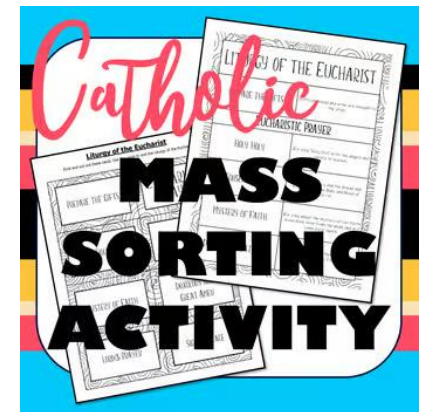
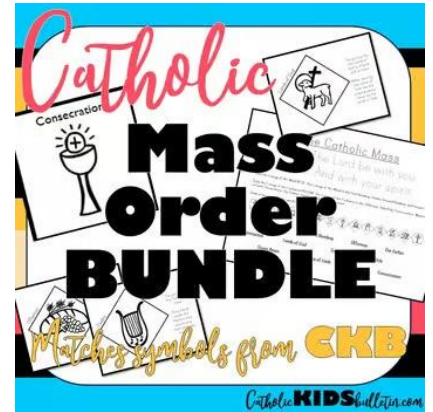


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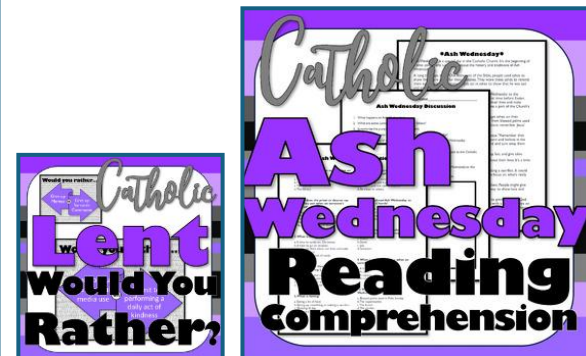
# Catholic MASS Bulletins

Catholic**KIDS**bulletin.com

More resources  
to teach about  
the Mass!



# Check Out My FAVORITE Activities for February



Don't Miss Out!

## Details

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The Catholic Kids Bulletins downloads contain bulletins for all Sunday Masses and Holy Days of Obligation for the diocese in the United States. If you live in an area with a Holy Day of Obligation that isn't included, please email me at [catholickidsbulletin@outlook.com](mailto:catholickidsbulletin@outlook.com) and I'll try to make it available in future downloads.

Ascension is listed without a date because most dioceses move that feast to a Sunday; however, there are a few dioceses in which it is a day of obligation. I left it without a date so you could use it on Thursday or Sunday.

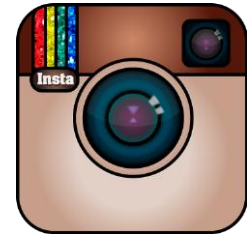
Some days, such as Ash Wednesday, Holy Thursday, Good Friday, and Holy Saturday aren't Holy Days of Obligation, but they are included in the download.

