lord make your love for one another and for all people grow and overflow, just as our love for you overflows. May he, as a result, make your hearts strong, blameless, and holy as you stand before God our Father when our Lord Jesus comes again with all his holy people. – 1 Thessalonians 3:12-13*

- Fill me with your love for others. Soften my hard heart.
- Thank you that I am blameless before You because of what Christ did.
- **What area of spiritual growth do you need God’s help in most?**

PRAYERS FOR THE SPREAD OF THE GOSPEL

*And pray for me, too. Ask God to give me the right words so I can boldly explain God’s mysterious plan that the Good News is for Jews and Gentiles alike. I am in chains now, still preach. – Ephesians 6:19-20*

*Devote yourselves to prayer with an alert mind and a thankful heart. Pray for us, too, that God will give us many opportunities to speak about his mysterious plan concerning Christ. That is why I am here in chains. Pray that I will proclaim this message as clearly as I should. – Colossians 4:2-4*

- Pray for open doors to tell others about Jesus in the everyday areas of your life: work, neighborhood, family, friends, school.
- Pray that you would fearlessly and clearly proclaim the gospel to others.
- **Who could you tell this week about Jesus?**

REFLECTION

- What did it mean to you to pray for yourself the same prayers Paul prayed for the believers in his day?
- Which of these prayers resonated with you today?
- Which prayer will you continue to pray for yourself? Why?

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# WEEK 1: My Jerusalem – Myself, My Friends, and My Family

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. – Acts 1:8*

## DAY 05

### THURSDAY, JANUARY 15 – Salvation of Loved Ones

We discover several ways to pray for the salvation of loved ones in the New Testament. Pray for specific people using these scriptural principles.

#### DRAW THEM TO YOU

*God wants everyone to be saved and to come to the knowledge of the truth. – 1 Timothy 2:4*

- Thank God that it is His will for everyone to be saved.
- Pray confidently for the salvation of your loved ones.

*No one can come to me unless the Father who sent me draws them. – John 6:44*

- Lord, draw them by Your Holy Spirit.
- Help them to respond to you when you are working in their hearts.

*Now when they heard this, they were cut to the heart, and said to Peter and the rest of the apostles, “Men and brethren, what shall we do?” – Acts 2:37*

- Lord, help them respond when You call them.

#### BRING THEM YOUR LIGHT

*I am sending you to them to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me. – Acts 26:17-18*

- Lord, show me my role in leading my friends and family to You.
- Open their eyes to see the light.
- Help them receive forgiveness of sins.
- Write their names in your Book of Life.

*If our gospel is veiled, it is veiled to those who are perishing. The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God. – 2 Corinthians 4:3-4*

*The Lord opened her heart to pay attention to what was said by Paul. – Acts 16:14*

- Pray that their eyes would be open to the light of the gospel.
- Pray that any blindness or veil would be removed.

## GRANT THEM REPENTANCE

*God may perhaps grant them repentance leading to a knowledge of the truth, and they may come to their senses and escape from the snare of the devil, after being captured by him to do his will. – 2 Timothy 2:25-26*

- The grace to repent is a gift from God. Pray that God grants repentance and that they turn to Christ fully.
- Pray that they escape the snare of the devil, however he is trying to trap them .

*When He comes, He will convict the world about sin, righteousness, and judgment. – John 16:8*  
*Holy Spirit, convict them of their sin.*

- Show them your righteousness and how they do not measure up.
- Give them a sober fear of the coming judgment.
- Defeat the enemy's influence

## DEFEAT THE ENEMY'S INFLUENCE

*We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ. – 2 Corinthians 10:4-5*

- We demolish any false beliefs that keep them from God.
- Let the influence of false beliefs perish in their hearts and minds.

## GIVE US BOLDNESS TO PREACH THE GOSPEL

*And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. Pray that I may proclaim it clearly, as I should. – Colossians 4:3-4*

- Give me the courage to proclaim Christ to them at every opportunity.
- Make me bold in my public love for you.
- Perform signs and wonders. Confirm your word with signs following (Mark 16:20).

## REFLECTION

- Many of us pray for the salvation of loved ones for years and don't see any results yet. Did any of the prayers today renew your hope that your loved ones will be saved? Which ones?
- Which scriptures will you continue to pray over them?
- Did the Lord speak to you today about any specific loved one? Did he give you any ideas of something to do or say to them? Will you obey?

