



"Sabbatical Highlights"

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Southern Lakes Church
September 6, 2026

Two important lessons about REST...

1. Rest is a _____

- **Genesis 2:2-3**
- **Mark 2:27**

Challenge: How well do you rest? Are you receiving Sabbath as a gift?

2. Rest _____

- **Exodus 20:8**
- **Ezekiel 20:12**

Challenge: Are you honoring God by practicing Sabbath?