

# COACHING

— THROUGH LET THERE BE LIGHT —



# COACHING

T H R O U G H   L E T   T H E R E   B E   L I G H T



## What is Coaching?

Coaching, through the lens of *Let There Be Light*, is for those who sense there is something more for their life— more to give, more to become, more to live for. Coaching creates a space of deep listening and bold visioning, inviting you to step out of autopilot and into intentional, aligned growth.

Whether you're leading a company, building a team, navigating a transition, starting a business, looking for joy or simply wondering what's next, coaching helps you reconnect to what truly matters. Through Executive/Life Coaching, we work together to uncover a thrilling vision for your life and leadership— one rooted in purpose, wholeness, and aligned action.

Coaching is not about doing more for the sake of it. It's about becoming more of who you were meant to be. This is where clarity meets action and where your next chapter begins.



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## How Do I Know if Coaching is for Me?

**Coaching may be for you if:**

- 💡 *You want more out of life: more hope, joy, and meaning*
- 💡 *You are a high performer but feel burned out or strained relationally*
- 💡 *You sense there is more beyond survival and success*
- 💡 *You want a clear, compelling vision for your life or leadership*
- 💡 *You desire growth that is ambitious and healthy*

*If you're longing for a vision that excites you, and a way to pursue it without burnout, coaching may be the right next step.*

## What Does It Look Like to Be Coached?

**Being coached looks like partnering with a trained coach who helps you clarify vision, align values, and take intentional action.**

***Coaching may include:***

- 💡 *Deep listening and powerful questions that bring clarity*
- 💡 *Vision casting for your life, leadership, or organization*
- 💡 *Identifying values, strengths, and growth edges*
- 💡 *Creating aligned goals and actionable next steps*
- 💡 *Ongoing support, reflection, and accountability*

*Coaching is forward-focused, strategic, and personal. It honors your whole life, not just your output.*



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## Where Do I Go From Here?

If this resonates with you, the next step is to explore **coaching**.

Coaching at Let There Be Light is available for **individuals and businesses** who desire purposeful growth, healthy leadership, and a future aligned with what matters most. You DO NOT have to be in an executive position at your current job to qualify for this type of coaching. It is for anyone wanting to explore what “more” could mean for their world.

**We would encourage you to take one or all of these next steps:**

- 1 Sign up for a free Vision Call with one of our coaches to discover if coaching could be your next best step.
- 2 If you want to purchase Coaching curriculum to walk through on your own, you can find those options here. *\*Coming soon*
- 3 If you want to be part of a Coaching Cohort with Let There Be Light- you can find more details here and sign up! *\*Coming soon*