# WEEK 1: My Jerusalem – Myself, My Friends, and My Family

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. – Acts 1:8*

## DAY 06

### FRIDAY, JANUARY 16 – Love for Others

#### Luke 10:25–37: THE PARABLE OF THE GOOD SAMARITAN

A man traveling from Jerusalem to Jericho is attacked by robbers, beaten, and left half dead. Two religious figures — a priest and a Levite — see him but pass right by, even consciously avoiding him. Then a Samaritan, someone despised by the Jews, stops, feels compassion, tends his wounds, takes him to an inn, and pays for his care.

*Jesus asks, “Which of these three do you think was a neighbor?”*

*The man answers, “The one who showed mercy.”*

*Jesus replies, “Go and do likewise.”*

Pray for yourself the principles of the Parable of the Good Samaritan so you can have this same kind of Christlike love.

#### LOVE SEES BEYOND DIFFERENCES.

- Lord, help me “see no man according to a worldly point of view” (2 Corinthians 5:16), but help me see all as your creations made in your image.
- Give me love for everyone, knowing that we all experience the same sorrows and difficulties.
- Each day, show me who my “neighbors” are for that day.

#### LOVE EXPRESSES ITSELF IN COMPASSION AND TAKES ACTION.

- Give me the kind of love that wants to make a difference.
- Let me not just love with words but with actions (1 John 3:18).
- Show me what to do to actively love people that You bring across my path.

#### LOVE COSTS.

- Help me become willing to give sacrificially of my time and my resources.
- Let me not count the cost because Jesus, You gave all.
- Help me give according to your infinite generosity and not according to my view of someone's value.



## LOVE FINISHED THE TASK

- Help me stay faithful to the finish.
- Help me not quit because I'm weary in well-doing (Gal. 6:9) or ready to move on.

# LOVE DEMONSTRATES GOD'S MERCY AND LOVE.

- Help me reveal who God is to others through my sacrificial love for them.
- Even if they don't respond, help me to love the next person the same way because that's what You do.

## REFLECTION

- Most people watch Christians to see how well they love others. That is their measuring stick for a “good Christian.” Do you agree with this evaluation of what makes a “good Christian”? Why or why not?
- Is there someone in your life that God is asking you to love better? What will you do?
- Which kinds of people do you have a hard time loving? Why? Can you ask God right now to help you love them unconditionally?

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# WEEK 2: Judea and Samaria – Our City and our Church

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all **Judea and Samaria**, and to the ends of the earth. – Acts 1:8*

## DAY 09

### MONDAY, JANUARY 19 – Praying for your Neighbors, Co-workers, Friends, and Schoolmates

Devote yourselves to prayer with an alert mind and a thankful heart. Pray for us, too, that God will give us many opportunities to speak about his mysterious plan concerning Christ. That is why I am here in chains. Pray that I will proclaim this message as clearly as I should.

*Live wisely among those who are not believers, and make the most of every opportunity. Let your conversation be gracious and attractive so that you will have the right response for everyone. – Colossians 4:2-6*

#### DEVOTE YOURSELF TO PRAYER

- Give me a fresh and new love for prayer and just being with You.
- Show me different ways to pray and new ways to spend time with you.
- Fortify me when I'm with you so I'm ready for the world.

#### BE WATCHFUL AND THANKFUL

- Make me alert to what You are doing around me in my everyday life.
- Help me notice the people You are leading me to.
- Give me the courage and faith to obey.
- Fill me with a spirit of thankfulness.
- **Take a moment to reflect on what God is doing in the people in your life. Do you notice His activity in someone?**

#### PRAY FOR OPEN DOORS FOR THE MESSAGE OF THE GOSPEL

- Lord, only You know the hearts of the people around me. Open doors for me to those most ready to receive.
- Crack open hard hearts and warm them to the gospel.
- Keep the enemy away from the souls of those you send me to.

#### GIVE ME THE RIGHT WORDS TO SPEAK

- Give me clarity and the ability to speak your truth so I won't be afraid to talk with others about You.
- Show me how wonderful your salvation is, so I long to share it with others.
- **What is your greatest concern about sharing Christ? Give it to God right now.**

## BE WISE IN THE WAY YOU ACT TOWARD OUTSIDERS

- Help me not be arrogant or a know-it-all. Give me your humility.
- Help me remember that you love everyone, and everyone is made in your image.
- Help me treat people with kindness and wisdom.