**Thanks for supporting  
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*Theresa*

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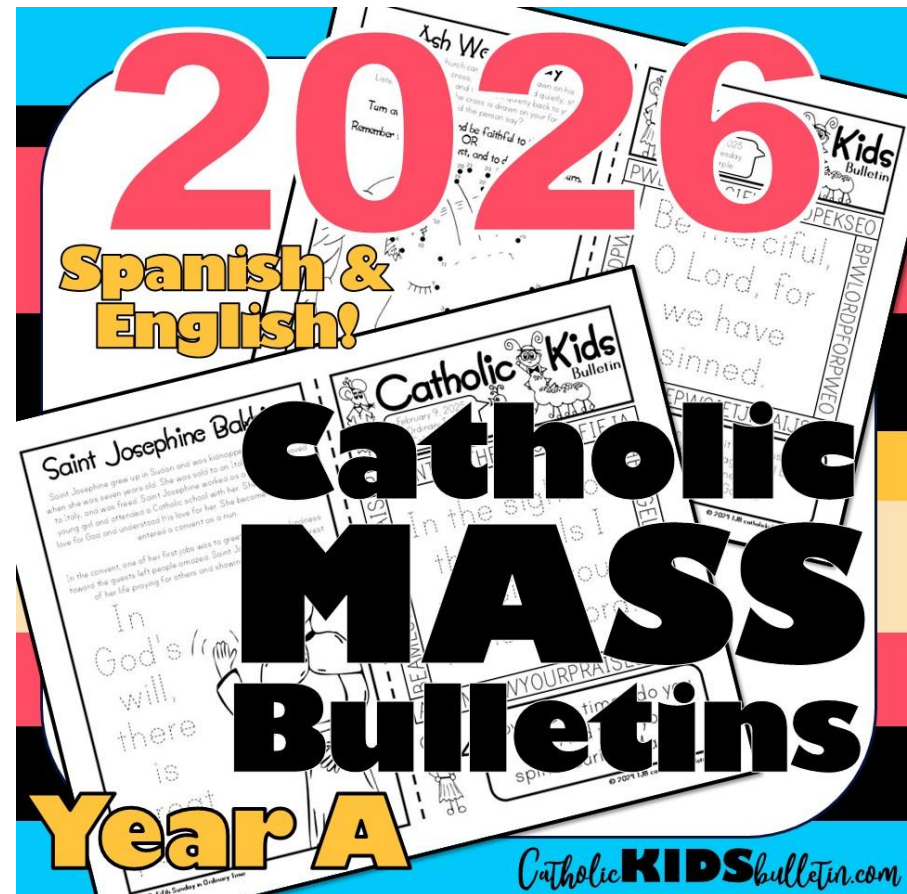


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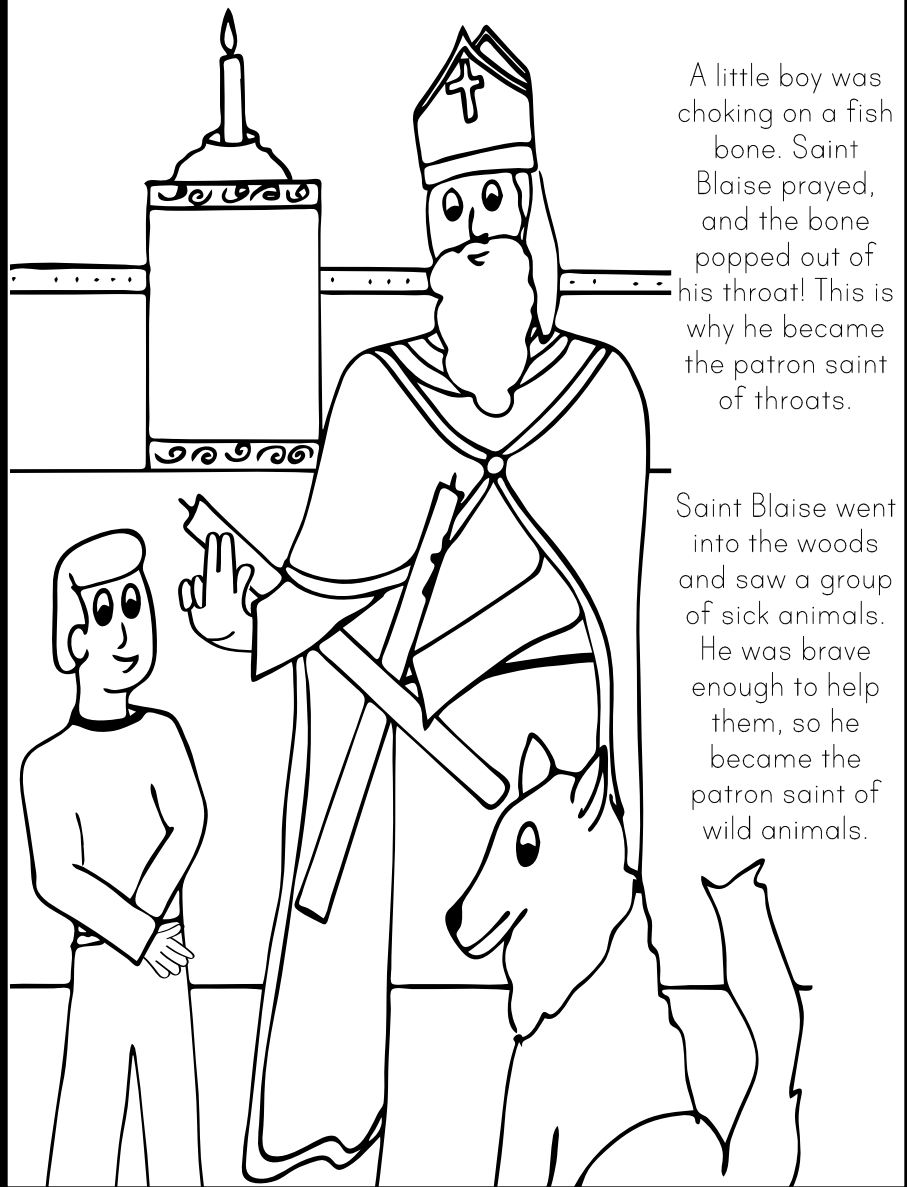
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# Saint Blaise

