



# SURGE CURRENT



## 2026 NEWSLETTER VOLUME 5



### Surge Aquatics Families,

Thank you to everyone who donated their time, their money, and their support to help us continue running this team and creating meaningful opportunities for our swimmers. Every contribution made a difference. An Overview of Swim-A-Thon [HERE](#).

-Andrew Marsh  
Head Coach, Surge Aquatics

### 2026 Surge Swim-A-Thon ↓

**Congratulations** to our Team Value Award winners for the 2025-2026 LCM/SCY Season:

**Speed**- Olivia Najera & Kate Govin

**Unity**- Luke Marek & Kai Anderson

**Relentlessness**- Gracelynn Moore & Liana Marek

**Growth**- Ruby Morgan, Zac Hafen & Jeremiah Gayfield

**Encouragement**- Beau Skelton, Music Brown & Chris Finley



KEEP CALM AND SURGE ON

[Click HERE for the LCM Season Calendar](#)

[Click HERE for the Summer Schedule](#)

[Click HERE for the Season Calendar](#)

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## Gold, Silver, Bronze - Coach Q&A Meeting

We will be having a coach Q&A meeting for any parents who have questions about the season, groups, meets, practice expectations, or anything else related to Surge.

- Date: **Wednesday, May 27**
- Time: 9am - after swim practice at Landa Park Aquatic Complex

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## Parent Corner: Long Course Season (LCM) – A Guide

As we transition into the Long Course season, you may hear swimmers and coaches talking about “LCM.” Long Course Meters refers to swimming in a 50-meter pool, the same course used at the Olympic Games.

While most of the year in the United States is spent racing in 25-yard pools (Short Course Yards – SCY), the summer season shifts toward this Olympic-style format.

[\*\*HERE\*\*](#) is a more detailed description and explanation of all things LCM

Click [\*\*HERE\*\*](#) for the LCM Season Calendar

## Upcoming Meet Schedule

### June 5th-7th - 2026 Arena Surge Shark Sizzler

-Location: Round Rock, TX

-For: All Surge swimmers

\*\*June 1st-4th - Arena Summer Sizzler Camp at same location- see flyer on last page or click [HERE](#) for more info

### June 26th-28th - 2026 LCM STX Championship

-Location: Bill Walker Pool, San Antonio, TX

-For: Swimmers with BB times

### June 29th - 2026 Surge Intersquad Meet

-Location: Das Rec Natatorium, New Braunfels, TX

-For: All Surge swimmers

### July 9th-12th - 2026 LCM STAGS Championship

-Location: NISD Swim Center, San Antonio, TX

-For: Swimmers with A times

### July 18th-19th - 2026 ST SCY SurgeFest

-Location: Das Rec Natatorium, New Braunfels, TX

-For: All Surge swimmers

### July 27th - 2026 ST NIST End of Summer Race Night

-Location: NISD Swim Center, San Antonio, TX

-For: All Surge swimmers



## Time Standards 101

Linked below is a list of time standards, and a brief explanation of what to expect as your swimmer progresses through the sport.

Full chart and explanation available [HERE](#)

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## Important Upcoming Dates

- **Last Day of Practice:**
  - Wednesday, July 29th
- **Fall Start Date:**
  - Wednesday, August 26th
- **2026 Short Course Yard Season Registration:**
  - Registration for the 2026 Short Course Yard season will open for returning members on **Monday, July 6th**
  - A registration link will be sent out that day. A discount will also be offered to returning members.

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## New Swimmer Tryouts

New swimmer tryouts for the 2026 Short Course Surge Aquatics season will be held on:

- Monday, July 13th
- Monday, July 20th
- Saturday, July 25th

If you have friends or families interested in trying out, please have them reach out to [coachandrew@surgeaquatics.org](mailto:coachandrew@surgeaquatics.org) or visit the link below to schedule a tryout through the Surge Swim School:

[Join the Surge](#)

## Miscellaneous

- **Surge Re-Registration:**
  - On July 1st, you will receive a Surge re-registration email to all current members who wish to re-enroll in the program for next season – This will include our annual registration fee – More details will be included in the July 1st email.
- **USA Swimming Registration Update:**
  - Everyone currently registered with USA Swimming has coverage that overlaps through December 31st.
  - Families will need to renew USA Swimming registration sometime between **September 1st and December 31st**.
  - Renewing anytime during that window will keep your swimmer covered for the upcoming year.
- **Surge Volunteer information:**
  - Our volunteers are an important part of our team! Click [HERE](#) to get more information on volunteering.
- Follow us on Instagram [@SurgeAquatics1](#)
- Follow us on Facebook at [Surge Aquatics](#)

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## 2026 Southern Age Group Zones

**July 29th–August 1st**, the **Southern Zone Age Group meet** will be at Rosen Aquatic & Fitness Center, Orlando. Athletes selected for the team must travel to and from the meet with the STX delegation out of Austin Bergstrom International Airport.

Athletes ages 11–14 as of July 29, 2026 and para-athletes ages 11–18 as of July 29, 2026 may use the [Athlete Application form](#) to apply for the Zone Team. Applications will close at **11:59pm on May 31**. Late applications will not be accepted. Swimmers selected for the Zone Team will be notified by June 5. The \$500 athlete co-pay will be invoiced and due by June 9.

Click [HERE](#) for further information.

**USA SWIMMING**

**arena**

Round Rock ISD Aquatic Center

# ARENA SUMMER SIZZLER CAMP

**TEXAS ELITE**

**TST**

**RaceBetter**

**Sign up NOW!**  
Multiple Arena prizes to win all week !!

- 4 Days (1-4 Day Registration)
- \$50 per session
- Long & Short Course Training
- Learn Dryland Training
- Skills-Drills Technique
- Fun Activities
- Daily Classroom Session
- LUNCH PROVIDED

**1-4 JUNE, 2026**

- Elite Coaching: Featuring US Olympian **Shaine Casas**, World Record holder **Matt Wenning** (Strength & Conditioning), and two Olympic Team Coaches.
- Expert Analysis: Pro-level stroke analysis from a Team USA Olympic coach.
- Expert Nutrition: Led by **Ben Lee**, Founder of RaceBetter.
- Full-Week Dryland: Comprehensive training powered by RaceBetter.