



“Pleasure – Part Two”

Southern Lakes Church
Pastor Ken Brummel 11-9-25

1. What are some Fall activities that you enjoy? Is it wrong to have pleasurable things as part of our lives?
2. READ Ecclesiastes 2:1-11. What does “vanity” mean and how did Solomon learn things the hard way?
3. Exodus 20:3 says to “have no other gods before Me.” What is an idol and why are idols such a big deal?
4. Quickly review the first three categories of pleasurable things we often turn into false gods:
 1. Food and Drink. 2. Alcohol and Drugs. 3. Sex.
5. READ Romans 12:2. How and why does “the world” try to fit us into its mold?
6. Do you think gambling is a problem in society, why or why not? What about Sports Betting?
7. Discuss the following biblical principles that help guide our decision making...
 - o Covetousness (Lk. 12:15)
 - o Greed (I Tim. 6:10)
 - o Stewardship (I Cor. 4:2)
 - o Control (I Cor. 6:12)
8. What are some things you like to do for recreation and leisure? Talk about how Hobbies, Vacations, Screen Time, and other things can be good things that become the ultimate thing.
9. What is dopamine and how does it work? How does brain science help us to understand how temptation, sin and addictions work in our lives? (See James 1:13-15)
10. READ I Peter 5:8 and Eph. 6:10-18. Are our battles against false gods physical or spiritual?
11. What are the four steps to freedom from idols?
12. Discuss the Principle of Replacement and three ways (in notes) to practice this.
13. Share one thing you will do this week to help you deal with idols in your life. Pray for one another!