## MAKE THE MOST OF EVERY OPPORTUNITY

- Don't let me pass up a chance to talk about You.
- Help me recognize opportunities and lead me by your Spirit.

# LET ME BE ALWAYS READY

- Lord, give me grace in my conversations with people.
- Help me throw in some salt that will make them thirsty for You.
- Let me never pass up an opportunity because I don't feel ready, because I have the Holy Spirit, and You are always ready.

## REFLECTION

- How would you rate how you share your faith on a scale of 1 - 10?
- As you have prayed these points today, did you receive any new ideas about sharing God? Did any specific people come to mind? What is your next move?
- Which of these prayers will you continue to pray for yourself?

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# WEEK 2: Judea and Samaria – Our City and our Church

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all **Judea and Samaria**, and to the ends of the earth. – Acts 1:8*

## DAY 10

### TUESDAY, JANUARY 20 – The Prosperity of Our City

About six hundred years before Christ, the Lord sent Babylon to conquer Judah, then Jerusalem, because of the sin of His people. They were deported to Babylon. Jeremiah wrote a letter to the exiles in Babylon, telling them,

*This is what the Lord Almighty, the God of Israel, says to all those I carried into exile from Jerusalem to Babylon: “Build houses and settle down; plant gardens and eat what they produce. Marry and have sons and daughters; find wives for your sons and give your daughters in marriage, so that they too may have sons and daughters. Increase in number there; do not decrease. Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper.” – Jeremiah 29:4-7*

The Lord instructed the prophet Jeremiah to tell his people in exile in Babylon to pray for the peace and prosperity of the city because when the city where they lived prospered, they prospered.

Let’s pray for our community as well.

- Pray for healthy industry and good businesses to come to the city.
- Pray for good wages and affordable housing.
- Pray for fair bosses and faithful employees.
- Pray for neighborhoods that need freedom from drugs and unsafe conditions.
- Pray for the government leaders of the community.
- Pray for the schools to teach honesty and integrity.
- Pray for the teachers to love their students and to fear God.
- Pray for the media outlets to represent the city well.
- Pray for spiritual awakening for all.
- Pray for drugs and pornography to find no home in the city.
- Ask God to send prosperity to the people of the city.

### REFLECTION

- Do you pray for your community or complain about your community?
- Which of these prayer points meant the most to you? Why? Which of these prayer points will you continue to pray about?
- Do you believe that God has a purpose for your community? What might it be?
- Are there any actions you can take to help these prayers come to pass?





# WEEK 2: Judea and Samaria – Our City and our Church

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all **Judea and Samaria**, and to the ends of the earth. – Acts 1:8*

## DAY 11

### WEDNESDAY, JANUARY 21 – Praying for Our Church

The Apostle Paul reflects on all we have received from Christ.

*When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen. – Ephesians 3:14-21*

Let's pray for City Church based on Paul's prayer in Ephesians.

### RECOGNIZE THAT OUR CHURCH IS GOD'S CHURCH – HIS FAMILY

- Approach God with humility, knowing He is Lord over the church.
- Thank Him that the church was His idea, and He is the builder of it (Matt. 16:18)
- **Do you love the church? Why or why not?**

### PRAY FOR SPIRITUAL STRENGTH

- Strengthen every church member, from the inside out.
- Build a spiritual resilience in each one of us.
- Give us power through your Spirit, power to live a life pleasing to you and to demonstrate Christ to the world.

### DELIGHT IN CHRIST'S MANIFEST PRESENCE

- Thank God for the Holy Spirit living in us.
- Ask God for us to be more aware of His presence in us and to lean on Him more.

**PRAY TO GRASP CHRIST'S LOVE FOR US**

- Thank God that we are established in Christ's love. Nothing can remove His love for us.
- Help us fully grasp how much You love us so we can be secure and quit trying to earn it.
- Help us live from a place of being fully loved by God.
- **How sure are you of God’s love for you? Ask for a revelation of His great love for you**

**APPRECIATE HIS HOLY SPIRIT**

- Thank God for His Holy Spirit.
- Ask that we may be “will be made complete with all the fullness of life and power that comes from God.”

**PRAISE AND WORSHIP GOD**

- Thank God that He can and is doing “infinitely more than we might ask or think.”
- Ask for understanding that He works in the world through His power at work in us.
- Thank Him that to Him is all glory “in the church and in Christ Jesus through all generations forever and ever”!

