



Sabbath - Made For Rest
Made For Rest
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Do you know that we were made for _____?

Genesis 2:1-3

Before the Fall, God ordained Marriage/Family, Work and _____

On the seventh day...

1. **God _____ His work** (v. 2a)
2. **God _____ from his work** (v. 2b)
3. **God _____ the seventh day and made it _____** (v. 3)

On the seventh day...

Why does the world still use a 7-day week?

Rome, 321 AD - Emperor _____

**France attempted to instate a 10-Day week during the French Revolution*

Human beings were designed to function in a _____ week

1. God _____ His work (v. 2a)

(2 Thessalonians 3:10, Colossians 3:23-24)

Sabbath : šābat - to _____

We live in a _____ culture,

We need to learn how to place _____ in our lives.

I finished my _____. I will _____.

What would it look like for you to “cease” from your _____?

(Matthew 6:27, 34)

2. God _____ from His work (v. 2b)

(Exodus 31:17b, Isaiah 40:28, Psalm 121:3-4)

God was _____ when he rested

God made us _____ rest

Human beings, absent from God, are chasing after rest...

(Ecclesiastes 2:22-23)

God gave us rest when he gave us _____

(Matthew 11:28-30)

REST IN HIM.

3. God _____ the seventh day

and made it _____ (v. 3) *holy means “ _____ ”*

Sabbath Rest is a _____ from God

(Psalm 127:2)

Do you take Sabbath Rest _____ in your life?

What if you did?

*How will you _____ using _____ and instead
 _____ in your week?*

This week’s Sabbath Prayer

LORD, as we rest, give us a desire to know and understand your Word better. Let it become a delight in our life. Help us to understand you better through it and love you more because of it. May it instruct us and counsel us, giving us a firm foundation to build our lives upon, and equipping us for godly rest and good works. (2 Timothy 3:17, Psalm 32:8, Matthew 24: 24-27)

Don’t forget to pick up a FREE book—“The Art of Rest”—before you leave!

We encourage you to read through chapter 2 this week.