

LIVING WELL IN THE FALLEN WORLD

Living well means making good and wise choices.

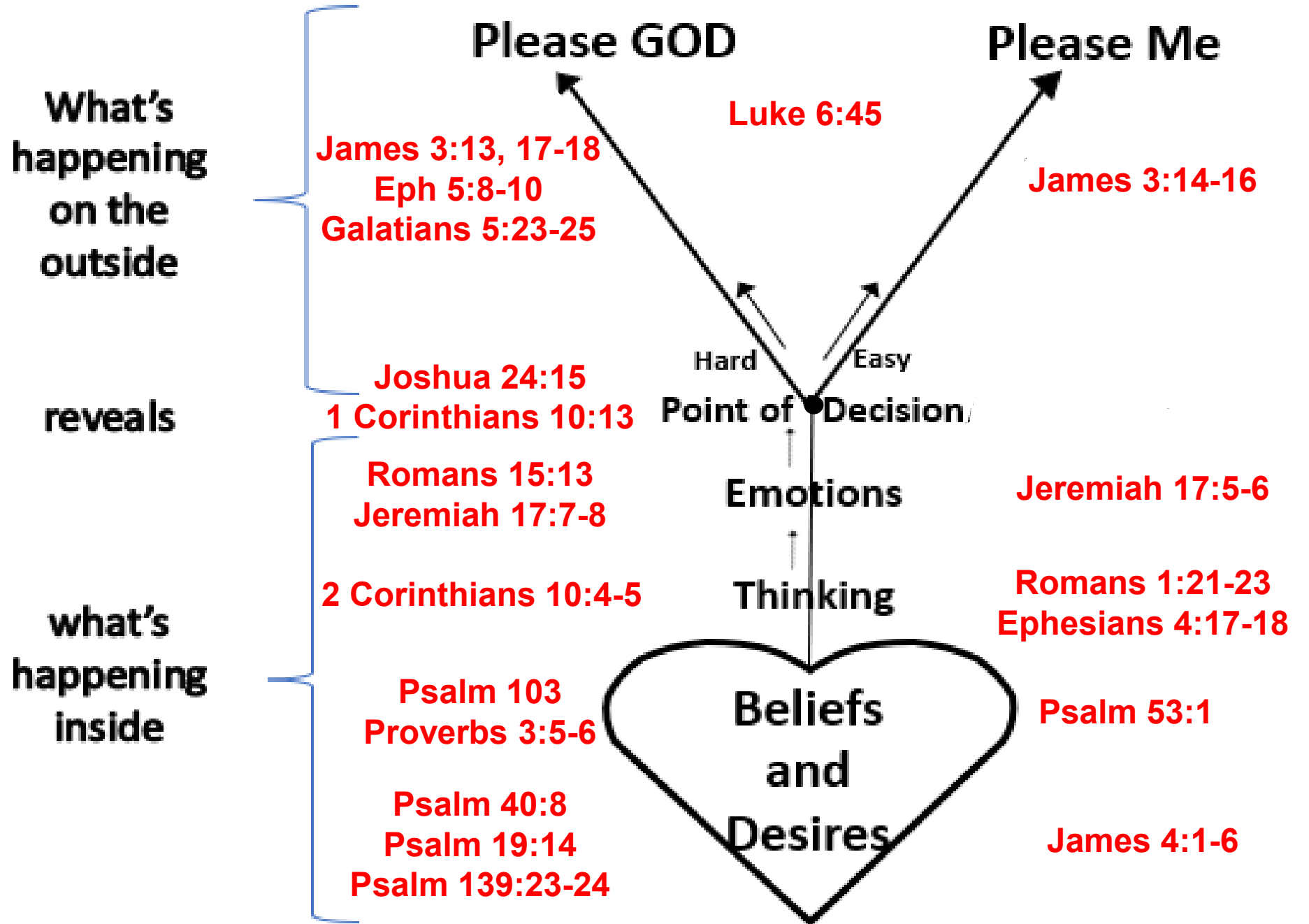
The Fallen world is the result of sin (Adam and Eve chose to eat from the tree of the knowledge of good and evil) so now we know evil.

Our responses to hard things in life matter.

**Our responses start
in the Heart**



Choose
your
Beliefs
Desires
Thoughts
and
Emotions
before
they go
outside you



Please GOD

Please Me

Righteous Behaviors

Unrighteous behaviors

Hard

Easy

Point of Decision,

Emotions

Thinking

Beliefs and Desires

Emotions:
Joy
Peace
Confidence

Thoughts:
Blessed
Content

Emotions:
Distress/Despair
Anxiety/doubt
Anger/pride

Thoughts:
Guilt/conflict

Exaltation
Worship

Humiliation
Misery

DEPENDENT RESPONSIBILITY IN GOD'S CIRCLE

KNOW, BELIEVE and TRUST

Prayer: Cry out for help: Lament and wisdom/guidance

Trust Biblical truth using accurate theology:

Who God is, His plan and purpose

God's promises

Identity in Christ

To fight Spiritual battles well using God's truth:

Own our Responsibility before God (log check)

