



2026 LCM ARENA SURGE SHARK SIZZLER

June 5-7, 2026



Round Rock, Texas

Sanction: ST-26-24

Meet: 2026 LCM Arena Surge Shark Sizzler
Hosted by Surge Aquatics
Held Under the Sanction of USA Swimming

Dates: June 5-7, 2026

Venue: Round Rock ISD Aquatic Center
2801 Gattis School Rd.
Round Rock, TX 78664

Eligibility / Qualifying Times: This meet is open to all USA Swimming Members. Please enter using the swimmer's best LCM/SCY/SCM time. "NT" (no times) will not be accepted.

Entry Deadline: The entry deadline for this meet is **Friday, May 22, 2026 at 11:59PM** or the meet is full. 11 & Over swimmers may enter a maximum of three (3) individual events per session and a maximum of nine (9) for the meet. 10 & under swimmers may enter a maximum of five (5) individual events per session and maximum of fifteen (15) for the meet.

*** The host reserves the right to limit entries for the 1500 based on the timeline. Coaches will be informed prior to the meet and able to adjust entries for athletes impacted.**

21 Boys and Girls: Heats 1-2 of Girls on FRI, Heats 1-2 Boys on Sat, Heat 3 Girls/Boys Sun

Daily Schedule:

11 & Over Prelims	10 & Under Timed Finals	11 & Over Finals
Warm-ups 7:00AM Clear Pool 8:30AM Session Begins 8:45AM	Warm-ups Immediately after Distance events Clear Pool 45 min warm-ups start Session Begins 50 min after warm-ups begin	Warm-ups 4:00PM Pace Lanes: 4:20 PM 1 and 8 Start Lanes: 4:20PM Lane 2 Scoreboard Lane 7 Office Clear Pool 4:50PM Session Begins 5:00PM
Distance Session 10 min after the end of Prelims		

- Format:** This is a Prelim/Finals long course meters meet for 11 & Over by age groups (11-12, 13-14, 11&O) with a separate 10 & under timed final session between the 11 & Over prelim/finals sessions each day. The 1500 will be swum as a timed final and will require positive check-in. All other 11 & Over events will have 2 finals heats (A & B) and an open Super Final for the 7 fastest prelim swimmers regardless of age. The order of prelims seeding will be: LCM/SCY/SCM. Any scratches for prelims or finals will be done with the administrative official at the Console Table. The Meet Director and Meet Referee reserve the right to change the pool configuration for prelims and or finals. Any changes will be communicated in the pre-meet email to coaches.
- Age Up Date:** The age of the swimmer will be his/her age on June 5, 2026
- Time Trials:** Time trials will not be offered at this event.
- Positive Check in** Positive check in is required for distance events 20 minutes prior to the start of the meet.
- Entry Requirements:** All entries must contain the following information: the name, email address, and phone number of the person preparing the entries in case clarification is needed; an attachment of the Hy-Tek Team Manager or Team Unify export file; an attached document listing the entries (by swimmer) and USA Swimming ID number; and an attached document of the meet entry fees report. Teams with exceptions will be emailed notice of same. Teams and entrants are responsible to check the exception report and correct any errors prior to the deadline given to them by the meet host.
- Meet Management:** Entries Chair: Surge Aquatics, srgmeetentries@gmail.com
Meet Director: Sean Barry, sean.barry@bisd.net
Meet Referee: Charles Michaels,
Admin Official: Jeremy Ferguson, baylorferg@gmail.com
- Entry Procedures:** 11 & over, prelim finals will be \$20.00 per individual event (maximum 3 events per day)
10 & under, Timed finals will be \$11.00 per individual event (maximum 5 events per day)
\$20.00 per swimmer facility surcharge
Make checks payable to: **Surge Aquatics 2907 Oakleaf Dr. San Antonio, TX 78209**
- Deck Entries:** Entry fees must be received by June 5th, 2026. If payment is not received on time the affected swimmers will be scratched from the meet. Please include the meet entry fee report with your check. Once the entry fees are accepted, they will not be refunded for any reason, even if a swimmer should fail to compete. No paper, phone, or fax entries will be accepted. If you do not receive an e-mail confirmation, your entries were not received. Meet host may create a Zero Heat in order to accommodate additional Deck Entries time permitting.
- Scratch Rules:** Deck Entries will be accepted at \$25.00 per individual event, plus the \$20.00 per athlete facility surcharge if not already entered in the meet. Swimmers may deck enter for the current session beginning at the start of warm-ups. Deck entries will close 45 minutes prior to the start of each session. Swimmers may deck enter for subsequent sessions after deck entries close for the current session. At the discretion of meet administration, a Heat "Zero" may be added for late entries, if needed. Swimmers *not previously entered in the meet* must present their USA Swimming

membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app) to the Clerk of Course to deck enter. In addition, the swimmer must present proof of time before a deck entry will be accepted.

There is no penalty for failing to scratch from a pre-seeded, preliminary event. Swimmers who fail to compete in the 400 IM, 400 Free or 1500 Free events after positive check-in plus Finals must pay a \$50 fee and check-in with designated meet official before every race for the remainder of the meet or be barred from all further individual and relay events of that day, and then must positively check in for the remainder of the meet with meet administration, per USA Swimming rule 207.11.6.C. Illness and injury may be excused by the Meet Referee. The top 16 (11-12, 13-14,15&up) qualifiers in each preliminary event will be announced and posted shortly after the final heat. **Swimmers who qualify for finals and elect NOT to compete in finals must scratch or declare an INTENT to scratch with the Administrative Official within 30 minutes of the announcement.** Swimmers who declare an intent to scratch will then have 15 minutes after the completion of their last individual event of the session to confirm the scratch. Following the 15-minute deadline, if scratch confirmation is not received it will be assumed the swimmer will compete in the finals event.

