



## Hormone Therapy Questionnaire

(ALL INFORMATION CONTAINED IN THIS QUESTIONNAIRE IS STRICTLY CONFIDENTIAL, WILL BE PROTECTED TO THE HIGHEST OF HIPAA STANDARDS, AND WILL BECOME PART OF YOUR HWC MEDICAL RECORD.)

Name (First, M.I., Last) \_\_\_\_\_

E-mail \_\_\_\_\_ SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Address (street) \_\_\_\_\_

(city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip) \_\_\_\_\_

Phone (work) \_\_\_\_\_ (cell) \_\_\_\_\_

(fax) \_\_\_\_\_ Occupation \_\_\_\_\_

Date of birth \_\_\_\_\_ Gender: ☐ Male ☐ Female Height \_\_\_\_\_ Weight \_\_\_\_\_

Primary Physician (name) \_\_\_\_\_ Phone \_\_\_\_\_

Date of last physical with your physician \_\_\_\_\_ Results \_\_\_\_\_

### LIFESTYLE

**YES NO**

Do you smoke? ☐ ☐ If yes, how much per day \_\_\_\_\_

Do you drink alcohol? ☐ ☐ If yes, how much per day \_\_\_\_\_

Do you drink caffeine? ☐ ☐ If yes, how much per day \_\_\_\_\_

Do you exercise? ☐ ☐ If yes, please describe \_\_\_\_\_

### FAMILY HISTORY      age; significant health issues

Father \_\_\_\_\_

Mother \_\_\_\_\_

Brothers/Sisters \_\_\_\_\_

### PERSONAL MEDICAL HISTORY

Medical conditions \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Surgeries \_\_\_\_\_

\_\_\_\_\_

Current medications (Name, dosage, frequency) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Medication or food allergies \_\_\_\_\_

\_\_\_\_\_

Current vitamins and supplements \_\_\_\_\_

\_\_\_\_\_

Your local pharmacy name \_\_\_\_\_ Phone number \_\_\_\_\_

Address \_\_\_\_\_

#### HRT/TESTOSTERONE TREATMENT CHECKLIST

	YES	NO		YES	NO
Decreased sense of well-being	<input type="checkbox"/>	<input type="checkbox"/>	Thinning or loss of hair	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>	Heat or cold intolerance	<input type="checkbox"/>	<input type="checkbox"/>
Decreased energy	<input type="checkbox"/>	<input type="checkbox"/>	Decreased skin tone	<input type="checkbox"/>	<input type="checkbox"/>
Decreased concentration, memory	<input type="checkbox"/>	<input type="checkbox"/>	Mood swings	<input type="checkbox"/>	<input type="checkbox"/>
Decreased sex-drive	<input type="checkbox"/>	<input type="checkbox"/>	Sadness, depression	<input type="checkbox"/>	<input type="checkbox"/>
Decreased muscle strength	<input type="checkbox"/>	<input type="checkbox"/>	Hot flashes	<input type="checkbox"/>	<input type="checkbox"/>
Increased fat deposits	<input type="checkbox"/>	<input type="checkbox"/>	Prolonged exercise healing	<input type="checkbox"/>	<input type="checkbox"/>

**MEN ONLY**

Have you had a kidney, bladder or prostate infection in the last 12 months? \_\_\_\_\_

Do you have blood in your urine? \_\_\_\_\_ Date and result of last PSA test \_\_\_\_\_

**WOMEN ONLY**

Date of last menses \_\_\_\_\_ Number of pregnancies \_\_\_\_\_ Number of live births \_\_\_\_\_

Are you pregnant or breast-feeding? \_\_\_\_\_ Type of birth control \_\_\_\_\_

Most recent mammogram and results \_\_\_\_\_ Most recent Pap and results \_\_\_\_\_

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Have you ever been on any hormone therapy before? If yes, please explain \_\_\_\_\_

\_\_\_\_\_

Have you ever been on testosterone replacement in the past? If yes, please explain \_\_\_\_\_

\_\_\_\_\_

*New patient notice:*

*Hillcrest Wellness Center has set aside 60 minutes for your first consultation with Dr. Amechi-Obigwe. Unfortunately, the number of patient no-shows has increased, which prevents other patients from access to timely and convenient appointments. HWC will request a credit card number to “hold” this hour-long time slot. Regrettably, in the event of a “no-show,” a \$100 fee will be charged.*

# PATIENT AGREEMENT FOR TREATMENT

Hillcrest Wellness Center is an Insurance Free Entity.

THIS AGREEMENT is made and executed on \_\_\_\_ (day) of \_\_\_\_\_ (month), \_\_\_\_ (year), between Hillcrest Wellness Center (hereafter called “HWC”) and \_\_\_\_\_ (hereafter called “Patient”).