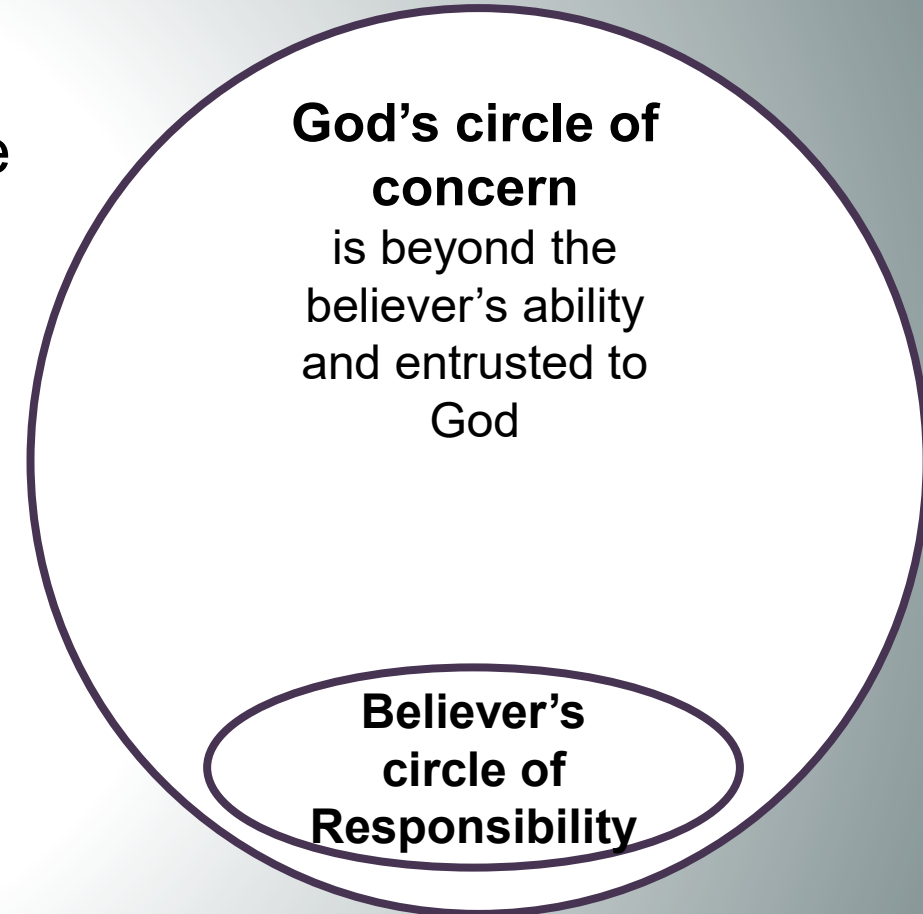
- Put off: Confess and repent any heart sin
- Put on: attitudes, thoughts & emotions

Readiness to forgive

Access divine weapons, power and armor available

Tap into God's wisdom, peace and strength

Resolve to live your purpose: Please him as an act of worship: obey, trust, serve



CHOOSE HEART CHANGE

TO LIVE WELL NOW

Alerts

Potential flags

Triggers
Sensitivities
Emotions
Thoughts
Believing lies
Sinful desires

Analysis

Focus
Perspective
Standards

Discover harmful trends:

- Interpretation issues
- Response issues

Align

Know, believe & TRUST God

- Who He is
- His promises
- His purpose & plan for you

Tools to align with God:

Prayer (lament, journal)
Know and trust Scripture
identifying God's truth and
resources you can access

Resolve to live God's way:
Please God/Impact others
for His glory

Action

Be a 'doer of the Word'
for the right reason—
as an act of worship

Stand strong in God's power

- "Put off" & "Put on"
- Access God's weapons, power & armor
- Relationship reconciliation (forgiveness & restoration)
- Poss boundaries self/others
- Get appropriate help if needed
- Create change if possible

Rest in God's care when there are no options

- Stay out of God's circle
- Stay in & enjoy your circle

GOD'S DEFINITION OF SUCCESS



When I do God's work
in God's way
through God's Son
by God's Spirit
using the truth of God's words
with God's grace and love
for **God's glory**

Trusting God's plan, His way and His will

Thank you!



Vertical reconciliation	Relational reconciliation	Relational reconciliation
	Apology/Confession	Forgiveness
<p><u>God alone:</u> Defines sin Ps 119:1-4; Jam 4:17 Forgives sin 1 John 1:9 Disciplines Heb 12:4-13 Judges Rom 14:10-13 Avenges Rom 12:17-19</p> <p><u>Our need:</u> Confess sin: humbly realign Repent: Put off Renew your mind Put on Eph 4:21-24—Really Eph 4:17-5:2</p>	<p><u>Apologize:</u> ADDRESS everyone involved AVOID if, but, and maybe ADMIT specifically (logs)</p> <p><u>Repent:</u> ACKNOWLEDGE the hurt ACCEPT the consequences ALTER your behavior</p> <p><u>Request Forgiveness:</u> ASK forgiveness</p>	<p><u>Accept</u> apology</p> <p><u>Respond:</u> mercy & grace</p> <p><u>Forgive:</u> I will not dwell on this incident I will not bring this incident up and use it against you I will not talk to others about this incident I will not allow this incident to stand between us or hinder our personal relationship.</p>