



How to Access Work, Health and Life Services

It takes more than just therapy to live and stay well.



Our registered nurses, dietitians, coaches, and trained professionals are here to help you navigate all aspects of life and achieve your goals. Our program includes access to:

Work and Career

- Our career consultants are ready to help you take your career to the next level

Health and Nutrition

- The mind and body are connected. Our dietitians and healthcare providers are here to help you reach your health goals
- In partnership with RxFood, our virtual program offers personalized assessments and coaching from healthcare professionals committed to helping you build lasting healthy eating habits

Legal and Financial

- Get professional financial and legal guidance to empower you to make the right decisions

Life Transition

- We all experience change. Get support through it all with our health team

How to register on GreenShield+:

1. Scan the QR code below or go to greenshieldplus.ca
2. Sign in to your GreenShield+ account
3. Follow the instructions



Having trouble? Get answers to your questions using Care Navigation within GreenShield+.



Sign in to your GreenShield+ account to access all your services.

greenshield.ca
Organization Code:

