

Prayer for **Mental Health**

Dear Lord,
You created each one of us.
Our lives may feel like our mental
health is not what it should be.
But you know best.

Lord, thank you for having me live
through decades of hardship
so I could follow YOU
in helping others
to TRUST IN YOU
with YOUR WORDS,
YOUR LOVE,
TO BE STILL IN WAITING ON YOU.

I thank You that when I committed suicide 50
years ago,
that You kept pushing me back,
saying,
I am not done with you yet.

Lord I pray today for every woman
who is going through something in their life
that they cannot handle alone.

We were not made to handle life alone.

You say, " I will never leave you or forsake you."

You say the most important commandment is to
love God
and others,
even to love our enemies.

You say these things because You love us,
and You say we all have a PURPOSE IN YOU
and are to be here to love one another.

Lord, I pray that You would send someone
into the lives of each and every one of us today
that we may have someone help us carry our
burdens.

There is no problem that is too great
that You do not have an answer.

Thank You for being with us in our hardship and
our suffering.
Thank You for Your Words of encouragement.
Thank You.
Guide us to Jesus.
Guide us to love and to be there for one another.

Lord, may no one here ever feel alone,
for you are always with us.
Thank you for loving and forgiving us,
forgiving our sins as we repent.

Lord, You can do all things,
For You are Sovereign.
You know best.
You walk with us through hardship,
Often not taking it away,
But helping us to learn,
to gain wisdom and strength
And to grow in You in the worst of our trials.

Lord, guide us, guard us and protect us,
and turn us into
mighty women who NEED NOT
RELY ON OUR OWN strength
But are STILL...
AS WE RELY ON YOU.

I CAN DO ALL THINGS THROUGH
CHRIST WHO STRENGTHENS ME.

And may we all know in our hearts,
that as long as You have us on earth,
that You are not done with us yet.
Use us Lord.

Jesus said. Come to Me, all who labor and are
heavy laden
For I will give you rest.

Lord, we believe.
Help our unbelief...
And impatience
May we
Be still.

Trust in God alone.
He loves You.
He has a purpose for you.

Be Still.
Be patient in waiting on His purpose in Your pain.

Let us find JOY in You,
Joy in Hope.

May we Be still.
God is not done with you yet.
Thank You Lord.
Amen.

Prayer given by Gail Baiertlipp