Saint Blaise is the patron saint of throats and wild animals.



A little boy was choking on a fish bone. Saint Blaise prayed, and the bone popped out of his throat! This is why he became the patron saint of throats.

Saint Blaise went into the woods and saw a group of sick animals. He was brave enough to help them, so he became the patron saint of wild animals.



# Catholic Kids

Bulletin

February 1, 2026  
Ordinary Time  
Color: Green



BOBLESSEDPJAREITHEIWJCIS

BOWISO THEIRSPWKZ

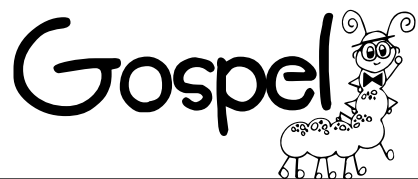
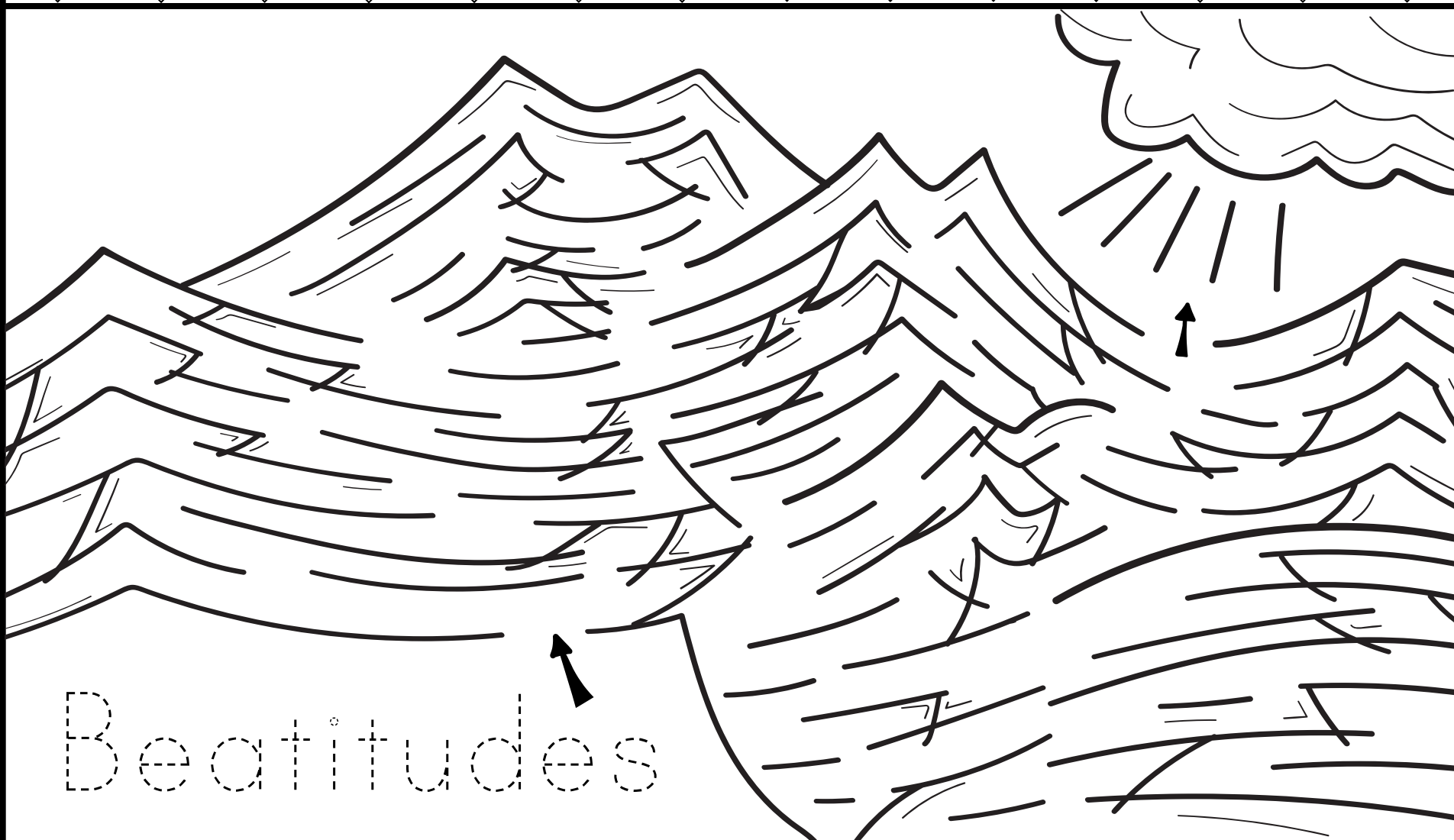
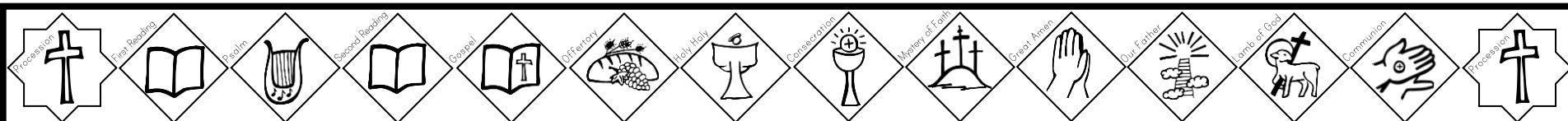
Blessed are the  
poor in spirit;  
the kingdom of  
heaven is  
theirs!

OPOOROI NWKSPIRITJ

PWTHECKINGDOMPOFI HEAVEN



There is a special Mass on February 3<sup>rd</sup> to celebrate Saint Blaise. You can receive a blessing for your throat in honor of Saint Blaise.



Jesus went up a mountain and talked to the people about heaven.  
His words are called the Beatitudes.  
The Beatitudes tell us how to live with love and kindness.

# Saint Josephine Bakhita

Saint Josephine grew up in Sudan and was kidnapped and enslaved when she was seven years old. She was sold to an Italian family, moved to Italy, and was freed. Saint Josephine worked as a babysitter for a young girl and attended a Catholic school with her. She found a deep love for God and understood His love for her. She became Catholic and entered a convent as a nun.

In the convent, one of her first jobs was to greet visitors. Her kindness toward the guests left people amazed. Saint Josephine spent the rest of her life praying for others and showing her trust in God.



