



“Daily Communion”

Psalm 63:1-6

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*Our daily rhythms and habits define us.
We are becoming what we will be.*

We want to _____ and grow in our BOLDNESS Every Day.

- Two things that are Key to having Daily Communion with God...

(1) Be _____:

- _____ means “to lay it all down” or “to submit fully to God.”
- What is your routine when you first wake up every day?
- “Early will I seek you” points to _____.
 - o Matthew 6:33; Mark 12:30
- “My soul thirsts for You...” Have you ever been really thirsty?
 - o Job 23:12; Psalm 42:1-2
- “Lovingkindness” (v.3) = Hebrew “Hesed” = “Agape Love”
- “Morrow and Fatness” (v.5) speak to _____!
- Boldness is a _____ of communion with God.
- “Boldness” (Acts 4:29-31) = Greek “parrhesian” = “the freedom to speak freely, confidently, and fearlessly.”
 - o Ephesians 3:11-12; 6:19; Hebrews 4:16
- The right kind of boldness comes from being with Jesus (Acts 4:13), spending time with Him, seeking Him, communing with Him.

APPLICATION: Do you know Jesus? Is He your #1 priority?

(2) Be _____:

- David was familiar with the night watches (v. 6). He knew what it was like to be still, meditate, and commune with God.
- *Psalm 46:10 “Be still and know that I am God.”*

Two big things that Sabotage our Stillness...

1. _____

- Stillness requires _____.
- A big problem is _____ before _____.
 - o John 15:5

**APPLICATION: Do you make excuses?
Do you have a daily appointment with God that you keep?
Do you practice Sabbath?**

2. _____

- Do you have FOMO?
- There will never be enough hours in the day... we have to _____!
- Anything can become a distraction. We must discern the _____ of all the possible _____.

**APPLICATION: What is sabotaging your stillness?
What are you going to do about it?**

How much do you really want to know Him?

NEXT STEPS?