



Sabbath - Made For Rest
Rest As You Walk
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God made us _____ rest.
Genesis 2:1-3

What if God is _____ us into something good?

God's rest is our intended _____.

Hebrews 3:7-11

The walk with Jesus has _____ and _____.

What is "God's rest" and how do we enter it?

Psalm 95:7-11

Israel's Journey:

1. Slavery in _____
2. _____ by God
3. Walk in _____
4. _____ destination: the Promised Land.

**In the Bible, what looks like a contradiction
 is actually a puzzle worth solving.**

Exodus 17:1-7

God did something about the danger despite the people's disbelief.
 Why did the wilderness generation not make it into God's rest?
 They didn't rest as they _____.

"Don't do *today* what they did back then!"

Psalm 95:7-8, Hebrews 3:12-14

Our Journey:

1. Slavery in _____
2. Freed in _____
3. _____ in wilderness
4. Intended _____: God's never-ending rest.

The walk with Jesus has _____ and _____. What are yours? _____

We can rest as we _____

because we will rest at the _____.

This week's Sabbath Prayer

LORD, we praise you this week as we consider your rest as not only something to help us in our present circumstances, but also in the life to come. You have set aside for your children a promised land that you call rest. Help us to view your command to rest now in light of the eternity you set aside for us. (Hebrews 3-4)

If you haven't already, we encourage you to finish The Art of Rest this week!