IN CONSIDERATION of Hillcrest Wellness Center providing Patient with medical management, administrative, and follow-up services, Patient understands and agrees to the following:

*Patient understands that he/she will not request Hillcrest Wellness Center to submit a claim to any third party payor, even if patient is entitled to benefits, for any portion of the fee or any services rendered to patient. Hillcrest Wellness Center will not accept assignment from any third party payor as payment for services. Patient understands that Medicare, Medicaid, and Champus require a waiver that states the patient acknowledges the waiving of rights to file a claim to seek reimbursement from these entities or secondary insurance coverage.* \_\_\_\_\_

**MEDICAL HISTORY QUESTIONNAIRE:** Patient will submit a truthful, accurate, and complete Medical History Questionnaire. Patient also acknowledges that failure to provide accurate, truthful, and complete information on this Questionnaire or to the Physician(s) of Hillcrest Wellness Center could result in inappropriate treatment. \_\_\_\_\_

**AUTHORIZATION:** Patient authorizes HWC to obtain, on Patient’s behalf, medical laboratory, diagnostic testing, Physician(s) consulting, and compounding pharmacy supplies. In addition, Patient authorizes HWC and the Physician(s) to provide medical care and prescribed pharmaceuticals based on the Medical History Questionnaire, laboratory testing, and other information submitted to HWC under this agreement. \_\_\_\_\_

**INSTRUCTIONS AND TREATMENT:** Patient understands and agrees to comply with the method of instruction, treatment and dosage schedules prescribed by Physician(s); to immediately cease any medical treatment prescribed by Physician(s) in the event of an adverse reaction or side effect arising from prescribed treatment; and to immediately provide HWC and Physician(s) with written notice *via email to [info@hillcrestwellnesscenter.com](mailto:info@hillcrestwellnesscenter.com)* of any such adverse reaction or side effect. Patient understands and agrees that diagnosis and treatment of any medical condition may involve certain risk. \_\_\_\_\_

**PRIMARY CARE PHYSICIAN:** *Patient represents that he or she is under the care of a primary care Physician* and that Patient will not rely or substitute the advice of HWC Physician(s) should it conflict with the advice of the Patient’s primary care Physician. Patient agrees to notify his or her primary care Physician that Patient is receiving HRT. \_\_\_\_\_

**LABORATORY FEES:** Hillcrest Wellness Center will obtain laboratory testing from certified and registered labs. Patient understands and agrees that patient's insurance coverage may involve co-pays and/or deductibles, which may require patient to be financially responsible for laboratory fees. \_\_\_\_\_

**HORMONE REPLACEMENT THERAPY:** Patient understands and agrees that, although each hormone has been approved by the FDA, the FDA only approves or denies usage of products made by manufacturers which are produced in a specific dosage and form. Therefore, the FDA does not approve or disapprove of hormones which are given in an individual dosage or form for each patient by Physician(s) of HWC. I also understand that Physician(s) may choose to discuss with me and provide medications that are off-label in order to offer the widest range of therapies possible. Off-label prescribing is a common and legal practice by most physicians in the US whereby medications are prescribed for purposes other than originally approved. \_\_\_\_\_

**WARRANTY:** Patient understands and agrees that the methods of medical treatment offered by HWC and Physician(s) are not accompanied by any claims, guarantees, or warranties. This agreement remains in effect until revoked by Patient in writing, and photocopies of this assignment shall be construed as valid as the original. \_\_\_\_\_

**EMAIL COMMUNICATION:** Patient understands and agrees that HWC offers communication via email for non-urgent matters such as lab results. Although HWC has implemented reasonable technical safeguards, HWC cannot guarantee privacy, security, or confidentiality of emails sent or received. HWC is not responsible for emails that are lost due to technical failure during composition, transmission, or storage. HWC will not forward emails to third parties without your prior written consent, except as authorized or required by law. Until new technologies are adopted by HWC, patient understands and agrees that email communications are not encrypted. **HWC RESPECTS AND PROTECTS THE PRIVACY OF OUR PATIENTS. HWC WILL NEVER SELL OR RENT YOUR EMAIL ADDRESS TO THIRD PARTIES.** You may discontinue receiving emails as a means of communication by sending an email or letter to HWC. \_\_\_\_\_

**RESCHEDULING OR NO-SHOW:** If patient needs to reschedule or cancel appointment, he/she agrees to notify Hillcrest Wellness Center within 24 hours of scheduled appointment. Patient understands that failure to do so may result in a \$100 fee. \_\_\_\_\_

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Patient Printed Name

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Patient Signature

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Date