**REFLECTION**

- Does this prayer seem too good to be true? Why?
- How has praying this enlarged your faith about what God wants to do through us?
- Did God drop any thoughts or ideas into your heart as you were praying this? What is your next step?

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# WEEK 2: Judea and Samaria – Our City and our Church

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## DAY 12

### THURSDAY, JANUARY 22 – Churches in our Community

The night before His crucifixion, Jesus prayed for the church, for His followers. Even before the church had been formed, Jesus prayed for His people who would become the church. What did He pray for us? Maybe we should find out and pray those same prayers for the churches in our area.

#### ETERNAL LIFE IN CHRIST

*For you have given him [Jesus] authority over everyone. He gives eternal life to each one you have given him. And this is the way to have eternal life—to know you, the only true God, and Jesus Christ, the one you sent to earth. – John 17:2-3*

- We thank you, Lord, that so many people in our area have received eternal life through you.
- We pray that we all get to know our Father and Jesus better and better.

#### PROTECT YOUR CHURCH

*I have revealed you to the ones you gave me from this world... My prayer is not for the world, but for those you have given me, because they belong to you... Now I am departing from the world; they are staying in this world, but I am coming to you. Holy Father, you have given me your name; now protect them by the power of your name so that they will be united just as we are. – John 17:6, 9, 11*

- Father, protect your people in our area. Keep them from evil influences and falling to temptation.
- Keep us strong in the faith, not faltering in unbelief.
- Protect the churches. Keep them on your straight path, believing the Bible and obeying you.
- Protect their leaders. Keep them from becoming weary or discouraged.

#### BRING UNITY TO THE CHURCHES

*The world hates them [believers] because they do not belong to the world, just as I do not belong to the world. I'm not asking you to take them out of the world, but to keep them safe from the evil one. They do not belong to this world any more than I do. Make them holy by your truth; teach them your word, which is truth. Just as you sent me into the world, I am sending them into the world. And I give myself as a holy sacrifice for them so they can be made holy by your truth. John 17:14-19*

- Fill us with your joy because of all the things we know about You.
- Keep us in your care as we walk in this world that is hostile to us.



## BRING UNITY TO THE CHURCHES (CONTINUED)

- Open your word to us that we may fully know your truth and rest in it.
- Help us to go confidently and boldly into the world to proclaim your trust, just as Jesus was sent.

*I am praying not only for these disciples but also for all who will ever believe in me through their message. I pray that they will all be one, just as you and I are one—as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me. I have given them the glory you gave me, so they may be one as we are one. I am in them and you are in me. May they experience such perfect unity that the world will know that you sent me and that you love them as much as you love me. – John 17:20-23*

- Thank You, Lord, that You prayed for me and for the church in our area on that night before your crucifixion. You were thinking of us.
- Bring unity to the churches in our community. Help us to be one as you and the Father are one.
- Thank You that we live in You.
- Let our unity reveal to the world that You are Lord and You love them.

## REFLECTION

- Do you speak well of other churches or criticize them? Why?
- Why do you believe we should pray for unity among churches?
- Do you believe that Jesus loves every church? What about imperfect churches?
- How can you continue to pray for churches in your community?

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# WEEK 2: Judea and Samaria – Our City and our Church

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all **Judea and Samaria**, and to the ends of the earth. – Acts 1:8*

## DAY 13

### FRIDAY, JANUARY 23 – Revival in our Community

Before Jesus ascended into heaven, He told His disciples to wait for the power of the Holy Spirit to come. Ten days later, the Holy Spirit fell on them as they were together. Then they witnessed boldly for Christ and three thousand people were saved that very day.

#### FILL US WITH YOUR SPIRIT

*On the day of Pentecost all the believers were meeting together in one place. Suddenly, there was a sound from heaven like the roaring of a mighty windstorm, and it filled the house where they were sitting. Then, what looked like flames or tongues of fire appeared and settled on each of them. And everyone present was filled with the Holy Spirit and began speaking in other languages, as the Holy Spirit gave them this ability. – Acts 2: 1-4*

- Lord, fill us with your Holy Spirit today and every day.
- Give us your power to fulfill your Great Commission, to preach the gospel to all.