# Catholic Kids

Bulletin

February 8, 2026

Ordinary Time

Color: Green



THEPZJUSTIEOWAMANDKWJZ

BPEOTHEKWUPRIGHTI

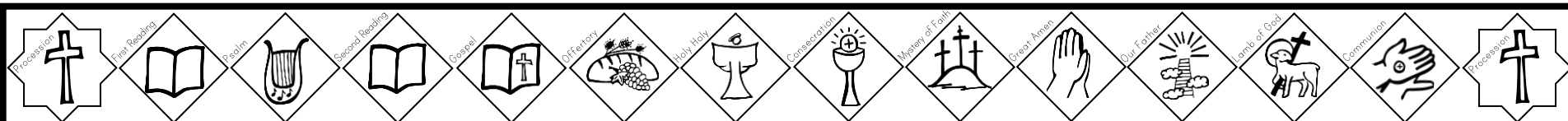
The just man  
is a light in  
darkness to  
the upright.

BPWISLAOELIGHTINK

WPDARKNESSWOTIVHTOPZKJI



How many times do you  
say "And with your spirit"  
during Mass?



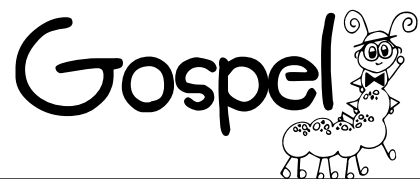
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12      9      7      8      20

A	B	C	D	E	F	G	H	I
1	2	3	4	5	6	7	8	9
J	K	L	M	N	O	P	Q	R
10	11	12	13	14	15	16	17	18
S	T	U	V	W	X	Y	Z	
19	20	21	22	23	24	25	26	

\_\_\_\_\_

19      1      12      20



Jesus told his disciples to be the salt of the earth and the light for the world.



# Saint Valentine

Saint Valentine was a kind man in Rome. The emperor made a rule that young men couldn't marry. Saint Valentine knew this was wrong, so he helped couples get married in secret. The emperor found out and put Saint Valentine in jail.

Even in jail, Saint Valentine was kind. He wrote letters to the jailer's daughter, signed "From your Valentine." This is why people give Valentine's cards to their friends! Saint Valentine showed that love and kindness are powerful. His story reminds us to be brave and spread love.

6	18	15	13		25	15	21	18
22	1	12	5	14	20	9	14	5

Saint Valentine is the patron saint of love.



A	B	C	D	E	F	G	H	I
1	2	3	4	5	6	7	8	9
J	K	L	M	N	O	P	Q	R
10	11	12	13	14	15	16	17	18
S	T	U	V	W	X	Y	Z	
19	20	21	22	23	24	25	26	



# Catholic Kids

Bulletin

February 15, 2026

Ordinary Time

Color: Green



WPABLESSEDBOIAREOWTHEYI

BOOFPTHEIWLORDZX

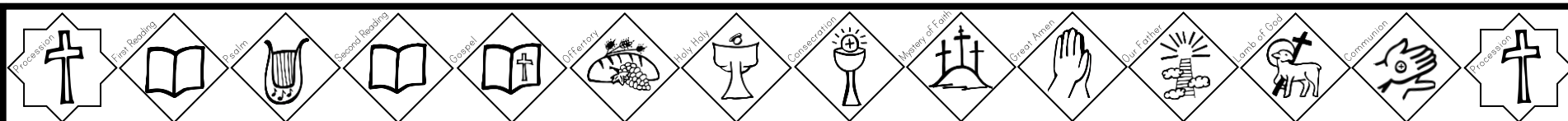
Blessed are  
they who  
follow the law  
of the Lord!

WPWHOKEHOPEKAIN

WOFOLLOWIETHEISOZLAWIEO



When we say, "And with your spirit," we remember that God is working through the priest to offer the Mass.