Per USA Swimming rule 207.11.6.D, any swimmer who qualifies for a final and fails to compete in said final shall be barred from further competition in the remainder of the meet. Illness and injury may be excused by the Meet Referee and this policy does not apply to alternates or athletes seeded in 17th place and below.

Scoring:

Super Finals Place ⇒	1	2	3	4	5	6	7
Ind. Event Points	25	23	22	21	20	19	18
A Finals Place ⇒	1	2	3	4	5	6	7
Ind. Event Points	16	14	13	12	11	10	9
B Finals Place ⇒	8	9	10	11	12	13	14
Ind. Event Points	7	6	5	4	3	2	1

Awards:

Awards will be given by gender in the following Medals for first through third in the Super Final and ribbons fourth through seventh place by age group and gender.

High Point (male/female 10 & under, 11-12, 13-14, 15&Up):

Clubs must pick-up awards at the end of the meet from the awards desk area. Awards will not be mailed to teams.

There will be Arena gear given out for Hot Heat Winners!

Each participating team is required to provide back-up timers in proportion to the number of swimmers entered in the meet. Swimmers competing in the 1500 Free events must provide their own back-up timers and lap counters.

Timers:

This meet will be conducted in an 8 lane, 50-meter competition pool. We will use Hy-Tek Meet Manager software and Daktronics timing system. The minimum water depth, measured in accordance with Article 103.2.3, is five feet at the start end and the turn end is four feet measured for a distance of one meter to five meters from both end walls. The host will ensure the required course dimensions. The competition will occur with the following configuration: Prelims, Finals, & Timed Finals will be conducted in seven (7) lanes with one (1) warm-up lane.

Facility:

Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, must provide advance written notice, accompanying their meet entry file, to the Entry Chair, Meet Director, and Meet Referees by the entry deadline. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Failure to provide advance notice may limit the meet host's ability to accommodate all requests. The suggested form can be downloaded here. In any meet that may include one or more swimmers with visual, hearing, cognitive, or physical disabilities, the judging of such competitors shall be in accordance with the current USA Swimming Rules and Regulations, including Article 105.

**Athlete
Accommodations:**

**USA Swimming
Registration:**

All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s). No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming membership card using the USA Swimming app as proof of their membership to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app). Current national and LSC regulations do not allow for exceptions to these policies.

**Unaccompanied
Swimmers:**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

**Cell Phone
Restrictions:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Deck changes are prohibited.

Deck Changing: During the meet, lifeguards and an AED device will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Medical Supervision: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Swimmer Photographs & Videos: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.

Drones: Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement. Athletes must be directly always supervised by a USA Swimming certified coach.

Warm-up Procedures: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), the RRISD school district, Surge Aquatics, Tiger Sharks of Texas, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may only enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app). Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming

All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming

and their local LSC. Officials can sign up to work this meet by contacting the Meet Referee ([insert email here](#)). The uniform will be white polo shirts over khaki pants/shorts/skirts for Prelims and navy polo shirts over khaki pants/skirts for Finals. Please report to the Meet Referee at least one hour prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.

Officials:

Event Order

FRIDAY		
11 & Over Prelims		
GIRLS	EVENT	BOYS
1	400 IM	2
3	50 Back	4
5	100 Fly	6
7	200 Breast	8
9	200 Free	10
10 Minute Break		
11	1500 Free	

SATURDAY		
11 & Over Prelims		
GIRLS	EVENT	BOYS
13	400 Free	14
15	50 Fly	16
17	200 Back	18
19	50 Free	20
21	100 Breast	22
10 Minute Break		
	1500 Free	12

SUNDAY		
11 & Over Prelims		
GIRLS	EVENT	BOYS
23	200 IM	24
25	100 Back	26
27	200 Fly	28
29	50 Breast	30
31	100 Free	32
10 Minute Break		
11	1500 Free	12

10 & Under Timed Finals		
GIRLS	EVENT	BOYS
101	50 Back	102
103	100 Fly	104
105	200 Breast	106
107	200 Free	108

10 & Under Timed Finals		
GIRLS	EVENT	BOYS
109	400 Free	110
111	50 Fly	112
113	200 Back	114
115	50 Free	116
117	100 Breast	118

10 & Under Timed Finals		
GIRLS	EVENT	BOYS
119	200 IM	120
121	100 Back	122
123	200 Fly	124
125	50 Breast	126
127	100 Free	128

*The 1500 will be swum with the fastest 14 girls swimming on Friday, the fastest 14 boys swimming on Saturday, and the remaining athletes swimming on Sunday. The host reserves the right to limit the number of entries in the 1500. Any athletes removed from the 1500 will receive a refund for that events entry fee.

SOUTH TEXAS SWIMMING, Inc. Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- b. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - a. Push/Pace lanes will push off one or two lengths from starting end.
 - a. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - a. There will be no diving in the general warm-up lanes—circle swimming only.
 - a. No kickboards, pull buoys, or hand paddles may be used.
- #### III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - a. The host team will be responsible for the following:
 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.

3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- . Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- . Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- . Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warmup time. The pool is not for visiting or playing during the warm-up session.
- . Warm-up procedures will be enforced for any breaks scheduled during the competition.
- . No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area. STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22