#### DRAW PEOPLE BY YOUR HOLY SPIRIT

*When they heard the loud noise, everyone came running, and they were bewildered to hear their own languages being spoken by the believers. At that time there were devout Jews from every nation living in Jerusalem. They were completely amazed. "How can this be?" they exclaimed. "These people are all from Galilee, and yet we hear them speaking in our own native languages! They stood there amazed and perplexed. "What can this mean?" they asked each other. But others in the crowd ridiculed them, saying, "They're just drunk, that's all!" Then Peter stepped forward with the eleven other apostles and shouted to the crowd, "Listen carefully, all of you, fellow Jews and residents of Jerusalem! Make no mistake about this. These people are not drunk, as some of you are assuming. Nine o'clock in the morning is much too early for that. – Acts 2:6-8, 12, 14-15*

- May Your power draw people to you as we tell others about You.
- Fill your churches in our community with power that astounds people and causes them to come.

## CONVICT PEOPLE OF THEIR NEED FOR YOU

*Peter's words pierced their hearts, and they said to him and to the other apostles, "Brothers, what should we do?" Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit. This promise is to you, to your children, and to those far away—all who have been called by the Lord our God." Then Peter continued preaching for a long time, strongly urging all his listeners, "Save yourselves from this crooked generation!" Those who believed what Peter said were baptized and added to the church that day—about 3,000 in all. – Acts 2:37-41*

- Make us bold preachers of the gospel, filled with your Spirit and power.
- Give the grace of repentance to the people who hear. Help them say, "What should we do?"
- Bring revival to our hearts and the hearts of those who hear.
- Help everyone to desire You and to come to You.

## REFLECTION

- Have you been baptized in the Holy Spirit? Have you asked God for this gift?
- How has the Holy Spirit empowered you to preach the gospel?
- Do you know anyone who has been curious about Christianity or your beliefs? What is your next step with them?

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# WEEK 3: The Ends of the Earth – Our Nation and the World

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the **ends of the earth**. – Acts 1:8*

## DAY 16

### MONDAY, JANUARY 26 – Praying for America

Daniel knew that the seventy years Jeremiah prophesied for Israel's exile was almost over. (Jeremiah 25:11–12; 29:10). So he prayed for his people, confessing Israel's sins and pleading for God's mercy and restoration. He asked for God's people to be forgiven and God's glory to be restored.

Daniel's attitude showed deep humility. Though he was a righteous person, he identifies with the nation's guilt and prays for God's name and reputation to be honored once again in Israel's renewal.

### WORSHIP GOD FIRST

*O Lord, you are a great and awesome God! You always fulfill your covenant and keep your promises of unfailing love to those who love you and obey your commands. – Daniel 9:4*

- Begin with worship. Thank God for His trustworthy character and the integrity of His Word.
- Remind Him that He keeps His promises to those He loves.

### CONFESSING OUR SIN

*We have sinned and done wrong. We have rebelled against you and scorned your commands and regulations... Lord, you are in the right; but as you see, our faces are covered with shame... O Lord, we and our kings, princes, and ancestors are covered with shame because we have sinned against you. – Daniel 9:5, 7-8*

- Agree with God that we have sinned as a people, as a nation.
- Confess our sins and our shame before him.
- Even if we have not committed the sins, we identify with our nation and those who have sinned. We confess sin on behalf of them because we are part of the same nation.
- **What are some of America's sins that you can confess before God right now?**

## THE CONSEQUENCES OF SIN

*So now the solemn curses and judgments written in the Law of Moses, the servant of God, have been poured down on us because of our sin. You have kept your word and done to us and our rulers exactly as you warned... The Lord our God was right to do all of these things, for we did not obey him. – Daniel 9:11-12, 14*

- Though we deserve judgment from God, we pray to a good and righteous Judge for mercy.
- We are reaping the consequences of our sin, but we still turn to God for help.
- **Which consequences of our sin can you pray about right now? Ask God for mercy instead.**

## THE MERCY OF GOD

*In view of all your faithful mercies, Lord, please turn your furious anger...*

*O our God, hear your servant's prayer! Listen as I plead. For your own sake, Lord, smile again on your desolate sanctuary.*

*O my God, lean down and listen to me. Open your eyes and see our despair. See how your city—the city that bears your name—lies in ruins. We make this plea, not because we deserve help, but because of your mercy.*

*O Lord, hear. O Lord, forgive. O Lord, listen and act! For your own sake, do not delay, O my God, for your people and your city bear your name.” – Daniel 9:16-19*

- For your sake, Lord, have mercy on us.
- For those who bear your name, for believers who have sinned, forgive and restore.
- For those who have suffered the consequences of our nation's sin, have mercy on us.
- Redeem and restore us.
- Help us to live your purposes for us again.