Let your

25      5      19

mean

25      5      19

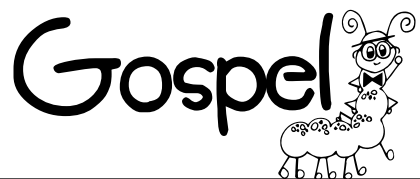
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J	K	L	M	N	O	P	Q	R
10	11	12	13	14	15	16	17	18
S	T	U	V	W	X	Y	Z	
19	20	21	22	23	24	25	26	

and your

14      15

mean

14      15



Jesus taught his disciples to follow the commandments.  
 Commandments are rules that God asks us to follow.

# Ash Wednesday

Today, everyone in church can have a cross drawn on his or her forehead. You can get a cross, too! Walk forward quietly, stand still while the cross is drawn, and then walk quietly back to your seat.

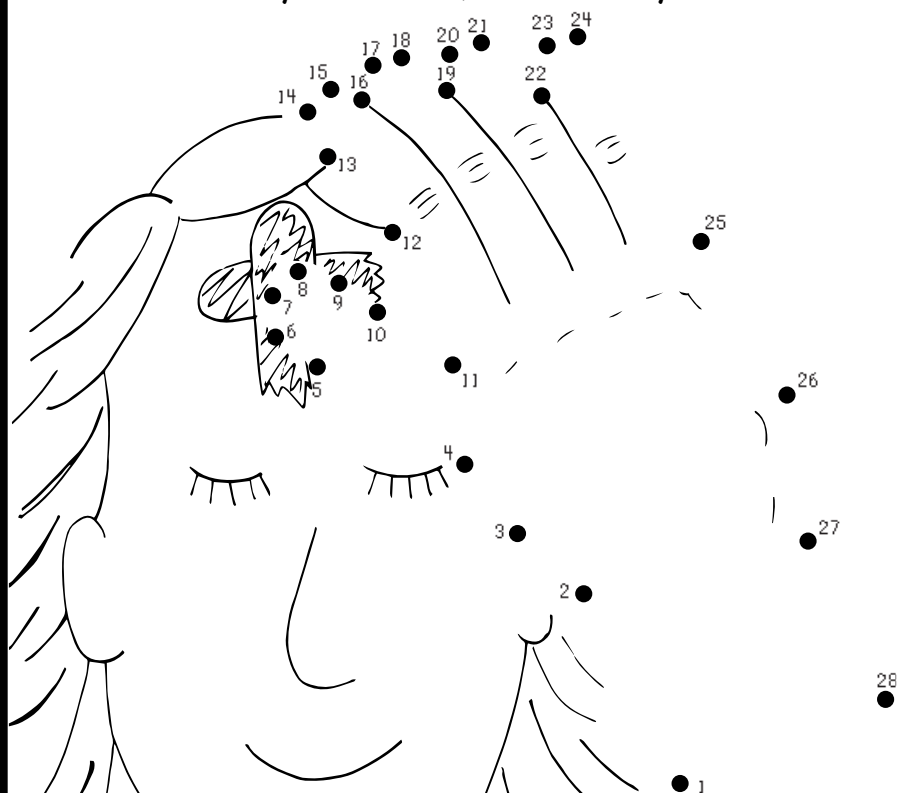
Listen carefully when the cross is drawn on your forehead.

What did the person say?

Turn away from sin and be faithful to the Gospel.

OR

Remember that you are dust, and to dust you will return.



Where do we get the ashes?

Do you remember Palm Sunday?

Everyone got a palm branch, and the extra palms were burned to create the ashes that we use today.



# Catholic Kids

Bulletin

February 18, 2026

Ash Wednesday

Color: Purple



PWBEPMERCIFULPWOPEKSEO

BPBISINNEDPWOKTP

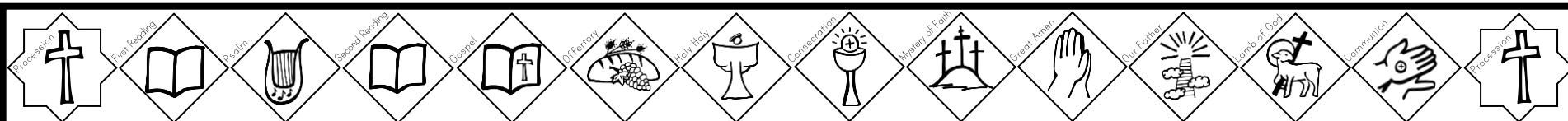
Be merciful,  
O Lord, for  
we have  
sinned.

BPWLORDPFORPWEO

BPOEIHAVEPWOIETJPOAIJSW



During Lent, we wait for Jesus, so we won't say "Alleluia" again until Easter. Listen for a new song before the Gospel.



Connect these Lenten words to the pictures.

**Fasting**

(Giving up something that you like)

**Righteous Deeds**

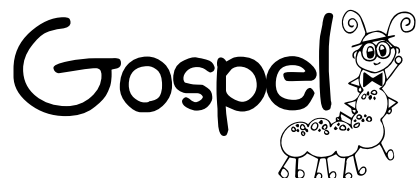
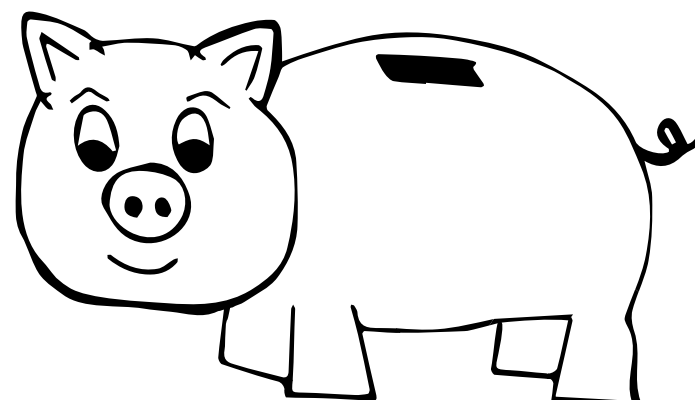
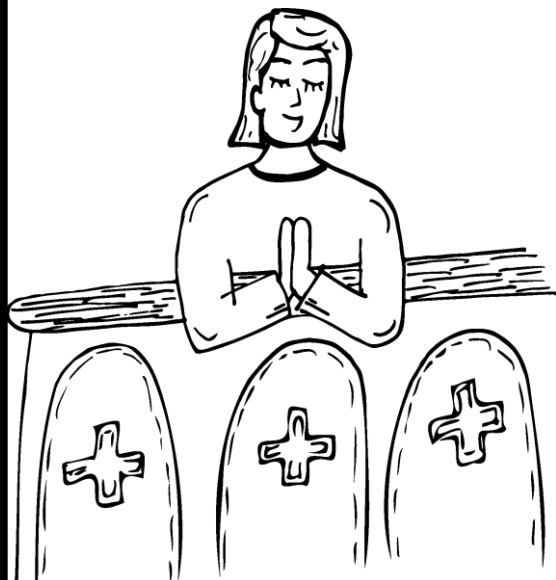
(Being kind to others)

**Almsgiving**

(Giving money or toys to others)

**Praying**

(Talking to God)