## REFLECTION

- How do you feel when you pray for our country? Hopeless? Hopeful? How do you encourage yourself to pray?
- What can you do to affect those in your area of influence? How can you be faithful with the influence you have?
- Do you pray for our leaders, even if you didn't vote for them? Will you?

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# WEEK 3: The Ends of the Earth – Our Nation and the World

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the **ends of the earth**. – Acts 1:8*

## DAY 17

### TUESDAY, JANUARY 27 – Praying for Hotspots in the World

When three armies from Edom were marching against Judah and Jerusalem, King Jehosaphat sought help from the Lord. He declared a fast throughout the land and prayed before the whole community. The King reminded God of His past faithfulness and how He had rescued them before. He ended his prayer with this: “We have no power to face this vast army that is attacking us. We do not know what to do, but our eyes are on you.” – 2 Chronicles 20:12

As we hear about the hotspots in the world, the places where war seems endless and hopeless, with innocent people caught in the middle, we can feel powerless as well. That is the perfect time to lay the problems before the Lord, admit our powerlessness, and trust Him to act.

### BRING PEACE TO THE WORLD

We lay before you the countries who are warring against each other. People have tried to end this, but have no power to do so. Our eyes are on you to end these wars.

These are the places I know about where we need your help, Lord.

- Russia/Ukraine
- Israel/Gaza/Yemen
- Sudan Civil War
- Democratic Republic of the Congo armed conflicts
- Myanmar Civil War
- Haitian gang wars

### DELIVER US FROM PERSECUTION AS BELIEVERS

We know that more Christians have been martyred in the twentieth century than all the centuries before. The early Church didn't pray for persecution to stop — they prayed for strength to stand firm and continue witnessing.

- Deliver us from the enemy who is killing Christians in Nigeria, Cameroon, Democratic Republic of Congo, Sudan, Syria, Iraq, Iran, India, Pakistan, North Korea, China, and Eritrea.
- Strengthen the Christians being persecuted. Help them keep their faith.
- Give stamina and boldness to keep obeying you to those who are under threat.
- We don't know what to do, but our eyes are on you.



## BIBLICAL PRAYERS FOR PERSECUTED CHRISTIANS

*Rescue the weak and the needy; deliver them from the hand of the wicked. — Psalm 82:4*

- Have mercy on those caught in dire circumstances, in war and famine and under tyranny.
- Provide for their needs daily.

*The Lord executes justice for the oppressed, gives food to the hungry and sets prisoners free. — Psalm 146:7*

- Bring your justice, which is righteous justice, to all the oppressed.
- Provide for the hungry and set captives free.

*The God of all comfort... comforts us in all our troubles. — 2 Corinthians 1:3–4*

- Bring true and real comfort to those who are suffering.
- Give them endurance and courage.

*Be faithful, even to the point of death, and I will give you life as your victor's crown. — Revelation 2:10*

- Help those being persecuted keep their eyes on the prize. You are the true prize, Jesus.

*Love your enemies and pray for those who persecute you. — Matthew 5:44*

- Enable believers to love those who are persecuting them.
- Let their persecutors be convinced that You are Lord as their captives show your love to them.

### REFLECTION

- Do you pray for the people of other countries? Why or why not?
- Why are most of our prayers centered around us? How can you pray more for people who are suffering throughout the world?

*Remember those in prison as if you were together with them in prison.— Hebrews 13:3*

- Will you commit to praying sometimes for Christians around the world who are being persecuted for their faith? What will you pray for them?

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# WEEK 3: The Ends of the Earth – Our Nation and the World

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the **ends of the earth**. – Acts 1:8*

## DAY 18

### WEDNESDAY, JANUARY 28 – World Leaders and God's Kingdom

In Psalm 2, we read warnings to the political and governmental leaders of the world – the people with power. Though they may shake their fists at God, wanting to throw off His authority over them, they are warned to worship Him instead because judgment is coming.