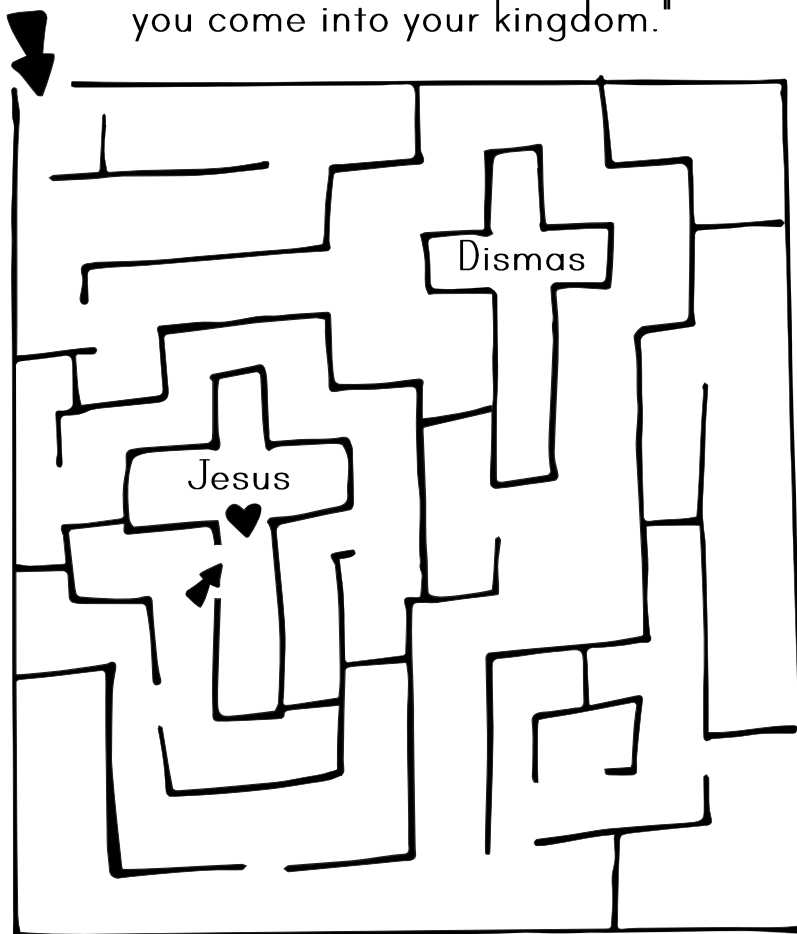
Today is the beginning of Lent. During Lent, we try to prepare our hearts and minds for Jesus to rise on Easter morning! Today's Gospel reminds us of four ways to get ready. Listen for these words during the Gospel. Doing righteous deeds (doing nice things for others), giving alms (donating money or toys), praying (talking to God), and fasting (giving up something that you like).



# Saint Dismas

Saint Dismas was crucified on the cross next to Jesus. Saint Dismas was a criminal, but he asked for forgiveness before he died.

Saint Dismas said,  
"Jesus, remember me when  
you come into your kingdom."



Year A: First Sunday of Lent



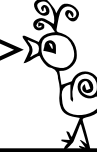
# Catholic Kids

Bulletin

February 22, 2026

Lent

Color: Purple



BPOIJBEPMERCIFULWPZOINS

BPEOHAVEOSINNEDKS

Be merciful,  
O Lord, for  
we have  
sinned.

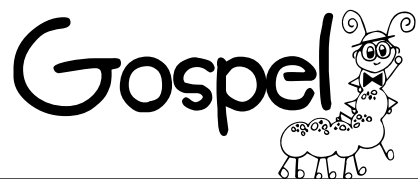
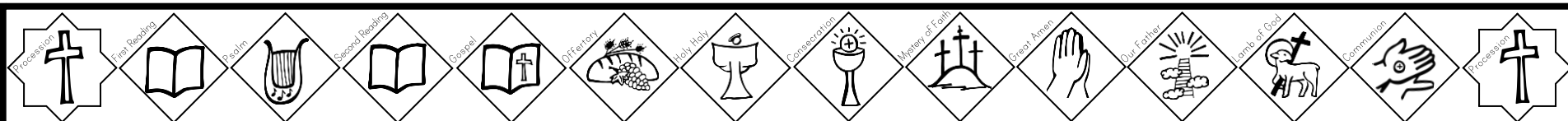
POWOKJOWLORDIZH

BOEFOROWIWEKJCOIAHBPKE



Do you remember that the priest wore purple during Advent? That was when we were waiting for Jesus to be born at Christmas. The priest is wearing purple again as we wait for Jesus to rise at Easter.

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Jesus lived in the desert for 40 days! The devil tried to tempt Him to turn the rocks into bread when He was hungry. Jesus got help from the angels and knew that He could wait. He didn't listen to the devil.