#### FOR GOOD AND GODLY LEADERS

- Increase the power and sphere of their influence
- Let the fear of God guide their hearts and decisions
- Help them to be humble servants of their people
- Help them to be peacemakers

#### ABOUT POOR LEADERS

- Put the fear of God and of coming judgment in them
- Let their evil plans be overruled and overturned
- Raise up good and godly people among their staff to influence them
- Restrain violence and bloodshed that they may instigate or allow
- Remove them from power according to Your will

#### THE PEOPLE

- Defend the rights of the poor and oppressed
- Let justice prevail
- Give strength and hope to those enduring bad government and evil tyrants
- Protect those who are suffering or being unjustly persecuted

#### THE KINGDOMS OF THIS WORLD

- Make the rulers in this world know that they have God in authority over them.
- Help them to rule with humility and under your authority
- Let them know that they are but a breath, a vapor that will disappear, and live accordingly
- Help all of us not put our trust in government, but in You

# THE KINGDOM OF GOD

- Pray for bold witness for Christ in difficult places
- Let people see the true nature of God's love through His people, even in oppressive regimes
- Bring revival supernaturally where the gospel cannot be preached
- Help believers bring God's kingdom to their neighborhoods, workplaces, and families

## REFLECTION

- Where is your trust – in the kingdoms of this world or in the kingdom of God? How can you tell?
- What can you do to place your trust in God's coming kingdom more than the world we see around us?
- Do you know anyone suffering under a bad ruler? Can you commit to praying regularly for them?

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# WEEK 3: The Ends of the Earth – Our Nation and the World

*You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the **ends of the earth**. – Acts 1:8*

## DAY 19

### THURSDAY, JANUARY 29 – Praying for our Missionaries

*Now in the church at Antioch there were prophets and teachers: Barnabas, Simeon called Niger, Lucius of Cyrene, Manaen (who had been brought up with Herod the tetrarch) and Saul. While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." So after they had fasted and prayed, they placed their hands on them and sent them off. – Acts 13: 1 -3*

And after about two years, we read about Paul and Barnabus returning:

*From Attalia they sailed back to Antioch, where they had been committed to the grace of God for the work they had now completed. On arriving there, they gathered the church together and reported all that God had done through them and how he had opened a door of faith to the Gentiles. – Acts 14: 26-27*

Through your generosity, City Church contributes to the support of over ninety missionaries. Let's pray for their needs now.

### MISSIONARIES TO FEEL SUPPORTED

- That they would sense the support of people praying for them.
- That we would pray for the needs of the people we send
- That our missionaries would not be discouraged, but just obey God and leave the outcome to Him

### BOLDNESS AND FRUIT IN EVANGELISM

- For clarity in presenting the gospel
- For opens doors and closed doors to guide them where the Lord wants them
- For sensitivity to the Holy Spirit and time with the Lord to hear
- For cultural wisdom to know how and when to share the gospel
- For receptive hearts in the people they serve

### PHYSICAL HEALTH

- Protection from sickness and accidents for their family
- Medical resources when they need them
- Safety from violence or persecution
- Ability to rest and find peace in all situations

## UNITY AND HEALTHY TEAMS

- No conflicts within the missionary community or the people they are serving with
- Shared vision and quick forgiveness

## STRONG MARRIAGES AND FAMILIES

- Committed marriages that make it through the rockiest of times
- Joy and commitment from missionary children
- Wisdom in parenting with the decisions that need to be made
- God working in their extended families so they don't have to worry about relatives far away

## RESOURCES AND FINANCIAL SUPPORT

- Committed financial partners
- Contentment whether they have resources or not; creativity when they don't
- Wise stewardship of resources
- Testimonies of God's faithfulness

### REFLECTION

- Have you ever thought about becoming a missionary? Why or why not?
- If you were away from home in a different culture with different customs, what would you like for people to be praying for you?
- Are you helping to send missionaries if you can't go? How are you helping?

## DAY 20

### FRIDAY, JANUARY 30 – Carrying It Forward

As we near the end of these 21 Days of Prayer and Fasting, today is a moment to pause and reflect. What God has been stirring in you during this fast is not meant to end here, but to shape the way you live and pray moving forward.

### REFLECTION

- What has God been revealing to you during this fast?
- What practices, priorities, or prayers do you sense Him inviting you to carry into the rest of 2026?

Join us for Morning Prayer from 7:00–8:00 AM, and tonight as we close out the fast together at **Night of Worship at the Central Campus at 7:00 PM**. Let this not be an ending, but a sending, into a year marked by deeper dependence on God.



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